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EDITORIAL

Looking back over the last month, we in East Anglia, seem to have missed the worst of the weather that other parts have been subjected to. We also tend to be in a quieter county compared to the rest of the country, no main motorways, proposed industry and huge developments but of course that can all change in the future. We can only look across the pond and into Europe to count ourselves lucky. We of the older generation can often be heard saying "We've had the best of times" and then worrying that our children and grandchildren face a world of huge change and upheaval.

Meanwhile, our village life goes on; there are buses, we do have a surgery which dispenses medicine, a school, two pubs, a garage and a busy shop plus a Post Office and an excellent tea shop. There's a sports playing field and a lovely village green plus an incredible set of ruins and a wonderful church together with two sets of woodland for our relaxation.

For a relatively small village, there are numerous clubs and societies for young and old and, as we found out during Covid, lots of villagers prepared to help their neighbours in their time of need.

You will see that Theresa has put a plea in for help with a possible Christmas/New Year Panto and this will generate a lot of interest and enthusiasm that only a good community can engender. Have a look at what's needed and see if you could be persuaded to join.

Talking of help, please read School News and see that they need stuff and I'm sure many of us could find items for them.

Thank you for donations goes to our regular donors on Station Road and an anonymous gift from a resident on Billingford Road. We really do need your donations to keep the magazine as a freebie, and any amount is most welcome.

This month's cover photo features the cast iron mileage plate set into the wall opposite Lawes Court. Likely placed there in the 18th century... we always wonder which route travellers took to get to London.

DISCLAIMER: The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

NEXT DEADLINE: 14TH MARCH

We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

VOLUME 48: ISSUE 2

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www.elmham.org.uk



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COULD WE FIX IT? YES WE COULD!

A brilliant initiative in our neighbouring village of Reepham could offer an inspiring model for our own community. The Fixery, which opened its doors in February 2024, is a volunteer-run repair café where residents can bring their broken items to be fixed, completely free of charge.

The concept is brilliantly simple: skilled volunteers help repair everything from picture frames to PCs, clothing to vacuum cleaners. Rather than simply fixing items and sending people on their way, these 'Fixers' share their knowledge, teaching visitors how to handle repairs themselves where possible.

With the cost of living continuing to squeeze household budgets, and growing awareness of our environmental impact, a repair café could be a valuable addition to our village. Instead of throwing away that temperamental toaster or declaring those torn jeans a lost cause, imagine having a local hub where experienced volunteers could help breathe new life into them.

The Reepham initiative has shown that these repair cafés can serve multiple purposes. Beyond the obvious financial benefits to residents and environmental advantages of keeping items out of landfill, they create a space for community connection and skillsharing. Someone skilled with electronics might help fix your radio one week, while another volunteer could show them how to hem trousers the next.

While the service is free, visitors to The Fixery can make optional donations to cover basic supplies like adhesives and spare parts. The model relies on volunteer expertise, and Reepham has shown there's no shortage of people willing to share their repair skills with neighbours.

Could we replicate this success in our village? We'd need to gauge interest from potential volunteers with repair skills, find

a suitable venue, and source basic tools and equipment.

If you'd be interested in helping establish a repair café here, whether as a volunteer 'Fixer' or helping with organisation, please get in touch. Together, we could create a valuable community resource that helps our residents save money while reducing waste - one repair at a time.

North Elmham Living Sustainably (NELS)

LETTER TO EDITORS

Following on from last month's letters regarding irresponsible dog owners.... I was pleased to see that generally the amount of rubbish down the railway walk has lessened. However there still remain the unpleasant green dog poo bags scattered about. I picked up eight today. I really don't enjoy doing it but I can't just leave them there. Please can I ask the people who do this to stop. If you have a dog it's your responsibility, not mine, to take away it's mess.

Whilst on the subject of litter, I picked up several beer cans at the top end of the railway line coincidentally (?) by the site where the new houses are being built.

From a Frustrated North Elmham Womble



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GARDENING CLUB

On Thursday 27th March at 7.30 pm, our speaker , Julia Stafford-Allen of the National Gardens Scheme will be telling us about the excellent organisation which produces, the "Yellow Book" of gardens that are open to the public during the year. We are fortunate that we have visited her fabulous garden in Castle Acre in the past and look forward to renewing her acquaintance.

If you are interested in visiting gardens, why not come along and join us for a modest fee of ± 3.50 which also includes scrumptious refreshments.

The committee have been working hard to produce the Schedule for the Annual Garden Show which this year is on Saturday 2nd August . They will be available shortly so that you can look at the categories and get planning and seed buying. Anyone can enter and this year, with the active help of the Countrysiders, there will be more classes for young people. Keep an eye out on our Facebook page

Meg White

CYSTIC FIBROSIS EASTER BINGO

Easter Bingo, North Elmham Memorial Hall on Monday 14th April with eyes down at 7.30 p.m.

Various prizes have been received so far, including various days out in Norfolk, tickets to Fakenham Races, a photo sitting in Norwich, bottles of wine, lots of Easter Eggs and much, much more.

Look forward to seeing you there.

Sharon

KNIT AND NATTER

A good fresh feeling to the group this month. Some of our members have been in touch with local care homes, hospitals, and charities, and have collected many ideas of what is needed, and what we can provide, over the next few months. For example, all sizes of woolly hats, for patients who are undergoing cancer therapy.

The care homes are still asking for the knee blankets, which we make by sewing knitted squares together. Easy and interesting, putting all the colourful pieces together and maybe adding a flower or heart or two. These are needed at any time of the year.

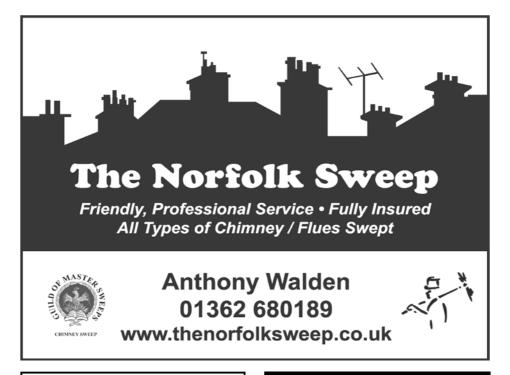
Many thanks for all the wool that has been given to us this month. A special thank you to Pat and her family for bringing in 5 bags full of brand new wool. Pat was one of our first members, 12 years ago, but is now, unfortunately, too ill to join us. Our thoughts are with you Pat, and still remember all your lovely crocheted blankets.

Our next project, no doubt, will be to knit items to sell on our stall at the Garden Fete on May 18th. Lots of new ideas floating about for the "pick out a pin" game. Don't tell the children, but they all win something.

Next meeting on March 4th 2-00 til 4-00 in the Pavilion, everyone welcome.

Happy knitting,

Eileen Cotterill 01362 668380.



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APPROVED CLEARVIEW STOCKIST

NORTH ELMHAM PANTONIME

ANYONE READY FOR THE NEXT PANTO? OH YES YOU ARE!!

So... I am putting this out there as to who would be interested in participating in another PANTO ready for CHRISTMAS/EARLY JANUARY 2025/2026?

As you all know, it is a lot of hard work for everyone, but helpers and performers (like you) make this happen to bring our community together. If you have heard about our last CINDERELLA PANTO 2020, I hope it was all good, as we really had so much fun along with raising funds for our lovely village.

Can you please let me know if you are interested very soon, as I will need to start progressing early March? Depending on response from this advert, I propose a meeting in the Memorial Hall as soon as possible. Whether you are an actor, performer, singer, make-up artist, painter, back-stage help, ice-cream/bar assistance, marketing, pianist, sound, techy person, I NEED YOU!

Hopefully we can ALL make this happen and resurrect some fun and laughter for everyone.

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NORTH ELMHAM PARISH COUNCIL MEETING

WEDNESDAY 8TH JANUARY 2025

The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Public Participation: Mention was made again of the condition of 55 Eastgate Street. It has been empty for a number of years. The roof is collapsing, the windows are falling out and it is considered dangerous. The Clerk had notified Breckland Council. An acknowledgement has been duly received with an advice that the matter has been assigned for staff to review. A reference number of 6923-7569-8133-7500 has been allocated.

It was also felt that a new Community Hall is essential for the village.

Councillors Present Were: Mr. P.

Grainger (Chairman), Mr. M. Phillips (Vice Chairman), Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mrs. A. Keeble, Mr. M. Rayner and Mr. F. Gillespie.

Also in Attendance: Mr. K. Webb (Clerk), Mr. G. Bambridge (District Councillor) and two parishioners.

Apologies for absence: Mr. N. Markwell and Mr. C. Smith.

The District Council has been advised of the vacancy on the Parish Council and the necessary documentation will be circulated in the near future to enable the co-option process to commence.

UPDATED INFORMATION AND MATTERS ARISING

Land Management Matters

Village Green: Work on repairs to the zip wire have been done. Dog fouling is still

occurring. Mr. Gee has cleared part of the tree that fell down. Attempts have again been made by unknown people to block the stream.

Broom Green: The Chairman is to speak to the Broom Green representative.

Millennium Wood (and Jubilee Wood): Some fallen down trees have been removed by a volunteer.

Church Meadow: The new trench is still working well.

Allotments

All allotments are now let.

Street Lights

A letter had been received from Debra Wicks of Amey, a national street lighting company with a local presence. They manage Norfolk County Council's street lighting and signs. One of their duties is to respond to and make safe any damaged, fallen or unsafe lighting units reported out-of-hours (5pm to 8am during the week and at weekends). They have asked for our Parish Council contact during working hours if a need arises and also details of our maintenance contractor.

Highway Matters

No progress has been made in the matter regarding the temporary bus stop near the County School Station junction. It is regarded as unacceptable that no solution has been forthcoming from Norfolk County Council and/or the bus company. The Clerk will make Matt Lines, Highways Engineer, aware of the members' feeling on this highly unsatisfactory and potentially dangerous situation.

Pavilion and Playing Field

Miss Ferris reported that work on the showers has been completed. She had confirmed with Breckland Council the booking of the Pavilion in May for the



Partners

Dr S M Carroll Dr A Brun Dr A Griffiths-Jones Dr R J Spooner

www.elmhamsurgery.com

 Staff Training – We have been exploring ways to provide staff adequate time to complete mandatory training without disrupting patient's clinic times. After careful consideration it has been decided to implement a monthly two-hour closure, rather than a half-day closure. This is time where there would be no GP clinics running and therefore will minimize the time taken away from our patients. Below is a list of these planned closures for the remainder of the year.

Elmham lunch time closures				
Date	Time			
06/03/2025	12:00 - 14:00			
03/04/2025	12:00 - 14:00			
01/05/2025	12:00 - 14:00			
05/06/2025	12:00 - 14:00			
03/07/2025	12:00 - 14:00			
07/08/2025	12:00 - 14:00			
04/09/2025	12:00 - 14:00			
02/10/2025	12:00 - 14:00			
06/11/2025	12:00 - 14:00			
04/12/2025	12:00 - 14:00			

- Covid Clinics We will be restarting the covid clinics, starting with the spring campaign in April. This will be only for Elmham and Swanton Morley surgery patients and will include our care homes and our housebound patients. Further updates will follow.
- Opening Times There may be some restriction with the opening times on reception at Swanton Morley until the end of March 24. Any changes will always be added to the website and Facebook pages. The disruptions will not affect the dispensary. Below is a list of our usual opening times.

Elmham Surgery opening times		Swanton Morley Surgery opening times		Elmham Dispensary opening times		Swanton Dispensary opening times	
Monday	08:30 - 18:30	Monday	08:30 - 18:00	Monday	08:30 - 12:00 14:00 - 18:30	Monday	08:30 - 12:00 14:00 - 18:00
Tuesday	08:30 - 18:30	Tuesday	08:30 - 18:00	Tuesday	08:30 - 12:00 14:00 - 18:30	Tuesday	08:30 - 12:00 14:00 - 18:00
Wednesday	08:30 - 18:00	Wednesday	08:30 - 18:00	Wednesday	08:30 - 12:00 14:00 - 18:00	Wednesday	08:30 - 12:00 14:00 - 18:00
Thursday	08:30 - 18:30	Thursday	08:30 - 18:00	Thursday	08:30 - 12:00 14:00 - 18:30	Thursday	08:30 - 12:00 14:00 - 18:00
Friday	08:30 - 18:30	Friday	08:30 - 18:00	Friday	08:30 - 12:00 14:00 - 18:30	Friday	08:30 - 12:00 14:00 - 18:00
Saturday	Closed	Saturday	Closed	Saturday	Closed	Saturday	Closed
Sunday	Closed	Sunday	Closed	Sunday	Closed	Sunday	Closed

local election. A small invoice had been received from Nurture but it was not apparent what this was for. Therefore, clarification has been sought.

Brookside Development Update

A double electric charging point has been installed. The Chairman will contact the developers and Mr. Phillips will speak to the solicitors for an update on the current position.

Overview of Parish Council Financial Situation

The Chairman has contacted Cambridge Building Society and is now an authorised signatory on the account.

Defibrillator

Miss Ferris reported that the battery expires on 9th February, 2025 and a new one has been ordered. The invoice will be issued in the name of North Elmham Parish Council

Archive Group Records

The need for cabinets and files to store the documentation remains. The Chairman will liaise with Mr. Smith.

Possible Trod (path) on Back Lane

Mr. Gee had measured the required distance for a trod on Back Lane at about 800 yards. Mr. Rayner suggested that no action should be taken until it was known whether there was to be any development along this road. All agreed.

Parish Charities Update

Mr. Phillips confirmed that two charities had been cancelled and the Bank accounts are to be closed.

Christmas Arrangements

Elmham News had taken out separate insurance cover for the switch-on of the Christmas lights. This had previously been regarded as an Elmham News event and will continue to be so. The cost of the cover was £55.51 and it was agreed by all, on this occasion, to pay this amount (proposed by Miss Ferris and seconded by Mr. Rayner). The Clerk will check the Parish Council's insurance cover in this matter with the insurance company.

New Village Hall

It was acknowledged by all that the village needs a new Community Hall and efforts should be commenced to make this happen. Clearly, this will be a project requiring much work and commitment over a number of years. Several important contacts have already been identified.

Members expressed a range of views and it was agreed to form a sub committee with the aim of holding a first meeting before the next Parish Council meeting on 5th February.

Ward Report January 2025 Cllr Gordon Bambridge, Upper Wensum Ward

Mr. Bambridge had forwarded the following report which had been circulated to all members prior to the meeting.

Happy New Year

1. The Local Plan is still paused until national government makes clear how we accommodate the increase in target numbers for housing under the new rules We are likely to have some updates on this during January.

2. Consultation on charging for car parking in the district. Is now ended we are looking forward to it being an item on Council, Cabinet and Scrutiny meetings - I am still placing parish views with the relevant cabinet members or officers.

Repeated from last report

Of course as your local member I pass on all comments directly and unedited.

CLUBS & ORGANISATIONS

GROUP

Archive Group Art 4 All Norfolk Bowls - Institute Bowls - King's Head Brisley & North Elmham Cricket Club Countrysiders Elmham Football Club Elmham News **Elmham Surgery Patient Participation Elmham Tennis Club** Friends of North Elmham School Gardening Club Guides Knit and Natter NELS (North Elmham Living Sustainably) North Elmham Trailblazers **Reading Group Royal British Legion** Sewing for Pleasure SINE (Help) Snooker Mon & Fri Snooker Wed Tea@Two The May Singers Walking Football Walking Group Wensum Valley Birdwatching Society Wensum Valley Miniature Railway Wives + All Yoga **Young Farmers**

CONTACT

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Those who have followed this matter will be aware that car parks in Breckland cost the council almost half a million pounds a year in management and maintenance, plus business rates. My personal opinion has always been that this is a burden which should be borne by the user and not the rate payer. Breckland are aiming that the income should be 'cost neutral' but that any excess be used in the town for which it is earned.

I am happy to discuss this with groups in your village including the parish council. But my feeling is that this council tax money is better spent on that additional services Breckland provides.

3. Flooding, has been prevalent over the country, but seemingly less so in Norfolk over Christmas period. I have had some close calls at home last week, and will be attending 2 IDB meetings next week, the regional Flood meeting at County Hall on 31st and the ADA Environmental meeting in Peterborough on 5th Feb.

I represented this district, and by default this ward, at the two meetings in London before Christmas where problems we are suffering from were brought to national attention I normally produce a written report for each meeting which in presented to Breckland via the Overview and Scrutiny Commission, but it can also be made available to parishes and if thought valuable to your local newsletters. Please ask or check that website and download.

4. Meetings. Can I remind you that key public interest events at Breckland are broadcast live on YOUTUBE and include many meetings such as all Full Council meetings, Planning, Scrutiny and Cabinet. These can all be viewed on the Breckland Youtube channel at any time.

Key decisions discussed at cabinet this week were Breckland's medium term budget including the good news we expect to produce a neutral budget again next year.

Council will be 10.00am on 16th and the main budget setting meeting on 20th February. Planning for 14th January is cancelled, OSC is 30th January at 10.00am.

5. Highways. We are all aware of fast progress along the A47, and somewhat more problems with the Western Link, but these roads are important to all of our ward so please - if you have concerns do contact me. I know it is not a Breckland matter, and you may have better contacts, but it does help with my lobbying if I can be up to date with problems

6. General Perhaps I can remind you that with 15 parishes in the ward and frequently several have meetings on the same evening, plus an increasing number of Breckland or outside body meetings held during evenings which have important implications for us all, and I attend on behalf of us all, I cannot attend every meeting of your parish councils. What I can do is meet with councillors or parishioners outside of the parish council cycle, either in your parish or in Breckland. I have had four such meetings since my last report. Some with the added bonus of inclusion of specific Breckland officers in attendance.

County and District Councillor, Mr. Bill Borrett, had also forwarded a detailed report which was duly circulated. This has been posted and can be seen on the website https://www.elmham.org.uk/

Planning Applications and Determinations

a) Applications

i) The Planning Inspectorate, Bristol – Town and Country Planning Act 1990 – appeal re The Chapel County School, North Elmham – dismissed.







invite you to our

Spring Fair



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ii) 48 Station Road – create dormer roof on rear elevation – PL/2024/1130/HOU – no comments.

iii) Carolann, 95 Eastgate Street – reduce height and width of an eucalyptus tree – PL/2024/1173/TCA (sent for info only).

b) Determinations

None

Correspondence

1) Notification of the start of the consultation process for the event "Field Manoeuvres" to be held at Sennowe Park in August, 2025.

2) Police message advising of an emerging crime series with Cemetery buildings being targeted, with expensive garden equipment being stolen.

3) Advice from Barclays of a reduction in credit interest rate from 1.40% to 1.35%.

4) Communication from Amey regarding procedures for unsafe street lights.

5) Leader of Breckland Council expressing concerns regarding proposed Government changes for planning committees.

6) Letter of thanks from North Elmham PCC for the agreement to make an annual grant of £2K available for the next three years.

BRISLEY AND NORTH ELMHAM CC

As we approach spring, players are preparing for the upcoming season by attending indoor nets sessions and the ground workforce is gearing up on preparing the wickets and outfield for the end of April. Any new players wishing to attend nets should contact Ollie Hall on 07387 184473 for more information on times and venues. At the AGM of the Norfolk Cricket League held in January, it was confirmed that the Saturday First team would defend their title in Division 1 West where there will be new opposition in the promoted teams from Ketteringham Hall, New Buckenham and Sandringham A. The Saturday 2nds have been transferred to Div 4 West which should make travel less onerous, and they will be in a League with teams from the west and centre of the county including local rivals Beeston A and Fakenham C.

Congratulations to Tom Donnelly who had been elected as Midweek captain and as well as defending the Norfolk League T20 Cup, the club has entered the Hunts County Bats competition where there will be opposition from Alliance teams which should test the strength of the team.

Mark Ballman

BRISLEY QUIZ

Saturday 22nd March

Brisley Village Hall

Doors open at 6pm, quiz starts at 7.00 pm.

All proceeds towards Brisley & North Elmham Cricket Club changing rooms and Junior Cricket.

Entry is £20 including food or £10 without food.

Fish, sausage or veggie - all with Chips from Drifters.

Teams of 4 to 8 people

Book your table contact Sara Fordham:

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NORTH ELMHAM COUNTRYSIDERS

What a great start to the year we have had.

We began our year's meetings with Sports Day Prep, practicing Badminton and relay races. Sports day was held at Langley Prep School, Taverham, where our Countrysiders came home with 1 x 1st. 2 x 2nds and 1 x 4th. A great team effort with a large proportion of the club taking part in Rounders, Badminton and Relay races. Very proud Leaders and parents. Our 2nd meeting of the year was our good friend Joe Savory. A former forest schoolteacher, who has some amazing games ideas tucked up his sleeve. From noodle beards to pinecone picking races, the Countrysiders had an amazing night. We must thank North Elmham YFC, our senior club who have attended our meetings and joined in.

Lastly this week we had the very talented parent of one of our Countrysiders, Nessa Pratt come along and give us a lesson on Needle felting. We invited parents to stay as well and have a go. Everyone enjoyed the evening, and some wonderful creations were made.

Our next meetings are:

Sunday March 2nd: Cake Stall at North Elmham YFC Club's Ploughing Match.

March 10th: Pancake Fun.

March 24th: Easter Quiz & Easter Egg Competition.

Easter Break 7th-22nd April.

We are hoping to run an Easter Family Bingo/family fundraiser on April 7th . This is TBC. More information to follow.

We meet every other week on a Monday, term time only, 7pm–8.30pm at the Memorial Hall, unless otherwise stated.

For more information call or message Wendy 07557388228 or email north_ elmham_cs@norfolkyfc.co.uk. we can also be found on Facebook and Instagram

WIVES PLUS ALL

The first monthly meeting of Wives Plus All for 2025 took place on Thursday 13th February at 7 pm in the Memorial Hall,North Elmham. This meeting was the Wives Club AGM. After a report by the Chair Gloria, regarding the Club's successful activities in 2024 thanks was given to Secretary & Treasurer Gill for arranging interesting speakers and social events at monthly meetings in the Hall and also for arranging trips out including to Dale Farm, Zoe's Goat Farm and a coach trip to see Thursford's spectacular Christmas Show. All events were enjoyed by members.

Thanks were also given to Dawn for arranging the refreshments at monthly meetings and the rota for cake provision volunteers. John and June were also thanked for running the raffles at meetings.

The Officers - Chair Gloria, Vice Chair Sheila and Treasuer & Secretary Gill along with all members of the Committee were re-elected en bloc.

After the AGM had been finalised members were given a very interesting talk by North Elmham's own Honey Maker Mr. Vic Leader and his wife Geraldine entitled "To Bee or Not to Bee", outlining the monthly tasks as bee keepers they are required to undertake in order to produce their delicious honey. Thanks go to Vic and Geraldine for enlightening Wives Plus All members on Bee keeping.

The next meeting of Wives Plus All will be in North Elmham Memorial Hall on THURSDAY 13th MARCH 2025 at 7.30 pm when there will be an illustrated talk about Modern Day Weather Forecasting given by Chris Bell the BBC Weatherman.

There will be refreshments and a raffle. ALL WELCOME

Ann Ferris



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FAITH IN HUMAN NATURE RESTORED

A couple of months ago I had been to Dereham to do some shopping and on the way home I suddenly remembered I needed some eggs. So I went to the green shed on the way to Billingford and bought 6 eggs. I came home, put the shopping and eggs away and then the phone rang.

A man's voice said very quickly "Thank goodness I have found you, you wouldn't believe the run around I have had to find you." Thinking it was a wrong number I said "sorry, who are you" and the voice said "You left your purse wide open in the egg shed beside where you paid!" I couldn't believe what I was hearing. I never leave my purse anywhere, what on earth was he saying? So I said "Hang on" I was so sure my purse was in my handbag so I dashed in to look... and you have guessed, it wasn't there.

I went hot and cold, how stupid I had been. I remembered opening my purse and counting the correct cash out and putting it in the slot in the wall then turned round and collected the eggs and obviously just went out to the car.

The gentleman went onto say he knew if he left my purse it would very likely be taken and anything of value would go. My heart was beating like anything as I was trying to remember just what was in it, my driving licence, banking card, various other things, nothing of value but important to me. He went on to apologise for going through everything in my purse hoping to find a telephone number, to no avail. However in my purse was a bill from the Mobility shop in Dereham which I had just paid and this kind gentleman rang them and persuaded them to give him my telephone number so he could let me know the purse was safe.

I asked him his name and more importantly where did he live, he lives in Bawdeswell so I said I'll be 10 minutes.... So I flew there. He was waiting on the doorstep. I threw my arms around him and gave him a great big kiss, he said "I haven't had one of those for a long time!"

We had a chat and I said how grateful I was and how stupid I had been.

We parted after my profuse thanks and I drove home very soberly thinking it must never happen, ever, again.

Janet Woodhouse

DEREHAM WALKERS ARE WELCOME

Please come and join us for a walk in the local area. We have two regular walks each month. Our shortest, easiest walk of around two miles is on the second Tuesday of the month and a slightly longer one of around four miles is on the first Friday of the month.

We have a longer walked planned for the middle of May which will involve catching a bus to Beetley and walking back to town.

For up-to-date information, please check our website www.derehamwaw.org.uk.

Contact Ken Hawkins: Email: ken-hawkins@tiscali.co.uk or call him on 07505 426750.





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CARING FOR THE CHURCHYARD

It is a tradition at Christmas time to put wreaths on the graves of friends and family who have passed on, and it is lovely to honour and remember them in this way.

But flowers die and wreaths wilt and become a nuisance when the grasscutting season begins. For this reason it is the policy of the Parochial Church Council to remove any that are left on graves after the end of January. Accordingly, these were removed mid-February.

With the help of extra funding from the Parish Council we are pleased that we will now be able to cut all the grass in the new churchyard. The new contractor will begin work from April when the growing season begins and to enable him to make a tidy job, graves have to be clear of items and flowers must be left on the plinth below memorial stones. Plastic flowers are not allowed. (A summary of the diocese's regulations are on the notice board near the entrance to the churchyard). Any items left on graves that are not cleared by the end of March will therefore be removed and left in the tower room at the church to be collected.

We look forward to a tidy and well-kept churchyard which will be a pleasant place to remember our loved ones.

Susanna Wade-Martins PCC Secretary

MARON DATES TO REPERIDER							
Sun 2nd	Countrysiders- Cake stall	NEYF Ploughing Match					
Tue 4th	Knit and Natter	Pavilion	2.00 pm				
Wed 5th	Parish Council	Pavilion	7.30 pm				
Mon 10th	Countrysiders - Pancake fun	Memorial Hall	7.00–8.30 pm				
Wed 12th	Tea at Two	Memorial Hall	2.00 pm				
Thu 13th	Wives+ All: Modern Day Weather Forecasting, BBC Weatherman Chris Bell	Memorial Hall	7.30 pm				
Mon 24th	Countrysiders - Easter Quiz	Memorial Hall	7.00 pm				
Wed 26th	Mobile Library visits	The Heath to Orchard Close	1.15–4.40 pm				
Thu 27th	Gardening Club-National Garden Scheme	Memorial Hall	7.30 pm				
	Royal British Legion	The King's Head	8.00 pm				
DON'T FORGET							
Wed Weekly	Norwich Bus	Bus Shelter by Pavilion Opposite Orchard Close	9.37 am 9.39 am				

MARCH DATES TO REMEMBER

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WENSUM VALLEY BIRDWATCHING SOCIETY

Wensum Valley Birdwatching Society (WVBS) has a full programme of indoor and outdoor events for 2025. There will be at least one outdoor trip every month, and as usual we began the year with our Annual bird count. This is held on the first Sunday of the month of January, and small teams of members try to see as many species of birds within the WVBS recording area as they can. There is a trophy for those with the highest count, won this year with an incredible 77 species. Not everyone is competitive however, and it is perfectly acceptable to take your own time to wander the valley and note what you see. Everyone gets to enjoy the tea and cakes get together at the end, where notes can be compared, and the results make a good start to our recording for the year. This year 30 people took part, in spite of the very wet weather. The total number of species recorded was 86.

Before Christmas a small group of us visited Hempton Marsh, a Norfolk Ornithological Association reserve within our patch, near Fakenham. It had been a slow winter for visiting finches such as Siskins and Redpolls, so it wasn't surprising that we didn't find any in the alders as we had hoped. We did find a single winter Thrush, a Redwing, and both Tree-creeper and Nuthatch were seen. After an hour or so on this small reserve we moved round to Sculthorpe Moor. where we did indeed see more birds, although still no Siskins. We were treated to many excellent views of Marsh Tits and Greenfinches, once birds that would have felt very ordinary but are much harder to find these days. Perhaps my favourite bird was the lovely Grey wagtail that was feeding in the cut reeds behind the Tower hide, although many might have been

more impressed by the Great White Egret at the Wetland hide. This year the January visit to Holkham was a great success, and an account will appear in my next report.

Our last indoor event of the year is always a social one, and this year we were treated to a rather eccentric guiz by Mark Avery. I don't think group scored very highly, but it was great fun to work up our appetites for the usual great selection of dishes brought along by members. 2025 is off to a great start with an excellent talk by Steve Stansfield, warden at Bardsey Island, about the Manx Shearwaters that nest there. We learned so much about the bird and their habit, and many members expressed their sense of privilege in being informed about so much recent and ongoing research. Full accounts of all meetings appear on our website, WVBS.com

Forthcoming Events

Indoor meetings

These are held at Great Witchingham Village Hall on the third Thursday of each month. Visitors are welcome for a small charge (£3.00).

Thursday 20th March – Dawn Balmer of BTO on the work of the rare breeding birds panel.

Outdoor meetings

Saturday 29th March – RSPB Snettisham for the Wader Spectacular.

Full details of outdoor meetings can be found on the website - WVBS.co.uk

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ROYAL BRITISH LEGION

The Meeting was held at The Kings Head on the 30th January at 8pm with 9 members present.

Ian confirmed that all monies from The Poppy Appeal had been passed along to the relevant dept.

A photograph was taken of this year's branch committee from L/R, Ian Taylor Vice Chairman, Andrew Marsh Chairman and Standard Bearer, Eileen Bent, President, Mike Aston Secretary, Nigel Parker Treasurer.

Should anyone consider joining the branch, please contact any member of the committee. Our next meeting will be held on 27th March at the The Kings Head at 8 pm. I would also take this opportunity to thank Steven, Kelly, Laura and all other staff for their hospitality in providing the branch with a venue.

FRIENDSHIP AND FLOWERS

Fakenham & District Flower Club

Tuesday 4th March

"Let's go to the Flower Shop"

With

Rachel Borenkova

7.30 pm at Hempton Memorial Hall Hempton, Fakenham NR21 7LG

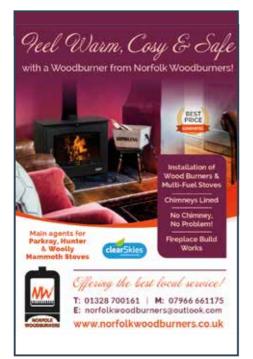
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ELMHAM WILDLIFE







This month I'm going to write about a butterfly, the Brimstone. It may well be the next butterfly you see as they're usually one of the first to emerge in early spring. Indeed if there's been a warm spell in the time between me writing this and you reading it then you might have seen one already – I've seen them as early as mid February before, though most years I don't see them until March.

If you do see a bright yellow butterfly here in the next month or two then it will be a Brimstone. Most likely you'll see it fluttering by but if you manage to follow it until it lands you may be able to get a better look at it. But for an insect that looks so obvious when it's flying around it can be hard to see when it lands. If you're lucky it might land on something darker like dead leaves so it shows up better (photo 1).

Different butterflies hold their wings in different ways. Many hold their wings flat, at least some of the time, which lets you see their upperwing colours clearly. In all the years I've been looking at wildlife I have never seen a Brimstone open their wings except when they're flying. If you do happen to catch a view of their upperwings you'll see the males have an orange spot on each wing, most prominent on the hindwings. I only know this because I managed to capture a photograph of one with its wings open as it came in to land once (photo 2).







Typically male butterflies emerge a few days before the females begin to emerge. Female Brimstone is much paler yellow than the male – sometimes looking almost white. I don't seem to have many good photos of female Brimstone taken in North Elmham so here's one from Foxley Wood (photo 3).

Female Brimstones lay eggs from around May and after that you don't see adults very often until the next generation emerges.

I couldn't remember what plant Brimstone caterpillars feed on so looked it up. I'm surprised to read that they feed on Buckthorn and Alder Buckthorn. Surprised because I didn't think either plant was particularly common round here whereas the butterfly is very common. Maybe I've just overlooked the plants? I remember seeing a Buckthorn sapling along the railway shortly before the area was cleared by the railway company, but maybe the plants grow round here more than I realised.

Anyway, once the caterpillars have finished feeding they pupate (becoming chrysalises) and then the fresh new adults emerge in around August. I sometimes see them on my Buddleia (photo 4) but I never see nearly as many Brimstones in the summer as I do in the spring. They must be out their because the ones we see in spring are the same ones that emerged in the summer – we see them after they've spent the winter hibernating. There aren't many butterflies that you're likely to confuse with a male Brimstone in the UK (on the Continent the Cleopatra is quite similar but with more orange on the wings). The only other yellow butterfly here is the Clouded Yellow, a migrant species that is usually very scarce in Norfolk but every few years lots turn up. I've only ever seen one in North Elmham and it didn't stop for a photo so I've used photos from elsewhere. Clouded Yellow is smaller and has more rounded wings (photo 5) but the most obvious difference is easiest to see in flight (which is normally how you see them) as they have a broad black border to their upperwings. Like the Brimstone they never rest with their wings open so you can only see this when they're flying. I managed to capture a photo of the upperwing when one was taking off (photo 6).

The whiter female Brimstones could also be confused with the white butterflies such as Small White (photo 7) but as well as having a black corners to the upperwing these also lack the pointed, angular wing shape of Brimstone.

There's also a Brimstone Moth (photo 8) which is very common but unless you disturb one from its roost you're unlikely to see them flying during the daytime.

Look out for Brimstones next time it's a nice sunny day. Let me know what else you see – it's always good to hear what you've been finding. You can email me at appleton.dave@googlemail.com or phone me on 668431.

Dave Appleton



















NORTH ELMHAM CEVA PRIMARY ACADEMY

Our Class News

Acorn Class (Reception, Year 1 & Year 2)

This half term Acorns have investigated the changing weather, the children have created their own weather forecasts and discovered different types of weather that occur through the seasons. Acorns have explored different animal groups from mammals to insects, the children have been writing, drawing and creating their own. In art, Acorns have used a range of materials to make small sculptures like true artists! After half term we look forward to learning about plants and George Stephenson's History of transport which will link to our English story focus: The Train Ride.

Oak Class (Year 3 to Year 6)

Over the course of the past half term the children in Oak class have been working hard in their research around David Attenborough and our coastline. We have taken time to research and record observations on the changes to our world and in specific the beaches local to us.

The children have now completed their own independent writing based on David Attenborough where they have had to write their own biography about our iconic narrator.

Moving into next term we'll be focusing on coding ensuring the children can begin programming and creating their own systems based on algorithms.

Whole School News

Our Library has had a move of location. It is now situated in the loft area which was built two years ago. This is a lovely light space and the children are enjoying its relocation. We have also created a reading nook under the stairs. We are fortunate enough to have several reading volunteers who come in and listen to our children read and they are using this space with its comfortable sofa. The move created the perfect opportunity to have a sort through of our stock of books and the FONES will be selling old stock in a local supermarket (details to be confirmed!) to help raise funds for us.

If you have any books that you would like to donate to FONES, please hand them into the school office.

Crucial Crew

Before the start of the half term holidays year 6 attended an event aimed at giving them life skills in the world around them. This focused on their expectations and behaviour in the world around them from social media to their general life.

Swimming

Year 3 to 6 have been enjoying their swimming lessons at Gresham's. They have made excellent progress and we are so proud of all of the children.

Building Work Updates

The building works are well underway and we look forward to the new toilets being available to use in the Summer Term.

Friends of North Elmham School (FONES)

FONES are collecting unwanted Christmas jumpers to recycle, please hand in any unwanted jumpers into the school office.

There is a rag bank at school, which is available for all of the community to use. Please feel free to use this as this is a great way to raise money for the school.

SAVE THE DATE for our first community yard sale on June 22nd with further details to follow.

VOLUNTEERS DEEDED

Sunday 18th May 2025

Join us in creating a day of fun and memories at this year's village fete.

We're looking for friendly faces to help with:

- Setting up stalls and decorations
- Running games and activities
- Serving refreshments
- Welcoming visitors
- Clearing up afterwards

Whether you can spare an hour or a whole day, your help will make a big difference. If you can help please contact julia.hardwick@btinternet.com

find us on facebook 'Elmham Garden Fete'

Outdoor Materials

As we move into spring, we have been working hard to tidy and develop our outdoor learning space. We have been learning about conservation and making our outdoor space more appealing for our local wildlife. If you have any wooden off-cuts, logs, tarpaulin or pond liners, we would love to hear from you!

Please contact the school office if you feel you could help!

Do You Have A Child Who Will Start School 2025-2026?

If you are interested in a place for your child next academic year, we would welcome you and your child to come and look round our wonderful school and see what we have to offer!

Please contact the school office to book an appointment.

We also have places in other year groups so please contact the school office if you are interested in a place!

New Web Address

Please note our website has a new link www.northelmhamschool.uk

North Elmham Primary School Office Hours: 8:30am-3:30pm 01362 668318

OUR LOVELY VILLAGE SHOP

Reading the EDP with my breakfast on Wednesday, 12th February, it was a real treat to start the day with this lovely letter (opposite), highlighting a heartwarming experience at our very own North Elmham Stores. Thank you, Geoffrey, for taking the time to write and send it in, they truly deserve the accolade.

Sarah Felton

Kindness that should cheer us all up

In today's grim climate of bad news, here is an item to cheer us up.

I had just purchased a newspaper from North Elmham Stores on Holt Road. As I left the shop, I tripped and in doing so dropped my car keys. The keys fell through a drain cover, landing on top of the drain's filthy contents. There was no way I could lift the cover, and my car being automatic, neither could I move it away from the said drain I went back into the shop to see if there was something I could use to retrieve the keys. The shopkeeper quickly appraised the situation.

She fetched her daughter. The young woman, a student at university, tried many things and eventually, using a device rigged up by her mum, retrieved my car keys.

She had been lying prone in the gutter, and as result her jogging bottoms were badly soiled and her hands were quite dirty. I said I was so sorry to have put her and her mum through such an ordeal. The young lady smiled and said that she would have a shower, and go to uni. She declined my offer of financial recompense.

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FAKENHAM CHORAL SOCIETY

Mezzo-Soprano Judy Louie Brown to perform at Fakenham Choral Society's Spring Concert

Date: Saturday 22nd March at 7pm

Venue: Fakenham Parish Church

Renowned mezzo-soprano Judy Louie Brown will be performing Elgar's 'Sea Pictures' 'as well as the solo parts of the composer's The Music Makers at Fakenham Choral Society's Spring Concert on 22nd March.

Judy Louie Brown is a sought-after recitalist, opera and consort singer, and performs regularly with period ensembles the Dunedin Consort, La Nuova Musica, English Concert, Arcangelo, OAE and AAM, as well as larger opera companies, including Scottish Opera, Opera Rara, Nevil Holt Opera, and English Touring Opera.

'Sea Pictures' is a song cycle for mezzo soprano, consisting of five pieces written by various poets and premiered on 5 October 1899 at the Norfolk and Norwich Festival. The 1874 poem 'Ode' by Arthur O'Shaughnessy provides the text for 'The Music Makers', set in its entirety by Elgar and Hubert Parry's 'Blest Pair of Sirens' is a setting of John Milton's ode 'At a solemn Music.'

Mark Jones, musical director of FCS, says: 'Music Makers is a large-scale choral work with full orchestra, which, whilst being less well known, features familiar extracts from other of Elgar's compositions. This and 'Sea Pictures' will be complemented by Parry's rousing and joyful work, 'Blest Pair of Sirens'.

Tickets are available at www. fakenhamchoralsociety.org/about_us

Admission: Early bird price of ± 15 before 8th March; ± 18 after 8th March or on the door.



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CINNAMON CRISPY BISCUITS

In a great hurry one morning I needed to fill the biscuit tin. Unfortunately, I left an ingredient out BUT I made the best biscuits I have ever made and quite by mistake. These biscuits are the crispiest, crunchiest and most delicious ever, and I'd like to share the recipe.

INGREDIENTS

8oz/225g soft margarine (use only soft margarine)
8oz/225g demerara sugar
8oz/225g self-raising flour
1/2 level teaspoon ground mixed spice
2 level teaspoons ground cinnamon.

METHOD

Oven 200C/Gas Mark 6.

Lightly grease 2 or 3 large baking sheets.

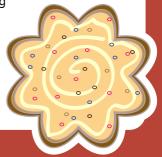
Measure all ingredients into a large mixing bowl and just work together until thoroughly mixed (the reason for using soft margarine). Spoon teaspoons onto baking sheet, leaving room to spread. I just pressed the tops down slightly with my finger.

Bake in oven for about 12 minutes until golden brown.

Leave to cool a wee bit then lift off with a spatula and finish cooling on cake rack.

ENJOY. Oh you'll love them. I do!

And the missing ingredient? Ah ha well that's for me to know you to wonder.



VILLAGE NOTICEBOARDS

We have four locked notice boards around the village in prominent positions.

One outside the Railway Arms, one on the side of the bus shelter near the Pavilion, one on the bus shelter at the bottom of Orchard Close and a final one outside school. These are available for village organisations to advertise their events and can be A4 or A5 in size.

Please drop them off to Meg White at 2 Cathedral Drive. Ideally they should only be on display for one month.

ST MARY'S CHURCH

Dear Friends,

'In like a lion, out like a lamb' – March may come in like a lion with wet and windy days, but it's full of spring promise as we emerge from the rigours of winter.

Easter is late this year (20th April), so Lent begins with Ash Wednesday on 5th March and, as the month draws to a close, we celebrate Mothering Sunday – or Mother's Day – on 30th March.

Mothering Sunday was originally a day when people returned to their 'mother' church where they had been christened,

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becoming a 'child' of the church. Over time, it became a day-off for people in service to visit their mothers and spend the day with their family. More recently, it has also become an occasion to remember mothers who are no longer with us and to hold in our prayers all those for whom the day may trigger memories of an unhappy childhood and those who have not been able to become parents themselves.

In the Church, Mother's Day is also known as Refreshment Sunday – a day of respite from fasting halfway through the long season of Lent. We keep up the tradition of fasting by giving things up for Lent, which can be quite a challenge, so the idea of a 'refreshment' day is certainly quite appealing!

The season of Lent itself echoes the 40 days that Jesus spent fasting in the desert after his adult baptism. He was tempted by Satan to turn his back on God and become a prince of this world, enjoying fabulous wealth and privilege. Resisting all temptation, he instead devoted himself to his Father God's service and ultimately offered up his life so that we may all become children of God, experiencing his abundant love and joy in this world and the next.

Are you giving anything up for Lent? If you are, you are following a long line of pilgrims throughout the generations preparing for Holy Week – the last days of Jesus' life before his crucifixion – and Easter itself, when Jesus burst from the tomb bringing new life and hope to a broken world. That hope, that promise of new life holds true for us today because of Jesus.

With blessings for a Holy Lent,

Revd Sally

WORTHING NEWS

Sunday Services

Due to the reorganisation of the Benefice, we are trialling a slight change to the pattern of services. Going forward, our services will now fall on the 1st and 3rd Sunday of each month until further notice. This month we invite you to meet in church on the 2nd starting at 9.00 am Holy Communion and 16th Iona Morning Praise starting at 10.30 am.

Refreshments will be available after each service together with an opportunity to meet up and share in some friendly banter. We hope you can join us.

Mothering Sunday

30th March - Remember Mum on Mothering Sunday with a big hug. Giving thanks to all Mums for their love each and every day. For their care and support. You are remembered in our prayers.

Forthcoming Events

BISHOP'S LENT DIOCESAN APPEAL 2025: LENT BRUNCH

Sunday 6th April, from 9.30 am

A simple brunch with rolls, cheeses, fruit, hot drinks / juices will be served in church. Any kind donation received will be passed on to fund YANA's (You Are Not Alone) telephone helpline, offering confidential support to those in need.

"YANA is doing vital work by being alongside people working in farming and rural businesses, offering help and hope to those struggling with stress or depression. Those living and working in rural areas are often facing increasing challenges and I have been very impressed by all YANA does to care for people." Bishop Graham

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Find out more about YANA: www.yanahelp.org

No booking necessary, please drop by and join for brunch.



Easter Day Duck Race

20th April at 12.00 noon

In aid of St. Margaret's Church Building Appeal our traditional Easter Sunday Duck Race in Worthing, starts at Millstream Cottages, by the river.

Suggested Donation £2.50 per sponsored Duck Remember to pick up a ticket or two! Easter egg prizes to be won!

Winning ducks/numbers to be announced in May editorial. Good luck everyone!

5th MAY starting at 2pm May Bank Holiday Cream Tea Afternoon. Allow ourselves to ponder on such delights as having an afternoon Cream Tea. Clearly, we hope for a warm afternoon and not worry about our waistlines!

And finally, please check out our facebook page for additional information and stories. www.facebook.com/ StMargaretsChurchworthing/

Contact

For all details concerning St. Margaret's Church in Worthing contact Celia Daniel on 01362 668928

Eastgate Centre

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10:30 am

10.30 am 10:30 am

CHURCH SERVICES

MARCH



2ND MARCH – SUNDAY NEXT BEFORE LENT

9:00 am	Worthing
9:30 am	Wood Norton
10:30 am	North Elmham
10:30 am	Stibbard
10:30 am	Bawdeswell

Holy Communion Morning Praise Holy Communion Holy Communion Word & Praise

Iona Holy Communion Holy Communion Holy Communion

Holy Communion Holy Communion Morning Praise Morning Praise Holy Communion

16TH MARCH – 2ND SUNDAY OF LENT

9TH MARCH – 1ST SUNDAY OF LENT

North Flmham

Bawdeswell

Foulsham

10:30 am	Wood Norton	Holy Communion
10:30 am	Worthing	Iona Morning Praise
10.30 am	Bawdeswell	The 10:30
4:00 pm	Foulsham	Sung Evensong

23RD MARCH - 3RD SUNDAY OF LENT

9:00 am	Guist
10:30 am	Foulsham
10:30 am	North Elmham
10:30 am	Stibbard
10:30 am	Bawdeswell

30TH MARCH – MOTHERING SUNDAY

10:30 am	North Elmham	Group Holy Communion
10:30 am	Bawdeswell	Group Holy Communion

Services at Bawdeswell All Saints' are available on Zoom – please contact Robin Taylor for joining details: robin.bawdeswell@gmail.com.

www.heartofnorfolkchurches.org.uk

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SAFARI ANIMALS WORDSEARCH

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BUFFALO	ELAND	HIPPO	LION	ZEBRA
CHEETAH	ELEPHANT	HYENA	RHINO	
CIVET	GAZELLE	KUDU	SPRINGBOK	

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To advertise in the Elmham News please contact Martin Phillips: martin.s.phillips@btopenworld.com

This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: Sarah Felton PAGE 18: Wendy Cottrell PAGE 29: Mike Aston PAGE 31–33: Dave Appleton PAGE 34: Elmham CEVA Primary Academy PAGE 47: wordsearch.com



NORTH ELMHAM PARISH COUNCIL

PARISH COUNCILLORS

Chair: Paul Grainger, 01362 667 135 Vice Chair: Martin Phillips, 01362 668 409 Ann Ferris, 01362 668 580 Tom Fitzalan Howard, 01362 668 232 Brian Gee, 01362 422 799 Ann Keeble, 01362 668 216 Nick Markwell, 01362 668 557 Michael Rayner, 01362 667 859 Colin Smith, 01362 668 585

PARISH CLERK

Kevin J Webb, 01328 855046 northelmhampc@hotmail.co.uk

MEETINGS

Held on 1st Wednesday of the month in the Pavilion at 7.30 pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

VILLAGE FACILITIES

Allotments	Martin Phillips
Broom Green & Pound	To be confirmed, contact Parish Clerk
Cathedral Meadows	Tom Fitzalan Howard, Ann Keeble
Cathedral Ruins	Ann Keeble, Tom Fitzalan Howard
Eastgate Centre	Martin Phillips, Paul Grainger
Millennium & Jubilee Wood	To be confirmed, contact Parish Clerk
Playing Field & Pavilion	Colin Smith, Ann Ferris
Prince William Wood	Tom Fitzalan Howard, Nick Markwell
Village Green	Colin Smith, Brian Gee
Footpath Warden	Ann Ferris

SERVICES

Environment & Maintenance	Martin Phillips
Highways	Paul Grainger, Brian Gee
Mid-Norfolk Railway Liaison	Michael Rayner, Nick Markwell
Planning	Michael Rayner, Martin Phillips
Street Lighting	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Tree Warden	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Website	Martin Phillips

PARISH CHARITIES

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information elmham.org.uk/parish-council/ village-charities.

NORTH ELMHAM DIRECTORY

Elmham Surgery, Holt Ro	d - 01362	668215	Group website: elmhamsurgery.co	om
Surgery Opening Times	Mon, Tu	e, Thur, Fri 8.30a	m–6.30 pm, Wed 8.30 am–6.00 pm	
Swanton Morley Surgery	, Derehan	n Road - 01362	638100	
Surgery Opening Times	Mon–Fri	8.30 am-6.00 pm	l	
Elmham and Swanton Me	orley Disp	ensary		
Dispensary Opening Times		e, Thur, Fri 8.30a 30am–12.00pm,	m–12.00 pm, 2.00 pm–6.30 pm 2.00 pm–6.00 pm	
Other Useful Contacts				
NHS Medical Help	Dial: 11	1	111 online: 111.nhs.uk	
POLICE: Non Emergency	Dial: 101	- EMERGENCY	Dial: 999	
Breckland District Councille	ors	Gordon Bambri Bill Borrett	dge	01603 881364 01362 860200
Norfolk County Councillor		Bill Borrett		01362 860200
Member of Parliament		george.freema	n.mp@parliament.uk	01953 600617
Nth Elmham CEVA Primary A	Academy	Ms Victoria Mc	Connell, Head Teacher	01362 668318
Chair of Governors		John Robson c	hairofgov@flourishfed.co.uk	
Memorial Institute		Bookings: Kayle	igh, elmhammemorial@outlook.com	07595 637031
Pavilion		Bookings: Ann	Ferris, p.ferris84@yahoo.com	01362 668580
Eastgate Centre		Heather Caley		01362 668245
Breckland Dog Warden		Confidential me	essage or texts 07771 617417	01362 858500
London Express Tickets		Travel Centre		01362 694211
Sanders	anders Wednesdays to Norwich		01263 712800	
Konect Bus				03300 539358
Community Website		www.elmham.o	rg.uk	
Dereham Library, 59, High Street, Dereham, NR19 1DZ - 01362 693184 Opening times: Mon–Fri 09:30–19:00, Sat 9:30–16:00, Sun 10:00–16:00 (Open Library access only) Mobile Library calls in Elmham every 4 weeks				
Anglian Water				0845 7145145
Dereham Leisure Centre				01362 693419
UK Power Networks		Power Cut (24 I	nours)	0800 31 63 105
Samaritans				116 123
Citizens Advice Bureau	Bureau www.ncab.org.uk		0800 144 8848	
Clergy - All telephone nu	mbers lo	cal code (01362)		
Church of England	Reveren	d Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Jay T Magpuyo		35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder		31 Trinity Close, Dereham	695582
Salvation Army	Major D	iana Bennetts	dereham@salvationarmy.org.uk	696341
Church Wardens				
Elmham	Michael	-		668424
Worthing	Celia Da	niel		668928



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