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EDITORIAL

This month's cover is a photograph of the current railway station at County School.

Because Dereham was ideally placed, as early as 1846 the town was developed as a central railhead for traffic from Wymondham and King's Lynn. The line to North Elmham through to County School and on to Fakenham was opened in 1849. Traffic in the early days was mainly freight to North Elmham but County School was first used by the pupils attending a private school built for gentleman farmer's sons. The foundation stone was laid by the Prince of Wales (later Edward V11) in 1873. Sadly, it did not prosper and closed after 21 years.

The building became Watts Naval Training School in 1903, under the auspices of Dr Barnardo and the station was built with three platforms. When our national railway system was decimated in 1960's by the Beeching Plan, whilst the line into North Elmham was used occasionally for freight, the station at County School fell into disuse.

Since 1999, the station and line have been owned by the Mid-Norfolk Railway Preservation Trust. Now the Mid Norfolk Railway opens the station at weekends and runs the Tearoom. The present Stationmaster is Richard Cullen. Check out their website for more information. There are recent plans afoot to try and fund a "Back to School" project that would see the line opened from County School to Dereham.

The Wensum Valley Miniature Railway has also made its home here. Why not pay the station a visit, it is well worth a visit.

We hope you enjoy the photos (pages 9–23) from the Annual Gardening Show, might they tempt you to 'have a go' next year?

Changes are afoot at school, where have all the children gone? Also there are changes at the Surgery see page 9 let's hope they help us all.

Our sincere thanks for donations to the Bidewell and Williams families and to an anonymous donor too.

DISCLAIMER: The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

NEXT DEADLINE: 14TH SEPTEMBER

We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

VOLUME 47: ISSUE 8

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www.elmham.org.uk



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NORTH ELMHAM PARISH COUNCIL MEETING

WEDNESDAY 3RD JULY 2024

The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Pre-Meeting Business: None

Public Participation: None

Councillors Present Were: Mr. P. Grainger, (Chairman), Mr. M. Phillips (Vice Chairman), Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mrs. A. Keeble, Mr. J. Labouchere, Mr. N. Markwell, Mr. M. Rayner and Mr. C. Smith.

Also in Attendance: Mr. K. Webb (Clerk)

Apologies for Absence: Mr. G. Bambridge

(District Councillor)

UPDATED INFORMATION AND MATTERS ARISING

Land Management Matters

Village Green: Mr. Gee is dealing with the damaged seat. The new spring on the gate in the play area is to be fitted tomorrow. There has been an increase in anti-social behaviour and, as a result, the police are to make extra patrols. The option of more CCTV cameras is to be considered.

The circus is coming to the village again, probably in September. It is felt that the standard of grass cutting by the contractors is not particularly good. The RoSPA report has been received by e-mail with a hard copy requested, to be forwarded by post.

Cathedral Ruins: Mr. Duffield is still out of action. The banks will be cut at some stage by the special mower.

Millennium Wood (and Jubilee Wood): A suitable fence has been erected for safety reasons around the new ditch area.

Prince William Wood: The matter regarding the rubbish (poo) bin, which is no longer being emptied by a parishioner, has been reported to Breckland Council.

Church Meadow: The pipe is to be inserted between 16th August and 20th September. The north side of the churchyard and Church Meadow are to be closed whilst this work is being done.

Street Lights

Westcotec and UK Power Networks have agreed that the light which has not been connected for some time is to be reinstated. It has been accepted that the current contract with Npower for the unmetered supply of electricity to the streetlights is as good as we can obtain at the current time.

Highway Matters

The Community Speedwatch Coordinator has asked for a new sign to be erected and the Chairman has forwarded this request to Highways. The temporary bus stop near the road leading to the County School Station is still in place. It had recently been covered by vegetation and, as such, was not visible.

A request had been received from Campbell Jones, the co-ordinator for the Coltishall and Horstead Community Speedwatch Scheme. He is on a Broadland District Council community group that was set up to collect and present evidence to the Planning Inspector in charge of the hearing about the North Norfolk Emerging Local Plan. We are asked to share the data obtained from the SAM2 camera monitoring traffic on the B1145. All agreed to comply with this request and the Chairman is to liaise with Campbell Jones. The Chairman, assisted by Mr. Smith, is to take over control of the SAM2 cameras from Messrs Braybrook and Fletcher who were warmly thanked for their many years of sterling service in looking after and operating this equipment.

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Pavilion and Playing Field

Mr. Smith is to meet with officials of the Football Club within the next two weeks. No funds have been received for hiring the facilities since December 2023. It was mentioned that the Pavilion does not have a fire alarm and there are no instructions on where to meet in the event of an emergency. Mr. Smith is to talk to Ace Fire, our contractors who provide an annual service, for guidance on what action needs to be taken to ensure that statutory standards are being met. A tile has been smashed on the roof and some old cricket equipment, including nets, remains in the corner of the field

Brookside Development Update

The pile on the site hasn't been removed. Mr. Rayner will investigate.

Overview of Parish Council Financial Situation

The existing mandate for Barclays Bank was returned to them on 11th June, 2024. Mr.Phillips is to chase to ensure that all is in order

Defibrillators

Miss Ferris said that the equipment had been checked and inspected. All was in order.

Breckland Council Call for Sites Update

Messrs Rayner and Labouchere attended the meeting at Dereham and, in common with many others, were not impressed. The previous consultation responses had been ignored. Mr.Rayner has produced an excellent report responding to the Local Plan Consultation and was thanked by members for all his hard work in producing such a detailed document

Reorganisation of the Parish Charities

This matter is to be progressed over the next few weeks

Church and Pavilion Car Parks and Other Matters at the Pavilion

The car park near the village church has been repaired. No further action is needed. The pavilion car park requires weeding and Mr. Smith will investigate options for both this and the village in general.

There is a large pothole in the pavilion car park and Mr. Smith will talk to a contact regarding repair work. Discussions took place to consider the desirability of a possible new centre for the village with thought to be given so that a full discussion can take place at the next meeting.

Churchyards Current Situation and Future Plans

A written communication had been received from Sally Kimmis, Team Rector, advising that discussions had been held regarding the possibility of applying for the closure of the "old" churchyard at St. Mary's Church, as it is thought that there is no proper room for new graves. This is the area surrounding the church building.

The Chairman and Vice Chairman are to meet with the Parochial Church Council following which advice will be sought from Norfolk Parish Training and Support on how best to proceed.

Email Addresses

Strong recommendations have been received from both NALC (National Association of Local Councils) and NPT&S (Norfolk Parish Training and Support) for members to have a new personal e-mail address to be used for Parish Council business. These would be in the same format (with individual names) as northelmhampc@outlook.com.

All were in favour of this course of action (proposed by Mr. Labouchere and seconded by Mr. Phillips). The Clerk will proceed accordingly.



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Planning Applications & Determinations

Applications

None

Determinations

i) 11 Larch Grove – Mr. and Mrs. J. Hodson – 3PL/2024/0409/HOU –proposed single storey extension to rear – approved.

Agenda Items for August Meeting Village Hall.

AUGUST PARISH COUNCIL MINUTES

There are no Parish Council minutes for the August meeting in this edition as they had not been received in time.

The next meeting of the Parish Council will be on Wednesday 4th September at 7.30 pm in the Pavilion. Parishioners are always encouraged to attend.

ELMHAM SURGERY UPDATE AUG 2024

Appointments - Online Triage

We are delighted to share with our patients a new way of working for booking all appointments.

From the 2nd of September every request for an appointment will be reviewed by a GP and an assessment of the clinical urgency of your problem will be made. You will then be offered an appointment to best match your clinical condition within a safe timescale.

All requests for appointments will be made using a standard form. This form is available on our website and will be our preferred method of contacting us. When filling out the form please ensure you provide us with as much information possible so we can make sure you get the help that is right for you.

However, if you cannot access the internet, or do not have a smartphone, you can call us after 10.00 am. The receptionist will then complete the form on your behalf. Training will be available within the surgery for those less confident in using the internet.

We believe that the efficiencies created by adopting this new way of working will over time reduce wait times for medical appointments. Please can we ask that you are patient whilst we are in this transition period. Our clinical team is working extra hard behind the scenes to address the existing workload.

Dispensary

We have been fortunate to have a longstanding Dispensary team working hard to provide the best possible service to our Patients. Sadly, in recent months we have said a fond farewell to some of those as they embark on a new adventure of retirement!

We still have an excellent core team; however, they are working hard to train up the next generation. Please be patient.

We would also like to let you know that the telephone lines will only be available from 9.00 am–12.00 pm. This provides the team the necessary time to deal with your requests.

Sustainability

As with many businesses we have been severely affected by the high rise in utility costs. To build a more sustainable Practice the Partners are investigating the installation of solar panels. This will help reduce the cost and enable the Practice to reinvest the savings in future estate's projects. Any plans will of course be sensitive to the building and the surrounding area. We hope to have your support in this particularly important project.

Best wishes

Carol Practice Manager

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WIVES PLUS ALL

On Thursday 8th August Wives Plus All visited Moorend Moisturisers at Zoe's Goat Farm in Bale. It was a very informative evening at the farm regarding goat management and Zoe's making of moisturisers and soaps using goat's milk. We were all made very welcome by Zoe and her husband Steve, their 4 dogs, many roaming chickens, 2 rescue donkeys and of course, her goats. It was interesting being among the goats in their paddock and seeing their antics.

Wives Club had met Zoe last year when she came to one our monthly meetings and had given a very informative presentation in relation to her love of goats and the use of goats' milk for her creations of Moisturisers and Soaps. After wandering around the yard we went to the milking shed and as it was goat milking time along with Zoe, some Club Members had a go at milking a goat.





FROM

BZERO

60's/70's/80's to date

Saturday 21st September 7.30pm Memor

THIS EVENT HAS BEEN CANCELLED

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Tickets also available on the door (though booking is preferable)

Proceeds for the Memorial Institute Village Hall

At the end of the evening we were served homemade cakes, and of course goats milk to add if desired to our tea and coffee. Thanks to Zoe and Steve for a lovely evening visit to the Goats and their animal pals at Moorend Moisturisers, Bale, Norfolk.

Wives Plus All's next meeting will be on :

THURSDAY12th SEPTEMBER 2024, at 7.30 pm, in the Memorial Institute Village Hall, North Elmham.

We will be joined by Melissa Collins a National Trust Representative, providing a presentation on "History of the Servants during the 1860s at Felbrigg during the time of the Ketton Family."

There will be a raffle and refreshments

ALL WELCOME

Ann Ferris

KNIT AND NATTER

Lots of nattering going on and items which had been knitted since our last meeting being shown. 74 flowers were made for the Alzheimer's Society and some nicely knitted children's jumpers for the "warm bags". The elderly had not been forgotten, with a very colourful, interesting, large knee "twiddle" blanket, brought in by Liz. They will all go to the right places, eventually. Interest was also shown in the request put to us by the Norfolk Air Ambulance. This is for knitted Christmas puddings, which they sell in order to raise funds, patterns are available.

Several thank you emails have been received from the charities to which we made donations after the Garden Fete. They are always nice to receive.

Next meeting September 3rd 2 til 4 in the Pavilion

Eileen 01362 668380.

FAKENHAM CHORAL SOCIETY

Would you like to sing with Fakenham Choral Society (particularly if you're a tenor)? After a break for the summer, our next season's rehearsals start on Tuesday 10th September at 7.30 pm in Fakenham. A wonderful selection of music is in store, and for Christmas the choir will be performing works by Sir Karl Jenkins and Sir John Rutter

If you enjoy singing, visit our website to find out more and get in touch: www.fakenhamchoralsociety.org/join_us

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OPEN MEETING

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ROYAL BRITISH LEGION

Our Annual General Meeting will be held at The King's Head on Thursday 12th September at 8.00 pm. Old and new members are most wecome

Mike Aston, Branch Secretary



CLUBS & ORGANISATIONS

GROUP	CONTACT
Archive Group	Janet Woodhouse, 01362 668525
Art 4 All Norfolk	Angie Campbell Redwood, art4allnorfolk@yahoo.com
Bowls - Institute	Tony Langford, 01362 668854
Bowls - King's Head	Martin Phillips, 01362 668409
Brisley & North Elmham Cricke	t Club Mark Ballman, 01362 668935
Countrysiders	north_elmham_cs@norfolkyfc.co.uk
Elmham Football Club	Chris Reeve, 07468 569699
Elmham News	Meg White, 01362 668302
Elmham Surgery Patient Particip	ation Roger Thornley, 01362 668804
Elmham Tennis Club	Geraldine Leeder, northelmhamtennis@gmail.com
Friends of North Elmham School	ol Naomi Brien, 07442 709136
Gardening Club	Ray Norman, 01362 667226
Guides	Marian Morgan, 01362 696221
Knit and Natter	Eileen Cotterill, 01362 668380
NELS (North Elmham Living Sust	ainably) Nicola Ruth Earle, nicolaruthearle@gmail.com
North Elmham Trailblazers	Fliss von Christian, 07787 161446
Reading Group	Eileen Church, 01362 668330
Royal British Legion	Michael Aston, 01362 668959
Sewing for Pleasure	Janet Woodhouse, 01362 668525
SINE (Help)	David Fairbairn-Day, 07398 758421(10-5)
Snooker Mon & Fri	Neil Page, 01362 668296
Snooker Wed	Tim Smith, 01362 668487
Tea@Two	Jo Fitzalan Howard, 01362 668232
The May Singers	Tony Langford, 01362 668854
Walking Football	Paul Carr, carrpaulus@aol.com
Walking Group	Jenny Cunningham, 01362 668224
Wensum Valley Birdwatching S	ociety Sue Gale, publicity@wvbs.gmail.com
Wensum Valley Miniature Railv	vay Gordon Ford, 01263 512350
Wives + All	Gill King, 01362 668530
Yoga	Karen Cornall, 07752 580414

Will Swan, 07818 786424

Young Farmers



GARDENING CLUB

The July meeting was held at the garden of Simon and Joan Smith of Gressenhall and it was a very appropriate setting for a minute's silence in memory of two of our members Muriel Gladwell and Graham Bloomfield whose funerals had been earlier in the day.

Members then proceeded on a 1/4 mile grass track to a two acre woodland garden with 2 ponds, river and stream, 80 ornamental trees, and a magnificent collection of 400 hydrangeas, all different in colour and the shape of their blooms.

Everyone commented how colourful and tranquil it was with the hydrangeas being beautifully reflected in the large ponds.

On returning to the house garden, we relaxed, and were able to chat and discuss what we had seen and enjoy the refreshments provided by our host.

After a heartful thank you to our hosts and a promise to return in a different season, we returned home reflecting on a very different glorious garden.

Our August Annual Show report will be found separately in this magazine.

September's meeting on Thursday 26th September at 7.30 pm will include a visit from Norfolk Owls, who will be bringing some of their charges to see us.

If there are any interested folk in the village, who would like to come and join us for that evening for £3.50 which will include refreshments, we would be delighted to see you. If you think you would like to come, would you please mind letting Ray, our Chairman, know beforehand. 01362 667226. It would be embarrassing not to have enough cake!!

Meg White

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WHERE IN ELMHAM ANSWERS

- Metal railings/hedge, Station House
- 2. Memorial stone, Eastgate Centre
- 3. Village pump, Near King's Head
- 4. Cobble stones, Base of village pump
- 5. Wooden flower box, Near Pavilion

WENSUM VALLEY MINIATURE RAILWAY

The railway will be running on 1st September as part of Heritage Open Days.

Gordon Ford on 01263 512350 is their new contact.

BRISLEY VILLAGE CINEMA

Friday 20th September at 7.30 pm

Wicked Little Letters

The movie stars Olivia Colman and Jessie Buckley and is based on a true scandal from the 1920s in Littlehampton, England. The plot revolves around anonymous letters filled with profanities that cause a stir in the seaside town. The conservative local, Edith Swan, and the rowdy Irish migrant.

Doors open at 7pm Tickets £4.50

Ice cream bars, Tea or Coffee will be available at £1.00. from the kitchen and the bar will be open.

Dave Pearson 07816 139926 – dpearson1954@yahoo.co.uk

DATES TO REMEMBER FOR SEPTEMBER

Tue 3rd	Knit and Natter	Pavilion	2.00 pm		
Wed 4th	School Reopens				
Sat 7th	Come and Sing	St Mary's Church	2.30-4.00 pm		
Wed 11th	Tea @ Two Mobile Library visits	Memorial Hall The Heath to Orchard Close	2.00 pm 2.30–5.20 pm		
Thu 12th	Wives Plus All: National Trust Royal British Legion AGM	Memorial Hall King's Head	7.30 pm 8.00 pm		
Sat 21st	Music from SUBZERO	Memorial Hall	7.30 pm		
Thu 28th	Gardening Club: Norfolk Owls	Memorial Hall	7.30 pm		
DON'T FORGET					
	Norwich Bus	Bus Shelter by Pavilion	9.37 am		
ADVANCE WARNING					
Sat 5th October	Quiz for Bowls Club	Memorial Hall	7.30 pm		

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The Gardening Club's 92nd Annual Show, held on Saturday, August 3rd, was a great success. This year, we introduced a new layout, displaying vegetables, fruit, flowers, and plants in the main hall, while baking, jams, preserves, handicrafts, and photography were showcased in the back hall. The change allowed us to fill both halls with beautiful exhibits, giving visitors ample space to admire the remarkable talents on display.

A heartfelt thank you to all our competitors—without your entries, the show wouldn't have been possible. Congratulations to everyone who secured first, second, or third place, and a special round of applause to our cup winners. We extend our warmest congratulations to Liz Braybrook (pictured left), who took home the cup for accumulating the most points in the show.

North Elmham Gardening Club members had a competition to see who could grow

















the tallest sunflower and we all marvelled at Christine Allen's towering sunflower, which reached an impressive 11 feet 1 inch.

A big thank you to our judges for their time and expertise, and to everyone who contributed to making this year's show a great success.

Finally, don't forget to check out our facebook paqe (North Elmham Gardening Club) for all information about club meetings and future events. When the time comes our 2025 show schedule will be available to view, so keep an eye out for that and come along and enter something.

Sarah Felton

CUP WINNERS 2024					
Kerrison Cup	Most Points Classes 1–26	Vegetables & Fruit	Sarah Felton		
Janet Sinclair Cup	Most Points Classes 27–39	Flowers & Plants	Mary MacEwan		
Seamans Challenge Cup	Most Points Classes 40–44	Jams & Preserves	Wendy Cottrell		
J.Hitchcock Vase	Most Points Classes 45–50	Baking	Wendy Cottrell		
David Sinclair Trophy	Most Points Classes 51–58	Creative Arts	Karen Bloomfield		
Gardeners Cup	Best Exhibit	Vegetables	Sarah Felton		
Hastings Cup	Best Exhibit	Tomatoes	C & H Hazel		
Memorial Hall Trophy	Best Exhibit	Fruit	Liz Braybrook		
Railway Tavern Cup	Best Exhibit	Flowers & Plants	Liz Braybrook		
Delia Cup	Best Exhibit	Baking	Alison Watson		
Jessica Cup	Best Exhibit	Art	Karen Bloomfield		
Marsh Cup	Best Exhibit	Photography	Laura Steward		
Gerald Cup	Best Exhibit	Handicrafts	Heather Caley		
Caley Cup	Sponsors Personal Choice	All Classes	Christine Allen		
Special Class Cup		Heaviest Potato	Eileen Bent		
Memorial Challenge Cup	Most Points in Show		Liz Braybrook		



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FROM LAWN TO MEADOW

As the end of summer approaches our little patch of meadow (left to its own devices since May) is reaching time for cutting. The ground cover is becoming thatchy and will start to rot, enriching the soil and feeding the grasses, which in turn will mean less flowering plants next year.

So, in the coming weeks it will be cut with an Austrian scythe (a much faster and less messy/noisy alternative to strimming), the cuttings will be left for a few days so that the seeds drop onto the ground, then removed and composted.

Overall, we'd definitely recommend keeping your No Mow May patch going into the mid-summer. It's been a pleasure spotting new plants and animals and the extra time it's save from having to cut the grass is also appreciated!

We'd love to hear about your meadows or any interesting visitors to your gardens this summer!

Over the coming months we will start to create a biodiversity action plan for the village (more on what this means soon) and your sightings and photos will be greatly appreciated, you can contact NELS at nicolaruthearle@gmail.com or find us on Facebook 'North Elmham Living Sustainably'.

Ben Earle

Picture 1: Yellow Rattle helps suppress grasses.

Picture 2: A Cinnabar Moth visiting our meadow in May.

Picture 3: Self Heal was used in the past to treat all sorts of illnesses and injuries.







SUNNY SUNDAY'S

It was a lovely sunny Sunday (blimey!) when I stepped out of my door to walk my dog on the playing field.

As I turned the key in the lock, I looked up the road to see a man standing facing down Eastgate Street. I walked in his direction but turned onto the Eastgate Centre car park. He did not move, but just stood still as if almost looking right through me. Just for a few childish moments, I wanted to pose, or stick my tongue out, as his stare was so intense, but managed to grip hold of the 'adult' and drag her round onto the playing field.

After a few minutes of charging around the field with the dog's ball (dog sitting and watching) I looked up to see right across the other side of the field, the man in question, standing very still, now with a camera around his neck.

No point sticking my tongue out so far away, so I turned to walk in another direction and noted that he had suddenly started to stride very purposefully across the field in my direction.

Perhaps my dog had dazzled him and he wanted pictures, or I had been sighted in my trainers and dressing gown chasing the dustcart dragging my wheelie bin, or heaven forbid, pinched his parking space (whatever that is these days !!)

He confronted me. 'Did you just come out of your own house?"

My mind was spinning. Could this be a trick question? Would yes or no do or do I need to somehow explain myself.......

He carried on. "I was born in that house".

Oh Jeeeez thank heavens for that!!

Andrew and I proceeded to chat as we crossed the field back to my home and exchanged some very interesting dialogue

about his life in North Elmham. We were both very short on time, and so exchanged numbers and email addresses after a quick look around my garden.

I thought what he wrote was not only beautifully written but might be of interest to a few living in North Elmham.

Therefore, with his kind permission, we have some lovely photos and descriptions of how life in North Elmham used to be. I have always loved this village since I worked at Oakleigh Garden Centre, for Brenda and Ron Ravenscroft, sadly both deceased now, from age 17.

It was rather emotional to see a life 80 plus years ago where I am living now.

What a pleasure (eventually) to meet Andrew and his wife Pauline (shuddering in the car), despite briefly.

I hope you enjoy this little bit of history, of which I feel sure there will be more to come.

Lou Goldsmith

Editor's notes: We did indeed receive an interesting piece from Andrew based around many photographs, but unfortunately, they are not of a quality that can be printed. Hopefully, if we can improve these, we will publish Andrew's piece in the future.



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ELMHAM WILDLIFE

Over the last couple of months I've recounted a particularly productive walk I took in late May, through the Cathedral Meadows and along the disused railway. I saw so much I couldn't fit it into one or even two months' worth of articles, so here I will finish it off

Chrysopa perla is one of my favourite green lacewings, more blue-toned than the other common species and with more black markings on its foreparts (photo 9). I saw two of these along the railway between the Cathedral Meadows and County School station.

At the station a female Orange-tip butterfly was flitting around the Garlic Mustard, presumably looking for somewhere to lay its eggs as this is a favoured foodplant of the caterpillars. Females lack the males' orange wing tips that give them their name but differs from other British white butterflies in having a beautiful pattern of greenish mottling on the underside of their hindwings.

As I approached Blackhall Farm there's a fair bit of Yarrow growing beside the path and among it were two moths whose larvae feed on Yarrow: another White-spot Yarrow Moth (the species I had been surprised to find in numbers at the Cathedral Meadows which I wrote about in part 1) and the quite scarcely-recorded Lead-coloured Yarrow Moth.

Time was pressing on so I turned back and sped up. A Red Kite (photo 3) and two Bullfinches were among the birds seen. Red Kites now breed in the village having spread from the Midlands where they were reintroduced, and probably supplemented













by Continental birds that were visiting us with increasing regularity.

I was admiring a Broad Centurion, a little fly with a metallic green body, when I noticed a spider approaching it (photo 4). The fly was on the top of a blade of reed and the spider (one of the long-jawed orb weaver species I think) was on the underside of the blade walking towards the fly. I don't know if it was actually stalking the fly or if it was just coincidence, but either way the fly saw it coming and quickly flew off, evading any potential danger.

I had seen two female scorpionflies earlier that I failed to catch to identify, but now I found a male. Males are possible to identify from a photo but you need to get it from the right angle and the tail needs to be in sharp focus. Eventually I managed to get the shot I needed (photo 5) – it was *Panorpa communis*, sometimes called Common Scorpionfly (although it doesn't seem to be the commonest species round here).

Among the many dragonflies were two Broad-bodied Chasers, lovely chunky dragonflies with dark patches at the base of their wings (photo 5), and lots of Banded Demoiselles. I spent a while watching and photographing one mating pair of these. The male has a pair of claspers at the end of its abdomen and it uses these to grab the female by its neck. The female then curls her abdomen round to interlock with the male in what is sometimes known as the "wheel" position (photo 6).

I had seen a number of mayflies displaying but not been able to get

close enough to them to see what species they were. As I headed back I found two separate mayflies resting in the pathside vegetation – one was a Green Drake (photo 7) and the other a Drake Mackerel, so one each of two similar mayflies that differ in that one (the Drake Mackerel) has triangular markings along its abdomen and one (Green Drake) doesn't. Both are relatively large mayflies with blotchy wings, long legs and three very long tails.

The last interesting insect I found was a nomad bee on an Ox-eye Daisy. These can be tricky to identify but it turned out to be a Fork-jawed Nomad Bee. Seeing the diagnostic notch in the mandibles on a live bee is not so easy, so this is a species I haven't identified many times before.

I hope these accounts of one walk in the parish and the wildlife I encountered give an idea of how much amazing nature it is possible to see without travelling very far. It's always good to hear what you've been seeing so do please keep letting me know, and I'm grateful to those of you who have been in touch during the last month. Janet brought a lovely Elephant Hawk-moth caterpillar round for me to see and Ann emailed me about a couple of fascinating insects she has seen in her garden. I will say a bit more about these next month but in the meantime if you have anything interesting to share please email me at appleton.dave@googlemail. com or phone me on 668431.

Dave Appleton















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BRISLEY AND NORTH ELMHAM CRICKET CLUB

B&NE retained the Tom Bartram T20 Cup with a comprehensive victory over Old Catton at Manor Park. Winning the toss and opting to bat first, the match was evenly poised at 58-4 after 10 overs with Ali falling for a quickfire 27. The second 10 overs however saw the holders smash 110 runs without losing a wicket, Callum Futter clubbing 85 off 38 balls and sensibly supported by James Harvey's 32. Old Catton made a solid start but a devastating two over spell from Man of the Match Hassan Najam in which he took 4 wickets for 1 run broke the top order and Tom Donnelly polished off the tail with 3-6 to dismiss Catton for 74 runs and a massive 94 run victory. The previous day B&NE opened up a 23 point gap at the top of Division 1 with four matches left to play.

The Ladies Team finished their season on a high with victory at Sheringham to record their best ever League campaign as they finished third in the West Pool. It is encouraging that there are now many young talented girls coming through the club.

The Ladies Section again lead in making another vital contribution to club funds by providing refreshments at a car rally held at the ground in late July . Thanks to all those who helped prepare the facilities, made or donated cakes and served on the day, raising over £700.

RESULTS

Saturday July 13th

B&NE 1s won by 87 runs. B&NE 149 (Fordham 45) Snettisham 2s 62 (Hassan 4-60)

In gloomy conditions, B&NE maintained their title push with an emphatic victory over fellow contenders Snettisham. Five batters got into double figures but only





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Billy Fordham went on to a decent score. Again wickets were shared between five bowlers with Najam Hassan the pick with a miserly 4-6 off 10 overs.

Premier Seeds MoM: Najam Hassan for his 4-6 and 8 no.

Monday 15th July Tom Bartram T20 Cup

B&NE won by 51 runs. B&NE 159-6 (Ali 35 Futter 35) Aylsham 2s 108-8 (Sinclair 4-21)

Holders B&NE moved into the semi-finals of the cup with a convincing win over Division 2 opponents Aylsham. Again, several batters made a contribution with Ali smashing 5 sixes in his cameo at the top of the innings. Veteran Sinclair destroyed the visiting top order with 4 wickets and a run-out.

Premier Seeds MoM: Iain Sinclair for his wickets and deadly fielding

Friday July 19th

Belladonnas lost by 18 runs. Snettisham 111-2 Belladonnas 93-8

Saturday July 20th

B&NE 1s lost by 4 wickets. B&NE 202 (Ali 71 Jex 36) Thornham 204-6 (Ali 4-36)

A slightly under strength side travelled to title rivals Thornham and came up well short as the hosts coasted home with wickets and overs to spare despite Abdul Ali's all round performance with bat and ball and a recovery from 20-3 to gain maximum batting points.

Premier Seeds MoM: Abdul Ali for his 71 runs and 4-36

B&NE 2s won by 5 wickets. Yarmouth 2s (Greef 4-2 L Bould 2-10) B&NE 55-5

The second continued their successful run with this victory. Adie Greef on his return

to the club managed the astonishing figures of 4-2 off 10 overs and there were wickets too for Luke Bould, Max Wiseman, Tom Thorpe and new recruit Chris Moon. Skipper Bend's unbeaten 15 ably supported by 13 from Darren Wiseman saw the home side to victory in 13 overs.

Aspire Mortgages MoM: Adie Greef for his 4 wickets for 22 runs

Thursday July 25th Tom Bartram T20 Semi-final

B&NE 138-8 (Ali 52 Futter 39) Saham Toney 57 (Moon 5-10)

A comprehensive victory saw B&NE progress to the Final where they will defend their title. An early assault from Ali and Futter laid the foundations and although the innings flagged towards the end, the target was well beyond the hosts. Early wickets were shared around before debutant Chris Moon claimed 5 wickets, 4 clean bowled

Premier Seeds MOM: Chris Moon for his 5-10 and 15 runs

Saturday July 27th

B&NE 1s won by 19 runs. B&NE 202-7 (O Hall 119no) Beeston 183-5

Victory returned B&NE to the top of the table but the victory was hard fought over local rivals Beeston. A career best for Ollie Hall saw the visitors gain maximum batting points but they struggled to take wickets as Hassan proved the pick of the bowlers with 2-18 from 9 overs.

Premier Seeds MoM: Ollie Hall for his unbeaten 119

Friday August 2nd

Belladonnas won by 24 runs. Belladonnas 146-2 Sheringham 122-8



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THANK YOU - CHAT SOON

Saturday August 3rd

B&NE 1s won by 4 wickets. Felthorpe 1s 228-7 (Fordham 3-32) B&NE 229-6 (O Hall 67no Harvey 53)

B&NE stretched their lead at the top of Div 1 to 23 points with a hard fought win over title rivals Felthorpe whose top order combined to set a challenging target. Ollie Hall continued his rich vein of form and with opener Harvey put on a decisive 99 runs.

Premier Seeds MoM: Ollie Hall for his unbeaten 67 and 2-36 off 10 overs.

B&NE 2s lost by 1 run. Felthorpe 2s 112 (Greef 4-21 Wiseman 3-26) B&NE 2S 111 (Greef 25)

The seconds fell agonisingly just a couple of runs short of victory in a match that featured Rachel Bould appearing with her two sons Ollie and Luke in the B&NE XI. A match that swung this way and that and could easily have gone either way.

Aspire Mortgages MoM: Adie Greef for his 4 -21 and 25 runs.

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NORTH ELMHAM COUNTRYSIDERS

After a busy year of competitions, visits and events we had our final meeting before the summer holidays. Debbie Bale kindly agreed to hold a taster session at Billingford Lakes for the group. The Countrysiders had a small talk on bait and tackle before taking turns and having a go to fish. Mark Murdoch and Zak tutored the children and adults that stayed. Most of the Countrysiders caught a fish and showed a keen interest in the activity, asking parents to return.

While we were there, an Angler on one of the other Lakes on the site caught a 31lb mirror carp. There's a viewing platform which Countrysiders climbed to see beautiful carp in one of the lakes. A great night was had by all, so thank you to the team at Billingford Lakes.

The leaders helped man the YFC stand at the Wayland show and will be helping at the Aylsham show. These shows are important to get our name out there and show people what we do.

One of our leaders and a couple of Countrysiders and a parent entered some classes at the North Elmham Gardening Club Show. A few certificates and a couple of trophies were collected by them. (*Ed's Notes:* Great to see you at the show, hope a few more can enter next year.)

Our first meeting back will be September 9th at Wells Quay-Crabbing. We will meet on the Quay at 6.30pm to have a crab off against the senior club. Do you have a secret bait that draws the crabs to your nets? Please bring any crabbing equipment and your preferred bait.

The next meetings after this are as follows;

*23rd September, 7pm Bring a friend - Robot Wars

*7th October, 7pm First Aid (TBC) *21st October, 7pm Halloween Fun

*4th November, 7pm Christmas tree festival prep

18th November, 7pm Winter Comp prep (tbc) (meeting at the Pavilion)

2nd December, 7pm
Fakenham Christmas Tree Festival Visit.

*16th December, 7pm Christmas Party Night.

(*marked meetings are held at the Memorial Institute Hall on Holt Road)

If you have a child aged 10-16 who might like to come along and see what we do you can contact us via email north_elmham_cs@norfolkyfc.co.uk

Or find us North Elmham Countrysiders on Facebook and Instagram. You don't have to be a farmer to join Young Farmers!

Wendy, Rob, Kirsty and Ella

25 YEAR CAREER IN THE YHA

Whilst we were managers of the Youth Hostel at Borth in mid Wales, I had the brilliant idea (I thought), to write to Primary Schools in the area, not to advertise the hostel, but to make teachers aware of a resource in their area, which they could possibly use. I wrote to 30 schools and sat back awaiting the deluge of letters from teachers, eager to take me up on the offer of tea and biscuits plus a tour of the hostel. I had one! The class duly arrived and I showed them round. At the end I asked for any questions. One young lad put up his hand, and as he unfolded a piece of paper, I thought, "Here comes and incisive, world changing question". The boy looked at me earnestly and asked, "How many windows are there"? So much for my great expectations. I never heard from the

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For ALL your cleaning needs call us on 01362 668993 or email: info@180ovencleaning.co.uk 5 Pastures Loke, North Tuddenham, Norfolk, NR20 3FU www.180ovencleaning.co.uk school again. Another great idea fallen by the wayside!

We welcomed a group of sheep farmers from the Basque Country in the Pyrenees. They spent a week in the area, meeting and exchanging ideas with Welsh hill sheep farmers. On the last night they asked if they could cook the evening meal, the staff to be invited. Of course we agreed, it could be a very interesting meal. They had ordered a complete sheep locally, which they hacked into large pieces. These were put into our large catering pans, along with lots of vinegar and copious amounts of parsley.

Simple. That was the meal, no vegetables, and the sauce was the juices after the cooking process. This served with lots of Rioja red wine which magically appeared from the back of various vans. A meal to remember, along with good company and international bon amie.

We had numerous sixth form groups staying at Borth, mainly geography, geology and botany. We became experts on raised bogs, wave cut platforms, and dune progression. Lovely young people who were glad to be there and pleased to learn.

We had one day off a week, usually Sunday. If we weren't going up into the Plynlimon mountain, searching for the, at that time, elusive, red kite, we would go into Aberwrystwyth. We really enjoyed sitting on the pier, eating ice cream, and being pure grockles.

Borth is on the West coast and therefore we had lovely sunsets over the sea. The number of photos of sunsets customers sent us was amazing. Not to mention the dozens of photos we took ourselves.

After three years at the seaside, a hostel vacancy came up which we had always hankered after. A 13th century castle on the edge of the Forest of Dean, which we promptly applied for.

To be continued.

John and Eileen Cotterill

ST MARY'S CHURCH

Dear friends,

We live in strangely troubled times. There are conflicts taking place all over the globe. And now as I sit writing these words at the beginning of August, I am listening to the news of rioting in many of our towns and cities. Hopefully by the time you read them, the unrest will have abated. What is especially sad is that so many people are trying to justify their actions as protesting against the event in Southport.

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Jesus gave us a commandment that we should love our neighbour but so many seem to be unaware of this. The problem may be that we are not sure who our neighbour is? Each and every person we come into contact with is our neighbour regardless of race, colour, creed or gender. But the neighbour Jesus is referring to is not the one living next door, nor in the next street but all of our fellow human beings throughout the world even if we never meet them.

Jesus' message was not directed just to the Jewish nation but to all the known world, including the Gentiles which may have alienated many of his own faith. Unfortunately, that alienation continues today in some Christian, Jewish and Moslem followers, despite the fact that their religions are all rooted in the same Abrahamic roots.

However, as ever in times of trouble there are always sign of hope. After the nights of violence, we have seen communities come together to clean up the mess left behind by the rioters, some of whom did not live in those communities. Whether we consider this to come from God or the better side of human nature matters not. It is good that this happens.

We will not like everyone we come into contact with, but we must always remember that each and every one of us is made in God's image and for that reason alone we need to respect and love them as human beings.

I leave with these words from Ephesians. "Let all bitterness, wrath, anger and evil speaking be put away from you, with all malice and be kind to one another".

Norman Johnson Licensed Lay Minister Heart of Norfolk Benefice

WORTHING NEWS

Please come out and support your local church. St Margaret's will be open on Saturday, 14th September from 9.30am to 4.30pm to meet and greet all enthusiasts taking part either on bike, walking or even travelling by car is now permitted. This annual sponsored event is in aid of Norfolk Churches Trust, and everyone is invited to visit as many churches as possible across the County.

If you wish to take part, it's not too late.

Details & sponsor forms from:

Celia tel: 01362 668928

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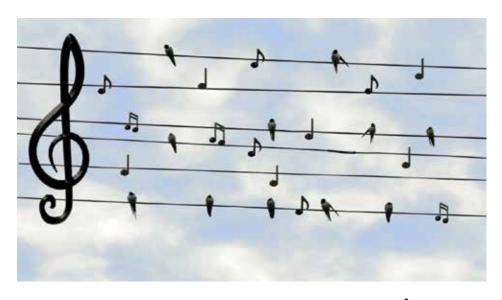
August & September are (depending on the weather) extremely busy times for our farmers and growers. And on Sunday the 8th September at Worthing Church we will be celebrating our annual Harvest Praise Service at 10.30am. We hope you will come and join us and perhaps bring along some produce, packages or tins for the Harvest Table. All donations will then be delivered after the service to our local Mid Norfolk Foodbank in Dereham which helps those in need. Our offertory collection will once again be donated to WaterAid.

And, Sunday 22nd September 10.30am Iona Service. Refreshments served after each service.

We hope you can join us at least for one of these services.

Advance Notice: Launch of our annual shoebox appeal, Operation Christmas Child, details to follow in October.

'Come and Sing' A workshop led by Caz Jeffreys



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Tel: 07766 870145 Joannemedlerhypnotherapy@gmail.com www.joannemedlerhypnotherapy.com

Tina Barnes MCFHP MAFHP Foot Health Professional

Professional treatment in the comfort of your own home

We specialise in treatment for:

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Callus Nail deformities Diabetic foot assessment

For a private consultation & appointment:

Tel: 01362 668348 - Mobile: 07833 511353

Help at Hand Peter Cross

phone/fax: 01362 861024 mobile: 07796550189

All jobs considered

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Complete Self-Sufficient Service

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20% Off the cost of Power flushing for limited time only







SEPTEMBER 2024

1ST SEPTEMBER – 14TH SUNDAY AFTER TRINITY

9:30 am	Wood Norton	Morning Praise
10:30 am	Bawdeswell + Zoom	Holy Communion
10:30 am	North Elmham	Holy Communion
10:30 am	Stibbard	Holy Communion

8TH SEPTEMBER – 15TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	The '10:30'
10:30 am	Foulsham	Iona Morning Praise
10:30 am	Worthing	Holy Communion
10:30 am	Stibbard	Morning Praise

15TH SEPTEMBER – 16TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	Holy Communion
10:30 am	North Elmham	Iona Holy Communion
10:30 am	Wood Norton	Holy Communion

22ND SEPTEMBER - 17TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	Word & Praise
10:30 am	Worthing	Iona Morning Praise
10:30 am	North Elmham	Morning Prayer

29TH SEPTEMBER - 18TH SUNDAY AFTER TRINITY

10:30 am Foulsham Group Holy Communion

^{*}Services at Bawdeswell Church are also available on Zoom. www.heartofnorfolkchurches.org.uk

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Garrod Property Maintenance		
Greensleeves (Lawn Care)		This Month's Photo Contributors
Help at Hand (Garden Maint)		This Month's Photo Contributors
John Coles (Electrician/Property Maint)		Our thanks go to everyone below who submitted
Neil Allsebrook (Plastering & Rendering)		and gave permission for the images included
The Norfolk Sweep (Chimney Sweep) Norfolk Woodburners (Installations)		this month.
Paul Cox Electrical		COVER: Brian Wheeler
Power-Medix (Electrician)		PAGE 11: Ann Ferris
R P Pest Control		PAGE 15: Sarah Felton
Richard Roos (Property Maint)		PAGE 19, 20 & 23: Sarah Felton
S&C Window Repairs		PAGE 24: Ben Earle
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NORTH ELMHAM PARISH COUNCIL

PARISH COUNCILLORS

Chair: Paul Grainger, 01362 667 135 **Vice Chair:** Martin Phillips, 01362 668 409

Ann Ferris, 01362 668 580

Tom Fitzalan Howard, 01362 668 232

Brian Gee, 01362 422 799 Ann Keeble, 01362 668 216 John Labouchere, 01362 668 306 Nick Markwell, 01362 668 557 Michael Rayner, 01362 667 859 Colin Smith, 01362 668 585

PARISH CLERK

Kevin J Webb, 01328 855046 northelmhampc@hotmail.co.uk

MEETINGS

Held on 1st Wednesday of the month in the Pavilion at 7.30 pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

VILLAGE FACILITIES

Allotments	. Martin Phillips
Broom Green & Pound	John Labouchere
Cathedral Meadows	.Tom Fitzalan Howard, Ann Keeble
Cathedral Ruins	Ann Keeble, Tom Fitzalan Howard
Eastgate Centre	.Martin Phillips, Paul Grainger
Millennium & Jubilee Wood	.John Labouchere
Playing Field & Pavilion	.Colin Smith, Ann Ferris
Prince William Wood	.Tom Fitzalan Howard, Nick Markwell
Village Green	.Colin Smith, Brian Gee
Footpath Warden	.Ann Ferris

SERVICES

Environment & Maintenance	Martin Phillips
Highways	Paul Grainger, Brian Gee
Mid-Norfolk Railway Liaison	Michael Rayner, Nick Markwell
Planning	Michael Rayner, Martin Phillips, John Labouchere
Street Lighting	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Tree Warden	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Website	Martin Phillips

PARISH CHARITIES

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information elmham.org.uk/parish-council/village-charities.

NORTH ELMHAM DIRECTORY

Elmham Surgery, Holt Rd - 01362 668215	Group website: elmhamsurgery.com

Surgery Opening Times Mon, Tue, Thur, Fri 8.30 am–6.30 pm, Wed 8.30 am–6.00 pm)

Swanton Morley Surgery, Dereham Road - 01362 638100

Surgery Opening Times Mon-Fri 8.30 am-6.00 pm

Elmham and Swanton Morley Dispensary

Dispensary Opening Times Mon, Tue, Thur, Fri 8.30 am–12.00 pm, 2.00 pm–6.30 pm

Weds 8.30 am-12.00 pm, 2.00 pm-6.00 pm

Other Useful Contacts

NHS Medical Help Dial: 111 111 online: 111.nhs.uk

POLICE: Non Emergency Dial: 101 - EMERGENCY Dial: 999

TOLICE. Hom Emergency Dial. 101	EMERGENCI Diai. 333	
Breckland District Councillors	Gordon Bambridge Bill Borrett	01603 881364 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School	Ms Victoria McConnell, Head Teacher	01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Pavilion	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	www.elmham.org.uk	

community website www.emmam.org.uk

Dereham Library, 59, High Street, Dereham, NR19 1DZ - 01362 693184

Opening times: Mon-Fri 09:30-19:00, Sat 9:30-16:00, Sun 10.00-16.00 (Open Library access only)

Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Power Cut (24 hours)	0800 31 63 105
Samaritans		116 123
Citizana Advica Purazu	way neah orgula	0000 144 0040

Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Jay T Magpuyo	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Diana Bennetts	dereham@salvationarmy.org.uk	696341
More2Life	Anne-Marie Fewell		01328 701830
Church Wardens			

Church Wardens		
Elmham	Michael Newey	668424
Worthing	Celia Daniel	668928





NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres, Batteries, Exhausts & Restorations

Mobil 1

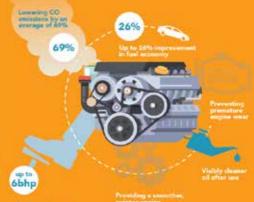
SERVICE CENTRE

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Tel: 01362 668226

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