

NORTH ELMHAM VIEWS & NEWS



Bespoke Beef & Lamb Boxes delivered Nationwide or collect from the farm.

From roasting joints for all the family to enjoy, to sumptuous steaks, chops and top-quality mince for delicious mid-week meals.

Head to our website or email info@foxburrowfarmshop.co.uk to find out more & to place your order!

www.foxburrowfarmshop.co.uk Foxburrow Farm, Dereham Road, North Elmham NR20 5JG





Muscle & joint pain; Sports injuries; Back Pain; Arthritis Neck and Arm pain; Dizziness; Headaches; Continence & Pelvic Health for men & women; pregnancy problems

Leys Farm, Hockering NR20 3JE

01603 881184

www.parkphysiotherapy.co.uk

Chartered Physiotherapists Registered with the Health Care Professions Council

- Inspection & Testing
- Maintenance
- Fault-finding
- Installation

01362 527977 info@power-medix.co.uk www.power-medix.co.uk







# **EDITORIAL**

Thank you to Matthew who sent us the cheery photograph of the sunflowers that were growing locally. They really brightened up our day and we wondered what would happen to them.

The last few weeks have been somewhat unusual – extreme heat and drought, wind and then torrents of rain, floods and just when you thought it was settling, cold for the time of year. We heard about several folk who had to test out their winter heating!

Dare we even mention the road closures – the inconvenience, the doubt "Is it open?" the detours and the lost time deciding whether to risk "The Road Closed "sign or to just follow the Diversion signs!

Still, the Circus came to town and enlivened the young and young at heart. It's always good to laugh and shout for fun

We see Brisley Cinema is starting up again and if you haven't been before, the village Hall has comfortable chairs, a bar and tea and coffee with ice creams. They have state of the art equipment, so it is an enjoyable occasion. Why not give it a try.

If you are a lover of old fashioned machinery, you might give Tracks Ploughing Match a look too. You can admire the ploughers, their machines and skill whilst feeling good for supporting the Big C with Sally and Neville.

New to the village, then you might like to take a walk with Susanna and Janet and learn more about the history of your new home on their Archive Walk.

This month we have received several items from the Surgery so please keep an eye out for those.

Our sincere thanks go to Tracey, our friends on Station Road and Sally and Neville for their donations. If you are a club or group and having a fundraiser, perhaps you can remember us too.

**DISCLAIMER:** The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

# NEXT DEADLINE: 14TH OCTOBER

We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

### **VOLUME 48: ISSUE 9**

### **EDITORS**

### **Caroline Payne**

carolinejpayne@hotmail.co.uk 01362 668704

### Meg White

megandnigel@gmail.com 01362 668302

### Janet Woodhouse

robert.woodhouse2@gmail.com 01362 668525

### **ADVERTISING**

### Martin Phillips (Treasurer)

martin.s.phillips@btopenworld.com 01362 668409

### **MAGAZINE DESIGN**

### Sarah Felton

sarahefelton@yahoo.com

### **DISTRIBUTION**

### **Debbie Coull**

elmhamdebbie@aol.com 07591 754 411

### **CHAIR PERSON**

### **Brian Wheeler**

01362 668 621 brian.wheeler456@btinternet.com

### **DONATIONS TO**

SORT CODE: 09-01-54 A/C NUMBER: 44939709 A/C NAME: Elmham News

### **COMMUNITY WEBSITE**

www.elmham.org.uk



01362 668468 07786 309275

office@ndtnorfolk.co.uk

Nick Long DOT, ADI, DIA
Department of Transport
Approved Driving Instructor

Manual and Automatic Tuition www.ndtnorfolk.co.uk



# Eastgate Centre

North Elmham Large Hall; Kitchen; Cloakrooms; off road parking Available for bookings

For rates please contact: 01362 668245



# Alison Watson Beauty Treatments & Foot Health Practitioner

(S.A.C. Dip. FHP)

(College Guild of Graduates Register)

Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions,
Shellac Nails, Ear Piercing
Toenail Trimming, Corns, Callus & Fungal Infections
For Appointments, Please Ring; 01362 668419

# NORTH ELMHAM PARISH COUNCIL MEETING

## **WEDNESDAY 3RD SEPTEMBER**

The following information is taken from the Draft Minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Councillors Present Were: Mr. P. Grainger (Chairman), Mr. M. Phillips (Vice Chairman), Miss A. Ferris, Mr. F. Gillespie, Mrs. A. Keeble, Mr. N. Markwell and Mr. J. Sowinski.

**Also in Attendance:** Mr. K. Webb (Clerk), Mr. B. Borrett (County and District Councillor), Mr. G.Bambridge (District Councillor) and one parishioner (who left after Public Participation).

**Apologies for Absence:** Mr. B. Gee, Mr. T. Fitzalan Howard, Mr. M. Rayner and Mr. C. Smith.

Public Participation: A parishioner was concerned by the chaos created by the road closure in Holt Road which is seriously impacting village life. Work on drains and associated problems is being carried out by Anglian Water. A diversion should be in place and Mr. Borrett is to take the matter up with Highways Department. The barriers in the street have been regularly removed by motorists who have then continued on their journeys. A street lamp attached to a building has been smashed by a lorry squeezing through the restricted space. Both the parishioner and Chairman will write to Mr. Borrett detailing the problems being suffered.

# Reports from District and/or County Councillors

Mr. Borrett had submitted a report for September which can be read on the website. The first part of the bill to replace Norfolk County and Breckland Councils with a unitary authority arrangement has been passed today. The deadline for submission of replacement proposals is 26th September. There are three different proposals – for one, two and three unitary authorities. There will be implications for, amongst a number of things, the Council Tax. The proposal for the west of the region will be published next week. The vote for a Norfolk and Suffolk Mayor will be held in 2026.

The Parish Council revised scheme for village gateways and other safety matters has Mr. Borrett's support and full details will be forwarded to him

Mr. Bambridge stressed that the Call for Sites process is still open. He has been asked by Breckland Council to take a closer look at flooding issues.

# UPDATED INFORMATION AND MATTERS ARISING

# **Land Management Matters**

**Village Green:** Concrete slabs rather than bases are considered to be preferable for the two picnic tables to be situated on the Village Green. The much-awaited camel is also to be returned to its original home.

Cathedral Ruins: Mrs. Keeble reported that the banks had been cut by Hardy Landscape. An advice has been received from Ali Naylor who is the new Volunteer and Engagement Manager, South and East, for English Heritage. An arrangement is to be made for her to visit and meet to discuss the site.

# Millennium Wood (and Jubilee Wood);

There is to be no charge for the hire of the chipper for a further period as the work is being done as a gesture of goodwill. It has been reported that a dog managed to get under the new gate so Mr. Sowinski has attached a wire mesh to cover the gap.

Your local building & property maintenance service. Over 25 years professional building experience.

Building Repairs
Joinery / Carpentry
Bathrooms / Kitchens
New Roofs / Roof Repairs
Extensions / Alterations
Conversions / Renovations
Windows / Conservatories
Traditional Norfolk Flint Work
General Property Maintenance

**07881 957032** info@roosbuild.co.uk

RICHARD ROOS
Building & Maintenance

•• 01362 470543 www.roosbuild.co.uk



www.fourpawsnorfolk.co.uk



# 07469 766 331

Please call to book an appointment

Corners Nursery, Fakenham Rd, Hoe, Dereham NR20 4HA

Dog Grooming Atti

Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome

# Littleproud (2) Independent & Son Family Funeral Directors



NEWLY OPENED FUNERAL HOME IN DEREHAM

Tel: 01362 695458 (24hrs) South Green, Dereham, NR19 1PU

- Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- · Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet

Tel: 01760 440269 (24hrs) Hale Road, Bradenham, IP25 7RA



"Our family taking care of your family"





www.littleproud-funerals.co.uk

### **Allotments**

Mr. Phillips has booked the Pavilion for the evening of 9th October to enable the allotment rents to be collected.

# Street Lights

A broken lamp, caused by a lorry crashing into it, has been reported to T.T. Jones. This was a direct result of Anglian Water's inadequate road closure.

# **Highway Matters**

The alternative quotation for the village gates which are being provided under the Parish Partnership scheme is to be shared with the involved personnel. Mr. Gillespie has visited the residents regarding the overgrown hedge in Station Road and it is hoped that the appropriate action will be taken in the near future. If it isn't, the matter will be place in the hands of the County Council in accordance with their previous request.

# **Pavilion and Playing Field**

Miss Ferris reported that some items related to football had again been left in the Pavilion. In addition, a number of footballing items have replaced some official Parish messages on the notice board.

An application/agreement form is to be used for clubs, groups and organisations booking the Pavilion so they are aware of their responsibilities and the conduct expected. Miss Ferris is to circulate a form for consideration by members before the next meeting.

Two quotations for HIK Vision CCTV Systems have been received - £5.3K and £5.0K. Quotations from three different companies are needed and the Chairman will attempt to obtain these, failing which the suppliers will confirm that they are not interested in tendering for the business. All agreed to proceed, in principle, with this CCTV solution.

It is the opinion that the current trade waste bin provided by Biffa is not fit for purpose. It has been agreed by all to terminate the contract and move the business to Breckland Council. Proposed by Mr. Gillespie and seconded by Mr. Phillips. A fee is required in respect of an early exit from the agreement, but this will be contested in view of the poor service. CCTV has recently showed people gaining ready access to the bin.

Tiles on the guttering require fixing and it was agreed by all that the work should be done as soon as possible.

# **Eastgate Centre**

The Chairman wrote to the Police Liaison Officer regarding the CCTV evidence passed to the police which showed the recent vandalism. Advice was requested but no response has been forthcoming. The matter will be chased.

# **Brookside Development Update**

There has been a complaint in respect of the new gate recently installed at the bottom of the Boars Hill footpath. The gate is for access to enable the grass to be cut. It is felt that a parked trailer will obstruct access to properties in Cathedral Drive. Mr. Phillips is to draft a letter in response.

A certificate raised by Orchard Homes had been sent to the Company who we hope will manage the administration of the EV charging process. No response has yet been received. The Clerk has continued discussions with E-on Next regarding the proposed charging regime for the EV facility and it is hoped that they are finally able to understand the position.

It was agreed by all to have a second dog waste bin at Boars Hill. In addition, a replacement bin has been requested on the Village Green. Mr. Gillespie will inspect to see if this is necessary. Mr. Phillips proposed a second bin for Boars Hill and



# The Norfolk Sweep

Friendly, Professional Service • Fully Insured
All Types of Chimney / Flues Swept



Anthony Walden 01362 680189 www.thenorfolksweep.co.uk



# JOHN COLES ELECTRICIAN + PROPERTY MAINTENANCE

All electrical work

Other maintenance and repair work?
Ask us. Chances are, we can do it!
Incl wood worktops re-oiled
Sash window renovation
No job too small or make a list for us
Happy to advise and discuss work
Detailed quotations
Public liability insurance and references

johncoleselectrical@hotmail.com Your satisfaction is our reputation Friendly, reliable family business

07919 593391

# FIRING SQUAD WOODBURNERS

Comprehensive stock to view at our showroom on The West Raynham Business Park

### 01328 838 665

e-mail: firingsquadwoodburners@yahoo.com www.firingsquadwoodburners.com

APPROVED CLEARVIEW STOCKIST

a replacement bin for the Village Green, if considered appropriate. Seconded by Mr. Markwell. All in favour.

### **Defibrillators**

Miss Ferris reported that the defibrillator at the Surgery definitely requires a new battery which will be purchased.

# North Elmham Living Sustainably (NELS) Group

Mr. Fitzalan Howard is dealing with this matter and an update will be provided at the next meeting.

# **New Village Hall**

A valuation has been received for the Memorial Hall but one is awaited for the Eastgate Centre. This will be chased.

## The Future of the Churchyard

A copy of the Caution Property Register has been forwarded to the parishioner requesting information regarding the right to access the Churchyard via the farm track.

### North Elmham Football Club Facilities

It was noted that, on arrival for this meeting, all the lights in the Pavilion had been left on. There was also a lot of mud, presumably from football boots, on the floor of the building.

# To Consider Planning Applications and Determinations

### **Applications**

- i) Erection of one self-build/custom build dwelling – land at 4 Spring Meadow – PL/2025/1092/FMIN (comments to be made to the District Council)
- ii) Erection of one self-build/custom build dwelling – land between Hay Meadow and Spring Meadow – PL/2025/1211/ FMIN (comments to be made to the District Council)

- iii) Creation of cart lodge on site of previous garage. Lapsed planning consent 3PL/2019/1139/HOU. Re-submission with minor alteration to west elevation PL/2025/1144/HOU no comments.
- iv) Proposed installation of 14 No PV solar panels to east, north and west roof elevations – 7 Eastgate Street – no comments.
- v) Various tree works (oak, magnolia, cherry, thuja and ash) in Holt Road – PL/2025/1227/ TCA (received for information)

Above action proposed by Mrs. Keeble and seconded by Miss Ferris. All in favour.

# Date of the next Meeting

Wednesday 8th October, 7.30 pm at the Pavilion

# NORTH ELMHAM HISTORY WALK

Are you new to the village?

# Would you like to know how it looked in the past?

Then join an informal walk led by Susanna Wade Martins, which will be illustrated afterwards with photos from the Village Archive and collected by the Archive Group.

Meet by the telephone box at the top of Church Hill; 1.30 pm on 2nd November, followed by tea at the Eastgate Centre.

Donations towards the work of the Archive Group.

# Mot, Service and Repair Centre

# **Full Workshop Facilities**



- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- Competitive prices- ring for a quote or pop in

# NORWICH ROAD GARAGE



43 Norwich Road, Dereham, NR20 3AS Tel: 01362 692237 or 07900994749 (Next to the fire station)

Proprietor: Derek Jarrett (30 Years Experience)





# ADVANCE NOTICE OF SURGERY CLOSURE

Wednesday 12th November From 12:00–18:00

The Surgery will be closed for Staff training from 12 noon. Telephone lines will be redirected to the out of hours service who will deal with any emergencies.

For general appointments and enquiries, contact the surgery before 12:00 or the next day.

Please be aware you will not be able to collect any prescriptions after 12:00 noon until we re-open the next day

Thank you.

Elmham Group of Practices.

# **GARDENING CLUB**

Sadly, our September meeting is too late to be reported on but our meeting on 23rd October is already being greatly anticipated.

We are having a speaker from Essence Foods at Stanfield, a family run business that produce handmade conserves, marmalades, mustards, chutneys and chocolate spreads using local ingredients where possible.

You may know their home as The Old Dairy Café at Stanfield and if you fancy learning more about the products, why not come along and join us. Visitors are always welcome and for £3.50 you can enjoy the talk and also the delicious refreshments.

Thursday 23rd October, Essence Foods, Memorial Hall at 7.30 pm



# **A TRUE PAT DOG**

Max, a black Cockapoo, has been registered with the charity Pets as Therapy for many years.

One afternoon each week he has set off to Elmham school to 'work'. Although this work has involved a lot of lying around, being fussed over and given treats, he has enjoyed sharing stories with the children and encouraging them to read their own reading books. He has even helped a few individuals overcome their desperate fear of dogs.

Sadly Max is no longer able to get into school as Sue his owner has become ill. However, as can been seen from the photo, many children still see him being walked around the village and he is most certainly a true PaT dog.

Ps As Max's owner, I would like to say a huge thank you to everyone in the village who have sent their love, cards or flowers. Your kindness and support is heartwarming and means a great deal to me.

Sue Graves



# **CLUBS & ORGANISATIONS**

GROUP	CONTACT	
Archive Group	Janet Woodhouse, 01362 668525	
Art 4 All Norfolk	Angie Campbell Redwood, art4allnorfolk@yahoo.com	
Bowls - Institute	Tony Langford, 01362 668854	
Bowls - King's Head	Martin Phillips, 01362 668409	
Brisley & North Elmham Cricket Club	Mark Ballman, 01362 668935	
Countrysiders	north_elmham_cs@norfolkyfc.co.uk	
Elmham Football Club	Chris Reeve, 07468 569699	
Elmham News	Meg White, 01362 668302	
Elmham Surgery Patient Participation	Roger Thornley, 01362 668804	
Elmham Tennis Club	Geraldine Leeder, northelmhamtennis@gmail.com	
Friends of North Elmham School	Naomi Brien, 07447 016620	
Gardening Club	Ray Norman, 01362 667226	
Guides	Marian Morgan, 01362 696221	
Knit and Natter	Eileen Cotterill, 01362 668380	
NELS (North Elmham Living Sustainably)	Nicola Ruth Earle, nicolaruthearle@gmail.com	
North Elmham Netball Trailblazers	Fliss von Christian, 07787 161446	
Reading Group	Eileen Church, 01362 668330	
Royal British Legion	Michael Aston, 01362 668959	
Sewing for Pleasure	Janet Woodhouse, 01362 668525	
SINE (Help)	David Fairbairn-Day, 07398 758421(10-5)	
Snooker Mon & Fri	Neil Page, 01362 668296	
Snooker Wed	Tim Smith, 01362 668487	
Tea@Two	Jo Fitzalan Howard, 01362 668232	
The May Singers	Tony Langford, 01362 668854	
Walking Football	Paul Carr, carrpaulus@aol.com	
Walking Group	Jenny Cunningham, 01362 668224	
Wensum Valley Birdwatching Society	Sue Gale, publicity@wvbs.gmail.com	
Wensum Valley Miniature Railway	Gordon Ford, 01263 512350	
Wives + All	Gill King, 01362 668530	
Yoga	Karen Cornall, 07752 580414	
Young Farmers	Ella Jeary, ejeary23@gmail.com	

# DEREHAM DEBT CENTRE NEWS

It's looking busy this autumn.

Could you support Dereham Debt centre to continue providing vital debt help and budgeting courses?

Aviva are currently matching all donations given via their Community fund. Please go to bit.ly/dbc-debt if you are able to donate (up to £250 per individual will be doubled by Aviva). Last year over £14,000 was raised through Aviva – amazing.

# **Money Coaching Sessions**

Four Sessions, Thursday 9:30-11:30, on 2nd, 9th, 16th and 23 October @ Dereham Library

To book your free place go to capuk. org/trymoneycoaching or email catherineweatherill@capuk.org

Our debt services are free, and available for those living in Dereham and the surrounding villages. There are other centres in Norfolk and across the UK.

For free debt help phone 0800 328 0006. Visit capuk.org for more info.

# **KNIT AND NATTER**

With the Autumn weather arriving and the grand children back to school, our group are getting down to some serious knitting. Little snow men, and Father Christmases are arriving at our meetings and lovely hand knitted decorations for the Christmas Tree which will be situated on the Pop Up Christmas Shop, to be held in November.

To give us an extra boost we were pleased to receive a gift of 10 balls of Christmas coloured wool from the Norfolk Knitters and Stitchers. Thanks go to Linda Brown and fellow workers.

I, personally, stopped the Holt Road traffic, when a large bag of toy stuffing was whipped out of my hand by the wind, as I was unloading in the Pavilion car park. It rolled directly in front of the oncoming cars, which thankfully pulled up and gave me a big cheer as I ran into the road to try to collect it, as gracefully as I could. Less said the better, but it was very windy that day.

Next meeting, Tuesday October 7th 2 til 4 in the Pavilion.

Eileen Cotterill 01362 668380

# BULBS FOR MILLENNIUM WOOD

# Are you lifting and dividing any bulbs in your garden?

Volunteers working in Millennium Wood would love to give them a new home! They are looking for bulbs such as snowdrops, bluebells, daffodils, etc to help brighten the woodland floor.

If you have any to spare, please pop them into the carrier bag that will be placed for the first two weeks of October on the gate leading into the wood from Boar's Hill.

**Please note:** We've been kindly asked to remind some people that full dog waste bags are not needed—just bulbs, please! Thank you.

# **BRISLEY CINEMA**

Delighted to be able to show

Friday October 24th

"WONKA" starting at the earlier time of 6.30 pm

Doors open 30 minutes before the screening begins.

All enquiries contact Chris Abel, chrisabel142@gmail.com.

# ACHIEVE THE LAWN YOU HAVE ALWAYS WANTED...

Weed Free, Deep Green & Moss Controlled

- 5 treatments a year
- Solid / hollow tining
- Scarification
- · Lawn renovation
- Weed control
- Overseeding
- Moss control
- No contract



For a FREE No Obligation
Quote and Lawn Analysis

Call: 01362 652 812

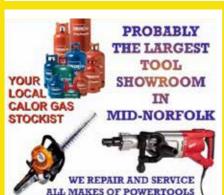
Email: anglia@greensleeves-uk.com





# **DEREHAM HIRE AND SALES**

5 RASHS GREEN IND EST DEREHAM NORFOLK NR19 1JG 01362 69 55 57



HIRE A MINI DIGGER



from £75 + VAT

ALL YOUR GARDEN TOOLS AND MACHINERY SERVICED AND REPAIRED IN OUR WORKSHOP

VISIT OUR WEBSITE WWW.
DEREHAMHIREANDSALES.CO.UK
TRADE & DIY WELCOME

# DO NOT BIN IT SAVE IT FROM LANDFILL & HELP A CHARITY

Many everyday things we might throw away can actually raise money. Here are some often-overlooked items, with suggestions for what to do with them to keep stuff out of landfill and help a charity at the same time

# **Stamps**

**What to save:** Used postage stamps. Cut them out leaving a small border (~1 cm) of envelope around.

**How it helps:** Charities sell stamps by weight to collectors or recycling schemes; every kilo or batch adds up to real funds.

Send them to a national scheme like MS Society - MS Stamps, PO Box 698, Sapley, Huntingdon, PE29 9LN or drop them into a charity shop - many of them have a collection box or can forward them.

# **Printer Cartridges**

What to save: Empty inkjet and toner cartridges.

**How it helps:** Recycling schemes for printer cartridges pay charities for them (some schemes up to ~£3.50 per cartridge) and keep plastic / chemical waste out of landfills.

Recycle 4 Charity provides a free postage label for so you can send off cartridges.

### **Electronics**

**What to save:** Old mobile phones (working or not), tablets, maybe small electronics, chargers, etc.

How it helps: Items in good condition can be refurbished and resold, broken ones recycled for parts. The sales or recycled materials raise funds; environmental impact is reduced by avoiding landfill.

Services like Anglo Doorstep Collections offer free collection of old phones and other items

# **Old Holiday Money & Coins**

**What to save:** Unused foreign coins or notes from holidays, old British coins or notes (even pre-decimal), coins you find in drawers or jars.

**How it helps:** Organisations collect them and either exchange them via specialist firms or use their numismatic value; proceeds go to charities. Even small amounts add up when many people contribute.

Oxfam and RNIB have boxes to collect old coins.

### Your Car!

**What to save:** An unwanted car - whether it's working, broken, failed its MOT, or simply no longer needed.

How it helps: Through schemes like Giveacar, your old vehicle can either be auctioned or responsibly scrapped, with the proceeds going directly to the charity of your choice. Even a car that's seen better days can raise hundreds of pounds.

Visit giveacar.co.uk and book a free collection.

Now is a great time to start picking up Christmas gifts from the charity shops. They're great for games, books, toys, and homeware. A quick browse here and there and you might spot something someone will really love. Plus, it's so much better for the planet than buying loads of new stuff.'

Every small act, whether it's saving a stamp or donating an old phone, adds up. Did we miss anything from this list? We'd love to hear about the ways you're recycling items.

By North Elmham Living Sustainably You can get in touch with us at nicolaruthearle@gmail.com



# **COUNTRYSIDERS**

# Kick Off Autumn with Creativity and Competition

The summer holidays may already feel like a distant memory, there's a distinctive autumn nip in the air — and with it, a new season of Countrysider's fun!

On 8th September, we launched back into action with our first session of the term: Tractor Wars. Armed with heaps of imagination and a pile of junk modelling materials, members set about designing their own mini tractors. The test? Sending them rolling down a slope to see which would travel the furthest. The results were an inventive array of creations — some quirky, some clever, all brilliant in their own right. In the end, one team's tractor made it clear across the finish line, earning them the first victory of the season. Well done to all who took part!

The excitement didn't stop there!

On Sunday 21st September, the Countrysiders were joined by our Senior Club and took part in the Hunstanton Soap Box Derby. The last meeting in September saw us diving into the traditional craft of butter making.

# October Diary

Sunday 5th, Harvest Festival at Norwich Cathedral

Mon 6th, Phoenix Rescue 7–8.30 pm Memorial Hall

Mon 20th, Halloween Fun 7–8.30 pm Memorial Hall

Everyone's welcome to join us from 7:00 to 8:30pm.

Remember, you don't have to be a farmer to be a Young Farmer — just bring your enthusiasm, and you will fit right in.

Wendy north\_elmham\_cs@norfolkyfc.co.uk

# QUIZ

- 1. Where was the Surgery before it's present site?
- There used to be a shop on Holt Road facing Eastgate Street. Who was the owner and what did he sell?
- In the past, why was The King's Head special? It must have been a wonderful sight.
- Which of our Vicars became Chaplain to Queen Elizabeth II at Windsor in the 1950s?
- 5. What were the houses called that were at the bottom of Church Hill?
- 6. In the 1950s we had a Fish and Chip Shop run by Mr & Mrs Shailes. Where was it?
- 7. What was sold by the Love family in the shop near the King's Head that is now Elmham Supermarket?
- 8. The Jubilee Green used to be farmed by an Elmham gentleman who lived in the village. Who was he?
- 9. What was the name of the business in Eastgate Street that collected milk from local farms?
- 10. Where was the butcher's shop?

Answers on November 2nd during the Archive Walk and in next months magazine.





MON-FRI L 7AM-3PM

Design
Print | Web
Social Media

www.fakprepress.co.uk



Dog Grooming Salon in North Elmham

The Salon is fitted with a Hydrobath, Airconditioning and water softner.

Only quality products used and one dog in salon at a time.

City and Guilds Qualified, Fully Insured, Dog first aid Trained.

**All Dogs Welcomed** 

Orchard House, Pump Street, North Elmham, Dereham NR205LS

Please Call Barbara on 07389809941

To book an appointment

# BM Cleaning COMPLETE CLEANING SERVICES 07879 457072 / 07912 851594



### SPECIALISING IN EXTERIOR:

- Window Cleaning (WFP & Trad)
- All External Cleaning: gutters, fascias, uPVC, conservatory, cladding
- Solar Panel Cleaning
- Patio/Path/Drive Pressure Washing
- Brickweave drive Pressure Washing & Resanding

### SPECIALISING IN INTERIOR:

- Carpet cleaning
- · Upholstery cleaning
- Hard floor machine clean
   & polishing

Payments accepted

VISA 🚳 🚳 🖦 🗈 🕪

For ALL your cleaning needs call us on 07879 457072 or email: info@bm-cleaning.co.uk
72 Eastgate Street, North Elmham, NR20 5HF bm-cleaning.co.uk

# TOWNSEND'S ELMHAM PART THREE

The older inhabitants of Elmham in 1920 must have looked back nostalgically to the days when Lord Sondes had lived at Elmham Hall and hosted lively society events there. With its final sale in 1919, the house was gutted of anything saleable and stood ready for demolition until 1924 when the park and house were sold to Mrs Edward Birkbeck, a widow of a member of a leading Norfolk banking family, who was looking for somewhere to build a suitable house for her daughter, Angela, to settle with her new husband. Francis (later Air Marshall) Don. The new house was completed in 1929 and mother and daughter soon became involved in local life. (Angela was to spend more time over the following years away from Elmham moving from one air-force posting to the next). The elderly inhabitants of Beech House, Gressenhall (the former poor law institution and now the Rural Life Museum) were entertained annually at the Hall and both Scouts and Guides met in outbuildings there. Angela and her mother were involved in the Childrens' Country Holiday Scheme, whereby from 1934 to 1939, children from Deptford spent a holiday in the village, presumably staying on the local farms and in the homes of the more well-off villagers.

By 1938 preparations began to be made for the outbreak of another war against Germany. In November fifteen air-raid wardens were appointed, and a course of first aid lectures was arranged. In July 1939 there was further Air-raid patrol (ARP) training and four 'incidents' were staged. 'No emergency will see the village unprepared,' wrote Townsend in the parish magazine. In the event, although rationing and government controls over food production affected the people of North Elmham as elsewhere, the village saw little action. The airfield at Swanton



Morely must have led to a certain amount of activity in the sky and a sadly on the 27th May 1944, a New Zealand Airforce plane crashed just off Back Lane killing Flight Lieutenants John Paterson and John Mellor. Recently, a memorial has been erected close to the spot on Back Lane. Rumour has it that a decoy airfield was created beside the river near Grange Farm to deflect German planes from their intended target.

We know very little about the Revd Townsend as a person. No photographs of him survive except a rather poor one in the Institute. He lived alone in the large vicarage at the top of the hill beside the ruins and near the church. Janet Woodhouse tells the story of his housekeeper, Polly Skipper, who lived in a tumbledown cottage opposite Nelson House. Every morning, she would go down to Grange Farm with a milk can which was filled, but on her way back to the Vicarage she would stop off at the village pump at the back entrance



VISIT US ONLINE OR CALL US TO DISCOVER MORE

www.creativechiro.co.uk info@creativechiro.co.uk 01328 854325







# creative CHIRO DID YOU KNOW?

We offer a wide range of treatments and services you may not have tried yet..

Chiropractic
Deep Tissue & Sports Massage
Relaxation & Pregnancy Massage
Reflexology
Therapeutic Facials
Neals Yard Treatments
Tailored Health Guides
Free 30 Minute Assessments

Creative Chiro, Pensthorpe Natural Park, Fakenham Road, Fakenham, Norfolk, NR21 OLN.

# MASTER CHIMNEY SWEEP NVQ QUALIFIED CHIMNEY ENGINEER



- All Chimneys, flues and appliances swept
  - Certificates issued
  - CCTV chimney surveys
  - Bird/rain guards / Anti down-draft cowls supplied and fitted
  - Stove servicing and maintenance

Established 1995

**CALL D THOMPSON CHIMNEYS LTD** 



01328 851081

www.the-sweep.co.uk



to the park for some refreshment from the can. She would then top it up from the pump before delivering the rather diluted milk to the vicarage for the Reverend's breakfast.

Norman Lowe remembered him coming into the school for scripture lessons. He was a major promoter of the Institute and remained on its committee all his life. He was not a well man and his diaries frequently recorded that he was feeling 'very seedy'. This often resulted in him being away for long periods. In December 1943 he had a heart attack and resigned as vicar in January 1946 having been the vicar of Elmham for 48 years. He died the following year and is buried near the church gate. His gravestone describes him as a 'devoted, faithful, well-loved and revered vicar'. His death ushered in the post-war era, and he would have been amazed to see his fears of depopulation unfounded and instead the areas of new housing for the ever-expanding village. Increasing car ownership has instead made for a more mobile society less focused on village life.

However, as demonstrated by the events described in Elmham News and endorsed by the views of new arrivals in the village, Elmham is still a vibrant community in which newcomers very soon feel at home and welcome.

Susanna Wade-Martins

# **WIVES PLUS ALL**

After a summer break in August Wives Plus All commenced their Autumn programme of meetings in the North Elmham Memorial Hall on Thursday 11th September 2025 at 7.30pm. We were pleased to receive a visit again by Kathy Dentten, who lives locally. Kathy gave a talk on "Costumes for the Stage". Kathy's career was as a Costumier, making and providing chorus stage costumes mainly for amateur

productions for Theatrical Societies both in the UK and also world wide.

She demonstrated how having one costume a production, for a female and/or male chorus member, could be adapted with the addition of accessories to initiate several changes of costume within a Stage Show. She dressed our other evening's "female guest " - her Clothes Dummy - who wore a plain long sleeved dress. Kathy added to this dress various accessories ie a cape, collars, jewellery, belts, hats, head garlands skirts, thus taking her through times, from a Medieval lady to a Panto Mob Cap Maid, a 1920's Flapper, to the 1930's and 40's attire. Thanks go to Kathy for presenting an interesting and enjoyable evening.

Wives Plus All MONTHLY meetings are on the 2ND THURSDAY of the month and over the autumn we will see a visit from - a representative of the Cats' Protection League, a return visit by Chris Bell, Senior Meteorologist/Weather Quest & Look East: and a Christmas Celebration Meal at The Railway Arms on Station Road.

# OCTOBER MEETING PLEASE NOTE DAY CHANGE

The next meeting of Wives Plus All will take place on Wednesday 8th October at 7.30 pm in the Memorial Institute Village Hall, North Elmham

Laura Reeves representative of "Cats' Protection" will give a talk

Donations of the following items for Longham Cats Home - blankets for bedding, old towels, toilet/kitchen roll tubes, wood based cat litter & wet cat food will be gratefully received.

There will be a raffle and refreshments PLEASE COME ALONG. ALL WELCOME.

Ann Ferris

# Walking Group Annual Charity Lunch

October 15th, 12 noon onwards The Memorial Hall, North Elmham

Enjoy a simple lunch of homemade soup and bread rolls, followed by homemade cake.

There will be music, song, poetry and spoken word.

Donations will be collected for our wonderful Elmham News Est. 1977 and Smile Train, a charity founded in China in 1999, which now supports children and adults with cleft palates in more than 75 countries globally.

> www.smiletrain.org.uk Facebook @smiletrainuk

# **BOOKING ESSESNTIAL!**

Contact: Jenny Cunningham: Email: jennycunningham@mac.com Phone: 01362668224



# REPAIRS AT ST MARY'S CHURCH

Work has started at the church which will probably last two or three weeks. Now that the drainage along the north side of the church has been improved the damp in the north wall is drying out and the damaged plaster is to be repaired and the wall limewashed. This will be dusty work, and the rood screen has been covered to protect it, but it will greatly improve the appearance of the interior of the church and completes this phase of church improvement. The next and far more ambitious project will involve the installation of a loo and kitchenette in the north-west corner of the north aisle. The church larder has been moved to the south aisle.

Susanna Wade-Martins, PCC secretary

# DEREHAM WALKERS ARE WELCOME

Please come and join us for a walk in the local area. We have two regular walks each month. Our shortest, easiest walk of around two miles is on the second Tuesday of the month and a slightly longer one of around four miles is on the first Friday of the month. We plan to have our next longer walk early in the New Year.

For up-to-date information, please check our website derehamwaw.org.uk or contact KenHawkins, email: ken-hawkins@tiscali.co.uk mobile: on 07505 426750.

# **FOR SALE**

Mobility Scooter, formerly belonging to Bob Gilbert. In excellent condition. £400.

Email his daughter suewinter0811@googlemail.com







# **SCHOOL NEWS**

We welcome you to the new academic year at North Elmham, and offer a particularly warm welcome to our new families joining the Flourish Federation community. We are delighted to have them with us as we embark on another exciting year of learning and growth together.

I am pleased to share that we have recently started a comprehensive redesign of our Early Years Foundation Stage outdoor area, which will encompass our new nursery provision. The first stages of this were completed over the Summer holidays. This enhanced learning environment will provide our youngest pupils with enriched opportunities for exploration, creativity, and development through purposeful outdoor play and learning experiences.

Furthermore, I would like to celebrate the successful implementation of our extended wrap-around care provision, which now operates from 8:00 AM to 4:30 PM. This will support our working families within our community while ensuring pupils receive quality care and supervision throughout the extended day.

# **Woodland Room - Nursery**

We are thrilled to announce that our Woodland Room has officially opened its doors! Our warm and welcoming environment is ready to support your little ones in their first steps into learning, playing, and growing together.

With experienced staff, engaging activities, and a safe, nurturing space, we're here to give your child the best possible start.

We look forward to welcoming our new families into our setting this week.

If you are interested in a place, please contact our school office. office@ northelmham.norfolk.sch.uk

### **Acorn Class**

Our Infant Class has settled in beautifully this term and are already enjoying the exciting new indoor areas and our fantastic outdoor classroom. The children have been busy exploring amazing pockets of play, using their imagination and curiosity to guide their learning. Year 1 and 2 spent time creating maps, gifts and cards to welcome our new reception children which were greatly appreciated. As the seasons begin to change, we've noticed our outdoor area is now sprinkled with acorns – very fitting for our class name! We're looking forward to using our senses across the curriculum this term, including learning about the parts of the body, trying expressive painting, creating paper toys, and continuing our outdoor adventures. These handson experiences will help the children develop their creativity, fine motor skills, and understanding of the world around them, while encouraging independence, confidence, and a love of learning through play. We are very excited to see Acorn class flourish through this year.

### Oak Class

Our Junior class has settled back into school life brilliantly. We began the year by completing various team building activities and focusing on the word responsibility. We are working well as a team to further understand, respect and take pride in our role around the school. This work has seen some of our children flourish into creating fantastic pieces of art, work tirelessly in their history and even have a go at swimming - a skill that for some was their first time trying.

As we move deeper into this Autumn term we will be exploring the Vikings, understanding diets/digestion in science whilst exploring books like 'The Twits' in Roald Dahl.

**Ed's Note:** We would like to welcome your new Head Teacher, Mrs Carol Jeary, who was previously, the Deputy Head Teacher. Ms Victoria McConnell has been seconded to a school in Essex.



# S & C Window Repairs

**Local independent business - Free estimates** 

# Repairs to double glazed windows, doors and conservatories

Steamed up windows, broken handles, hinges, replacement gasket, plus cat flaps, door panels and more.

01603 520136 or 0800 1601932

sandcwindows@gmail.com www.sandcwindows.co.uk

# ANT'S CARPETS

Carpet and vinyl supplied and fitted Free measures, estimates and planning All work guaranteed – Home selection service available Wet room flooring supplied and fitted

Customers own carpet and vinyl fitted

Mobile: 07919273107 Tel: 01362 667747



# **FIREWOOD**

Guaranteed Seasoned Hardwood Logs
Phone Mark - 07768 063 775

Wildwood 2, 61 Eastgate Street, North Elmham
A Carbon Neutral Resource,
cut from Local Sustainably Managed Woodland

Think ... It won't cost the EARTH!

# **ROYAL BRITISH LEGION**

The AGM was held at the Kings Head on Tuesday 9th September at 8pm, with all members attending.

The committee resigned, and nominations received and duly re-elected without change.

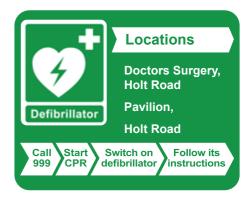
It is hoped to have a stall at the Pop up Christmas Shop in The Eastgate Centre on the 15th November.

Preparations are well underway for Remembrance Sunday on the 9th November at St Mary's. It is also hoped that the Girl Guides and the Countrysiders will be playing more of a part in the service this year. A donation was given by the branch to The Memorial Institute towards the new flag.

On behalf of my committee, and myself we would like to thank Joe Sowinski for his restoration of the Memorial Seat opposite the Surgery. Thank you very much indeed.

Our next meeting will be Tuesday the 4th November, King's Head at 8.00 pm.

Mike Aston Branch Sec



# **DATES TO REMEMBER: SEPTEMBER**

Mon 6th	Countrysiders - Phoenix Rescue	Memorial Hall	7.00 pm	
Tue 7th	Knit and Natter	Pavilion	2.00 pm	
Wed 8th	Tea at Two Mobile Library visits Parish Council Wives +All	Memorial Hall The Heath to Wensum Drive Pavilion Memorial Hal	2.00 pm 1.15–4.40 pm 7.30 pm 7.30 pm	
Wed 15th	Walking Group Lunch	Memorial Hall	12.00 noon	
Mon 20th	Countrysiders Halloween Fun	Memorial Hall	7 .00 pm	
Thu 23rd	Gardening Club: Essence Foods	Memorial Hall	7.30 pm	
Fri 24th	Brisley Cinema: WONKA	Brisley Village Hall	6.30 pm	
Mon 27th–Fri 31st Half Term				
DON'T FORGET				
Wed Weekly	Norwich Bus	Bus Shelter by Pavilion Opposite Orchard Close	9.37 am 9.39 am	

Please remember, we can only print dates that YOU give us

# King's Head Hotel

North Elmham, NR20 5JB

A





LARGE BEER
GARDEN
at rear of hotel
with kids play area

Book your table online: kingsheadnorthelmham.co.uk

Call: 01362 668856







OPEN 7 DAY A WEEK

**FOOD SERVE** 

MONDAY TO SATURDAY 12.00 NOON & 6.00 PM TO

SUNDAY 12.00NOON

# commodation • Bar • Restaurant • Beer Garden













TO 7.00 PM





# ELMHAM WILDLIFE





Rather than focus on a single species this month, I'm going to explore a collection of related species, a group of moths known as sallows. They mostly fly in autumn, so this is the time of year to find them. Although they fly at night, you don't need a moth trap to see them – just go out with a torch on a relatively mild night and have a look at some flowering Ivy – there's a good chance that you'll find some along with a range of other moths and other insects.



I'm always keen to disperse the myth that moths are boring and brown, but truth be told quite a few of the moths that fly at this time of year are a bit on the brown side. There are some brilliant exceptions though – several colourful species can be found, and among these are some of the sallows.



The first of the commoner species to fly is the Centre-barred Sallow (photo 1). I've already seen a few of these this year and by the time you read this their season will have come to an end, except perhaps for the odd late straggler. As with many species of moths, adults are only on the wing for a short period, and in the case of the Centre-barred Sallow they fly from late August to late September. They lay their eggs on Ash trees and the caterpillars hatch in the spring. The caterpillars then pupate and the adults emerge from the pupae in late August. In some species of moth, the adults never feed at all (they don't even possess mouthparts), surviving just long enough to breed, but the sallows are among those that do feed as adults. The various sallows all feed on nectar from a variety of flowers, and as they move between flowers they act as pollinators.









The flight periods of the other three common species of sallow overlap and are close enough together that they don't always appear in the same order. But typically the next one to start flying is the Sallow – just Sallow with no descriptor (although older books may refer to it as The Sallow). Sallow caterpillars feed on a variety of plants but especially poplar trees. The adults begin to appear in early to mid September and are over before the end of October. Adult Sallows have two distinct forms, an attractively marbled form with a pale yellow background and pinkish-red to brown pattern (photo 2) and a plainer yellow form with a faint reticulated pattern and a pair of prominent dark spots (photo 3).

The Pink-barred Sallow (photo 4) is my favourite sallow. Its caterpillars feed on a variety of plants including poplars and Sallow (that's the tree with the same name, not the moth!). The adults usually start flying in mid September (although in 2022 I caught an exceptionally early individual in mid August) and they are usually finished by the end of October. The adult moths are quite similar to the marbled form of Sallow with a mottled dark pinkish band across their yellow wings, but on this species the head and thorax (the bit of the body behind the head) are also dark pinkish.

The last of the really common sallows is the Barred Sallow (photo 5). The names of these moths are quite confusing with Centre-barred Sallow and Pink-barred Sallow but also Barred Sallow and just Sallow! The colour palette of the Barred Sallow is similar but the pattern is different with a broad band of darker pink colour crossing the ends of the wings. Barred Sallow caterpillars feed on Field Maple and Beech and the adults are usually the last of the sallows to start flying, emerging in late September. They peak in October but the last of them can be found well into November.





There are two scarcer species of sallow that aren't so colourful as their commoner relatives, including the Dusky-lemon Sallow whose caterpillars feed on Wych Elm. I've not found one in North Elmham yet, but it probably does occur here. I caught two or three at my previous house in Bawdeswell, so they're certainly not far away and are worth keeping an eye out for round here. Some of them look a bit like darker duller versions of the marbled form of Sallow, while others are even daker (photo 6). The "Dusky" in its name makes sense – but I'm not so sure about the "lemon".

The Pale-lemon Sallow is usually considered to be the rarest of this group of sallows, but I've caught it twice in my garden here in North Elmham. It's not particularly pale and it doesn't look lemon at all to me – in fact it's the brownest and least colourful of all the sallows I've covered here. One helpful distinguishing character is a tiny whitish round spot on each of the forewings. Their caterpillars feed on poplars.

The Orange Sallow is a species whose larvae feed on lime trees. It looks quite different from the other sallows, a pale sandy-brown colour with darker lines along the veins of the wings and a series of dark lines cutting across the wings (photo 8). You can see these up to early October although they start flying in August.

I suppose for completeness I should include the Dusky Sallow. This isn't actually very closely-related to the sallows – the connection is really just in its name. But it's a very attractive moth (photo 9) so I'm happy to include it here. Although these do come to light at night-time, this species is also active during the day and you can often see them feeding on nectar of knapweed flowers in the summer.

Some of the species I've covered today are doing alright – Barred Sallow and Centre-barred Sallow are both increasing. But others are declining including Sallow





and the scarcer species. One thing we might be able to do to help them is to avoid cutting back flowering Ivy. Ivy is a much maligned plant but it provides a fantastic food source and shelter for a huge diversity of wildlife. It flowers later in the year than many plants which makes it a really important source of nectar for species that need it during the autumn. There are good reasons why you might not want it in every place that it crops up so I'm not saying it should never be managed, but think twice before you cut it back – is it really doing any harm, or might it be better off staying put where it can help support out declining wildlife?

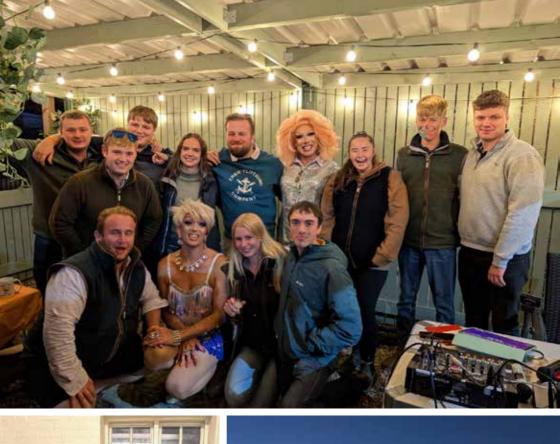
Let me know if you come across any of the sallows. I always appreciate hearing from you about the wildlife you've seen so please keep the reports coming. You can get in touch by emailing me at appleton.dave@googlemail.com or phoning me on 668431.

Dave Appleton













# NORTH ELMHAM YOUNG FARMERS CLUB

September brings the start of a new year in the Young Farmers calendar. As harvest draws to a close, we start planning for the year ahead. For our club we have already been busy; we hosted our first event of the year on Saturday the 12th of September with the help of Dee & Mindy we held a Drag Bingo evening at the Kings Head. This has become an annual tradition for the club with this year being our most popular. We hope to see the same turnout at our events in the coming months.

We have also started our Wednesday night meetings, our most recent being a visit to RAF West Raynham SHQ which is our charity for the year. They provide a safe space for veterans and ex-service personnel around Norfolk.

Follow our socials to see more of what we get up to, you don't have to be a Farmer to be a Young Farmer.

@northelmhamyfc

# BRISLEY AND NORTH ELMHAM CRICKET CLUB

# Saturday 16th August

1sts v Felthorpe (A) League Felthorpe 326-6 B&NE 232 Lost by 94 runs

Felthorpe showed why they lead the division as the visiting bowlers struggled to stem the flow of runs, Futter and Sincair alone conceding less than 5 per over. In reply Ali smashed 10 sixes in his 94 off 33 balls as at least B&NE achieved maximum batting points.

Payne Crop Nutrition MoM
Callum Futter for his 3-44 and 28 runs

2nds v Beeston (H) League B &NE 134 Beeston 138-7 Lost by 3 wickets

A disappointing batting performance from the home team cost them dearly in this local derby, with extras top scoring with 35. Beeston's first wicket put on 80 before Bridges and Greef restored some pride with 7 wickets between them.

Payne Crop Nutrition MoM George Bridges for his 28 runs and 5-31

# **Sunday 17th August**

Ladies v North Runcton (A) League B&NE 110-8 North Runcton 111-1 Lost by 9 wickets

Defeat in their final match saw the Ladies finish 3rd in their Pool with their hosts looking to finish top. The visitor's innings started brightly with Alice Waters smashing two sixes, but momentum faded. In reply, the home side lost a wicket to the first ball of the innings but from there coasted home with almost 5 overs to spare.

Black Schuck WoM
Catherine Newey for her 28 runs

# Saturday 23rd August

1sts v Sandringham & Dersingham 2s (H) League SD 230-6 BNE 208 Lost by 22 runs

The losing run continued at the hands of bottom side and already condemned to relegation. Facing an achievable target several batters made starts including debutant Tom Chamberlain (36) but none could go onto to make the decisive big score as 8 home players were clean bowled.

Payne Crop Nutrition MoM
Ollie Hall for his 42 runs and 2-36

2nds v Sandringham and Dersingham 3s (A) League S&D 63 B&NE 64-1 Won by 9 wickets





Established - 1985



Back & Neck Pain Sports Injuries Muscle Strain, Sciatica Hip, Knee & Foot Pain Migraine & Headaches

www.cameronreid.com

Clinic: Mon to Fri 9.00am-7.00pm 45 Norwich Road, Dereham NR20 3AS 01362 696079





# **PAUL COX MBE**

07960 863 991 pscelectrics@gmail.com

Domestic, commercial & light industrial installations & repairs

Part P approved

Follow us on:





# **DKC PLUMBING**Oil Boiler Specialists

- Oil Fired Boiler Servicing
- Boiler Breakdowns
- Boiler Repairs
- Oil Tank Repairs
- Radiator Power Flush
- General Plumbing
- Heating Systems
- Domestic & Commercial

95% of all breakdowns fixed within the first hour!!



Out Of Hours call outs available

Fully insured

Google
facebook

Yell.com

\*\*\*

Call today for a quote 07375 995 198

www.dkcplumbing.co.uk

The elusive victory arrived and, in some style, to mark Skipper Phil Bend's final appearance of the season. He was in devastating form with the ball with his "fifer" and was well supported by all the bowlers who all took wickets. The visitors knocked off the winning runs in the 19 th over.

Payne Crop Nutrition MoM Phil Bend for his 5-13 off 10 overs

# Saturday 30th August

1sts v New Buckenham (A) League New Buckenham 98 all out B&NF 101-3 Won by 7 wickets

The losing run ended in style away at already relegated New Buckenham thanks to an exceptional bowling display. The wickets were shared between all bowlers with the pick being Tom Donnelly's 3-14 as New Buckenham were bowled out for 98. In reply B&NE started like a train with Abdul Ali smashing an 11 ball 50 before being out for 79 in 23 deliveries, with victory achieved within 15 overs. This secured a slightly disappointing 4th placed finish for the season.

Payne Crop Nutrition MoM Abdul Ali for his 79 runs

2nds v Thornham (H) League B&NE 182-6 Thornham 150-7

With overs reduced to 35 per side due to the weather forecast, B&NE set an imposing score with good knocks from Daimon Wheddon (29) and Adie Greef (44 not out). In reply the B&NE side delivered their best performance of the season with the ball to restrict Thornham to only 150 in their 35 overs.

Stand out bowler was Adrian Cottey with 4-19 and catch of the season to Darren ildman. This secured an improved 10 th out of 12 finis h in League 4W

Payne Crop Nutrition MoM The whole of the team!

# **VOLUNTEERS NEEDED**

# St Mary's Church

Do you have approx. 1 hour to spare say every four weeks? We are looking for persons to join our Church cleaning team - any offers of help will be greatly appreciated. Thank you.

Gill King 668 530

Brisley & North Elmham Cricket Club



# Quiz night with Fish'n'Chip supper.

At Brisley Village Hall on Saturday 22nd November 2025 Doors open 6pm Ouiz begins at 7pm Teams of 6 to 8 Ticket Price £16 to include supper or £8 without food

Book your tickets now by Calling Dave on 07816 139926 or Lindsay on 07389 831550 or emailing to davepearson70@icloud.com



We thank our sponsors for 2025 Payne Crop Nutrition and the Black Shuck Gin Company



QUALITY BUILDING DEVELOPMENT AND IMPROVEMENTS

- Property rennovation & extensions
   Highly skilled local trade professionals
- Bespoke handcrafted joinery
- Flint knapping, walling & bricklaying
- Hard landscaping and specialists in grid paving & driveways





We provide a personal and professional service tailored to our client's requirements from concept to completion. Everything we do is finished to the highest standard.

Contact us today for a no obligation quotation!

# 07799 536145

- no obligation 🕲 info@garrodpropertymaintenance.co.uk
  - \* www.garrodpropertymaintenance.co.uk

# Guitar and Music Tuition Beginners to Advanced

Classical, Jazz, Folk, Pop and Rock, Bass Guitar

Jazz Improvising - any instrument.

Qualified teacher and professional musician

Peter Wild LTCL
Tel. 01362 668558 (North Elmham)

# MEMORIALS

# **H Brett & Son**

Monumental Masons - Craftsmen in stone



Call for our Brochure or visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH Tel: 01953 881501





# **CATHEDRAL RUINS GRASS CUTTING**

# Ever wondered how the grass is cut?

Keeping the grounds around the cathedral ruins tidy is no small task, especially with the steep banks and uneven terrain. I have to admit, I'd never really thought about how it was done until we stumbled across the answer quite by chance at the end of August while out walking the dogs.

Watching the skilled handlers at work was fascinating, and I couldn't help but feel the child in me longing to have a go!

Sarah Felton



# Elmham Group Of Practices Newsletter



# **X**anima

# Anima replacing AccuRx

As of the 20<sup>th</sup> of October 2025 we are pleased to announce we will be going live with Anima online triage which will be replacing the current AccuRx

The access will be the same via our website however the form will look different and may ask different questions.

Please do not worry. The new online form will be just as easy to use, and we are always here to help anyone who may struggle to fill out the forms. You can find a demo and further instructions on the website.

# Cervical Screening Programme

From September, the NHS plans to start sending digital results from the NHS Cervical Screening Programme, utilising the NHS App.

# Patient Charter

Further information on contacting your general practice can be found on the NHS website under "you and your general practice".

# **Upcoming Vaccination Campaigns**

- We would like to encourage all of our patients, if you have not yet booked please contact the surgery to book in your Covid and flu vaccines.
- Please remember Covid and flu can be administered at the same time.

# Why can't I get an appointment?

- In the month of AUGUST a total of 108
  patients failed to attend their appointments
  which could have been offered to other
  patients.
- This has cost the NHS £28,480 so far this year in missed appointments.

In September, those who have a negative test result will be notified of this by an NHS App message. It will also appear as an NHS App notification. Abnormal result letters will continue, for the time being, to be sent by post. This change follows the successful rollout of digital invitations and reminders in June 2025. Since the launch, 9 out of every 10 invitations are being sent digitally, with the remainder being sent by post.

# Medication from hospital

- If you are chasing a medication, please initially ensure 7 working days have passed. If this
  is a medication we have prescribed you can track your prescription on the NHS app,
  SystmOnline or call the surgery and speak to our dispensary (Monday Friday 09:00 12:00)
- We cannot prescribe medication suggested by the hospital until we get a written letter stating the exact medication, dosage and frequency.
- It can take 2-3 weeks following on from your hospital appointment for the clinic letter to be sent to us.
- It is hospital policy that to avoid delay they should prescribe an initial 2 week supply of emergency medication.
- If we do not have the hospital letter and it is an urgent prescription we may insist that the hospital team is contacted to provide the initial medication prescription.



# **KING'S HEAD BOWLS**

The King's Head Bowls Club have just won the Mid Norfolk league knock out final beating Swanton Angel Bowls Club 64 to 34.

The game was played on the 7th September at Whissonsett and the KH team was: Stuart Cleverly, Sarah Stimpson, Nigel Ferry, June Howes, Simon Le Marquand, Roger Duffield, David Phillips, Sally Lloyd and Damian Lloyd.

# BRYAN TIDNAM CHALLENGE SHIELD

The Bryan Tidnam Challenge Shield bowls match was held on Sunday 31st August between the King's Head, and the Elmham Institute bowls clubs.

The winners of this friendly but competitive game were the Institute.

Members of the winning team:

Ray Norman, Hazel and Chris Hazell, Tony Langford, Colin Allen and Maurice Upton.



# Elmham Group Of Practices



Dispensary News

# Are you chasing a prescription?

It is important you allow 7 working days before you chase a prescription. If this is a medication we have prescribed you can track your prescription on the NHS app, SystmOnline call the surgery and speak to our dispensary (Monday - Friday 09:00 - 12:00)

# Is it something the hospital has prescribed or asked us to prescribe from a letter?

- We cannot prescribe medication suggested by the hospital until we get a written letter stating the exact medication, dosage and frequency.
- It can take 2-3 weeks following on from your hospital appointment for the clinic letter to be sent to us.
- It is hospital policy that to avoid delay they should prescribe an initial 2 week supply of emergency medication.
- If we do not have the hospital letter and it is an urgent prescription we may insist that the hospital team is contacted to provide the initial medication prescription.

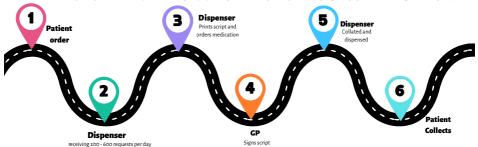
# Respect for our staff

Our staff are highly trained, we ask that you speak calmly, listen to what is being said, respect personal space and boundaries and above thank the individual who is trying to help you.

Upcoming closures for staff training

12/11/2025 - 12:00 - 18:00

# WHY DOES IT TAKE 7 WORKING DAYS TO PROCESS MEDICATION?



# **THE CIRCUS**

I had been plodding around in the garden for it seemed like hours and was glad when lunchtime arrived. I could sit down with a plate of cheese sandwiches and a mug of coffee in front of the TV to watch the Ladies Rugby World Cup.

My reverie was disturbed when I realised that it was Saturday and the Circus had arrived! This I had to see, so I abandoned my sandwiches and headed round to the Circus.

Children of all ages were greeted by Martin the clown and Grandma, and once we had purchased our popcorn and candy floss, we settled down to watch the show.

It was predictable that adults would be the butt of the clown's jokes, but the children enjoyed the fact that the clown was on their side. They were invited to go into the ring and, waving colourful light sabres thoroughly enjoyed the opportunity to make a lot of noise! Shouting" Wobble" when the spinning plates threatened to fall off their pins, was another occasion when shouting was positively encouraged.

To see everyone connecting with entertainment was good to see and hopefully it will go on for a long time.

As for me, well I'm glad I can still appreciate all the effort put into setting up the Big Top and creating a bit of magic for a short while.

Now where did I put my light sabre? Fileen

# SERVICE OF LIGHT AND REMEMBRANCE

A Service of Light and Remembrance, to remember our loved ones who have died, will be held on Saturday 1st November, 4.00 pm, at St Mary's, North Elmham.

If you would like us to remember someone at the service, please email me at heartofnorfolkrector@gmail.com or call 01362 668850 (even if you are unable to attend).

Revd Sally



# **Ma**dhouse

We are trained experienced childcare providers offering flexible hours, tailored to your needs.

We promote independence and healthy living within nurturing environments.

### Ofsted rated "Good"

Contact details: Debbie elmhamdebbie@aol.com 07591 754 411



07984 804679

### **Mobile Tyre Fitting Norfolk**

- Same day service
- Covering the whole of Norfolk
- Emergency or regular tyre change
   7 days a week
- Mobile tyre fitting whether at home, work or roadside we come to you to assist with your tyre replacement.
- Wide range of sizes in stock
- Based near Swaffham

info@doorsteptyrefittingltd.co.uk

# **Chartered Community Physiotherapist**

**HCPC & CSP registered** 

Assessments & Treatments in your own home

or at our Dereham Clinic

Support with any condition including:

Mobility and falls

Joint or muscle pain

Neurological

Call Rachael on

07507 870878

Or

Email me on

rachael@equiphysique.co.uk

# WILLIE WESTON of BLAKENEY

Fresh locally caught fish, shellfish, pates & more

You can find me at Fakenham

Near the Red Lion on Thursdays 7.00am to 2.00pm and Near HSBC on Saturdays 8.00am to 2.00pm Or delivery to Elmham on Tuesdays

Please phone your orders to 01263 740910

or visit The Fish Shop, 5A Westgate Street, Blakeney

# ST MARY'S CHURCH

Dear friends,

Throughout September and into October, the Church of England has created a period of Creation-tide, to celebrate the wonders of nature that God has given us. During this period many of our parishes will have held Harvest celebrations, thanking God for the bounteousness of the earth.

It is also a time when we need to reflect on what we are doing to the natural world around us. How we are treating the creatures that share his earth with us. Doing so is nothing new, think of St Francis of Assisi and his connection to the birds and beasts. If you have time, please try to read his Canticle of the Sun.

In a recent reflection, I related the story of the Glass Cabinet by Terry Jones of Monty Python fame. In the fable, the cabinet can provide anything you want including pots of gold as long as you put something back in. Thieves stole the cabinet and plundered as much as they could. Eventually, the obsession got to one of them and he smashed the cabinet and all three immediately died. The King melted the glass and remodelled it into a globe emphasising its fragility.

Our world is like that globe. It is a fragile ecosystem that can so easily be put out of kilter by the actions of any part of that system. Unfortunately, it is us humans that have done much of the damage.

In the Creation story God gave humans dominion over the earth. For far too long humanity, including the Church, has taken this to mean we can use the earth's resources as we please. I believe that it is not what God intended. Thankfully, the Church has started to change its emphasis to one of caring for all parts of the ecosystem in which we exist.



# **WORZELS ROOFING**

# ROOF TILER / SLATER NEW, OLD WORK REPAIRS

Leadwork, Fascias and Soffits, Guttering, Loft insulation, Timber Treatment, Roof Ventilation, Velux Windows.

NVQ level 2, over 30yrs experience
No job too small, free estimates
(will try and match, or beat, any written quote).

01760 755024 / 07990 972381 www.worzelsroofing.com BUY & SELL roof tiles

# ELMHAM MEMORIAL HALL

Available for Hire

# LARGE HALL

With stage area and serving hatch Ideally suitable for Wedding Receptions and Theatrical Productions

### SMALL HALL

With Snooker Table, Darts and Short Mat Bowls equipment

Both Halls with access to rear garden area ( suitable for summer functions) and Well equipped kitchen. Crockery and cutlery available.

Performing Rights and Public Entertainment Licences

Registered with Breckland District Council under Betting & Lotteries Act

Reasonable Hire Rates
BOOKINGS: elmhammemorial@outlook.com or 07595 637031

Elmham Memorial Hall is Registered Charity - No 304020

So, as we come to the end of Creationtide, I urge you to look at how you can change your attitude to the natural world about you.

Norman Johnson Licensed Lay Minister Heart of Norfolk Benefice

# **WORTHING NEWS**

### Bike Ride & Walk & Drive

The Norfolk Churches Trust annual event, returned on Saturday the 13th September to raise funds and to support our local churches. The 13th weather-wise was quite temperamental. The morning sunny – great for our cyclists and those either walking or visiting by car, but the afternoon brought intermittent showers and at one point a complete "downpour of rain." Thank you for braving the weather! May we take this opportunity of thanking all those that took part on the road and also, a huge thank you for sponsorships secured. We are all very grateful for your help and support.

Should anyone still wish to donate to The Norfolk Churches Trust, further information may be found on their website: norfolkchurchestrust.org.uk/ support-our-work/donate-now/

We hope to welcome you again next year if not before.

# October Services at St Margaret's

Oct 5th at 9.00 am and Oct 19th at 10.30 a. Refreshments will be available after each service together with an opportunity to meet up and share in some friendly banter. We hope you can join us.

# **Christmas is Approaching!**

With your help, we continue to develop Worthing & Heart of Norfolk Churches involvement with Samaritan's Purse and all that they do around the world. As in previous years, we aim to support as many children as possible that are in desperate need by sending out your Christmas Boxes via "SAMARITANS PURSE." These gestures bring sheer joy to children who feel they are remembered and loved.

To get involved and for more details please visit the Benefice website:

heartofnorfolkchurches.org.uk or contact Celia Daniel tel: 01362 668928, email: c.daniel784@btinternet.com

# Deadline for getting filled boxes to Celia for despatch is:

9th November 2025 Remembrance Sunday

A leaflet with details may be obtained direct from St Margaret's Church

### ADVANCE NOTICE

THE SPIRIT OF CHRISTMAS - WINE TASTING / BEER SAMPLING EVENT LAUNCHING OUR CHRISTMAS RAFFLE on Saturday the 29th of November from 3pm

Free Admission although donations would be welcome.

Further details may be obtained from: Celia tel: 01362 668928 / email: c.daniel784@btinternet.com



# Joanne Medler Hypnotherapy

ACCPH Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how

Hypnotherapy may be able to help you

Tel: 07766 870145 Joannemedlerhypnotherapy@gmail.com www.joannemedlerhypnotherapy.com

# Tina Barnes MCFHP MAFHP Foot Health Professional

Professional treatment in the comfort of your own home

We specialise in treatment for:

Corns Ingrown toe nails Fungal infection Toe orthotics

Callus Nail deformities Diabetic foot assessment

For a private consultation & appointment:

Tel: 01362 668348 - Mobile: 07833 511353

# Help at Hand Peter Cross

phone/fax: 01362 861024 mobile: 07796550189

All jobs considered

Gardens/Driveways restructured and designed Brickweave/Patios/Pathways/Carparks/Borders/Edging etc (All materials & aggregates can be delivered and surplus cleared away)

Complete Self-Sufficient Service

Authorised



Engineer



# Assured Boiler Care Ltd

Power Flush

Oil Boiler Servicing and Breakdown Repairs



Power Flushing Existing Heating Systems

Oil Tank Replacement For further details, Contact David Rowe on

# 01328 700500 or 07900 060940

20% Off the cost of Power flushing for limited time only

# PATIENT PARTICIPATION GROUP (PPG)

# North Elmham Partnership

# We are looking to recruit some additional members who

can represent their community and offer ideas, guidance & expertise to support the development of the patient experience at the surgery. We are seeking to ensure the group's composition is fully representative of the patient base, within the various parishes that the Practice serves.

The purpose of the PPG is to offer a forum for patients and the practice to discuss, and propose improvements to, the range and quality of services provided through the surgery. Working in partnership, its ultimate interest is to help promote good practice in the provision of high quality and responsive care.

You need to be a patient at the North Elmham & Swanton Morley surgeries and be able to attend 4 meetings a year. Or you may be a Parish Councillor, rather than a patient of the Practice, and thus have a broad knowledge of local developments which may impact on medical provision in the future..

Whatever your background, if you have an interest and would be a willing contributor, then we would love to hear from you.

Please email us in the first instance, stating your interest and the parish that you represent. We can then provide further information. We look forward to hearing from you.

Email: xifra9@gmail.com

# R P PEST CONTROL & ENVIRONMENTAL SERVICES

# Helping you put your pests out of business

YOUR FRIENDLY LOCAL PEST CONTROLLER
Wasps, Rats, Mice, Moles, Rabbits,
Pigeons and Most Insects Controlled

CALL RICHARD

RSPH Qualified, Fully Insured

North Elmham, Dereham, Norfolk Tel: 01362 667138 Mobile: 07583076214

Mobile: 07583076214 Email: rpes2010@hotmail.co.uk





# CHURCH SERVICES



### **5TH OCTOBER – 16TH SUNDAY AFTER TRINITY**

9:00 am	Worthing	Holy Communion
10:30 am	North Elmham	Holy Communion
10:30 am	Stibbard	Holy Communion
10:30 am	Bawdeswell	Word & Praise

### 12TH OCTOBER - 17TH SUNDAY AFTER TRINITY

10:30 am	North Elmham	Iona Holy Communion
10.30 am	Wood Norton	Harvest Festival
10:30 am	Bawdeswell	Holy Communion
10:30 am	Foulsham	Holy Communion

### 19TH OCTOBER – 18TH SUNDAY AFTER TRINITY

10:30 am	Wood Norton	Holy Communion
10:30 am	Worthing	Iona Morning Praise
		and the second s

10.30 am Bawdeswell The 10:30

### **26TH OCTOBER – LAST SUNDAY AFTER TRINITY**

10:30 am	Guist	Holy Communion
10:30 am	North Elmham	Morning Praise
10:30 am	Stibbard	Morning Praise
10:30 am	Bawdeswell	Holy Communion
10:30 am	Foulsham	Holy Communion

Services at Bawdeswell All Saints are available on Zoom: Meeting ID: 656 174 6525;

Passcode: TwKH7n

### **CONTACT DETAILS**

Billingford, Bintree, Guestwick, Guist, North Elmham, Stibbard, Twyford, Wood Norton, Worthing: Revd Sally Kimmis, 01362 668850, heartofnorfolkrector@gmail.com

Bawdeswell, Bylaugh, Elsing, Foulsham, Foxley, Lyng, Sparham, Themelthorpe: Revd Richard Turk, 07721 035009, revdrichardrwv@gmail.com

# North Elmham United Charity and North Elmham Church & Town Lands Charity

October 2025

The Trustees are shortly meeting to assess this year's benefit payments. They will be awarded in line with the "Charitable Objects" of the Charity. This is to give benefit to people who are:

"Elderly or Old persons, resident in the parish of North Elmham, who are in conditions of NEED, HARDSHIP or DISTRESS"

If you think you qualify for help, and wish to apply for the gift this year, (if you have not already done so) please complete the details requested below and return to: **Pendle Cottage**, **8 Holt Road**, **North Elmham**.

If you know of someone who may require benefit from the Charity, you may apply on their behalf

If you have received a gift before, you need not re-apply, unless your circumstances have changed. All applications will be assessed in the strictest of confidence.

# M S Phillips

For and on behalf of The Trustees North Elmham United Charity And North Elmham Church & Town Lands Charity

Signed.....

I, (insert name)	wis	sh to app	ply for t	the Charity annual benefit
Address			No	orth Elmham NR20 5
How long have you lived in Elmhan	n?			Years
Which age group are you in?	70/75		76/80	over 80
Do you live on your own	Yes /	No		
Do you have any other income from	?	Emplo	yment	Private Pension
Why are you claiming the benefit?				

# **ADVERTISERS INDEX**

Children		Holiday Accommodation
Madhouse (Childcare)	44	Kings Head Hotel28–29
Eating Out/Eating In		Pets
Foxburrow Farm Shop	2	Four Paws (Dog Grooming)6
Kings Head Hotel		Furry Dogmother's (Dog Grooming)18
Willie Weston (Fishmonger)		, 5 , 5
, <i>3 ,</i>		Tuition
Fitness, Health & Beauty		Nick Long (Driving)4
Alison Watson (Beauty & Podiatry)	4	Peter Wild (Music)38
Cameron Reid (Osteopathy)		· · · ·
Creative Chiropractic		Vehicle Maintenance
Equiphysique (Physiotherapy)		Classic Offroad Garage Services14
Joanne Medler (Hypnotherapy)		Doorstep Tyre Fitting44
Park Physiotherapy		Norwich Road Garage10
Tina Barnes (Podiatry)		North Elmham Service Station55 & 56
··· ··· (· · · · · · · · ),		
For The Home & Garden		Venue Hire
180 Oven Cleaning	30	Eastgate Centre4
Ant's Carpets		Elmham Memorial Hall46
Assured Boiler Care		
BM Cleaning		Other
Dereham Hire (Digger & Tool Hire/Sales)		Clan Press55
DKC Plumbing & Oil Boiler Specialists		Fakenham Prepress18
D Thompson Chimneys (Chimney Sweep)		'
Firing Squad (Woodburners)		To advertise in the Elmham News please contact
Garrod Property Maintenance		Martin Phillips: martin.s.phillips@btopenworld.com
Greensleeves (Lawn Care)		
Help at Hand (Garden Maint)		
John Coles (Electrician/Property Maint)		This Month's Photo Contributors
Norfolk Asphalt Driveways		Our thanks go to everyone below who submitted
The Norfolk Sweep (Chimney Sweep)		and gave permission for the images included
Norfolk Woodburners (Installations)		this month.
Paul Cox Electrical		
Power-Medix (Electrician)		COVER: Matthew Synge
R P Pest Control		PAGE 11: Rachel Garrod
Richard Roos (Property Maint)		PAGE 16: Wendy Cotterill
S&C Window Repairs		PAGE 19: Susanna Wade-Martins
Tree Work East		PAGE 23 Peter Wade Martins
Tufted Interiors (Carpets & Flooring)		PAGE 25: North Elmham Primary School
Worzels Roofing		PAGE 31–33: Dave Appleton
		PAGE 34: Millie Fisher
Firewood		PAGE 39: Sarah Felton
Mark Bane (prev MB Logs)	4	PAGE 41: Martin Phillips, Colin Allen
Mark Tasker		PAGE 43: Phyllis Chittock
Funeral Directors		
Fakenham & District Funeral Services	10	
H Brett & Sons	38	
Littleproud & Son	6	



# NORTH ELMHAM PARISH COUNCIL

### **PARISH COUNCILLORS**

**Chair:** Paul Grainger, 01362 667135 **Vice Chair:** Martin Phillips, 01362 668409

Ann Ferris, 01362 668580

Tom Fitzalan Howard, 07760 164515

Brian Gee, 01362 422799 Fraser Gillespie, 01362 422293 Ann Keeble, 01362 668216 Nick Markwell, 01362 668557 Michael Rayner, 01362 667859 Colin Smith, 01362 668585 Joe Sowinski, 07960 287528

# **PARISH CLERK**

Kevin J Webb, 01328 855046 northelmhampc@hotmail.co.uk

### **MEETINGS**

Held on 1st Wednesday of the month in the Pavilion at 7.30 pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

# **VILLAGE FACILITIES**

Allotments	Martin Phillips
Broom Green & Pound	To be confirmed, contact Parish Clerk
Cathedral Meadows	Tom Fitzalan Howard, Ann Keeble
Cathedral Ruins	Ann Keeble, Tom Fitzalan Howard
Eastgate Centre	Martin Phillips, Paul Grainger, Tom Fitzalan Howard
Millennium & Jubilee Wood	Joe Sowinski
Playing Field & Pavilion	Colin Smith, Ann Ferris
Prince William Wood	Nick Markwell, Brian Gee
Village Green	Colin Smith, Brian Gee
Footpath Warden	Ann Ferris

### **SERVICES**

Environment & Maintenance	Martin Phillips
Highways	Paul Grainger, Fraser Gillespie
Mid-Norfolk Railway Liaison	Michael Rayner, Nick Markwell
Planning	Michael Rayner, Martin Phillips
Street Lighting	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Tree Warden	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Website	Martin Phillips

### **PARISH CHARITIES**

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information elmham.org.uk/parish-council/village-charities.

# **NORTH ELMHAM DIRECTORY**

Elmham Surgery, Holt Rd - 01362 668215	Group website: elmhamsurgery.com

Surgery Opening Times Mon, Tue, Thur, Fri 8.30 am–6.30 pm, Wed 8.30 am–6.00 pm

Swanton Morley Surgery, Dereham Road - 01362 638100

Surgery Opening Times Mon-Fri 8.30 am-6.00 pm

**Elmham and Swanton Morley Dispensary** 

Dispensary Opening Times Mon, Tue, Thur, Fri 8.30 am–12.00 pm, 2.00 pm–6.30 pm

Weds 8.30 am-12.00 pm, 2.00 pm-6.00 pm

**Other Useful Contacts** 

NHS Medical Help Dial: 111 111 online: 111.nhs.uk

POLICE: Non Emergency Dial: 101 - EMERGENCY Dial: 999

Breckland District Councillors	Gordon Bambridge Bill Borrett	01603 881364 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
Nth Elmham CEVA Primary Academy	Mrs Carol Jeary, Head Teacher	01362 668318
Chair of Governors	John Robson chairofgov@flourishfed.co.uk	
Memorial Institute	Bookings: Kayleigh, elmhammemorial@outlook.com	07595 637031
Pavilion	Bookings: Ann Ferris, p.ferris84@yahoo.com	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Wobsito	www.olmham.org.uk	

Community Website www.elmham.org.uk

Dereham Library, 59, High Street, Dereham, NR19 1DZ - 01362 693184

Opening times: Mon-Fri 09:30-19:00, Sat 9:30-16:00, Sun 10.00-16.00 (Open Library access only)

Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Power Cut (24 hours)	0800 31 63 105
Samaritans		116 123
Citizens Advice Bureau	www.ncab.org.uk	0800 144 8848

Citizens Advice Bureau	www.ncab.org.uk		0800 144 8848
Clergy - All telephone no	umbers local code (01362)	l de la companya de	
Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
	Reverend Richard Turk	revdrichardrwv@gmail.com	07721 035009
Roman Catholic	Father Jay T Magpuyo	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Diana Bennetts	dereham@salvationarmy.org.uk	696341
Church Wardens			
Elmham	Michael Newey		668424
Worthing	Celia Daniel		668928





# NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres, Batteries, Exhausts & Restorations

# Mobil 1

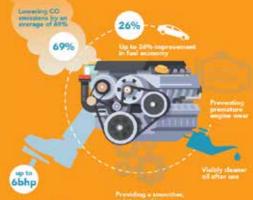
SERVICE CENTRE

Monday - Friday 8:30am-5:00pm Saturday 9:00am-12:00pm

Station Road, North Elmham, NR20 5HH

Tel: 01362 668226

# Detox your engine



The UK's ONLY Multi Award Winning
Engine Decontamination Treatment is
now available here at North Elmham Service Station

You can enjoy IMPROVED FUEL ECONOMY and RESTORE ENGINE PERFORMANCE North Elmham Service Station now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines

# GREEN AWARD UK AWARD WINNER OUR CUITORIES lave us

# The ONLY Engine Decontamination Treatment available in the Dereham area

Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance

# Benefits include:

- Increased Miles Per Gallon
- Drastically reduced exhaust emissions
- Prolonged engine life
- Reduced engine internal friction allowing smoother running
- More efficient oil flow around engine



01362 668226 Station Road North Elmham Dereham Norfolk NR20 5HH

