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AUGUST 2024

**NORTH ELMHAM
VIEWS & NEWS**

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EDITORIAL

Well, we are still waiting for summer! There are weather warnings of heatwaves, cold winds, rain and thunderstorms.

Bring it on, we say, we are British and can handle whatever the weather throws at us! Though it would be nice to have some predictable weather for the school holidays.

On this month's cover is a photo of our current Village sign, which was unveiled on 22nd October 2011 by Eva Marsh, the longest serving Parish Councillor, at the time. It was created by Tony Winterbourn, our local blacksmith and worker of metal magic, after a conversation with Councillor Mark Tasker as the previous wooden one needed replacing.

A cardboard model incorporating ideas was presented to the Parish Council to approve. It featured the church, the Bishop's Chapel, Elmham watermill and the wooden bishop from the previous sign carved by George Keeble, was cast in metal. Wildflowers were also incorporated to commemorate the North Elmham Flower Festival.

It stands proudly in the Rose Garden which has been a feature of the carpark since 1973. There is no mention in Parish Council notes about the planting of these roses, and the bushes have been replaced only once in 1999 by the Horticultural society from Peter Beales Roses at Attleborough. They are pruned and tended by Terry Maidstone to whom we are all very grateful. They are a long flowering variety and look beautiful for a long time.

August is traditionally a slow month with the school holidays affecting many people, so let us hope everyone enjoys their holidays.

Our thanks for donations go to Gill King and our regular Station Road donor. We are most grateful.

NEXT DEADLINE: 14TH AUGUST

We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

VOLUME 47: ISSUE 7

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NORTH ELMHAM PARISH COUNCIL MEETING

WEDNESDAY 5TH JUNE, 2024

The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Public Participation: The Parish Council, and Mr. Rayner in particular, was thanked for providing a regular flow of information regarding the District's Local Plan. There is a proposal for 30 new properties to be built off Eastgate Street, an area already considered as being congested. It was also felt that problems with surface water and subsequent flooding may well result. Other sites in the village were thought to be more suitable. It was acknowledged that previous examples of flooding had happened some time ago but Mr. Rayner is to be provided with full details.

Councillors present were: Mr. P. Grainger, (Chairman), Mr. M. Phillips (Vice Chairman), Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mrs. A. Keeble, Mr. J. Labouchere, Mr. N. Markwell, Mr. M. Rayner and Mr. C. Smith.

Also in attendance: Mr. K. Webb (Clerk) and two parishioners.

Apologies for absence: Mr. G. Bambridge (District Councillor)

It was mentioned that Mrs. Borgnis' resignation had been reported to Breckland Council. A request had been made for the co-option process to be started with an aim to locate a new member in the not too distant future.

Updated Information & Matters Arising

Land Management Matters

Village Green: Mr. Gee is to repair the damaged seat. The previously mentioned sign relating to dog grooming has been

removed. The spring on the gate in the play area is broken. Mr. Phillips will rectify this matter.

Cathedral Ruins: Mr. Duffield is still out of action and his duties are being carried out by his wife. The suggestion to improve the state of the car park will be discussed at the next meeting.

Millennium Wood (and Jubilee Wood): A communication had been received from a parishioner regarding the new ditch that has been dug near the entrance to Jubilee Wood. This has been put in place to accept access water and a suitable fence is to be installed in the near future for safety reasons. The architect previously wanted a longer pipe than the one now in place. As such, an easement has been requested which means that the architect will not be responsible or liable for any problems which may subsequently result from the pipe going across Parish Council land. The responsibility for maintaining the pipe and ditch, together with any associated expenditure, will lie with the Parochial Church Council. Mr. Fitzalan Howard proposed that the easement be signed by the Chairman on behalf of the Parish Council and that the architect would not be responsible for any problems resulting from the change of the pipe route. This was seconded by Mr. Phillips with all members being in favour.

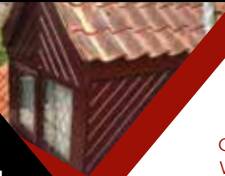
Prince William Wood: The rubbish bin is no longer being emptied by a parishioner. Mr. Markwell will ask Breckland Council to attend to this matter.

Allotments: The mirror to enable traffic to be seen when exiting the site has been installed.

Street Lights

It has been established that there is no legal obligation to keep the lights on. There are, however, no savings to be made from switching them off as the supply is unmetered. Mr. Markwell is to

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chase Westcotec regarding the light which has still not been reconnected.

Highway Matters

The Community Speedwatch coordinator has asked for a new sign to be erected. It is apparent that the local police have no desire to get involved with this matter and, as such, it will be put in place with Mr. Gee creating the appropriate North Elmham design, subject to Highways approval.

A recent survey from the County Council lists three grit bins as being in the village. There are actually two more and the Chairman will make an appropriate response.

The temporary bus stop sign near the County School has been removed.

Messrs Braybrook and Fletcher are no longer going to look after the SAM cameras. The Chairman is to collect them from Mr. Braybrook. Volunteers are needed to carry out this important work for the village. The possibility of utilising solar charging is to be investigated.

Pavilion and Playing Field

The Football Club has a charity event at the ground this coming weekend. Mr. Smith is to speak to them regarding the fees owed for most of the season just finished. A charge of £265 has been quoted to Breckland Council for the hire of the pavilion for the forthcoming General Election. It is disappointing to note that no funds have been received in respect of the Police Election on 2nd May.

Defibrillators

Miss Ferris has collected various items from Mrs. Borgnis and has also spoken to Martin Fagan of the Community Heartbeat Trust.

Call for Sites update: Breckland Council

It is felt that the consultation on the Breckland Council website is not particularly user friendly. In addition, there is a strong view that the opinions

given by residents in response to the last consultation were basically ignored. Mr. Rayner is to draft a response which will be circulated to all members before the next meeting. The District Council's preferred sites for North Elmham are off Eastgate Street (30 houses) and off Back Lane (10 houses). It is surprising that the brownfield site at Station Road has not been mentioned.

Archive Group Records

Mr. Smith is looking for second hand storage equipment.

S106 Monies (£15.1k) Received From Breckland Council

The grass is to be cut very low before installation and Mr. Phillips will check with both NGF Play and Nurture to ensure the suitability of the intended action.

Reorganisation of the Parish Charities

This matter is to be progressed over the next few weeks.

Maintenance of Churchyards

Mr. Labouchere is to speak to Nurture to establish whether they would be willing to provide a quotation for cutting the grass in the churchyards.

Sennowe Park Rave

Following a consultation, slides from the organisers have been circulated. The event is scheduled to take place on 16th, 17th and 18th of August.

Overview of Parish Council Financial Situation

The existing mandates for both Barclays Bank and Cambridge Building Society are to be signed by Miss Ferris and Mr. Rayner.

The Annual Accounts had previously been circulated and showed an income of £75,746 (£58,948), expenditure of £53,647 (£53,296) and balances of £178,592 (£156,493). Mr. Murray had again



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APPROVED CLEARVIEW STOCKIST

carried out the Internal Audit and his report, together with the Annual Governance Statement, the Accounting Statements and associated documentation, is to be submitted to the External Auditors.

The Notice of Public Rights for the required length of time will be published on the website in the normal way. The Clerk expressed his thanks to Mr. Murray for his highly valued professional work and assistance.

Mr. Fitzalan Howard proposed that the Annual Governance Statement, the Accounting Statements and other supporting documents be accepted. This was seconded by Mr. Phillips. All in favour.

Planning Applications & Determinations

Applications

11 Larch Grove – Mr. and Mrs. J. Hodson – 3PL/2024/0409/HOU – proposed single storey extension to rear (no comments).

Determinations

i) Nelson House, High Street – Mr. and Mrs. Earle – 3PL/2024/0137/F and 3PL/2024/0138/LB – conversion of outbuilding to create annex accommodation (approved).

ii) Flint Cottage, Broom Green – TRE/2024/0085/TCA – felling of two softwood trees (permission granted)

iii) Land at Brookside Farm, 74 Holt Road – 3NM/2024/0020/NMA – amendment to planning application 3PL/2023/0751/VAR – double garage for Plot 18 (permission granted).

Miss Ferris mentioned that a pavement in the village was being encroached upon by a private hedge. Mr. Rayner will draw the matter to the attention of the homeowner.

Correspondence

1) E-mail from parishioner expressing concern regarding a barking dog in the village (response made)

2) Notification of review of Breckland's boundary arrangements by The Local Government Boundary Commission for England.

3) Parishioner query regarding the new trench in Jubilee Wood (fence to be erected).

4) Breckland Council announcing a series of exclusive workshops for town and parish councils for the Preferred Options phase of Breckland's Local Plan.

5) Request to support the campaign to improve the safety of lithium batteries and their disposal (no action to be taken).

6) Update from Leon Cole regarding Field Maneuvers 2024 consultation (the rave at Sennowe Park in August).

JULY PARISH COUNCIL MINUTES

There are no Parish Council minutes for the July meeting in this edition as they had not been received in time.

The next meeting of the Parish Council will be on Wednesday 7th August at 7.30 pm in the Pavilion. Parishioners are always encouraged to attend.

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KNIT AND NATTER

We had a good, informative meeting in July. We are looking for things to fill these long rainy days, so we were pleased to hear that the Alzheimer's Society are looking for "forget me not" flowers once more. They are blue, of course, with a tiny yellow centre. Their easy pattern is available and at least 10 were already made before I had finished talking to the group about them that afternoon. As I have already written before, be careful what you ask for.

We are also looking to knit clothes for the warm bags, which are distributed, locally, later in the Autumn, so it's back to jumpers, mittens and scarves.

Also The East Anglian Air Ambulance have asked for knitted Christmas puddings can you believe: watch this space.

Next meeting August 6th in the Pavilion 2 til 4.

Eileen Cotterill 01362 668380

ST. MARY'S CHURCH SINGING PROGRAMME

All by donation, apart from Chaos Collective on 24th August.

10th August

Lauren Dove
Singing Workshop 2.30–4.00 pm

24th August

Chaos Collective 7.30 pm
Tickets £10 in advance/£12 at the door

7th September

Caz Jeffries
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TABLE TENNIS

Good to see the new table tennis table in use, great community spirit in action! I wonder who won?

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A TRIBUTE FOR MURIEL

Muriel Gladwell died at home on 29th June, aged 95. She was the first person I met when we moved here in 1984.

She was delivering the Elmham News and welcomed me to the village and gave details of the various organisations and clubs. There were quite a lot of them, there was the WI, Keep Fit, Wives Club, church flowers.

Muriel and her husband and children, Linda, Les and Neil moved to Elmham in 1975. Sadly, her husband died about two years later.

She helped with the Playgroup held in the Institute. She took over the running of the Art Group which ran for many years. She helped with the delivery of 'Meals on Wheels'.

When she organised the trips to Thursford in the 80's, it cost roughly £3, then later she organised the coaches and tickets for many years. Muriel was always an organiser!

I remember her going camping with the Brownies and also the Guides. She loved going to the theatre and jazz concerts and would also join me at classical concerts in Norwich.

Muriel always made everyone welcome and was ready to help in any way she could. I think she made cakes for every event that involved catering!

She will be sadly missed by her family and friends. Rest in Peace Muriel and God Bless you for all your years of friendship.

Jayne (Coulter)

Ed's note: We were all sad to hear about Muriel, she was the heart and soul of many occasions in the village. A regular church goer, she often walked up from Station Road to attend services. Muriel's laughter was a hearty one and you knew she was enjoying herself. Her 80th and 90th birthday parties were a joy to be remembered.

There will be many Playgroup children, now fully grown, who affectionately called her "Auntie Gladwell". Remember her reading you stories as you read this.

Bless her heart she also played Bowls for the Kings Head.

She gave Meg a sound piece of advice when Nigel died which she has often passed on to others – "Never say No when people ask you to join in or go out or one day they will stop asking!"

Goodbye Muriel

ARE YOU NEW TO THE VILLAGE?

Have you recently moved here?

How are you finding us, are we a helpful lot, do we stop for a chat, or advice if it is called for?

Those of us who have lived here for ever have forgotten what it felt like to up sticks and move to another locality. It must be daunting! Please do tell us.

What you say about North Elmham and the villagers perhaps will make us sit up and have a jolly good think... or maybe we will pat ourselves on the back and think yes we are OK.

In the past we had lots of clubs here in the village but for various reasons they have fallen by the wayside. If you have recently moved here but have experience of running a club of some kind and would like to help start one, please give us a ring or email and we can advise/help to get you on your way.

Janet Woodhouse

SAVE THE DATE - NEW BAND PLAYING

Make a date for your diaries - Saturday 21st September - we are introducing a new band to the village as our next music night at the Memorial Hall. 'Sub Zero' will be playing hits from the 60's to current date. £7.50 per ticket bring your own drinks and nibbles. Further details to follow in next month's issue.

CLUBS & ORGANISATIONS



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Art 4 All Norfolk
Bowls - Institute
Bowls - King's Head
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Countrysiders
Elmham Football Club
Elmham News
Elmham Surgery Patient Participation
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Sue Gale, publicity@wvbs.gmail.com
Gill King, 01362 668530
Karen Cornall, 07752 580414
Will Swan, 07818 786424



GARDENING CLUB

As the coach drew up in the pouring rain, I suppose we all wondered what lay ahead? We were off to visit Barnsdale Gardens, made famous by "The People's Gardener", Geoff Hamilton from the early programmes of Gardener's World on BBC TV.

Our mood was buoyant as the weather improved to just being overcast but dry. Barnsdale is east of Peterborough, so a fairly speedy trip. We were welcomed, given a guide and map and told to report back at 3.45 pm for the return trip.

True to form, everyone split up and did their own thing, some to head for the loo, then the café, then the gardens and vice versa. Despite there being 35 of us, we hardly bumped into other members and just amiably wandered around looking at the ingenious way the gardens were planted and laid out.

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Our small group was lucky as we had a real 'gardener' among us, so she must have been called upon to identify many of the plants most of the time.

I think we all enjoyed the refreshments and the gardens. Several folk bought plants from the nursery and two lucky people won a lovely dahlia plant in our free raffle.

We returned home in sunshine, warm and tired on the coach though it had been cold in the gardens.

We are looking forward to our last evening visit of the year to a lovely garden in Gressenhall.

Annual Show: All Welcome to Enter

Our Annual Garden Show takes place on Saturday, August 3rd when members of the public are free to come along to view the exhibits, partake of refreshment and perhaps buy some of the exhibits in

our auction which takes place at 3.30pm. So why not come along to see the wide range of flowers, fruit, vegetables and craft items we have on display.

The show isn't just for gardening club members. Anyone can enter so why not take a look at the schedule. For those of you with internet access our Facebook page North Elmham Gardening Club has the complete show schedule in the photos section or it is available to download from the community website here:

<https://elmham.org.uk/whats-on/clubs-groups/gardening-club/>

Otherwise you can contact Ann on 668216 if you would like a paper schedule.

Why not have a go it is a lot of fun to enter. Our show really is about celebrating achievements and even more so in what has been a difficult growing year.

Meg White

Wednesday

12th June

10th July

(No T@2 in August)

11th September

9th October

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At our July meeting, the speaker Gillian (Gill) Southgate was welcomed by our Chairlady, Gloria. Gill was accompanied by her husband, Paul, and beautiful guide dog Adelaide and her talk was entitled "My Life with a Guide Dog".

At the age of 18 and as the result of a car accident Gill was left totally blind.

She learnt Braille, and at first her only aid was a long cane to assist in her mobility and help in manoeuvring and avoiding obstacles. In 1974 she attended training for audio typing and touch typing on a manual typewriter and secured a position of employment at the Queen Elizabeth Hospital, Kings Lynn.

Gill had to be suitably trained to take on a guide dog and her first one was a black Labrador named Ruby, allocated to her in 1981. Gill married, coped with bringing up two sons, the dogs she said giving her confidence. With technology on the scene, she now operates a speaking word processor and has worked at the Hospital for nearly 42 years. Adelaide is Gill's 6th dog and has been with her for two years. Her dogs have all been black and Labradors apart from one which was a Labrador/Retriever. Her talk was interspersed with anecdotes, sometimes amusing, about the personalities of the dogs and situations which they found themselves in - these brilliant, clever dogs have given Gill independence and confidence.

Gill then told us about the training of dogs before being allocated to a blind person. The cost of a guide dog during its life is £56,000, two thirds of the money coming from legacies and the rest from donations and collections. The dog remains the property of the charity and there is no cost to the recipient of the dog but certain criteria have to be fulfilled.

On behalf of Wives Club, Gloria presented Gill with a cheque for £50 for the Guide Dog charity and subsequently it was

decided to send a further £50, so we were pleased to be able to donate £100 in total to this very worthy cause.

A truly amazing and resilient lady, we were all in awe of her strength in coping with her disability and we were so pleased to meet her, her very supportive husband, and of course, Adelaide. Some other comments made after the meeting were:

"Inspirational –I will never grumble again – a lovely, lovely lady - a courageous and wonderful lady - I was almost in tears listening to her story – the best presentation by a speaker I have ever been to –I was completely mesmerised by Gill's wonderful talk – such clever, caring dogs" And the list could go on and on.

Next Meeting

On Thursday evening 8th August, we will visit Zoe's Goats at Rectory Farm, Fakenham Road, Bale NR21 0QW. Plans are to arrive at Bale ready to start at 6.30pm.

Gill King



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NORTH ELMHAM COUNTRYSIDERS

We have had a busy month. We started with a farm visit. We were lucky to get invited to East Rudham to have a talk on a Livery Stables and Arable farm. The Countrysiders had the chance to groom and tack up horses and had a tour of the fields and crops. Once back to the farmyard, they enjoyed having a go on a JCB forklift to try and get the ball on the string in the pot and racing up a pile of grain. We had an evening of Stock Judging training where the Countrysiders who had been chosen to represent Norfolk at Eastern Area Games and the ones who were stock judging at the Royal Norfolk Show got the chance to gain some more tips.

Our Countrysiders enjoyed The Royal Norfolk Show, for not only were we in the main ring on the Wednesday evening with our parade celebrating 80 years of YFC, we also had our Countrysiders in the main ring For the Young Diamond Tribute. Along with many other young people they were addressed by the Lord Lieutenant of Norfolk and HRH the Duke of Edinburgh. We came 1st in our show build of an Aeroplane made out of a wheelbarrow, and in stock Judging 1 Countrysider got a 2nd and 2 got 3rd A fantastic achievement. We also had a visit with Cat Protection at Longham.

Our final competitions were at our Annual Rally on 7th July at the Royal

Norfolk Show ground. From Sausage rolls to naming animal parts, there were various exhibits and, on the day, more competitions along with various sports games. We had an outstanding day with 27 certificates out of 25 events.

Well done to all.

Our last meeting of the YFC year is at Billingford Lakes where our Countrysiders will be having a taster session of fishing.

We would like to take this opportunity to thank our County Office, Local Businesses, Parents and Carers, North Elmham YFC and of course all the children for making this year so successful.

We look forward to welcoming everyone back on Monday September 9th 2024, when we will be crabbing at Wells.(more Information to Follow)

If you think you know a child age 10-16 who would be interested in coming along to one of our meetings please email us north_elmham_cs@norfolkyfc.co.uk or find us on social media FB North Elmham Countrysiders.

Have a great Summer

Wendy, Rob, Kirsty and Ella

Ed's note: Thank you Wendy and your team for giving us such interesting and entertaining glimpses of all your meetings.

We only wish that we could have experienced such adventures with you when we were younger!

ANNUAL RESULTS	1st Places	2nd Places	3rd Places	4th Places
Winter Comps	3	3	-	-
Sports Day	1	2	-	-
Farm Event	4	7	4	-
Rally	5	14	6	2
Royal Norfolk Show	1 Show Build	1 Stock Judging	2 Stock Judging	-
Year Total	14	27	12	2



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WENSUM VALLEY BIRDWATCHING SOCIETY

The club has been very busy over the last couple of months – always an active time for birders. You can gauge the enthusiasm by the fact that 21 people gathered at Pensthorpe on 11th May at 5.00 am to hear the dawn chorus. In spite of the fact that it was pretty cold and misty, the birdsong was loud even at that time, with Wrens, Skylarks and Goldfinches holding their own against a background of raucous Rooks. Corncrake and Cuckoo could both be heard in the distance. A tour of the reserve, led by Richard Spowage, the manager and our own Chris Stone, started out to the barking of Flamingos! Pensthorpe of course houses a collection of exotic species as well as the nature reserve. The group encountered some bird-ringers who treated them to close-up views of Blackcap and Garden Warbler, and learned about the otters that are resident as well as hearing plenty of other bird songs and calls. They appreciated the swathes of Bluebells and Foxgloves about to burst into flower on their way back to the centre and a well-deserved cooked breakfast.

Later in the month around 24 hardy souls turned out for the guided tour around Wild Ken Hill, the large coastal estate of some 4,000 acres in North West Norfolk that's promoting a new form of conservation and regenerative farming management to improve soil health and increase biodiversity. Dominic Buscall who founded the estate gave an extremely interesting talk to the WVBS on 21st March this year and this was the follow-up visit for up to 25 members. Although the weather threatened to be wet with thundery downpours it stayed dry for the majority of the trip around the estate and the sun even came out on the way back. The tour included wooded areas, grassy regenerative zones that were once arable and the Eurasian beaver enclosure. The

latter is the largest in Europe, and it was a privilege to be allowed to walk through this area and observe the huge difference already made by the beavers after only 3 years. Their tree-felling and dam building have created large pools and boggy areas that are attracting other wildlife and helping to control the rhododendrons. The beavers are known to have bred there as video recordings have been seen of the lactating females and their kits, but nobody has set actual eyes on a beaver in daylight in the whole three years! After thanking our guide, Andrew Waddison, at lunchtime some of the group continued to Snettisham Coastal park where they were lucky enough to see Turtle Doves, a pair of active Hobbies and an unexpected Red-backed Shrike. A trio of Spoonbills flew overhead to provide a fitting ending to an excellent day.

Another brilliant outing was the traditional Nightjar evening at Broadland Country Park, starting at 9.00 pm. This excellent site doesn't disappoint, and Nightjars were seen and heard churring while hardly having to leave the carpark. A beautiful calm and warm evening made for an even better experience, and some members even managed photographs of the Nightjars. The weather was not so obliging a fortnight later, when a group congregated at Winterton Dunes to visit the Little Tern colony. The morning started out dry, and we managed the walk along the beach to the colony in pleasant weather. There were good numbers of nesting terns to be seen, some coming in to feed their partners sitting on eggs, and some with already-hatched chicks. Many terns congregated on the shore-line prior to heading out to sea for more fishing. Sadly, the rain then set in, and made for a rather damp exploration of the South Dunes, although not before we fortified ourselves at the refreshment outlets in the car park.

As well as all of these outings, some members manned a stall at the Wild

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Public Entry from 2 pm

Auction 3.30 pm

Refreshments

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About Mannington event, in the grounds of Mannington Hall. We seem to recruit new members every month at the moment, and this is one good way of connecting with people. The club also does weekly bird counts at Pensthorpe nature park, operating a rota of willing volunteers, and we have now taken on a commitment to do monthly counts at Sweet Briar Marshes, Norfolk Wildlife Trust's newest reserve. The latter is on the edge of the City of Norwich and at the Eastern end of the Wensum Valley, so a welcome addition to our recording of bird species and abundance in the valley. Full reports Of all meetings can be found on the website – WVBS.co.uk.

Forthcoming Events

Indoor Meetings

Held at Great Witchingham Village Hall on the third Thursday of each month. Visitors are welcome for a small charge (£3.00).

Thursday 18th August – Matt Wickens, Urban Reserves manager for NWT – Sweet Briar Marshes.

Thursday 19th September – Colin Smith on 'Wild Bears and Birds of the Danube Delta.

Thursday 17th October – Neil Calbrade, BTO, on Waterbird Surveys and Goose and Swan Monitoring

Outdoor meetings

Sunday 18th August – RSPB Frampton Marsh

Sunday 8th September – Sweet Briar Marshes

Sunday 29th September – Kelling Water Meadows and Muckleburgh. Details can be found on the website. WVBS.co.uk

DATES TO REMEMBER FOR AUGUST

Sat 3rd	Gardening Club Annual Show - All Welcome	Memorial Hall	2.00 pm
Tue 6th	Knit and Natter	Pavilion	2.00–4.00 pm
Wed 7th	Parish Council Meeting	Pavilion	7.30 pm
Thu 8th	Wives+all Visit	Zoe's Goats at Bale	6.30 pm there
Sat 10th	Singing Workshop with Lauren Dove	St Mary's Church	2.30–4.00 pm
Wed 14th	Mobile Library	The Heath to Orchard Close	2.30–5.20 pm
Sat 24th	Chaos Collective	St Mary's Church	7.30 pm
Mon 26th	August Bank Holiday		

DON'T FORGET

Wednesdays	Norwich Bus	Bus Shelter (Pavilion)	9.37 am
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THURSDAY 1ST AUGUST
6:00PM - 9:00PM

The poster features a background of various Greek-themed icons including temples, vases, and figures.

**AUGUST
MUSIC
NIGHT**
FRIDAY
9TH AUG

The poster has a vibrant background of sunflowers, other flowers, and butterflies against a blue sky with clouds.

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TO 2.30PM
9.00PM
TO 7.00PM

**QUIZ
NIGHT**
SUNDAY
18TH AUGUST
6.00 pm
* Teams of up to 6 People
* Entry Fee £2 per person

The poster has a blue background with white question marks and a dotted border around the title.

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Sunday lunch 12-3pm
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ELMHAM WILDLIFE



Last month I wrote about some of the wildlife I found during a walk in late May. This month is a continuation, part two of my walk, beginning by the disused railway at the bottom of the Cathedral Meadows, from where I could hear a Willow Warbler singing in the distance. A decade or two ago that wouldn't have been noteworthy but these have declined to such an extent now that I register each one I see or hear.

Up to now on my walk, most of the insects I'd seen had been found using nothing but my eyes, but there are a few interesting species on Broom shrubs that you'd do well to find without a net. So I swept my net through the small Broom bushes growing between the footpath and the dyke and peered inside. Among other things there were a couple of Broom Leaf Beetles and a Common Flower Bug (photo 1). Jumping Plant Lice, also known as Psyllids, are tiny insects that look a little bit like leafhoppers but are more closely related to aphids. I used to regularly find Broom Psyllid here but in late 2019 the Broom was severely cut back by the railway company and I've not found it here since. But there are two species of jumping plant louse specific to Broom and I did find the other one here today, *Arytainilla spartiophila* (this one doesn't seem to have an English name) (photo 2).

There were lots of damselflies along the footpath including Banded Demoiselles and Azure Damselflies (photo3). A Hairy Dragonfly patrolled up and down the dyke looking for small insects to prey upon as a Snout, a type of moth with a long "nose" (actually palps), nestled in between some nettles.

As I headed away from the Cathedral Meadows I took the upper path and could see two pairs of geese in the field to the left of the railway. One of each pair was



1



2



3



clearly a Canada Goose, but the partner in each case had a ghost of the Canada Goose pattern but the neck was not as black as it is on Canada Goose, and the bill was not completely black either, as it is on Canada Goose. These were hybrids between Greylag Goose and Canada Goose, looking intermediate between the two species. Hybrids between these geese crop up quite frequently but because Greylag and Canada Geese are not very closely-related species, their hybrids are rarely fertile. The odds are then that these two pairs of geese will not produce any viable young. I had seen one of these pairs before and the photo I am using here (photo 4) was taken in February.



Other bird life along this stretch included a Cuckoo, two Little Egrets, a Treecreeper and a Great Spotted Woodpecker.



As I continued along the path towards County School Station more insects were evident. Among them was a Common Sexton Beetle, a smart orange and black beetle (photo 5). Their larvae eat dead animals which might sound unpleasant but it's not as unpleasant as it would be if all the smelly corpses laid where the animals died and never got eaten. Sexton beetles are sometimes called burying beetles because they dig beneath carcasses to bury them – which makes them even more useful. Tiny mites are among the many other organisms that feeds on dead animals, but they lack the ability to fly from carcass to carcass, so they have an ingenious way of getting about – they hitch lifts on sexton beetles! This sexton beetle had a number of tiny reddish mites riding on its back.



Nearby a very distinctive picture-winged fly was sitting on a leaf (photo 6). This turned out to be a Thistle Gall Fly. It's supposed to be a common species but although I've seen its gall I'd not knowingly come across the adult insect before. With



its colourful white-rimmed eyes, boldly-marked wings and egg-laying apparatus that resembles an industrial chimney I think it's a characterful little insect.

As I was watching these I noticed a small dark bug (in the true, narrow sense of the word) on a fencepost (photo 7). I knew it was something I hadn't seen before so I tried to collect it just in case it needed microscopic examination to identify. It had other ideas and as soon as I approached it dropped into the vegetation to escape from me. From my photo I think it's a type of ground bug called *Drymus ryei*. The last update I've seen of a list of Norfolk bug records only showed a single record of this species in Norfolk, so it seems to be quite a good one to find.

Not all moths fly at night but even those that do can sometimes be found resting during the daytime. And so it was that I found a Blood-vein, a declining (but still common) species that's named after a dark red (or sometimes brown as in this case) line that runs across the length of its wings (photo 8).

I'm not even half way through my walk yet but I've already written enough and before I sign off I want to tell you about an interesting moth that has been seen in the village recently. I will finish this walk off in part 3 next month...

The Scarlet Tiger is a large colourful moth that was first found in Norfolk in 2014, a bizarre record of a caterpillar found in public toilets in Martham. Whether it had been transported there by accident or whether it was the offspring of undetected adults that had arrived earlier we will probably never know, but the species is spreading north from southern England so it was only a matter of time before more were found. There have been a few records around the county now, but it is not at all common yet.



Village resident Rod Chapman found a moth he didn't recognise on Hogweed in his garden this month and emailed a photo to the editors which was forwarded to me (photo 9). I was delighted to see that it was a Scarlet Tiger, with glossy black wings with big yellow and white spots. The scarlet hindwings were hidden but the forewing pattern is distinctive enough for it to be confidently identified. Congratulations Rod on a fantastic find, the first record for North Elmham, and for most of mid Norfolk. I hope it won't be too long before I find one now!

It's always good to hear what you've been seeing so do please keep on letting me know. If like Rod you have anything interesting to share email me at appleton.dave@googlemail.com or phone me on 668431.

Dave Appleton

X @ElmhamMeadows





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RAINBOWS

Following the lovely Aurora Borealis skies photographed by Sarah Felton and published in our June magazine, I felt cheated that I missed it! However, how lucky we were to see the double rainbow following the storm on 7th July.

Double rainbows are not rare and happen at times when the sun is low in the sky, early morning or late afternoon. The second rainbow is fainter and more pastel in tone than the primary rainbow because more light escapes from two reflections compared to one.

If you look at the top rainbow you can just make out that the colour sequence is reversed, a key feature of a double rainbow.

So even though our barbecue was rained off, we were treated to the colourful rainbows and the pleasant evening that followed.

Caroline Payne

BRISLEY AND NORTH ELMHAM CC

Mixed fortunes across the teams over the last month as we enter the second half of the season. The Saturday first team head Division 1 by 16 points while the seconds climb off the bottom of Division 4 following their first victory and the following week benefitting from the opposition conceding and look forward with growing confidence to their remaining fixtures.

The Belladonnas by contrast have faltered a little after their great start to the season and are still seeking their 3rd victory. Billy Fordham's social XI had their first Friday night game which in time-honoured tradition ended in a tie with the Man of the Match awarded to Trevor Heaton for his rapid runs at the top of the order.

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Results

Saturday June 15

B&NE2s. Match abandoned. B&NE 119-5 (Fordham 46) Horsford 4s 31-4

On a day when hardly any games went ahead including the first team, B&NE 2s were in a great position to claim their first victory when rain intervened. In a match reduced to 25 overs, the home side set a good target with Fordham leading the way with 46. Aided by 2 run-outs Horsford were struggling on 31-4 after 11 overs when play was halted.

Aspire MoM: Luke Bould for his unbeaten 5 runs and one wicket.

Tuesday June 18

B&NE won by 82 runs. B&NE 145-7 (Ali 37 Harvey 36) Grimston 63 (O Hall 5-3)

B&NE made a strong start to their defence of the Tom Bartram T20 Cup with an emphatic victory over visitors Grimston. An opening partnership of 80 between James Harvey and Abdul Ali was the foundation of the innings and although the Grimston openers made a good start of 49 they lost 10 wickets for just 14 runs, spearheaded by an incredible 5-3 from Ollie Hall.

Premier Seeds MoM: James Harvey for his runs and electric fielding

Friday June 24

Brisley Belladonnas lost by 5 wickets. B&NE 74-8 (S.Hall 18 TGeorge 13no) Snettisham 78-5 (M Burton 3-10)

First defeat for the Ladies as they failed to set a stiff enough target for the visitors despite 3 wickets for Molly Burton which almost turned the game on its head at 45-5. Snettisham edged home with 11 balls to spare.

Saturday June 25

B&NE 1s lost by 6 wickets. B&NE 168 (Futter 51no Tuthill 50) Hardingham 169-4 (Futter 3-49)

B&NE failed to put enough runs on the board despite half-centuries from skipper Futter and opener Tuthill and the visitors cruised to victory with 10 overs to spare.

Premier Seeds MoM: Callum Futter for his unbeaten 51 and 3 wickets.

B&NE 2s lost by 228 runs. Overstrand 296-3 B&NE 68

A tough day against the League leaders for a young and inexperienced team. The visitors amassed almost 300 runs which was always going to be beyond reach. Spirit however remains high

Aspire MoM : Max Wiseman for his 1-25 off 7 overs.

Friday June 28

Brisley Belladonnas lost by 5 wickets. Belladonnas 106-3 (T George 30no Waters 15) Downham Stow 108-5

Saturday June 29

B&NE 1s won by 10 wickets. Overstrand 92 (Hassan 3-8 MacKay 3-24) B&NE 93-0 (Wells 70 no)

An emphatic victory saw B&NE maintain their title hopes. All five bowlers claimed wickets before Jack Wells blasted 66 of his 70 runs in boundaries to win within 12 overs

Premier Seeds MoM: Najam Hussein 3-8 off 5 overs.

B&NE 2s won by 49 runs. B&NE 237 (Donnelly 147) Winterton 188-8 (Curley 5)

The seconds notched their first victory of the season with Tom Donnelly making his maiden century. Steve Curley blew away the top order ably assisted by Max Wiseman and although the visitors were not able to clinch maximum points this could well prove a turning point in the season.

Aspire Mortgages MoM: Steve Curley for his 5 wickets and 11 runs.

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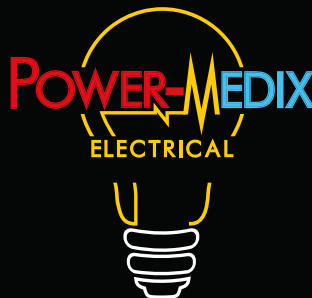
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Friday July 5

Brisley Belladonnas lost by 7 wickets.
Belladonnas 117-4 (A.Waters 30 no)
Sheringham 118-3

Saturday July 6

B&NE won by 9 wickets. Castle Rising
78 B&NE 79-1 (Ali 42 O.Hall 22no Harvet
13no)

The only match played in Norfolk enabled
B&NE to go top of Division 1 after a
convincing victory on the road. Wickets
were shared among 5 bowlers before Ali
hammered 42 off 23 balls and the visitors
reached their target in 15 overs.

Premier Seeds MoM: Max Wiseman for his
2 wickets on first team debut

Sunday July 7

Belladonnas lost by 6 wickets. Belladonnas
86-4 (T George 23) Sprowston 87-4 (A
Waters 2-22)

Upcoming Home Fixtures

Date	Team	Fixture Type	Opposition
3rd Aug	Saturday 1sts	League	Felthorpe
10th Aug	Saturday 2nds	League	Ashmanaugh
17th Aug	Saturday 1sts	League	Drayton
24th Aug	Saturday 1sts	League	Hardingham
31st Aug	Saturday 2nds	League	Winterton

TEQUILA SUNRISE ICE LOLLIES

Saw these on the Tesco website and thought they sounded just perfect for when the sun comes out.

Ingredients

275ml bottle Orange & Passion Fruit J2O, chilled

1 tbsp grenadine

2 tbsp triple sec

6 raspberries,
cut into thirds

30ml silver tequila

½ small orange, thinly cut
into 6 half moons

Method

Mix 75ml Orange & Passion Fruit J2O with the grenadine and triple sec. Divide between 6 ice lolly moulds and add a few raspberry pieces into each. Freeze for 2-3 hrs until partially frozen.

Mix the remaining J2O and the tequila together in a jug. Pour over the partially frozen base, add a slice of orange to each. Insert a lolly stick into each mould. Freeze overnight until fully frozen. Store in the freezer for up to 6 months.







NORTH ELMHAM TENNIS CLUB

The 24-hour tennisathon at North Elmham Tennis Club was a big success.

Thanks to the generosity of members, those in the local community and many who travelled from further afield, the event raised more than £1,100. The money will go towards the Club's inclusive tennis programme, and also the restoration of St. Bartholomew's Church in Brisley.

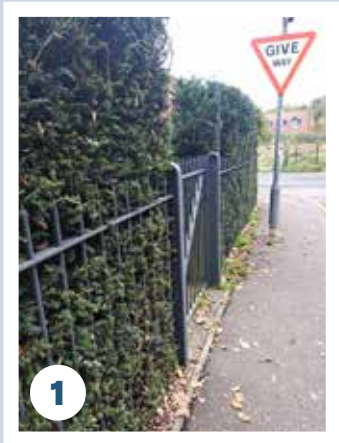
Jim Biggie and James Buddell were joined on court by players more than 90, ranging in age from 5-75. There was three hours of coaching, a raffle, well-supported barbeque, a cardio tennis session, and also a competition to guess the number of games played across the 24 hours. In total, 443 games were played.

Such an undertaking would not have been possible without the excellent support of Judy Biggie. A big thank you also goes to Stewart Biggie, Sandra Henderson, Linda Smith, Jonathan Lindner, and all the food and cakemakers. It was a truly inclusive event - exactly as planned!

If you'd like to join the tennis club, visit northelmhamtennisclub.co.uk/Membership/Join.

25 YEAR CAREER IN THE YHA

So, we left the comfort of the Home Counties to brave the wilds of coastal mid-Wales. I should now point out that I am from Birmingham, yes a true Brummie, born within the sound of Villa Park. You can't get much further from the sea in these islands, and I have always



WHERE IN ELMHAM?

We had a blank page to fill this month so how about a few more obscure photos of places in the village. Can you find them?



thought that I would like to live at the seaside. Three years at Borth cured me of that idea. The hostel is situated right on the coast, with only a road and a sea wall separating it from the beach. I well remember one afternoon standing on the sea wall in an on shore gale that was powerful enough to lift stones 9 inches in diameter, off the beach, and dumping them in the road. Slates were being ripped off next door's roof, and I was standing there in the middle of it all. What an idiot. I quickly returned to the safety on the great indoors. Upon which the window, frame and all, of a toilet block, was wrenched out and disappeared into the caravan park behind the hostel. The scene that greeted me was like something out of "The Exorcist", toilet rolls flying around the room, along with refuse bags, sanitary items and toilet brushes. Doors banging incessantly and the wind howling through the hole left by the missing window frame. One of the joys of living at the seaside. Another is sand. It gets everywhere. In and under carpets, in beds, sinks and even the roof space. Half our lives seemed to be dealing with sand that rightly belonged on the beach, not the house!

One event made living by the sea quite interesting, occurred one winter afternoon. We spotted a beached dolphin just opposite the hostel. We took out lots of towels to keep the animal damp, and we called the local animal rescue centre in Newquay (Wales, not Cornwall). They eventually arrived in a Land Rover and took the dolphin to their centre. Incidentally it was a slightly unusual dolphin, a striped dolphin not the common or bottle nosed species. We rang them the next morning and were invited down to Newquay to watch them release the animal back to the wild. We duly arrived on a bitterly cold morning, on the beach in Newquay harbour. The dolphin was carried to the sea and a couple of swimmers in wet suits, guided it

to deeper water. Upon which, it promptly swam back ashore, and re-beached itself. This happened three times. As they were trying for the fourth time, a seal appeared round the harbour wall and swam close to the dolphin, and actually guided the dolphin out of the harbour and out to sea. I had never thought that one completely unrelated species would help another, or even that the seal would recognise that there was a problem. But, I swear, this is what happened.

Looking back, I do realise that living where we did, had its advantages, especially for wildlife. Whimbrel on the beach, (a curlew like wading bird), gannets and skuas out to sea, and the only grasshopper warbler (a famously difficult bird to see), I have ever seen, at a local RSPB reserve. We also met some fascinating people who stayed with us, but perhaps I should keep some stories for another time.

John and Eileen Cotterill,

ST MARY'S CHURCH

Dear Friends,

The great British obsession with the weather has given us lots to talk about this summer. Was it the wettest July on record? – it certainly felt like it at times.

I was always led to believe that the long School summer holiday was to allow children to help with the harvest, but apparently this is a myth. There are people living in our villages who remember taking food and drink to the men working the land and we've probably all seen old photos of gangs of men standing on hay ricks, tools in hand. Things have changed, of course, with modern farm technology, but the harvest continues to be gathered in.

Harvest season in the Church always began with Lammas on 1st August, a largely forgotten thanksgiving service for the 'first-fruits' of the harvest. It was

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probably the day when loaves baked from the first of the wheat harvest were blessed at church services – the word Lammass means ‘loaf-mass’. Today, our focus is more on Harvest Festivals, usually in September and October and hopefully followed by a good lunch!

In fact, the Church calendar has lots of opportunities for marking the seasons of the Agricultural year, beginning with Plough Sunday in January, looking forward to the time of sowing and asking for God’s blessing on the seed and those who work on the land. Then there is the oddly-named Rogationtide in May or June, when the ‘beating of the bounds’ takes place and we ask God to bless the land and protect the crops.

In our deeply rural corner of Norfolk, it would be wonderful to restore these ancient traditions, marking the seasons and pausing to give thanks to God for the bounty of creation and to those who work to provide our food – our ‘daily bread’. It also gives us the opportunity to pray for those who struggle to put food on the table, who are experiencing the sharp end of the cost-of-living crisis. Please remember the work of our local Foodbanks and the Church Larder in North Elmham and support them if you can.

With the blessings of the season,

Revd Sally

WORTHING NEWS

With summer having now made a start with a little warmth and sunshine, we hope some time can be spent outdoors and meeting families and friends.

When you get a chance, please drop by and visit Worthing Church to view our wildlife and flora. Our church is open daily from 9.30am till 4.30pm. Also, explore the history of our Church.

World Photo Day – 19th August

This is an international photography event that celebrates the passion for photography in our communities. So collect your camera or use your mobile and take a few shots. Perhaps enter their annual competition with a few taken in our churchyard or inside St Margaret’s Church. Spot and record for yourselves some unique signs and symbols of history about the church and amongst the wildlife.

All-comers from across the county are very welcome to appreciate and take in this tranquil and peaceful part of this village. A worthwhile opportunity for keen photographers or artists to visit.

<https://www.worldphoto.org/sony-world-photography-awards>

ADVANCE NOTICE

The Norfolk Churches Trust Saturday 14th September 2024 Bike, Ride and Walk!

This is the date that should be in everyone’s diary whether you cycle, walk, ride, or whatever non-motorised means you use, or act as a ‘sitter’ at a church to give a welcome.

Please join us on the day and visit these unique buildings and help to sustain what we are all proud to have around us.

Details & sponsor forms from Celia.

“Blessing” (Millstream Cottages) Church
Road Worthing NR20 5HR
01362 668928
c.daniel784@btinternet.com

And finally, our Sunday Services for the month are 11th Holy Communion and 25th Iona Morning Praise both starting at 10.30am. We hope you will be able to join us.

[www.facebook.com/
StMargaretsChurchworthing/](https://www.facebook.com/StMargaretsChurchworthing/)

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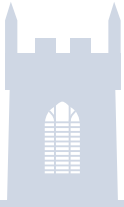
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CHURCH SERVICES



AUGUST 2024

4TH AUGUST – 10TH SUNDAY AFTER TRINITY

9:30 am	Wood Norton	Morning Praise
10:30 am	Bawdeswell + Zoom	Holy Communion
10:30 am	North Elmham	Holy Communion
10:30 am	Stibbard	Holy Communion

11TH AUGUST – 11TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	The '10:30'
10:30 am	Foulsham	Holy Communion
10:30 am	Worthing	Holy Communion
10:30 am	Stibbard	Morning Praise

18TH AUGUST – 12TH SUNDAY AFTER TRINITY

10:30 am	Bawdeswell + Zoom	Holy Communion
10:30 am	North Elmham	Iona Holy Communion
10:30 am	Wood Norton	Holy Communion
6:00 pm	Stibbard	Sung Evensong

25TH AUGUST – 13TH SUNDAY AFTER TRINITY

9:00 am	Guist	Holy Communion
10:30 am	Bawdeswell + Zoom	Word & Praise
10:30 am	Foulsham	Holy Communion
10:30 am	Worthing	Iona Morning Praise
10:30 am	North Elmham	Morning Prayer

*Services at Bawdeswell Church are also available on Zoom.

www.heartofnorfolkchurches.org.uk

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This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: Sarah Felton
PAGE 11: Brian Gee
PAGE 15: Sarah Felton
PAGE 21: Countrysiders
PAGES 29–31: Dave Appleton
PAGE 33: Caroline Payne
PAGE 38–39: James Buddell
PAGE 45: thewordsearch.com



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Vice Chair: Martin Phillips, 01362 668 409
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Nick Markwell, 01362 668 557
Michael Rayner, 01362 667 859
Colin Smith, 01362 668 585

PARISH CLERK

Kevin J Webb, 01328 855046
northelmhampc@hotmail.co.uk

MEETINGS

Held on 1st Wednesday of the month in the Pavilion at 7.30pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

VILLAGE FACILITIES

Allotments..... Martin Phillips
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Cathedral Meadows..... Tom Fitzalan Howard, Ann Keeble
Cathedral Ruins..... Ann Keeble, Tom Fitzalan Howard
Eastgate Centre..... Martin Phillips, Paul Grainger
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Tree Warden Tom Fitzalan Howard, Nick Markwell, Colin Smith
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PARISH CHARITIES

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information elmham.org.uk/parish-council/village-charities.

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Group website: elmhamsurgery.com

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Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School	Ms Victoria McConnell, Head Teacher	01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
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Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
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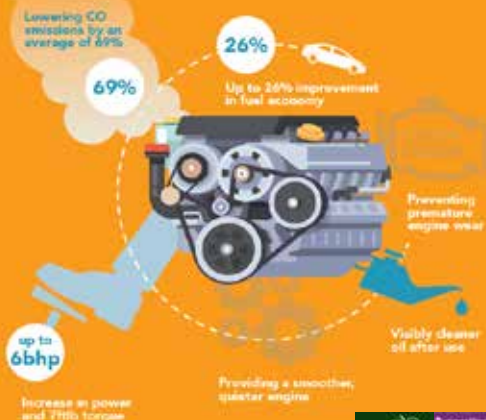
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