

# Elmham News

SEPTEMBER 2022

**OUR VILLAGE COMMUNITY MAGAZINE**



## **A Flower Festival Fit For A Queen**

See pages 24 & 25

**FREE MAGAZINE: DONATIONS WELCOME**

## J C Landscape & Maintenance

Offering both hard and soft landscaping, as well as gardening and maintenance services.



Feel free to get in touch for a  
free no obligation quote

James Dunnington (BSc)  
jamescunnington12@hotmail.com

07414894668

### Gardening services provided:

Lawn cutting  
Hedge cutting  
Tree pruning/removal  
Full garden clearances  
Flowerbeds

### Landscaping services provided:

Patios  
Fencing  
Brickwork  
Sheds  
Decking  
Ponds



## S&C Window Repairs

taking the pane out of damaged windows

**Local independent business - Free estimates**

### Repairs to double glazed windows, doors and conservatories

Steamed up windows, broken handles, hinges, replacement gasket,  
plus cat flaps, door panels and more.

**01603 520136 or 0800 1601932**

sandcwindows@gmail.com [www.sandcwindows.co.uk](http://www.sandcwindows.co.uk)

## R P Pest Control & Environmental Services

Helping you put your pests out of business

***YOUR FRIENDLY LOCAL PEST CONTROLLER***

**Wasps, Rats, Mice, Moles, Rabbits, Pigeons  
and most Insects Controlled**

**CALL RICHARD**

**RSPH Qualified, Fully Insured  
North Elmham, Dereham, Norfolk**

**Tel: 01362 667138**

**Mob: 07583076214**



## EDITORIAL

What a splendid August we had, despite the unusual heat. A wonderful Flower Festival and the 90th Annual Garden Show brought out the visitors and the community showing off the incredibly talented folk we have here in Elmham.

Both events oozed great atmosphere and good feelings. New people came forward and joined in despite it being their first time. They were warmly welcomed and fitted right in.

It seems that because of Covid, we had got used to being more alone and these events gave the opportunity to get out and mingle.

Children will soon be back to school, and we welcome the new Head Teacher and notice that work is being done outside the school.

The Phillips twins are also planning events to help them raise money in October so that they can embark on the journey of a lifetime. Hope you can find time to support them.

Thank you for a donation from the ex-Friends and Neighbours Group. It is good that they are keeping together supporting different things like Tea at Two. Thank you also to Jill Collins for her generous donation after we advertised some items for sale. Thank you to our regular donor on Station Road. We really do appreciate your donations.

Don't forget we can always put in small adverts for you.

**North Elmham community  
website [www.elmham.org.uk](http://www.elmham.org.uk)**

**PLEASE NOTE: Submission deadline for articles to be included in the OCTOBER edition is 14TH SEPTEMBER. Please email your article to each of the editors listed below asap before the deadline.**

**Volume 45, No 8, September 2022**

**DONATIONS APPRECIATED**

### EDITORS

Chris Hill	Editor	laine.hill@icloud.com	01362 667028
Caroline Payne	Editor	carolinejpayne@hotmail.co.uk	01362 668704
Meg White	Editor	megandnigel@gmail.com	01362 668302
Janet Woodhouse	Editor	robert.woodhouse2@gmail.com	01362 668525

### ADVERTISING

Martin Phillips	Advertising/Treasurer	martin.s.phillips@btopenworld.com	01362 668409
-----------------	-----------------------	-----------------------------------	--------------

### PRODUCTION & DISTRIBUTION

Sarah Felton	Magazine Layout & Design	sarahfelton@yahoo.com	
Chris Hill	Distribution	laine.hill@icloud.com	01362 667028

### OTHER MEMBERS

Bob Fletcher	Chairman	Beverley, Nr Church, NR20 5JU	01362 668514
Jeannette Fletcher	Committee Member	Beverley, Nr Church, NR20 5JU	01362 668514
Brian Wheeler	Committee Member	21 Cathedral Drive, NR20 5JH	01362 668621

### DISCLAIMER

The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the joint editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

# **Charles Seaman**

**Interior/Exterior Painter and Decorator**

**Domestic and Small Business Work Undertaken**

**Highly Competitive Rates**

Telephone: **01362 688309** 2 Bell Close, Bawdeswell, Dereham, Norfolk

## **WILLIE WESTON of BLAKENEY**

***Fresh locally caught fish, shellfish, pates & more***

You can find me at Fakenham

**Near the Red Lion on Thursdays 7.00am to 2.00pm and**

**Near HSBC on Saturdays 8.00am to 2.00pm**

**Please phone your orders to 01263 740910**

**or visit The Fish Shop, 5A Westgate Street, Blakeney**

## **Computers@home**

**01362 698872/851872**

**07768086272**

Email: [nijel@clara.net](mailto:nijel@clara.net)

Sales, Service & Repairs  
Computers New and Secondhand  
Internet & Software problems  
Repairs to printers, Scanners,  
Copiers & Fax machines  
Daytime, Evenings & Weekends

## **Alison Watson**

**Beauty Treatments & Foot Health Practitioner**

**(S.A.C. Dip. FHP)**

**(College Guild of Graduates Register)**

**Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions,  
Shellac Nails, Ear Piercing**

**Toenail Trimming, Corns, Callus & Fungal Infections**

**For Appointments, Please Ring; 01362 668419**

# NORTH ELMHAM PARISH COUNCIL MEETING

**WEDNESDAY 3 AUGUST, 2022**

*The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.*

**Councillors Present Were:** Mrs. J. Borgnis (Chairman), Mr. M. Phillips, Miss A. Ferris, Mr. B. Gee, Mr. P. Grainger, Mrs. A. Keeble, Mr. M. Rayner and Mr. C. Smith

**Also in Attendance:** Mr. K. Webb (Clerk) and one parishioner.

**Apologies for absence:** Mr. T. Fitzalan Howard, Mr. J. Labouchere and Mr. N. Markwell.

## **Updated Information & Matters Arising**

### **Affordable Housing Scheme**

As previously agreed, a piece has been placed in Elmham News.

### **Police Visit**

The Clerk reported on the situation with the young person who had deliberately damaged a Parish asset (a park bench) and the previous agreement of the members to proceed along the route of Restorative Justice with full police involvement. The promised letter of apology has not been received. P.C. Jake Large had spoken to the family and, as a result, a letter is to be written to the Parish Council. In addition, a meeting is to be held with a few members, in accordance with the established process, at which the young person has the opportunity to explain why the action was taken and any regrets can be expressed. In addition, the possibility of undertaking some tasks in the village are to be considered. P.C. Large has suggested, as an example, a few hours of litter picking. We also advised the police that the cost of

repairs was £120 but, rather disappointingly, the prospect of recovering this sum does not appear to have been pursued with any great vigour by P.C. Large.

Further information is awaited from the police.

### **Land Management Matters**

**Village Green:** It is the intention for the memorial tree to be a flowering cherry. A mini digger will be needed.

**Cathedral Ruins:** A meeting with English Heritage had been held on 11th July. They continue to be pleased with the management of the site. The Tree Inspector will submit a report. There hasn't been an increase in the Parish Council fee for some years and an uplift is being considered.

### **Millennium Wood (and Jubilee Wood):**

One of the new benches is now in place.

### **Allotments**

Messrs Phillips and Smith had been looking for leaks and had found one small one. Rents will go up next year (probably from £10 to £15). There are currently three plots which have seen no action.

### **Street Lights**

The possible replacement of the light in Eastgate Street will be discussed at the next meeting.

### **Highway Matters**

Resurfacing has been done. The blocked drain near the Post Office, which is clogged up with weeds, has been reported to and duly acknowledged by Highways. Mr. Grainger felt that a safe crossing between Eastgate Street and the Pavilion car park was needed and proposed that this would be a very worthwhile project. Seconded by Mr. Gee. All in favour. It is the intention to utilise the Parish Partnership scheme and consideration will be given to asking Highways to design the

Your local building & property maintenance service. Over 25 years professional building experience.

Building Repairs  
Joinery / Carpentry  
Bathrooms / Kitchens  
New Roofs / Roof Repairs  
Extensions / Alterations  
Conversions / Renovations  
Windows / Conservatories  
Traditional Norfolk Flint Work  
General Property Maintenance

**07881 957032**  
info@roosbuild.co.uk



**RICHARD ROOS**  
Building & Maintenance

**01362 470543**  
www.roosbuild.co.uk



www.fourpawsnorfolk.co.uk



**07469 766 331**

**Please call to book an appointment**

Corners Nursery, Fakenham Rd, Hoe, Dereham NR20 4HA

**Dog Grooming**

**At Great Prices!!**

**Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome**



We are a registered OFSTED independent preschool offering flexible childcare for children aged 2-5yrs in a light airy free flow setting. Before/after school and holiday club for children 5-12 years. 10% Discount for North Elmham Primary School children.

If you would like to come and view or enrol your child, then please contact northelmhamadmin@scribblespreschoolgroup.co.uk or alternatively call 01362 668638

**The Bell**  
BRISLEY

**Book your tickets for Brisley Live NOW!**

9th-11th September 2022.

A weekend of comedy, music and theatre

Click the QR code for full details of the line up  
or visit our Website.



www.thebrisleybell.co.uk 01362 705 024

crossing. The 30 mph sign from Dereham to North Elmham is obstructed by vegetation. Mr. Gee offered to deal with this matter.

### **Pavilion and Playing Field**

The current bin continually overflows and it was agreed by all to get a bigger one (1,100 litres). Proposed by Mr. Phillips and seconded by Mr. Smith. A meeting has been arranged with CGM (Mr. Pawson) for 8th August. Messrs Phillips and Smith will attend. The Clerk will forward detailed financial information regarding the contract so that a suitable deduction in the amount charged to date can be calculated. Following the annual RoSPA inspection by Playsafety Ltd, it is recommended that there are a few matters requiring attention. A report is awaited from NGF Play Ltd.

### **Youth Club Facilities**

Gabriel Mansbridge has been appointed as Active Norfolk youth co-ordinator for the area. His Line Manager is Sam Bensley. Mr. Grainger is to suggest a meeting.

### **Defibrillators**

Please refer to later item

### **Annual Review and Renewal of Policies**

The policies which were agreed to be renewed for a further year at the previous meeting were signed by the Chairman.

### **Call for Sites – Breckland Council**

The sites have not yet been published.

### **Norfolk Social Infrastructure Fund**

The Fund is open for application and there is £775K available for voluntary and non-profit making groups involved in local projects to upgrade buildings and facilities. The Football Club has recently expressed a desire for improved facilities at the Pavilion, e.g. female showers and changing rooms with the possibility of the building being extended. There is also a

need for a bigger space for parking cars. Mr. Smith will speak to the Football Club with a view to them providing a wish list. Following this, Messrs Grainger and Smith will draft a proposal for discussion at the next meeting.

### **Defibrillator Training**

We are now registered with the Circuit (the National Defibrillator Network) system in addition to Community Heartbeat. Free training sessions (one hour) for CPR and defibrillator use are being offered by EAAA. Some members have expressed an interest as well as other people in the village who are involved with various clubs and organisations. The Chairman, Mr. Phillips, Miss Ferris, Mrs. Keeble and Mr. Smith would be prepared to attend.

### **To Consider Planning Applications and Determinations**

#### **Applications**

Mr. and Mrs. M, Braybrook – proposed single storey extension to side - 3PL/2022/0799/HOU – Gorse House, Heath Road – no objections.

#### **Determinations**

Mr. Barwell – erection of single storey, oak framed orangery to rear – 3PL/2022/0613/HOU – 4 Spring Meadow – approved.

#### **Any Other Matters (For Information Only)**

The Clerk reported that he had bought a new printer. This had effectively been purchased by utilising the quarterly computer/equipment allowance.

### **Agenda Items for Next Meeting**

- a) Replacement street light.
- b) Pavilion funding.

### **Next Meeting**

Wednesday, 14th September at 7.30 pm.



# The Norfolk Sweep

*Friendly, Professional Service • Fully Insured  
All Types of Chimney / Flues Swept*



**Anthony Walden**

**01362 680189**

**[www.thenorfolksweep.co.uk](http://www.thenorfolksweep.co.uk)**



## **JOHN COLES**

**ELECTRICIAN**

**PROPERTY ALTERATION/**

**MAINTENANCE**

All electrical work

And building work, plumbing &  
carpentry

All aspects of kitchen, utility & bathroom  
refit

(incl mobility & access solutions)

Garden landscaping

Happy to advise, discuss work/provide  
prices

Public liability insurance + references

**01362 692249 or 07919 593391**

Find us on Facebook

Your satisfaction is our reputation  
Friendly, reliable family business



# **FIRING SQUAD WOODBURNERS**

Comprehensive stock to view at our  
showroom on The West Raynham Business Park

**01328 838 665**

e-mail: [firingsquadwoodburners@yahoo.com](mailto:firingsquadwoodburners@yahoo.com)

[www.firingsquadwoodburners.com](http://www.firingsquadwoodburners.com)

**APPROVED CLEARVIEW STOCKIST**



# ELMHAM SURGERIES

## Patient Participation Group

The PPG are a valued communicator between the community and the practice. The purpose of the PPG is to work together with the Elmham Group Practice by acting as a sounding board regarding future plans or ideas; being representation of the users' views of services provided and, where appropriate, suggest alternative solutions to enhance provision.

The PPG also assists the surgery by:

- Coordinating information for locally publicised information and/or surgery newsletter.
- Offering volunteer service help, to help the practice, in areas such as gardening, stewarding for vaccines, administration.

The group will not discuss the interactions between a patient and their doctor or individual cases or issues. Discussion relates to general administrative matters.

Minutes of PPG meetings are available on the Elmham Group Practice website. The Chairman of the group is Roger Thorneley. Email: [roger.thorneley@sky.com](mailto:roger.thorneley@sky.com)

## Appointments

Appointments with a GP or Nurse Practitioner are available every weekday. Currently all appointments with a GP or Nurse Practitioner are run via a telephone triage service. You may then of course be seen face to face in the surgery thereafter if it is felt necessary or we may ask to conduct a video consultation with you.

- Urgent problems – Please contact the Surgery from 8.30am
- To book an appointment with a Practice Nurse or Health Care Assistant please contact the Surgery after 2pm when our telephone lines are not so busy.

Appointments with a Registrar for birth and deaths can now be booked via The Council Customer Service Centre on 0344 800 8020. Customers can call between 09:00 - 17:00 Monday to Friday and book their appointment to register a birth or death at the best office for them at the earliest or most convenient time.

## Dispensary

Staff numbers have been increased to deal with the almost 20% increase in items which the staff are processing every month; the current monthly average is now at a level previously only seen at times of peak demand, typically at Easter and Christmas. There is also a second delivery driver in order to cope with the number of home deliveries to our elderly house-bound patients. The outside second hatch at Elmham surgery also allows more patients to be served.

There is a turnaround time of three working days for routine prescriptions, as well as dealing with the urgent same day prescriptions generated by clinicians and pharmacists. Should any items in the prescription be out of stock or on backorder, the in stock items will be provided as part of the prescription with any outstanding items to follow.

## Consent Forms and Advance Decisions

It is important to keep your surgery informed of any consents you give to family or those with power of attorney to make decisions on your behalf. This includes advance decision about resuscitation, medical treatments, prescription collection, making appointments on your behalf etc.

## Mot, Service and Repair Centre

### Full Workshop Facilities

# NRG

- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- Competitive prices- ring for a quote or pop in

### NORWICH ROAD GARAGE

43 Norwich Road, Dereham, NR20 3AS

Tel: 01362 692237 or 07900994749

(Next to the fire station)

**Proprietor: Derek Jarrett (30 Years Experience)**



## FAKENHAM & DISTRICT FUNERAL SERVICES LTD.

INDEPENDENT FAMILY FUNERAL DIRECTORS

*Emma Duggan & Beau Elliott*

*'Helping others at a time when it's  
most needed.'*

**TEL: 01328 838838**

*(24hr emergency)*

WEASENHAM MANOR, FAKENHAM ROAD,  
WEASENHAM PE32 2TF



**Golden Charter**   
Independent Way Funeral Plans

## MOBILE LIBRARY SERVICE UNDER THREAT

Norfolk County Council continues to face higher costs and demand for services and, this was the case even before the recent rise in inflation. Initial proposals to save £13 million as part of a £60 million target for next year were considered by councillors on 4th July. One of those savings proposals is to reduce the budget for the mobile library service by £200,000 - this is nearly half of the existing budget of £422,000. To make this saving we now have to find ways to run the mobile library service in a different way and potentially reduce the number of routes.

### Why we are consulting?

We want to find out how residents' use the mobile libraries, how much they value the service and what elements of the service could change. We want to know people's thoughts about how we could deliver a more modern and efficient mobile library service that's fit for the future.

We are consulting through:

- An online consultation, which is also available as a paper copy via mobile libraries and library branches throughout Norfolk
- Letters to key partners and stakeholders
- Our Norfolk Residents' Panel

We are consulting from Friday 22nd July to Wednesday 14th September. Please note that if we receive any consultation responses after the 14th, we cannot guarantee that we will be able to take them into account.

We will feed back the findings from our consultation to our county councillors as part of the evidence to help them come to a decision about the future of the mobile library service.

The online consultation can be accessed at:

**[norfolk.citizenspace.com/consultation/mobilelibraries](https://norfolk.citizenspace.com/consultation/mobilelibraries)**

If you need a copy of this consultation document in a different format please email [haveyoursay@norfolk.gov.uk](mailto:haveyoursay@norfolk.gov.uk), call 0344 800 8020 or Text Relay on 18001 0344 800 8020 (textphone) and we will do our best to help.

The consultation should take between 10-15 minutes to complete.

An Easy Read version of this consultation is available on request.

## FAKENHAM & DISTRICT FLOWER CLUB

Pulvertoft Flowers, Talk and Demo

Tuesday 6th September 7.30 pm

Hempton Memorial Hall  
Hempton, Fakenham NR21 7LG

Annual sub £40 Visitors £8

More details: Jackie on 01328 851933

## HAZARDOUS WASTE OLD PAINT ETC

Just a reminder that you can take any hazardous waste, on 24 and 25th September from 9-5pm to Dereham RC, Trafalgar Bus Park, Rashes Green, NR19 1JG

## FOR SALE

The following are left over from the Flower Festival and are in pristine state, pay what we paid:

10 Tesco bottled water 15p each  
8 Sprite at 35p each  
16 assorted Coca Cola at 38p each

Please contact Meg 668302

## CLUBS AND ORGANISATIONS

This is a list of people who can be contacted if you would like to know more about any of the following:

Archive Group	Janet Woodhouse 01362 668525
Art4 All	Angie Redwood 07979 666197
Bowls - Institute	Tony Langford 01362 668854
Bowls - King's Head	Martin Phillips 01362 668409
Elmham Cricket Club	Mark Ballman 01362 668935
Elmham Football Club	Chris Reeve try Facebook
Elmham Guides	Marion Morgan 01362 696221
Elmham News	Meg White 01362 668302
Elmham Surgery Patient Participation Group	Roger Thornley 01362 668804
Elmham Tennis Club	Geraldine Leeder
Friends of North Elmham School	Sharon Phillips 01362 01362 668866
Gardening Club	Ray Norman 01362 667226
Guides	Marian Morgan 01362 696221
Knit and Natter	Eileen Cotterill 01362 668380
Netball Club	Juliet Boyce 01362 668484
Reading Group	Eileen Church 01362 668330
Royal British Legion	Michael Aston 01362 668959
Sewing for Pleasure	Janet Woodhouse 01362 668525
SINE (Help)	David Fairbairn-Day 07398 758421(10-5)
Snooker Mon & Fri	Neil Page 01362 668296
Snooker Wed	Chris Werrell 01362 668564
Tea@Two	Jo Fitzalan Howard 01362 668232
The May Singers	Tony Langford 01362 668854
Walking Group	Jenny Cunningham 01362 668224
Wensum Valley Birdwatching Society	Sue Gale publicity@wvbs.gmail.com
Wives + All	Gill King 01362 668530
Young Farmers	Steven Britton 07810 897792



## GARDEN SHOW

A celebration of our 90th Annual Garden Show was held in the Memorial Hall on the 6th August and for the club and village to have held that many shows is a great achievement .

Not having had a show for two years due to lockdown it was great to see so many varieties of produce exhibited after the hottest July on record was amazing.

It was lovely to see members and the general public enjoying and viewing the displays which created a lot of chatter and banter finishing the afternoon with an auction of the produce.

I would like to thank the Judges, Stewards, Refreshments team, Raffle, Auctioneer and committee members for all their help. But to you, the members and non-members for their exhibits, without you the show would not have been a success.

*Ray*



Our Gardening Club meeting on Thursday 22nd September will host Dr Ian Bedford on Butterfly Gardening. Julia and Sue are doing the refreshments.

**Ed's note:** There was a great atmosphere all day and a buzz about the whole show. Well done, everyone.



## Cup Winners

**Kerrison Cup**

**Janet Sinclair Cup**

**Seamans Cup**

**J Hitchcock Vase**

**David Sinclair Cup**

**Hasting Cup**

**Gardeners Shield**

**Elmham Cup**

**Railway Tavern Cup**

**Delia Cup**

**Jessica Cup**

**Marsh Cup**

**Gerald Cup**

**Memorial Cup**

Most Points Classes 1-26

Most Points Classes 27-39

Most Points Classes 40-44

Most Points Classes 45-50

Most Points Classes 55-58

Best Tomatoes Classes 4-7

Best Exhibit Classes 1-23

Best Exhibit Classes 25-26

Best Exhibit Classes 27-39

Best Exhibit Classes 45-50

Best Exhibit Classes 51-52

Best Exhibit Classes 53-54

Best Exhibit Classes 55-58

Most Points in Show

Martin Philips

Ray Norman

Heather Caley

Dawn Norman

Heather Caley

Mark Hudson

Sarah Felton

Ann Keeble

Mary MacEwan

Alison Watson

Arthur Smith

George Keeble

Heather Caley

Heather Caley





## Children's Classes

### **Decorated hat up to 8yrs old**

1st Madhouse 2nd Kayla Mitchell

### **Mini scarecrow 9-16 years old**

1st Madhouse 2nd Cayden Mitchell 3rd Finley Yarham

### **Chairman's Winner**

Rosie Moore



## Club Members Only

### **Growing a potato in a bag**

Heaviest crop winner Arthur Smith

Heaviest single potato winner Terry Maidstone

### **Best grown geranium from seedling**

Neil Page

The prizes for the Members Only Competitions of tea/ coffee and cake were kindly donated by Ben at The Tea Post.





## FROM HEAD TO FOOT – FOR ALL YOUR ACHES AND PAINS

Nailcare, ingrown toenails  
Diabetic feet  
Verrucas  
Fungal nails  
Skincare

Massage  
Joint mobilisation  
Exercise  
Electrotherapy  
Posture management  
Taping

Flat feet  
Knee and hip pain  
Plantar fasciitis  
Achilles problems  
Shin splints  
Orthotics

Chiropody and Podiatry  
**Dereham Podiatry Practice**  
www.dereham-podiatry-practice.co.uk  
01362 698932



Physiotherapy (chartered)  
**Rachael Hood BSc, PgDip, CSP.**  
www.equiphysique.co.uk  
07507 870878



Gait and Biomechanics  
**Suzanne Clipson BSc, MRCPod.**  
www.bloomfield-clinic.co.uk  
01362 698932



AT THE BLOOMFIELD CLINIC ON THE  
THEATRE STREET CAR PARK IN DEREHAM



**From**  
**£895\***  
**for a fully**  
**fitted electric**  
**garage door.**

WAS £1,354 INCLUDING VAT.

**Gotta get a Garolla.**

WHAT'S INCLUDED WITH EVERY DOOR:

- EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS



Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space. Our expert local installers will fit your new door and they'll take away the old one too, so there's no mess.

Give us a call today and we'll come and measure up completely **FREE** of charge.

**GAROLLA**  
**ROLLER**  
**SHUTTER**  
**DOORS**



**www.garolla.co.uk**

CALL US TODAY ON:

**01362 790 028**

MOBILE:

**07537 149 128**

**LINES OPEN 7 DAYS A WEEK**

\*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.



## JOHN TIMPSON REPORTER

For those of you who have not lived in Elmham very long, you may not be aware that a famous broadcaster lived here in the 1950's, at the beginning of his career, which had started on the Wembley News as a cub reporter.

It was John Timpson who began his lifelong love affair with Norfolk when he came to work on the Dereham and Fakenham Times.

As Libby Purves said of him ' He learned the devious ways of country people and country journalism, polished his pants on the hard reporter's benches in the Courtroom and Rural District Councils, and got the knack of keeping on the right side of the gentry. (Reporters in those days were sent round to the tradesman's entrance).'

John Timpson – or Timmy as he was known, lived in Windfall House with his wife Pat, which is right next door to the present Post office which in the 1950's was George Kerrison's shop. The shop sold everything from tin baths to bacon weighed out in front of you. The village didn't have mains water until 1963 (remember that bad winter) so at Windfall House, the lavatory was a bucket under a wooden seat with a cut out bit where one sat. These lavatories were usually brick and built down the garden for obvious reasons and were emptied once a week. John said the buckets were supposed to be emptied at night but more often than not, it would be in the middle of breakfast!

I expect he had a chamber pot under his bed which we all called a 'goesunder' because it went under the bed! Who would want to go out in the dark in pyjamas to use the facilities down the garden!

As Libby Purvis said 'Sometimes life was enlivened by a scandal in the parochial church council of some outlying village, sometimes by a bout of amateur dramatics.'

You might think in rural life nothing much happens but scratch around and you will surely find some scandal!

John left Elmham, sadly, to further his career, in the BBC News Division and a new home in Chorleywood. From 1970 -1986 he presented Today on Radio 4.

Other reporters came and went but he stayed, doubling with Jack de Manio, with Robert Robinson and Brian Redhead and for three and a half years with Libby Purves.

If there was a story with a Norfolk connection his eyes would light up.

He said in the EDP in 1985 'You see I'm the only person in the BBC who has heard of Norfolk: the trouble is I keep getting letters from people who live there telling me to shut up about it or everyone will want to go there!'

Very sadly John died in Kings Lynn Hospital on the 19th November 2005 aged 77 years old.

The Herald said of John 'John was one of the greats of radio broadcasting. His sense of humour and his humanity shone through in all of his broadcasting'.

He was buried in his adopted village, Weasenham St Peter.

As well as broadcasting he will be remembered for his books including Timpson's County, where the love he had for his adopted county shone through.

Finally, in 1990 the Flower Festival in our church was called 'Timpson's England' a nod to his life here and at the BBC.

*Janet Woodhouse*

**Michael Cummings**, *HCPC Registered, D.Pod.M., M.Ch.S.,*

**Chiropodist/Podiatrist,**

**DEREHAM CLINIC:** 1 GLENCOE COURT, MARKET SQUARE,  
DEREHAM, NR19 2AX

**TELEPHONE:** 01603 926969

Website: [www.sprowstonchiropody.co.uk](http://www.sprowstonchiropody.co.uk)

**THE GARROD PARTNERSHIP LIMITED**  
**BUILDING MANAGEMENT**

The Garrod Partnership is a well established building management company specialising in providing tailor-made building solutions no matter what your job requirements.

Please get in touch to discuss your ideas.

Terry Garrod – 07771757499

Matt Barwell – 07585191010

[terry@garrodpartnership.co.uk](mailto:terry@garrodpartnership.co.uk)

[www.thegarrodpartnership.com](http://www.thegarrodpartnership.com)



**- Nick Long -**

**DOT, DVSA, ADI, DIA, MSA**

**NORTH ELMHAM BASED  
DRIVING INSTRUCTOR  
BOTH MANUAL &  
AUTOMATIC TUITION**

**DRIVING STANDARDS AGENCY (DEPARTMENT of TRANSPORT)  
APPROVED DRIVING INSTRUCTOR**

**Tel: 01362 668468**

**Mobile : 07786390275**

**Kay Barker Fine Art**

NEW: The Art Studio, North Elmham

**Art Courses for Adults - Fridays 10am–12noon**

**Art for Sale, Art Commissions**

Email: [kaybarkerfineart@gmail.com](mailto:kaybarkerfineart@gmail.com)

Telephone: 01362 667050

Visit the website [www.kaybarkerfineart.co.uk](http://www.kaybarkerfineart.co.uk)



## NORTH ELMHAM CRICKET CLUB

Elmham's unbeaten run finally came to an end with a narrow defeat at promotion rivals New Buckenham but they quickly bounced back with 2 League victories to maintain their lead at the top of Division 3 as well as edge a nail-biting semi-final win in the T20 Plate to see them through to Finals Day. The first weekend in August proved bitter-sweet as on the Saturday Elmham beat closest promotion rivals Aylsham but the following day lost convincingly to Division 1 Norwich Bystanders in the T20 final at Horsford.

July 9th v New Buckenham (A) League  
NECC 100 New Buckenham 101-9. New Buckenham won by 1 wicket.

A depleted and injury-hit Elmham finally surrendered their 30 match unbeaten run to their closest rivals for the title and by the narrowest of margins. For once, none of the regular run-makers made a significant contribution on a testing wicket. Dan Hall (28) and Ollie Jaggard (24) contributed over half the runs. In reply, the home team were coasting at 66-1 until Ollie Hall ripped through the middle order to see Buckenham stumble to 69-6 and hopes of a famous victory but it was not to be.

J&L Stoves MoM Ollie Hall for his 4-19

July 16th v Overstrand (H) League  
Overstrand conceded giving maximum 26 points to Elmham

July 16th v Stoneygate (h) Friendly

Elmham found last minute opposition to replace Overstrand in the shape of a touring team from Leicestershire. This was an opportunity with several players unavailable for others to have a bowl and Dan Hall picked up a couple and although

Elmham suffered an onslaught in the final overs, the target of 212 in 40 overs proved straightforward as Charlie Kinsey (115no) and Callum Futter (58no) blasted 150 in 13 overs.

J&L Stoves MoM: Charlie Kinsey for his maiden century for Elmham.

July 23rd v Bircham B (A) League  
Bircham 143-8 NECC 144-1 NECC won by 9 wickets

This convincing win on the road saw Elmham top 300 points for the season. On a dry and lightning fast pitch, wickets as so often this season were shared out with Marcus Webb (3-34) leading the way ably supported by skipper Sinclair (2-7). Elmham stormed to victory within 20 overs, Jack Wells hammering 78 in a dozen overs, leaving Ollie Jaggard (31no) and Josh Hall (19no) to complete the job.

J&L Stoves MoM: Jack Wells for his rapid 78.

July 30th v Dersingham H League  
Dersingham 167 NECC 171-6. NECC won by 4 wickets

The visitors recovered from 18-4 to post a challenging target of 167. Callum Futter lead the attack with 4-15 and there were braces for Phil Bend and Marcus Webb. After a promising opening partnership of 61, there was a middle order wobble and at one stage Elmham were wobbling at 124-6 but Callum Futter and Veteran Steve Framingham saw the home side to victory and maintain their position at the top of Division 3.

J&L Stoves MoM Callum Futter for his unbeaten 55 and 4-15 as well as a catch in the field.

August 1st v Swaffham (H) T20 Plate  
Semi-Final Swaffham 154-8 NECC 156-6. NECC won by 4 wickets.

An amazing conclusion to this semi-final tie. Needing 9 runs from just 2 balls, it

*Funny Dogmother's*  
 DOG GROOMING



**Dog Grooming Salon in  
 North Elmham**

The Salon is fitted with a Hydrobath,  
 Airconditioning and water softner.

Only quality products used and  
 one dog in salon at a time.

City and Guilds Qualified, Fully  
 Insured, Dog first aid Trained.

**All Dogs Welcomed**

Orchard House, Pump Street,  
 North Elmham, Dereham  
 NR205LS

Please Call Barbara on  
**07389809941**

To book an appointment

**ACHIEVE THE  
 LAWN YOU  
 HAVE ALWAYS  
 WANTED...**

**Weed Free, Deep Green  
 & Moss Controlled**

- 5 treatments a year
- Solid / hollow tining
- Scarification
- Lawn renovation
- Weed control
- Overseeding
- Moss control
- No contract

 **Greensleeves**  
 Lawn Treatment Experts

**For a FREE No Obligation  
 Quote and Lawn Analysis**

**Call: 01362 652 812**

Email: [anglia@greensleeves-uk.com](mailto:anglia@greensleeves-uk.com)



**Extra pair of hands**

Painting - Plastering - Basic plumbing/elec  
 General DIY - Lawn Cutting - Strimming  
 Chainsawing - Log Splitting - Jetwashing  
 Mole catching.

Or just an  
 extra pair of hands !

**Hardworking - Fair priced - Trustworthy**

Contact Nick with any questions  
 Email ; [onlockdown80@gmail.com](mailto:onlockdown80@gmail.com)  
 Tel ; 07923 161684



seemed that Elmham would miss out on the final but 3 successive wides reduced the target and James Harvey took 2 off the penultimate ball and smashed the final delivery to the boundary for a famous victory in front of a large and enthusiastic home crowd. Earlier Callum Futter, Billy Fordham and Jason Clarke had kept the lid on the Swaffham innings conceding just 50 runs for 4 wickets in their 8 overs combined and all 3 contributed with the bat in supporting Ollie Jaggard whose 46 won him the MoM award.

J&L Stoves MoM: Ollie Jaggard for his 46 runs and 2-30

August 6th v Aylsham St Giles (A) League NECC 241 Aylsham 194-6. NECC won by 47 runs

Victory at closest title rivals opened up a 33 point cushion for Elmham with 3 matches to play. After a poor start at 29-3, Miller (17) and Futter (45) rebuilt the innings allowing Kinsley (50) and Fordham (37) to post a challenging score that the home side never really threatened. Tight bowling from all the bowlers kept the run rate well below the required

target although only six wickets fell. Standout bowler was Jaggard with 2-27 off his 7 overs.

MoM Charlie Kinsey for his 50

August 7th v Norwich Bystanders T20 Plate Final NECC 146-7 Bystanders 149-1. NECC lost by 9 wickets.

The old adage, catches win matches, rang true in this cup final. Elmham were put into bat and made a great start with Wells (32) and Jaggard (30) both getting to 30 and were well set at 90-3 off 10 overs. Bystanders however caught everything and Elmham could not up the tempo despite Billy Fordham's battling 32 late on in the innings. A quick wicket gave Elmham hope but dropped catches allowed opener Sundar to reach an unbeaten 62 in the company of official MoM Nathan Lake who hit a chanceless unbeaten 79.

J&L MoM Billy Fordham for his 32 and 1-10 off 3 overs.

*Mark Ballman*

## SEPTEMBER DATES TO REMEMBER

Tue 6th	Knit and Natter	Pavilion	2.00 pm
Thu 8th	Wives Plus All - Changes in Elmham Royal British Legion Meeting	Memorial Hall King's Head	7.30 pm 8.00 pm
Wed 14th	Tea At Two Parish Council Meeting	Memorial Hall Pavilion	2.00 pm 7.30 pm
Sun 18th	Social Mixed Doubles & BBQ	Tennis Club	from 10 am
Thu 22nd	Gardening Club-Butterfly Gardening	Memorial Hall	7.30 pm
<b>Advance Warning</b>			
Sat 15th Oct	Wine & Wisdom Quiz - please book	Memorial Hall	7.00 pm

***Please remember, we can only print dates that YOU give us.***



**We are delighted to announce the launch of our new monthly mother & toddler group**

**at the Memorial Hall North Elmham on Wednesday 18th May 2022 @ 9:15am - 11:15am**

**To register your interest please email us at:**

**[northelmhamadmin@scribblespreschoolgroup.co.uk](mailto:northelmhamadmin@scribblespreschoolgroup.co.uk)**



Contact Joanne Pennells today to book your free market appraisal

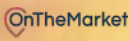
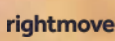


**Chilterns**

Sales & Lettings

01603 801020 - 07568608998

[joanne.pennells@chilterns.co](mailto:joanne.pennells@chilterns.co)











## ALL THAT'S ROYAL FLOWER FESTIVAL 2022

It already seems like a distant memory, but a good one at that. It was well attended on Saturday and the Car Boot played its part in encouraging people to have a coffee and see the flowers. The 10am start is so much more civilised.

The flowers were brilliant, and the Royal theme gave great ideas to the arrangers that delighted so many visitors, sparking their memories of times past and admiration for the skill of the arrangers.

Tower trips were popular and the views from the top were spectacular. The Archive exhibition attracted a great deal of attention and conversation.

Johnathon White organised a team of bellringers to ring a Quarter Peal which rounded off Saturday afternoon beautifully.

Sunday was a day of many parts, wet, dry, drizzly but the show went on except that the tower had to be closed as the roof was too slippery to walk on, disappointing many young would-be climbers. A beautiful vintage bus carried passengers on a round trip of the village and many people took advantage of the hop on, hop off route.

The day ended with a Service of Thanksgiving with the Rector and Canon Andy Bryant from Norwich Cathedral, leading the service.

All together a very satisfying weekend. We were never sure anyone would come but come they did, and many people met family, old friends and acquaintances.

The final figures are always hard to tie up, but we started with nothing, borrowed £100 for a float, then took over £4500. And after all expenses,

made a decent profit of £4,000 to go to the Restoration Fund. After reading Susanna's piece, you will realise that every penny will be needed.

A HUGE thank you to everyone who helped organise a team of helpers; thank you to every single one of you who helped in any way or simply came and enjoyed the weekend. We were delighted you came, we hope you were.

### Festival Raffle

Thank you to everyone who supported the 2022 Festival raffle - to the companies and individuals who kindly donated prizes (66 in total for the two days), to the stalwart people manning the stall, and all those who bought tickets. The raffle raised the grand sum of £526 towards the Festival total. Sincere thanks again to everyone.

*Gill King*

**Ed's note:** What's this we hear about it being an all time record. Congratulations and thank you.

### Big Thank You

I feel it's time to retire from running the Bric a Brac stall for the Elmham Flower Festival and the Village Fete. I would like to say a sincere thank you to everyone who has helped over the last 16 years, some who have been with me every year, come rain or shine. I couldn't have managed without your support or that of our dear Colin. Thank you also to the many people who have kept donating items for us to sell.

We have all managed to raise a very creditable £7,000 plus from unwanted items for Church Restoration Funds.

Good luck to anyone who would like to take over.

*Chris Allen*



VISIT US ONLINE OR CALL US  
TO DISCOVER MORE

[www.creativechiro.co.uk](http://www.creativechiro.co.uk)  
[info@creativechiro.co.uk](mailto:info@creativechiro.co.uk)  
01328 854325



## DID YOU KNOW?

We offer a wide range of treatments and services you may not have tried yet..

Chiropractic  
Deep Tissue & Sports Massage  
Relaxation & Pregnancy Massage  
Reflexology  
Therapeutic Facials  
Neals Yard Treatments  
Tailored Health Guides  
Free 30 Minute Assessments

Creative Chiro, Pensthorpe Natural Park, Fakenham Road, Fakenham, Norfolk, NR21 OLN.

# MASTER CHIMNEY SWEEP

## NVQ QUALIFIED CHIMNEY ENGINEER



- All Chimneys, flues and appliances swept
- Certificates issued
- CCTV chimney surveys
- Bird/rain guards / Anti down-draft cowl supplied and fitted
- Stove servicing and maintenance



**Established 1995**

**CALL D THOMPSON CHIMNEYS LTD**

**01328 851081**

**[www.the-sweep.co.uk](http://www.the-sweep.co.uk)**



## TENNIS CLUB

### Summer Teams Success

In recent weeks, the Club has won four inter-club summer leagues. With five matches left to play this month, the Club has won 35 of 40 matches overall.

Congratulations to the captains - Judy Biggie, Ros Condon, Paige Thompson, Andy Slough and John Fabisz - and to everyone involved in our league-winning campaigns.

Castle Acre League (mixed) - champions for the ninth time

Norwich City League:

Ladies - champions, promoted to Division 2 for 2023

Men's A - champions, promoted to Division 3 for 2023

Men's B (new in 2022) - champions, promoted to Division 6 for 2023

It's been wonderful to see some of our new members playing competitively, none more so than in the North Norfolk League (mixed), captained by Jane Hodges. Thank you to everyone!

### Winter Teams

The Norfolk/Suffolk Winter League season will begin on Sunday, 2 October, with the Club fielding two teams (Division 1 & 5). All matches take place on Sunday mornings - every fortnight - through to March 2023.

### Wednesday Team Training

The popular training and tactics session, for a maximum of eight players each week, will start on Wednesday, 31 August from 7-9pm. The format is three rounds of 10 games, with different tactics for each round, and will run through to early April 2023.

### Sunday Adult Group Coaching

If you're interested in improving your game, and want to know more members, the Club will be running Sunday adult group coaching from 9-10am starting on

11 September. Eight spots will be available each week. You can book onto individual Sunday coaching sessions (£4 per session) to suit your schedule!

### For Your Diary, Save The Dates

Tuesday, 6th September - Junior Coaching restarts from 3:45-4:30pm (ages 4-7); 4:30-5:30pm (ages 8-9) and 5:30-6:30pm (ages 10+).

Sunday, 18th September - social Mixed Doubles tournament & BBQ from 10am

Monday, 10th October - Annual General Meeting, 7:30pm (venue or Zoom TBD)

Friday, 4th November - Quiz Night, fish & chips social from 6:30pm (Memorial Hall)

## ROYAL BRITISH LEGION

Meeting held at The Kings Head on 7th July, 6 members attended and 3 apologies received for being absent, it was quite an informal type of meeting, with only a couple of matters raised. Carl Bean said the motorcycle rally at Whitwell raised £450.

It was decided that the AGM will be held on the 8th September at 8pm at The King's Head and that all existing committee members would remain. Therefore, the branch will continue for another year and again new members are required and always welcome.

*Mike Aston Branch Sec*

## OLD COMRADES

Old Comrades Night will be held at The Memorial Hall 21st October, and we will be seeking raffle prizes for the event next month. This has always been a very good social night and we hope to continue this. So please donate to the raffle, thank you.

**Ed's Note:** Apologies to the Royal British Legion for omitting their article last month.

# King's Head Hotel

North Elmham, NR20 5JB

Ac



**LARGE BEER  
GARDEN**  
at rear of hotel  
with kids play area

**Book your table online:**  
[kingsheadnorthelmham.co.uk](http://kingsheadnorthelmham.co.uk)

**Call: 01362 668856**



**OPEN 7 DAYS  
A WEEK**

**FOOD SERVICE**

**MONDAY TO  
12.00 TO 2.30  
& 6.00 PM TO 9.00**

**SATURDAY  
12.00 TO 9.00**

**SUNDAY  
12.00 TO 7.00**



# accommodation • Bar • Restaurant • Beer Garden



YS

ED

O FRIDAY  
00PM  
O 9.00PM

00PM

00PM



## BAR | RESTAURANT | HOTEL

### ♦ SMALLS ♦

MIXED MARINATED OLIVES (Ve) (GF)	£ 4.00	WARM FOCACCIA, OLIVE OIL & BALSAMIC (VE)	£ 4.00
BROCCOLI & STILTON SOUP, CRISPY CROUTONS & ROSEMARY FOCACCIA (GFO)	£ 6.00	NACHOS, CHEDDAR, MOZZARELLA & SALSA (GF) (V) (VEO)	£ 6.00
PORK, CONFIT DUCK LEG & PISTACHIO TERRINE, RED ONION CHUTNEY & TOASTED CIABATTA (N)	£ 7.00	SPICED HONEY GLAZED HALLOUMI, FIG AND ALMOND SALAD (GF) (V) (VEO) (N)	£ 7.00
ROASTED PEPPER, GOATS CHEESE & RED ONION TARTLET & KALE PESTO (N) (V) (VEO)	£ 6.00	SAUTÉ WILD MUSHROOMS GARLIC BUTTER & STILTON, TOASTED CIABATTA (V) (GFO)	£ 7.00
SMOKED SALMON, PICKLED BEETROOT & HORSE RADISH CRÈME FRAICHE (GF) (V)	£ 6.00	BREADED CHICKEN FILLET, KATSU CURRY SAUCE, PICKLED VEGETABLES	£ 7.00

### ♦ CHIPS & FRIES ♦

FRIES, BACON BITS, SPRING ONION, MOZZARELLA, CHEDDAR & GARLIC MAYO	£ 6.00	FRIES, CRISPY HALLOUMI, SPRING ONION & SRIRACHA MAYONNAISE	£ 6.00
CHUNKY CHIPS	£ 3.50	SKINNY FRIES	£ 3.50

### ♦ MAINS ♦

8oz RIBEYE STEAK, CHUNKY CHIPS, ROAST TOMATO, FLAT MUSHROOM & PEPPERCORN SAUCE (Gro)	£ 25.00
HOMEMADE BEEF BURGER, STREAKY BACON, CHEESE, BABY GEM, GHERKIN & SKINNY FRIES	£ 13.00
GRILLED HALLOUMI, ROASTED PEPPER & MUSHROOM BURGER, SIRACHA MAYONNAISE & FRIES (V) (Gro) (VEO)	£ 12.50
BEER BATTERED HADDOCK, CHUNKY CHIPS, CRUSHED PEAS & TARTARE SAUCE	£ 14.50
BRAISED BEEF, BACON & BLUE CHEESE HASH, KALE AND ROSEMARY JUS (GF)	£ 16.00
TAGLIATELLE, WILD MUSHROOM, SPINACH, PARMESAN CREAM & PARSNIP CRISPS (V) (VEO)	£ 12.50
KATSU CHICKEN CURRY, STEAMED BASMATI RICE & PICKLED VEGETABLES	£ 14.50
PUY LENTIL & ROASTED WINTER VEGETABLE PIE, MASH, SHALLOT & THYME GRAVY (VE)	£ 14.50
FISH PIE, SMOKED HADDOCK, COD & SALMON, CHEDDAR MASH & SEASONAL VEGETABLES	£ 14.50
HOT SMOKED SALMON, CRUSHED NEW POTATOES, TENDERSTEM BROCCOLI, WHISKY & HORSE RADISH SAUCE (GF)	£ 14.50

### ♦ SWEETS & CHEESE ♦

BLACKBERRY MOUSSE (VE)	£ 6.00
STICKY TOFFEE PUDDING, TOFFEE SAUCE, VANILLA ICE-CREAM	£ 6.00
CHOCOLATE BROWNIE, CHOCOLATE SAUCE, VANILLA ICE CREAM	£ 6.00
BAILEYS CHEESECAKE, HONEYCOMB ICE-CREAM	£ 6.00
VANILLA CRÈME BRULÉE, CHOCOLATE BISCOTTI	£ 6.00
RONALDO'S VANILLA, CHOCOLATE OR STRAWBERRY ICE CREAM	£ 2.00
BRITISH CHEESE BOARD TO SHARE, RED ONION CHUTNEY, CELERY & A SELECTION OF CRACKERS	£ 10.00

#### Allergen Information

Here at The Kings Head Hotel, we take every possible step to ensure our diners have a pleasant experience. We pride ourselves in the fact that we take the utmost care when preparing your food and cooking your meals freshly to order. Some of our products may contain, nuts, gluten, eggs, crustaceans, milk, soya, etc. If you are or suspect you are allergic to any of these or other products, please inform a member of staff before you order, and we will be able to provide all the information you need.

N – NUTS

GF / GFO – GLUTEN FREE OR  
GLUTEN FREE OPTION  
CHIPS, FRIES ARE NOT GLUTEN FREE

V – VEGETARIAN

VE / VEO – VEGAN OR VEGAN  
OPTION

## NORTH ELMHAM FISH & CHIP SHOP

IB THE CHIPPY  
STATION ROAD, NR20 5HH

PHONE ORDERS  
01362 667793

MENU AVAILABLE  
ON OUR WEBSITE

CARD PAYMENTS TAKEN

MOBILE CHIP VAN AVAILABLE  
FOR ALL EVENTS

### OPENING TIMES

TUES/WED/THURS

4.00–8.30PM

FRI/SAT

11.30AM–9.00PM

SUN

4.00–8.30PM

[WWW.IBTHECHIPPY.CO.UK](http://WWW.IBTHECHIPPY.CO.UK)

## Littleproud & Son

Independent Family Funeral Directors



**NEWLY OPENED  
FUNERAL HOME IN DEREHAM**

**Tel: 01362 695458** (24hrs)  
South Green, Dereham, NR19 1PU

- Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet

**Tel: 01760 440269** (24hrs)  
Hale Road, Bradenham, IP25 7RA



*"Our family taking care of your family"*



[www.littleproud-funerals.co.uk](http://www.littleproud-funerals.co.uk)

## WINE AND WISDOM QUIZ NIGHT FUNDRAISER

As part of our World Scouting Jamboree fundraising, we are holding a quiz night fundraiser to help us get to South Korea in August 2023. However, with many things it comes with a large cost of £3,800 each! If you can support us in any way that would be most appreciated! Our details are as follows:

Norfolk County Scout Council WSJ  
Sort code: 82-11-07  
Account number: 00214271  
Clydesdale Bank  
Please use references – U25PHILA and U25PHILT

We would like to invite people from within and around our community to come and support us and all so to have fun at our 'Wine and Wisdom' Quiz night!

This is being held at the Memorial Institute North Elmham on Saturday 15th

October, starting at 7:00pm. The charge is £5 per person including nibbles and a bottle of wine on each table. There will however be other alcohol and non-alcoholic refreshments and other nibbles available to purchase.

Teams of no more than six people please and there will be a prize for the highest scoring team.

Please book so that we can provide for the correct numbers.

Call Sharon on 07557330875 or 01362 668866 or Abi on 07432869541

OR email Sharon on: dmphillips1@hotmail.com

We would like to bring to your attention that we will also be holding a Race Night on Saturday 3rd December, also being held in the Memorial Hall with more information to follow.

*Abigail and Tylor Phillips*



*Come and join us for*  
**'TEA AT TWO'**  
*Afternoon tea 2~4pm*  
*cake, sandwiches,*  
*savouries & music*  
*At North Elmham Institute*  
*2nd Wednesday of the month*  
*Questions? call Jo 01362 668 232*

*For Your Diary*  
**8th JUNE, 13th JULY**  
**14th SEPTEMBER**  
*Everyone is welcome, please bring a*  
*friend and a neighbour*  
*Need a lift? Call Tish*  
**01362 668 678**  
*All costs covered by St Mary's Church*



## LYNTON HOUSE BEAUTY

Specialising in Brows, Lashes, Waxing &  
Indian Head Massage

Private cabin setting  
Easy parking  
Evenings available

Appointment Only- Book via social  
media, e-mail or phone.

Contact Lorna Beck on 07432559806  
Eastgate Street, North Elmham

@Lyntonhousebeauty  
Info@lyntonhousebeauty.com  
www.lyntonhousebeauty.com

## CAMERON REID OSTEOPATH

SPORTS THERAPIST

Treatment For:

Back & Neck Pain

Sports Injuries

Headaches/migraine

Whiplash



30 years experience

Treatment suitable for all ages

45 Norwich Road Dereham

Tel: 01362 696079 07810 310045

reception@cameronreid.com

## Park Physiotherapy



Leys Farm, Hockering NR20 3JE

[www.parkphysiotherapy.co.uk](http://www.parkphysiotherapy.co.uk)

Chartered Physiotherapists Registered with the Health Care Professions Council

Muscle & joint problems;  
Headaches; Sports injuries  
Neck and Arm pain; Arthritis  
Dizziness; Back Pain  
Neurological problems: Stroke,  
Head Injury, Parkinsons, MS

**01603 881184**

- Inspection  
& Testing
- Maintenance
- Fault-finding
- Installation

**07895 523398**

[info@power-medix.co.uk](mailto:info@power-medix.co.uk)

[www.power-medix.co.uk](http://www.power-medix.co.uk)







## NORTH ELMHAM INSTITUTE BOWLS CLUB

CONGRATULATIONS. North Elmham Institute Bowls Club have won the Mike Johnson Trophy for the second year running.

The competition held at Lyng consist of eight teams playing against each other total shots wins but Elmham tied with Lyng but having less shots against won the trophy.

Photo above: Back row left to right Neil Page ,Chris Hazel, Tony Garrod. Front row Dawn Spiteri, Dave Garner, Irene Lambert

Well done to the above members can it be three years in succession ? If anyone is interested in green bowls, as a club we would welcome new members to join us next spring please contact Tony Langford tel 668854 or Neil Page tel 668296.

## THANK YOU

May I, on behalf of my friends, thank Anne and Paul Grainger for their kind invitation to their beautiful garden recently. It was a super afternoon with lots of shade to keep us cool. Donations were made for the East Anglian Air Ambulance in memory of Bryan and Brenda Tidnam. Our thoughts were with them as the EAAA was their special charity, which we all very pleased to support.

*Ex-members of Elmham Friends and Neighbours*



# Hamptons

@ THE BARN

BRUNCH, LUNCH & AFTERNOON TEA

10am-4.30pm Tuesday-Saturday

10am-4pm Sunday

01362 688094

Dereham Road, Bawdeswell NR20 4AA

[info@hamptonsatthebarn.co.uk](mailto:info@hamptonsatthebarn.co.uk)

[www.hamptonsatthebarn.co.uk](http://www.hamptonsatthebarn.co.uk)

## ELMHAM WILDLIFE



Fritillaries are magnificent, large, orange butterflies, dappled with black markings and in some cases pearly white spots. They have a gliding flight as majestic as their colours but twenty-first century residents of Norfolk are not afforded the same opportunities to see fritillaries as our ancestors. Seven species of fritillary had occurred in Norfolk in the past. One was only ever an extremely rare migrant from overseas but of the six resident species, five had become extinct in Norfolk in the nineteenth and twentieth centuries leaving just the Dark Green Fritillary, restricted to the county's north and east coasts. At the beginning of this millennium, you had no realistic chance of seeing a fritillary here in North Elmham. But one of those fritillaries that was lost last century, the largest and arguably most spectacular, has made a come-back as remarkable as the butterfly itself. Re-appearing in a few of Norfolk's larger woodlands the first few sightings were met with some cynicism but soon it became clear that Silver-washed Fritillary was, once again, a Norfolk butterfly. They are most easily found in large woodlands, Foxley Wood and Holt Lowes being among the first to be colonised but, closer to us, Bintree Wood was also colonised a few years ago. In the last 4-5 years, finding a Silver-washed Fritillary in North Elmham has become a realistic possibility once again.

Next to the disused railway where it crosses the lane to Yarrow Farm there is a small patch of brambles backed by a variety of deciduous tree species. This summer I discovered that when the brambles were in flower this small patch was an oasis for butterflies, at least when warmed by the morning sunlight. I surmised that it would be the perfect spot for my first North Elmham Silver-washed Fritillary... One morning in July I counted 14 species of butterfly here in just a few minutes, including Purple Hairstreak (photo 1) and

## Joanne Medler Hypnotherapy

FHT Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how Hypnotherapy may be able to help you

Tel: 07766 870145      Joannemedlerhypnotherapy@gmail.com  
www.joannemedlerhypnotherapy.com

**Tina Barnes** MCFHP MAFHP

**Foot Health Professional**

*Professional treatment in the comfort of your own home*

*We specialise in treatment for:*

Corns	Ingrown toe nails	Fungal infection	Toe orthotics
Callus	Nail deformities	Diabetic foot assessment	

*For a private consultation & appointment:*

**Tel: 01362 668348 - Mobile: 07833 511353**

**Help at Hand**

**Peter Cross**



**phone/fax: 01362 861024**

**mobile: 07796550189**

**All jobs considered**

Gardens/Driveways restructured and designed  
Brickweave/Patios/Pathways/Carparks/Borders/Edging etc  
(All materials & aggregates can be delivered and surplus  
cleared away)

**Complete Self-Sufficient Service**

Authorised **KAYBURN** Engineer



**Oil Boiler Servicing  
and Breakdown  
Repairs**

**Assured Boiler Care Ltd**



**Oil Tank Replacement**  
For further details, Contact David Rowe on



**Power Flushing  
Existing Heating  
Systems**

**01328 700500 or 07900 060940**

**20% Off the cost of Power flushing for limited time only**



then, just as I had imagined, a beautiful Silver-washed Fritillary (photo 2).

It wasn't just the butterflies enjoying this patch, there was a variety of other insects present including one rather large fly that kept hovering just in front of me, tempting me to attempt the normally unthinkable task of photographing it in flight (photo 3). The large compound eyes tinged with green and purple and adorned with dark lateral stripes, together with the extent of the orange markings on its abdomen, suggest that it was a male Bright Horsefly. When they're biting you, horseflies may not be so welcome, but enjoyed from arm's length I think they are smart enough to be worth a good look.

During the spring I was regularly seeing a pair of Red Kites and wondered if they were nesting. I usually see Red Kites in flight and don't often get the opportunity to study them when perched, but in July I got a good view of one sat out on the edge of a copse (photo 4). Adult Red Kites have pale grey heads but this had a less contrasting browner head and the fresh feathers on the upperparts had broad pale fringes – this bird was a recently-fledged juvenile, confirming that the pair had indeed bred successfully.

When is a flower a wildflower? Clearly a native flower growing in the wild, unaided by human interference, can be described as a wildflower, while a non-native flower deliberately planted by a homeowner in their garden is not a wildflower. But there's a grey area in between – some plants that have unnatural origins become established in the wild and survive in wild places with no further interference from man – so that they have become naturalised. For me, Hollyhock is a flower that firmly fits into the category of garden flower. They're not native here and I usually only see them in gardens or other urban landscapes where they were most likely planted. But last year



## **Guitar and Music Tuition** **Beginners to Advanced**

*Classical, Jazz, Folk, Pop and Rock, Bass Guitar*

*Jazz Improvising - any instrument.*

Qualified teacher and professional musician

**Peter Wild LTCL**

**Tel. 01362 668558 (North Elmham)**

## **Hendry & Sons Funeral Directors**



**Private Chapels of Rest**

Members of the N.A.F.D.

**Station Road, Foulsham, Dereham, Norfolk**

**Telephone: 01362 683249**

## **North Elmham Childminders**

Registered with **OFSTED**. rating **GOOD**, and a team of assistants offering flexible childcare in a friendly, nurturing and stimulating environment.

Please contact us to enquire about vacancies and arrange a visit on  
**01362 668 951**

## **ANT'S CARPETS**

Carpet and vinyl supplied and fitted

Free measures, estimates and planning

All work guaranteed – Home selection service available

Wet room flooring supplied and fitted

**Customers own carpet and vinyl fitted**

**Mobile: 07919273107 Tel: 01362 667747**

a plant appeared on the bridge where the railway passes over a dyke at the bottom of the Cathedral Meadows, and I was pretty sure from the leaves that it was a Hollyhock. They don't flower in their first year so I had to wait until this summer to confirm its identification from its ostentatious inflorescence (photo 5). It doesn't seem a likely place for someone to have deliberately planted it (but do correct me if in fact you did!) so I imagine the seed arrived there accidentally and unknowingly, perhaps on coat of a person or dog who had brushed past some garden Hollyhock on their way out, or on the fur of a deer or other wild animal that had been sniffing around some planted Hollyhocks, such as at County School Station half a mile up the line. Whatever its origins and whether or not you can stretch the definition of wildflower to include this not-entirely-wild flower, it certainly brightens up the concrete bridge.

It seems that it can be too hot even for heat-loving insects. Butterflies normally shun the shade when they're feeding, but during the recent heatwave I observed some feeding Gatekeepers staying out of the sun, very clearly selecting the flowers that were growing in the shadiest and coolest part of the garden. Likewise, warm overnight temperatures normally result in a busy moth trap, but the recent heatwave has failed to produce the numbers of moths that I would expect. The heat and drought cannot be good for them in the long run. Their larval foodplants suffer which in turn impacts the larvae's survival rates and I imagine that those that pupate in the ground will struggle with the dry hard soil. Overall, insect numbers are declining catastrophically. Climate change is bringing new insects here, but the big picture is very gloomy, and the lack of urgency in mitigating the effects of climate change is worrying.



Some of the species that are moving north into the UK as a result of climate change are welcome but one that isn't so much is the Oak Processionary moth (photo 6). Several have been recorded in Norfolk during the last 3-4 years though breeding has not yet been confirmed. I hadn't encountered one until a couple of weeks ago when I caught two in one night. They are regarded as pests on the Continent due to the way their larvae strip the foliage from Oak trees leaving them vulnerable to drought, and because the caterpillars' hairs can cause irritation, rash or, rarely, allergic reaction, when we come in contact with them. The occasional adult moth turning up here isn't a problem, but it now seems inevitable that they will colonise here, if they haven't already.

A much more innocuous moth is the Common Nettle-tap (photo 7). It's a tiny moth that only occasionally graces my garden moth trap as it usually flies during the day. They are triangular in shape and at a glance appear to have a jagged rear edge of the wings, but up close this proves to be an illusion caused by alternating bands of pale and dark hairs along the wing edge. Their dark brown wings are covered in minute shiny white speckles and lines. If you see some tiny moths flying around above stinging nettles then there's a good chance that this is what they are – you can easily see hundreds in good years if you look out for them.

# **G.D.BATHURST LTD**

## **Plumbing & Heating Engineer**



OFTEC Registered Oil Heating Engineer.

Reg No: C8034

- Oil Boiler & Tank Installations, Maintenance & Annual Servicing
- Central Heating Power Flush under taken-Standard or Deluxe
- Winter Health Checks
- Installation of new bathroom & shower suites
- Maintenance of taps, cylinders & ball valves
- Specialist in unvented hot water systems
- Fully insured - Free Estimates - No job to small

**Call Gary today for all your plumbing needs!!**

**1 Street Farm Loke, Eastgate Street, North Elmham, Dereham. NR20 5HA**

**Tel: 01362 667252 Mob: 07775 842934**

Email: [gdbathurstltd@yahoo.co.uk](mailto:gdbathurstltd@yahoo.co.uk)



## **FIREWOOD**

### **Guaranteed Seasoned Hardwood Logs**

**Phone Mark - 07768 063 775**

**Wildwood 2, 61 Eastgate Street, North Elmham**

**A Carbon Neutral Resource,  
cut from Local Sustainably Managed Woodland**

**Think ... It won't cost the EARTH!**



Non-moth visitors to my moth trap have included a few of my favourite bugs, a tiny pale yellowy-green species, delicate in stature and covered in darker green spots finished off with beady dark red eyes and dark bands across the base of its antennae. It's usually known by its scientific name *Malacocoris chlorizans*, but I see that a recent book has ascribed it an English name, Delicate Apple Capsid (photo 8).

There are longhorn moths and longhorn beetles. Neither have horns really, but are so-named because they have incredibly long antennae, sometimes more than 2-3 times the length of their body. Both families have a range of species, some with bold bright colour patterns and others that would look quite unremarkable except for their bizarrely long feelers. A new one for me this month was a Black-clouded Longhorn Beetle (photo 9) – not quite as long-“horned” as some species, and not as colourful, but still an impressive-looking mini-beast.

There's always plenty of interesting wildlife to see around the village. Do get in touch if you have anything interesting to share (email [appleton.dave@googlemail.com](mailto:appleton.dave@googlemail.com), phone 668431 or message me via Twitter at @ElmhamMeadows).

*Dave Appleton*

## HELP FOR PATIENTS

NHS Norfolk and Waveney has launched a campaign to support people to maintain their health and wellbeing while they wait for a hospital appointment or surgery. Sometimes surgery cannot go ahead if a person's fitness worsens or if a long-term condition has not been under control in the months before surgery. This can be devastating for the person concerned, and

this campaign aims to help reduce the risk of procedures being postponed due to poor health.

Helping others to maintain their health while waiting for treatment

More people than ever are waiting for their planned and elective procedures due to a backlog that stems from the pandemic. While the Norfolk and Waveney health system works collaboratively to reduce the number of people waiting for procedures, providing information and resources to help them maintain their health “while they wait” so they are fit and ready when they're called forward is an important component to helping procedures proceed as planned.

A new online portal [www.whileyouwaitnw.co.uk](http://www.whileyouwaitnw.co.uk) has been created where people will find information and resources to help them maintain their health, and be fit and ready for their treatment or surgery.

## THE GOOD SAMARITAN

Coming back from Dereham on Friday afternoon, my car coughed and juddered so I drew into the side of road, put on my hazards and panicked! I pulled out my book of instructions then remembered my reading glasses were in the boot along with my shopping. Meanwhile a long queue formed behind me, but one car pulled up in front of me and a lady got out and came towards me. Using her eyes, we worked out I could drive but should get it to a garage ASAP.

She then very kindly said she would follow me to North Elmham Garage so that she could help if anything went seriously wrong, even though she lived in Horningtoft. We eventually crept along, with traffic akin to the M11 trying to get past me and arrived safely at the garage. Ash and Simon took charge and sorted me out and the lady had a quick word and departed.

# **WORZELS ROOFING**

**ROOFER TILER / SLATER**

**NEW, OLD WORK REPAIRS**

**07990 972381/01760 755024**

**WWW.WORZELSROOFING.CO.UK**

**Over 15 Yrs experience: No job too small**

**Free estimates: Competitive prices**

## **ELMHAM MEMORIAL HALL**

Available for Hire

### **LARGE HALL**

With stage area and serving hatch

Ideally suitable for Wedding Receptions and Theatrical Productions

### **SMALL HALL**

With Snooker Table, Darts and Short Mat Bowls equipment

**Both Halls with access to rear garden area ( suitable for summer functions) and**

**Well equipped kitchen. Crockery and cutlery available.**

**Performing Rights and Public Entertainment Licences**

Registered with Breckland District Council under Betting & Lotteries Act

**Reasonable Hire Rates**

**Bookings 01362 668580**

Elmham Memorial Hall is Registered Charity – No 304020

## **PILATES CLASSES**

## **BODY CONTROL PILATES**

Pilates is a form of exercise which targets deep postural muscles, building strength from the inside out and re-balancing your body. It is suitable for all ages and all bodies and plays a key role in many injury rehabilitation programmes.

**Beetley Village Hall** 9.30 am and 11.00 am on Wednesdays

**Toftwood Methodist Church, Toftwood, Dereham -**

6.00 pm and 7.30 pm on Wednesdays and

6.15 pm (beginners) and 7.30 pm on Fridays.

For further information regarding these classes or classes in Norwich, please contact Krystyna Doherty on 01362 695581.

Email: [info@pilatesnorfolk.com](mailto:info@pilatesnorfolk.com) or visit [www.pilatesnorfolk.com](http://www.pilatesnorfolk.com)

In all my 60 odd driving years, I have only had a couple of instances of breakdowns when alone and I am so grateful to this Good Samaritan who shepherded me safely home.

*Meg White*

## **WIVES PLUS ALL**

On Thursday 11th August on a warm sunny evening the Wives Plus All Club met in the Memorial Hall, North Elmham to enjoy a social time together. We had a Crab Drive which members Dave and Pat kindly arranged. Unfortunately, Pat was unable to attend but Dave was an excellent Comper on his own. Any passers-by may have been able to hear the frantic rattling of dice as great fun and competitiveness was being had by all. At the end of the evening June was presented with a gift as she succeeded in winning the Most Points and Julia happily

received the Booby Prize which of course being a little crab will sit on her fridge and keep an eye on her daily! Thank you, Dave, and of course Pat for arranging a great evening.

Also a raffle was held. Thanks go to Dawn and Chris for serving excellent cakes and tea and coffee.

Our next meeting will be on THURSDAY 8th SEPTEMBER 2022 at 7.30 pm in the Memorial Hall, North Elmham

Janet Woodhouse, our local Archivist and keeper of history, who lives here in North Elmham will come along and give a presentation and talk entitled "CHANGES IN ELMHAM"

We will be holding a raffle and refreshments will be served. All are welcome. Please come along, it will be nice to see you.

*Ann Ferris*



### **Lou Goldsmith**

Psychotherapeutic Integrative Counsellor

BSc (Hons) UKCP Accredited.

**Individual Counselling- £60**

**Couples- £90**

**Face to face therapy in Reepham /zoom /telephone.**

**15 years experience working with a diversity of presentations within Mind charity/NHS/Private practice.**

**Contact-07539274876/louise.counsellingservices@yahoo.co.uk**

**BUTCHER  
ANDREWS**  
Solicitors

*For advice you can trust*

**COMMERCIAL PROPERTY  
RESIDENTIAL PROPERTY  
MATRIMONIAL & FAMILY  
WILLS & TRUSTS  
PROBATE**

**COMPANY COMMERCIAL  
DISPUTE RESOLUTION  
EMPLOYMENT  
POWERS OF ATTORNEY**

**1 Old Post Office Street, Fakenham, Norfolk NR21 9BL  
Also at: 15 Market Place, Holt, Norfolk NR25 6BE**

**[www.butcherandrews.co.uk](http://www.butcherandrews.co.uk)**

## CHURCH REPAIRS

Those responsible for keeping St Mary's Church in good repair would like to say a big 'Thank you' to all those involved in making Elmham Flower Festival such a success- both those arranging flowers, working on the stalls, on the car park, on the bus and in the tea room. But we also want to thank all those who came and supported the event. It is likely that we made about £4,000 towards church repair which is a marvellous sum.

Those of you who have supported the various fund-raising events over the years must wonder what has happened to the money raised. Since completing the repair of the vestry roof, our attention has turned to the damp in the north wall. To solve this, we need to improve the drains along the north wall. The problem is that the ground level outside the church is about a metre higher than inside the church. At present the water from both the nave and aisle gutters along the north side goes into an underground tank too near the wall and when this is full it overflows, into the adjacent ground, eventually draining downhill and into the wall. Choosing a new route for the pipes from the gutters and an appropriate site for a new soakaway has involved much discussion with both the architect and structural engineer. We hope that we are near a solution. Once the drains are sorted, (likely to be an expensive job) work inside involving the removal of the rotten floorboards, relaying the floor and replastering the wall can take place. This is necessary before we move on to the long-awaited provision of a W.C. and small kitchen in the north-west corner and improved wheelchair access to the church, all of which will involve even greater fund-raising efforts, but will make our splendid building suitable for a wide variety of events and bring it to the centre of community.

*Susanna Wade-Martins (Fabric Officer)*

## WHAT'S ON LOCALLY

### BRISLEY CINEMA

Greetings to each and every one of you. September means that the summer is almost done and the evenings draw in.

Brisley Cinema has been away for a few months, but we are returning with 4, yes 4 films for your enjoyment during September.

The Elvis release date is 19th September, should this be delayed the reserve film, is Phantom of the Opera.

Fri 2nd Duke

Fri 16th Operation Mincemeat

Fri 23rd Downton Abbey, A New Era

Fri 30th Elvis

Fri evenings at 7.30 pm. Doors open at 6.45 pm. Bar opens 6.45 pm

£4 per film or pre book all 4 for £10!

Icecream and hot drinks from the kitchen.

Register your interest or book at [dpearson1954@yahoo.co.uk](mailto:dpearson1954@yahoo.co.uk)

Or call 07816139926

### Dereham Walkers are Welcome

We are a not for profit organisation, please come and join us for a walk in the local area.

We meet on the first Friday of each month to complete a short walk of up to four miles. There is also a programme of longer walks planned for later in the year.

For up to date information, please check our website:

[www.derehamwaw.org.uk](http://www.derehamwaw.org.uk) or contact Ken Hawkins by email [ken-hawkins@tiscali.co.uk](mailto:ken-hawkins@tiscali.co.uk) or call 07505 426750.





Could you unlock cash from your home for a better retirement?

If you're 55 or over and own your own home, it could hold the key to securing a more comfortable future.

**LOCAL,  
FRIENDLY  
ADVICE**

We're here to help you decide if equity release could improve your retirement finances. We'll provide all the facts, figures and information you need to reach a decision.

A lifetime mortgage, the most popular form of equity release, is a loan secured against your home.

If you think Equity Release might be suitable, we will search a range of products from the whole of the available market, to find the one most suited to your circumstances.

For Qualified, Free, Impartial  
Advice Call

01362 853477

How would you spend your tax-free cash?

- ✓ Home Improvements
- ✓ Gift to family
- ✓ Paying off existing mortgages
- ✓ Emergency funds
- ✓ Holiday of a lifetime
- ✓ Pay off debts/loans

**We Do Not Charge Any Broker Fee**

[www.elmhamfinancial.co.uk](http://www.elmhamfinancial.co.uk)

[enquiry@elmhamfinancial.co.uk](mailto:enquiry@elmhamfinancial.co.uk)

5 The Old Eagle, Dereham, Norfolk, NR19 2AP

Elmham Financial is authorised and regulated by the Financial Conduct Authority. Entering into a lifetime mortgage (or any other form of equity release) will reduce the amount of inheritance you can leave behind. It may also affect your tax position and entitlement to means-tested benefits.

## ZINKA'S HELP AT HOME

**Carework**

**Cleaning/Hoovering/Ironing**

**Shopping/M Meal Preparation**

**Fully Insured/Current DBS**

**Years of experience in care work**

**Tel: 01362 667074**

**Mob: 07742075156**

## Eastgate Centre

**North Elmham**

**Large Hall; Kitchen;**

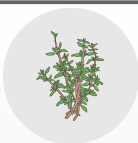
**Cloakrooms;**

**off road parking**

**Available for bookings**

**For rates please contact:**

**01362 668245**



# MORPHY THYME

**Bookkeepers and Management Accountants**

**Specialists in QuickBooks Online**

**Assisting small businesses with the transition  
to Making Tax Digital**



**☎ 01362 350330**

**✉ [info@morphry-thyme.co.uk](mailto:info@morphry-thyme.co.uk)**

**📱 [@morphrythyme](https://www.facebook.com/morphrythyme)**

## WVBS

The summer bird count held in the Wensum Valley in mid-June was less well supported than we had hoped, but none-the-less five teams reported sightings of 85 different species. The event will be repeated next year as it could provide valuable information about the bird-life in the valley in summer. It will complement the data from our regular winter bird count held at the start of the year.

Later, 19 members took up the kind invitation by Charles Sayer, the landowner, to visit Sparham Pools and surroundings. The invitation extended to his house (Sparham Hall) and grounds where he had set up two moth traps overnight. He impressed the group with his knowledge of moth species, as they identified 71 different macro moths and 35 species of micros. The micros are an especially difficult challenge, which many amateur moth-ers avoid altogether. The group then walked down to Sparham Pools, making the most of the footpaths not open to the public, and admiring the wildflowers and insects seen in the field edges left for nature. Great views were had of the lakes and surrounding countryside, and birds seen included Common Tern, Great Crested Grebe, Little Grebe and several Buzzards. The group returned to the starting point at the Hall via Lyng bridges and part of the Wensum Way footpath. Lists of the birds, butterflies, dragonflies and moths seen can be found in the report of the visit on our website - WVBS.co.uk

### Future Events:

Outdoor meetings- Sunday 25th September – RSPB Frampton Marsh.  
Sunday 29th October – North Norfolk Coast.

**Indoor meetings** - These are all held at Great Witchingham Village Hall at 7.30 pm, and visitors are welcome for a small charge. 15th September – Wheatfen by

Will Smith (warden). 20th October – Su Gough on Tricks of the Trade.

Details can be found on the website – WVBS.co.uk

## ST MARY'S CHURCH

In our churches, we have just said "Farewell" to our colleague Fr Christopher, who begins a new ministry looking after Wymondham Abbey at the beginning of September, and Fr Michael and Jo Cartwright are preparing for their move from Foulsham in October.

Their departures are obviously going to have a huge impact on the life of our churches (13 in the Group!), so I'm thinking about endings and new beginnings.

So where are the beginnings?

Each time I'm asked to baptise an infant, my heart gives a little leap. This little one has no choice in the decision to become a Christian, but the parents and godparents make a commitment to teach him/her the basics of the Christian faith. He or she may choose to make their own 'confirmation' in time, but, by God's grace, we have sown the seeds!

What does that mean in today's world? I hope it means that this little person will grow up to be a caring adult: care for people; care for justice; care for creation. These are core Christian values and I'm sure are values that people who hold no particular faith perspective would uphold.

The Church, and our buildings are always available to you, in good times and in bad. Do drop in to one of our lovely church buildings to soak up the atmosphere and spend some time in quiet reflection. You are always welcome to our church services, not only for worship, but to meet people and hopefully form new friendships or rekindle old ones.

From roots to shoots.....

## Ravencroft Tree Services

01362 684291

Est. 1992

[www.ravencrofttrees.co.uk](http://www.ravencrofttrees.co.uk)

Est. 1992 Richard Ravencroft BSc(Hons)Arb. MICFor.



## MEMORIALS

### H Brett & Son

**Monumental Masons – Craftsmen in stone**



Call for our Brochure or  
visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged  
Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH  
Tel: 01953 881501



## BROADLAND LIFTING SERVICES

A division of TV & Theatre Services

**WE HAVE MOVED TO NEW PREMISES**

*Come and see us at Horningtoft*

**Tel: 01328 701909, Fax: 01328 700876**

**e-mail: [joe@tvandtheatreservices.com](mailto:joe@tvandtheatreservices.com)**

**Unit 10 Whissonsett Road, Horningtoft, Dereham NR20 5DJ**

## Artfellows

**Complete the picture**

Picture Framing Studio

Fine Art Gallery

Exclusive Greeting Cards

5 Cattle Market Street, Fakenham

10.00am – 4.00pm Tuesday to Saturday

Tel: 01328 862000

## M B LOGS

Dry stored Seasoned Split Logs  
Supplied and Delivered

**Call Mark:**

**07766 223438**

We publish a weekly e-bulletin with news from our parishes as well as local or national initiatives that impact on church life. If you would like to subscribe, please see our website: [heartofnorfolkchurches.org.uk](http://heartofnorfolkchurches.org.uk) and follow the link on the home page.

Yours, in Christ,

*Rev'd Sally*

## MORE TO LIFE

Life. Who has the right to end another person's life? There has been much in the news about this recently. From abortion, to murder on the streets, to the life of a child in hospital... emotions raging on both sides of the argument about whether a foetus is a person or not, whether the child on life support is dead and needs to be let go, or alive and just needing more time to heal. We know now, for Archie Battersby, his life has come to an end.

As Christians, we believe that God is the author of life, the creator of all living things. We are told in Gene-sis 2:7 that when God created the first humans, he breathed his breath into them and they became living beings. The Lord told Jeremiah, the prophet, "Before I formed you in the womb I knew you" (Jer. 1:5), and Psalm 139:13 says "For you created my inmost being; you knit me together in my mother's womb." These verses tell us that life has a value.

God knows us, whether we know Him or not, even while we were being formed in the womb. Life is pre-cious. Decisions about taking the life of another should not be taken lightly. Mistakes will happen, deci-sions are intrinsically complex and may divide opinion on what the right thing to do should be. Yet Jesus gives this reassurance to all who believe in Him in 1 John 5:12 "Whoever has the Son has life; whoever does not have the Son of God does not have life."

Jesus is the Son. The life He brings is more than the life we have in this temporal world, more than the life that appears to be cut short before its time. When He rose from the grave, He conquered death once and for all; offering life everlasting to anyone who seeks Him. Death does not have to be the end.

If you would like to know about this Jesus who is the author of life, get in touch,

Every blessing,

*Anne-Marie Fewell*

*Pastor, More2Life Christian Fellowship*

*Email: [revree7@gmail.com](mailto:revree7@gmail.com)*

## WORTHING NEWS

### Norfolk Churches Trust Bike Ride

St Margaret's will be open on Saturday, 10th September from 9.30am to 4.30pm to meet and greet all enthusiasts taking part either on bike, walking or even travelling by car is now permitted. This annual sponsored event is in aid of Norfolk Churches Trust, and everyone is invited to visit as many churches as possible across the county.

If you wish to take part, it's not too late.

Details & sponsor forms from:

Celia tel: 01362 668928

email: [c.daniel784@btinternet.com](mailto:c.daniel784@btinternet.com)

"Blessing" Church Road Worthing  
NR20 5HR

### September Services

At 10.30am on the 11th following our usual pattern of services, we offer Holy Communion to those that wish to take part. There are times when individual members of the congregation do not feel ready to receive the holy sacrament, this is the moment when we share consecrated bread and wine, but you may still wish

**Tylor and Abigail Phillips' World Scout Jamboree**  
**Fundraising Event**

**Wine and wisdom**



**Saturday 15<sup>th</sup> October 2022**

**At the Memorial Institute North Elmham (near the church)**

**Starts at 7:00pm**

Grab a  
team of up  
to 6 its quiz  
night!!

**£5 per person to include a bottle of wine and a  
bowl of nibbles on each table.**

There will be alcohol and non-alcoholic  
refreshments and other nibbles available to  
purchase.

**Also, a raffle available on the night!!**

**Prize for the highest scoring team**

**Please book so we can provide for the correct numbers**

**call Sharon on 07557330875 or 01362 668866**

**or Abi on 07432869541**

**Email Sharon on : [dmphillips1@hotmail.com](mailto:dmphillips1@hotmail.com)**



to come along and worship. Everyone is welcome, you are part of our community.

August & September are (depending on the weather) extremely busy times for our farmers and growers. And on Sunday the 25th September at Worthing Church we will be celebrating our annual Harvest Praise Service at 10.30am. So we hope you will come and join us and perhaps bring along some produce, packages or

tins for the Harvest Table. All donations will then be delivered after the service to our local Salvation Army in Dereham for their food bank which helps those in need. Our offertory collection will once again be donated to WaterAid.

*Ceila Daniel*

## **Heart of Norfolk Group Services in September**

### **4th September – 12th Sunday after Trinity**

9.30 am	Wood Norton	Morning Praise
10.30 am	Bawdeswell + Zoom	Holy Communion
10.30 am	North Elmham	Holy Communion
10.30 am	Stibbard	Holy Communion
5.00 pm	Foxley	Evening Prayer (informal)

### **11th September – 13th Sunday after Trinity**

10.30 am	Bawdeswell + Zoom	'The 10.30'
10.30 am	Foulsham	Holy Communion
10.30 am	Stibbard	Morning Praise
10.30 am	Worthing	Holy Communion

### **18th September – 14th Sunday after Trinity**

10.30 am	Bawdeswell + Zoom	All-Age Communion
10.30 am	North Elmham	Holy Communion (Iona)
11.00 am	Wood Norton	Harvest Thanksgiving & Lunch
4.00 pm	Foulsham	Sung Evensong

### **25th September – 15th Sunday after Trinity**

10.30 am	Bawdeswell + Zoom	Word & Praise
10.30 am	Guist	Holy Communion
10.30 am	Foulsham	Holy Communion
10.30 am	North Elmham	Morning Praise
10.30 am	Worthing	Harvest Festival

# ADVERTISERS INDEX

## Children

North Elmham Childminders.....	38
Scribbles Pre-school .....	6 & 22

## Eating Out & Eating In

Brisley Bell.....	6
Hamptons .....	34
North Elmham Fish & Chip Shop.....	30
Kings Head Hotel .....	28-29
Willie Weston (Fishmonger).....	4

## Financial Services & Solicitors

Butcher Andrews Solicitors .....	44
Elmham Financial (Financial Planning).....	46
Morphry Thyme (Bookkeeping & Accountants) ...	46

## Fitness, Health & Beauty

Alison Watson (Beauty & Podiatry) .....	4
Bloomfield Clinic (Podiatry & Physiotherapy).....	16
Cameron Reid (Osteopathy) .....	32
Creative Chiropractic .....	26
Joanne Medler (Hypnotherapy).....	36
Lou Goldsmith (Counselling) .....	43
Lynton House Beauty .....	32
Michael Cummings (Podiatry).....	18
Park Physiotherapy.....	32
Pilates Norfolk.....	42
Tina Barnes (Podiatry) .....	33

## For The Home & Garden

Ant's Carpets.....	38
Assured Boiler Care.....	36
Charles Seaman (Decorator).....	4
D Thompsons Chimneys (Chimney Sweep) .....	26
Extra Pair of Hands (DIY/Garden/Decorating) .....	20
Firing Squad (Woodburners) .....	8
G D Bathurst (Plumbing/Heating) .....	40
Garolla (Garage Doors) .....	16
Garrod Partnership (Building) .....	18
Greensleeves (Lawn Care).....	20
Help at Hand (Garden Maint).....	36
J C Landscape & Maintenance.....	2
John Coles (Electrician/Property Maint) .....	8
The Norfolk Sweep (Chimney Sweep).....	8
Power-Medix (Electrician).....	32
R P Pest Control.....	2
Ravencroft Tree Services.....	48
Richard Roos (Property Maint) .....	6
S&C Window Repairs .....	2
Tree Work East .....	55
Worzels Roofing.....	42
Zinka' Help at Home.....	46

## Firewood

M B Logs.....	48
Wildwood.....	40

## Funeral Directors

Fakenham & District Funeral Services .....	10
H Brett & Sons .....	48
Hendry & Sons.....	38
Littleproud & Son .....	30

## Holiday Accommodation

Kings Head Hotel .....	28-29
------------------------	-------

## Pets

Four Paws (Dog Grooming) .....	6
Furry Dogmother's (Dog Grooming).....	20

## Tuition

Kay Barker Fine Art.....	18
Nick Long (Driving) .....	18
Peter Wild (Music) .....	38

## Vehicles

Norwich Road Garage.....	10
North Elmham Service Station.....	55 & 56

## Venue Hire

Eastgate Centre .....	46
Elmham Memorial Hall .....	42

## Other

Artfellows (Framing).....	48
Broadland Lifting Services .....	48
Chilterns Sales & Lettings (Estate Agents) .....	22
Clan Press.....	55
Computers@Home .....	4
Fakenham Prepress .....	20

*To advertise in the Elmham News please contact  
Martin Phillips: martin.s.phillips@btopenworld.com*

## This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: Ian McIntosh  
PAGES 13, 14 & 15: Sarah Felton,  
PAGE 23: Eileen Cotterill  
PAGES 24 & 25: Ian McIntosh  
PAGE 33: David Garner  
PAGE 35, 37 & 39: Dave Appleton

**Chair:** Jennie Borgnis  
**Vice Chair:** Martin Phillips  
**Clerk:** Kevin J Webb  
01328 855046  
northelmhampc@hotmail.co.uk

**Group Leader** ✓  
**Group Member** ●

<b>Chair:</b> Jennie Borgnis <b>Vice Chair:</b> Martin Phillips <b>Clerk:</b> Kevin J Webb 01328 855046 northelmhampc@hotmail.co.uk  <b>Group Leader</b> ✓ <b>Group Member</b> ●	Jennie Borgnis	668 952	Ann Ferris	668 580	Tom Fitzalan Howard	668 232	Brian Gee	422 799	Paul Grainger	667 135	Ann Keeble	668 216	John Labouchere	668 306	Nick Markwell	668 557	Martin Phillips	668 409	Michael Rayner	667 859	Colin Smith	668 585
Finance & Administration																						
Eastgate Centre Trustees				✓					●								●					
Elmham Charities Trustees	●								●								✓					
Allotments (Annie Mary Smith Charity)																	✓					
Village Facilities																						
Broom Green, Pound, Millennium Wood	✓												●									
Cathedral Meadows				✓						●												
Cathedral Ruins				●					✓													
Prince William Wood & Tree Warden				✓											●						●	
Recreation & Sporting Facilities																						
Playing Field / Pavilion		●																			✓	
Village Green					●																✓	
Footpath Warden	✓	●																				
Services & Other																						
Highways					●	✓																
Planning												●					●	✓				
Street Lighting			✓										●								●	
Environment & Maintenance																	✓					
Railway Liaison													●					✓				
Website	✓																●					

Meetings are normally held on the first Wednesday of the month and take place in the Pavilion, commencing at 7.30pm. Parishioners are entitled to attend and are most welcome. Our County and District Councillor is also in attendance whenever possible. If, in between meetings, you wish to raise a specific matter for the attention of the Parish Council - please refer to the contact list above.

**And finally...** have you got something interesting you would like to say or think others might be interested in something you do - why not email the Editors (see front of magazine for contact details) and let us know, we are always on the lookout for new contributors.

# NORTH ELMHAM DIRECTORY

## Elmham Surgery - Holt Rd - 01362 668215

Opening Times Mon Tue Wed Thur Fri 08:30 - 18:30 (Wed 18:00)

## Swanton Morley Surgery - 01362 638100

Opening Times Mon Tue Wed Thur Fri 08:30 - 18:00

## Doctors

Dr Simon Carroll	Dr Alice Griffiths-Jones	Dr Victoria Lawrence	
Dr Abigail Brun	Dr Robert Spooner	Dr Charlotte Carvell	Dr Tarandeep Dhanjal

## North Elmham Village Emergency Telephone System (VETS) - 01362 788700

NHS Direct 111

## POLICE Non Emergency - 101 - EMERGENCY - 999

Breckland District Councillor	Gordon Bambridge Bill Borrett	01603 880557 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School		01362 668318
Chairman of School Governors	Robert Plant chair@gov@northelmham.norfolk.sch.uk	
Memorial Institute	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Pavilion	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	www.elmham.org.uk	

## Dereham Library - 01362 693184

Opening times: Mon Wed Thur; 9:15 - 17:00 - Tue Fri; 9:15 - 19:00 - Sat 9:15 - 16:00  
Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Electricity - Emergency	0800 7838838
Samaritans		116123
Citizens Advice Bureau		01362 697776

## Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Brendan Moffatt	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Diana Bennetts	dereham@salvationarmy.org.uk	696341
More2Life	Anne-Marie Fewell		01328 701830

## Church Wardens

Elmham	Michael Newey	668424
Worthing	Celia Daniel	668928



## TREE WORK EAST Ltd

Tree Surgery & Maintenance  
Stock fencing & Landscaping  
[www.treeworkeast.co.uk](http://www.treeworkeast.co.uk)

"Call for a  
free quotation"

Horningtoft NR20 5DJ

Established 2007

Office: 01328 700942

Mobile: 07876125301



City & Guilds  
NPTC  
Qualified



E2m Public  
Liability Insurance

*The complete printing solution*  
**clanpress**  
[www.clanpress.co.uk](http://www.clanpress.co.uk)

- Long Run Litho Printing
- Short Run Digital Printing
- Large Format Poster Printing
- Brochures, Leaflets & Folders
- Roller Banners and X banners
- Outdoor & Indoor Signage
- Exhibition Displays
- Flyers and Postcards
- Business Stationery
- Parish Newsletters
- In-house Binding & Finishing
- Digital Asset Management
- Bespoke Online Ordering
- Web to Print
- Mailmerge
- Design

**VISIT OUR  
NEW  
WEBSITE  
FOR MORE DETAILS**

**T. 01553 772737**

**E. [info@clanpress.co.uk](mailto:info@clanpress.co.uk)**

**W. [www.clanpress.co.uk](http://www.clanpress.co.uk)**

I Dundee Court • Hamburg Way  
King's Lynn • Norfolk • PE30 2ND

# NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres,  
Batteries, Exhausts  
& Restorations

**Mobil 1**  
**SERVICE CENTRE**

Monday - Friday 8:30am-5:00pm  
Saturday 9:00am-12:00pm

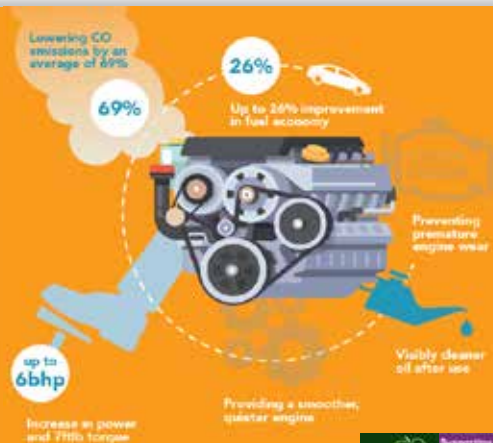
Station Road, North Elmham, NR20 5HH

**Tel: 01362 668226**





# Detox your engine



**The UK's ONLY Multi Award Winning Engine Decontamination Treatment is now available here at North Elmham Service Station**

You can enjoy **IMPROVED FUEL ECONOMY** and **RESTORE ENGINE PERFORMANCE**  
**North Elmham Service Station** now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines



## **The ONLY Engine Decontamination Treatment available in the Dereham area**

**Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance**

### **Benefits Include :**

- **Increased Miles Per Gallon**
- **Drastically reduced exhaust emissions**
- **Prolonged engine life**
- **Reduced engine internal friction allowing smoother running**
- **More efficient oil flow around engine**



**01362  
668226**

**Station Road  
North Elmham  
Dereham  
Norfolk  
NR20 5HH**

