## Elmham Nevs

AITTYGE MY/GY/SIVIE

**APRIL 2025** 

NORTH ELMHAM VIEWS & NEWS

**FREE MAGAZINE: DONATIONS WELCOME** 

## R P Pest Control & Environmental Services

Helping you put your pests out of business YOUR FRIENDLY LOCAL PEST CONTROLLER Wasps, Rats, Mice, Moles, Rabbits, Pigeons and most Insects Controlled

CALL RICHARD RSPH Qualified, Fully Insured North Elmham, Dereham, Norfolk

Tel: 01362 667138

Mob: 07583076214





Muscle & joint pain; Sports injuries; Back Pain; Arthritis Neck and Arm pain; Dizziness; Headaches; Continence & Pelvic Health for men & women; pregnancy problems

01603 881184

#### Leys Farm, Hockering NR20 3JE

#### www.parkphysiotherapy.co.uk

Chartered Physiotherapists Registered with the Health Care Professions Council

Inspection & Testing
Maintenance
Fault-finding
Installation
01362 527977 info@power-medix.co.uk www.power-medix.co.uk

#### **EDITORIAL**

No doubt you've noticed that Easter is late this year which means, hopefully, the weather will have improved somewhat. That short spell of exotic weather in March had us fooled briefly.

Easter Sunday depends on a calendar linked to the sun and moon and is not a fixed date on the Church's calendar. The date is the Sunday after the full moon after March 21st which means there can be a whole month difference in the date. Next year, Easter will be at the beginning of April!

It's that time of year too, when Councils look back at what they have achieved and then tell us what they are planning to do in the coming year.

The Government plan to scrap all County and District Councils and respond with new authorities. Norfolk would be one, headed by a Mayor! You can give your opinion at https://www.future-east.co.uk

We sat down and tried to precis the very thorough report by our District Councillor, Bill Borrett, which includes how parishes can benefit from the Parish Partnership Scheme, how Highways plan to repair roads and use resources for patching and repairs. The Apprenticeship Scheme will be continued, and Hazardous Waste Days will be held.

The full report can be seen on the Community Website www.elmham.org.uk

Our sincere thanks for your donation go to C & J Kirby.

This month's cover is a beautiful spring morning taken across Cathedral Meadows.

NEXT DEADLINE: 14TH APRIL

> We welcome contributions from everyone in the village. Please share your stories, events, club activities and heartfelt tributes to loved ones with us. Your participation is crucial in making the Elmham News a true reflection of our village. Please email your article to each of the Editors.

#### **VOLUME 48: ISSUE 3**

#### **EDITORS**

Caroline Payne carolinejpayne@hotmail.co.uk 01362 668704

Meg White megandnigel@gmail.com 01362 668302

Janet Woodhouse robert.woodhouse2@gmail.com 01362 668525

#### ADVERTISING

Martin Phillips (Treasurer) martin.s.phillips@btopenworld.com 01362 668409

#### **MAGAZINE DESIGN**

Sarah Felton sarahefelton@yahoo.com

#### DISTRIBUTION

Debbie Coull elmhamdebbie@aol.com 07591 754 411

#### **CHAIR PERSON**

Brian Wheeler 01362 668 621 brian.wheeler456@btinternet.com

#### **DONATIONS TO**

SORT CODE: 09-01-54

A/C NUMBER: 44939709 A/C NAME: Elmham News

#### **COMMUNITY WEBSITE**

www.elmham.org.uk

**DISCLAIMER:** The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.



## S & C Window Repairs

#### Local independent business - Free estimates

Repairs to double glazed windows, doors and conservatories

Steamed up windows, broken handles, hinges, replacement gasket, plus cat flaps, door panels and more.

#### 01603 520136 or 0800 1601932

sandcwindows@gmail.com www.sandcwindows.co.uk



## 01362 668468 07786 309275

office@ndtnorfolk.co.uk

Nick Long DOT, ADI, DIA

Department of Transport Approved Driving Instructor Manual and Automatic Tuition www.ndtnorfolk.co.uk

#### Eastgate Centre

North Elmham Large Hall; Kitchen; Cloakrooms; off road parking Available for bookings

For rates please contact: 01362 668245



#### Alison Watson Beauty Treatments & Foot Health Practitioner

(S.A.C. Dip. FHP) (College Guild of Graduates Register)

Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions, Shellac Nails, Ear Piercing Toenail Trimming, Corns, Callus & Fungal Infections For Appointments, Please Ring; **01362 668419** 

#### **FOR SALE**

Riser recliner electric chair in dark brown PVU £50. Tel: Marion 01362 683 891.

#### CYSTIC FIBROSIS EASTER BINGO

Easter Bingo, North Elmham Memorial Hall on Monday 14th April with eyes down at 7.30 p.m.

Various prizes have been received so far, including various days out in Norfolk, tickets to Fakenham Races, a photo sitting in Norwich, bottles of wine, lots of Easter Eggs and much, much more.

Look forward to seeing you there.

Sharon

#### **KNIT AND NATTER**

A sad start to our meeting this month due to us hearing that Pat Long, one of our very ill members had passed away the night before. Our thoughts are with her family at the time of writing, and a sympathy card has been sent.

The meeting then went forward with everyone showing the knitting which they had done since last time we met. Amongst other things, June produced six beautifully knitted matinee jackets. A good selection of knee blankets, made from knitted squares was shown around the table and then gathered together to be taken out to appropriate places. There were also a number of little animals and toys, which will be prizes for our game at the garden fete. Everyone us-ing their imagination from owls and spiders to fish for a fish tree, rainbow caterpillars, toy air balloons, and tiny birds. Also, we have promises of knitted carrots and even ice cream cones, complete with knitted ice cream. Vanilla of course. Probably all these things are more fun to make than the usual useful things,

that we spend our time on, however, hats, warm scarves and sensory bands are always needed - so on we go.

Our thanks go to everyone who has donated wool this month.

Next meeting 1st April (no jokes please) 2-00 til 4-00 in the Pavilion. Everyone welcome.

Eileen Cotterill 01362 668380

#### HOUSEHOLD HAZARDOUS WASTE DAYS

## More household hazardous waste days to be held at Norfolk's recycling centres.

As part of the Norfolk County Council budget for the upcoming year, additional household hazardous waste events will be held across the county. These events will take place at seven recycling centres this spring, supplementing the usual autumn events.

The free events will be held throughout April and May 2025, and residents must use the recycling centre booking system to attend. Bookings will open one week before each event.

These events are exclusively for residents disposing of hazardous household waste. They are not open to businesses, groups, or other organisations. If residents do not have hazardous waste to dispose of, they will be directed to an alternative site, as the events are expected to be in high demand.

The spring hazardous waste events will be held on the following dates:

- 11th and 12th April at Dereham
- 9th and 10th May at Hempton

Please note, there will be no hazardous waste events over the Easter weekend.

A list of acceptable items for disposal at the hazardous waste days can be found here: www.norfolk.gov.uk/hazardouswaste

Your local building & property maintenance service. Over 25 years professional building experience.

**Building Repairs** Joinery / Carpentry Bathrooms / Kitchens New Roofs / Roof Repairs Extensions / Alterations Conversions / Renovations Windows / Conservatories Traditional Norfolk Flint Work **General Property Maintenance** 

## 07881 957032

info@roosbuild.co.uk



#### 01362 470543 www.roosbuild.co.uk



Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome



- · Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet

Tel: 01760 440269 (24hrs) Hale Road, Bradenham, IP25 7RA

6

#### **GARAGE/YARD SALE**

#### **Calling All Villagers!**

The North Elmham Memorial Hall Committee is considering organising a village garage/yard sale early in September after the school holidays. We are scoping interest from our villagers.

It's a good opportunity to get rid of anything you no longer need and make some cash without having to ship it to and from a car boot sale!!

If you would be interested in buying a pitch at your home (£7 per slot) please register your interest by emailing elmham-memorial@outlook.com leaving your name and a contact email.

We will provide village maps for participating homes for purchase/ collection by visitors at Memorial Hall on the day. All proceeds raised will be used towards upkeep of North Elmham Memorial Hall.

Tonia Culpin

#### **GARDENING CLUB**

We had an excellent Annual Dinner and Raffle in February, which was enjoyed by 47 members, friends and family. A sincere thank you to Ben and his team from the Teapost for providing such a satisfying and delicious meal.

Unfortunately, our planned speaker for March was unable to attend but we were fortunate to have Frank Lambert who stepped in at last minute to talk about "Fuschias". Ray, spotting an opportunity to exploit and made sure every member was given a Fuschsia plug to grow on for our August Show – where there will be a small prize for the best exhibit! The Fuchsia growing competition is for members only. Our next meeting on April 24th sees Martin Davey coming along to talk about Alpines and Rock Plants. If they float your boat, why not come along and join us for the evening. £3.50 which includes delicious refreshments.

Don't forget that our Annual Show on August 2nd has its schedule already available and anyone can enter!

As well and fruit, vegetables, flowers and plants there are also a wide range of hobbies and skills to be tested. So, whether you are a keen gardener, flower arranger, budding artist, a star baker or jam maker, a keen photographer, sewer or knitter, there is a category for you. There are also new categories for the young.

The schedule can be downloaded from the home page of the North Elmham Community Website www.elmham.org.uk

It is also available on our facebook page in the pinned posts and the photo album "Show Schedule 2025". If you are not able to print off an entry form or have any questions please get in touch with Ray on 01362 667226.

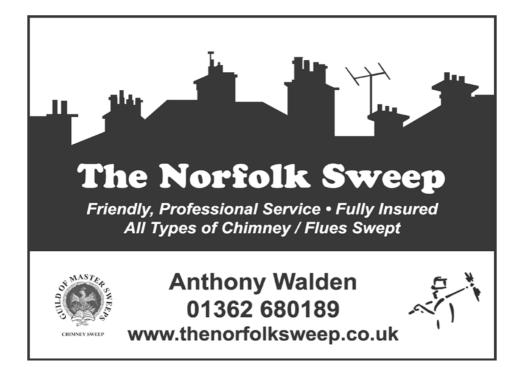
#### FOR RENT

Four units, different sizes available off Billingford Road, North Elmham.

Available for economic rental. Dry and clean, short or long term in three month time frames for storage, office of workshop use.

Large doors and 3 phase electricity available in some.

Telephone John on 01362 668306



#### JOHN COLES ELECTRICIAN + PROPERTY MAINTENANCE

All electrical work

Other maintenance and repair work? Ask us. Chances are, we can do it! Incl wood worktops re-oiled Sash window renovation No job too small or make a list for us Happy to advise and discuss work Detailed quotations Public liability insurance and references 07919 593391 johncoleselectrical@hotmail.com Your satisfaction is our reputation Friendly, reliable family business



Comprehensive stock to view at our showroom on The West Raynham Business Park

#### 01328 838 665

e-mail: firingsquadwoodburners@yahoo.com www.firingsquadwoodburners.com

**APPROVED CLEARVIEW STOCKIST** 

## NORTH ELMHAM **PANTONIA** ANYONE READY FOR THE NEXT PANTO?

#### ANYONE READY FOR THE NEXT PANTO? OH YES YOU ARE!!

**Hello Lovely People** 

+

I've had a great response so far to get this PANTO on the road, BUT still need more hands on board please.

I will hold a meeting in the Memorial Hall on Wednesday 16th April at 7pm to have an informal chat to move this forward. If you can attend, that's great! If you can't attend and would still like to participate then please let me know so I can put your name down with your chosen part etc. It doesn't matter how much you can help, many hands make light work!

Whether you are an actor, performer, singer, make-up artist, painter, back-stage help, icecream/bar assistance, marketing, pianist, sound, techy person - I NEED YOU!

Come on North Elmham People - this will be FUN!

Theresa Gower 07504 310019 theresagower@btinternet.com



## Mot, Service and Repair Centre

#### **Full Workshop Facilities**

- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- · Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- · Competitive prices- ring for a quote or pop in

#### NORWICH ROAD GARAGE

43 Norwich Road, Dereham, NR20 3AS Tel: 01362 692237 or 07900994749



(Next to the fire station) Proprietor: Derek Jarrett (30 Years Experience)



#### NORTH ELMHAM PARISH COUNCIL MEETING

#### WEDNESDAY 5TH FEBRUARY

The following information is taken from the Draft minutes and may be expanded where the Editors feel more explana-tion is necessary. The full official minutes can be viewed in the Post Office and on the Community Website once approved.

#### Pre Meeting Business: None

**Public Participation:** It was felt that the village is very scruffy in a number of areas. Breckland Council will be asked to sweep the streets. Boars Hill has a new 20 mph limit and it was asked if Eastgate Street could have the same. Highways, Norfolk County Council will be made aware of this request. Two parishioners pick litter from time to time. The members are aware of this and appreciate their efforts.

**Councillors Present:** Mr. P. Grainger (Chairman), Mr. M. Phillips (Vice Chairman), Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mrs. A. Keeble, Mr. N. Markwell, Mr. M. Rayner, Mr. C. Smith and Mr. J.Sowinski (co-opted at the start of the meeting)

*Also in Attendance:* Mr. K. Webb (Clerk) and two parishioners.

**Apologies for absence:** Mr. F. Gillespie and Mr. G. Bambridge (District Councillor)

#### **Co-option of New Member**

Joe Sowinski was proposed by Mr. Phillips and seconded by Mr. Fitzalan Howard. Agreed by all. He was welcomed to the Parish Council by the Chairman.

#### Updated Information And Matters Arising

#### Land Management Matters

*Village Green:* Mr. Gee has completely cleared the tree that fell down.

**Broom Green:** The Chairman is to speak to the Broom Green representative when appointed.

*Millennium Wood (and Jubilee Wood):* Mr. Sowinski has cut up damaged trees.

**Allotments:** Mr. Phillips reported that a large water container has been taken, presumably stolen.

#### **Street Lights**

Mr. Markwell has responded to the letter received from Debra Wicks of Amey, a national street lighting company with a local presence. They manage Norfolk County Council's Street lighting and signs. No update has yet been received from UKPN regarding the issue at 29 Eastgate Street.

#### **Highway Matters**

The matter regarding the temporary bus stop near the County School Station junction is now being dealt with by Rob Pratt, Public Transport Development Office, Highways, Transport and Waste, Norfolk County Council. It is the responsibility of the bus operator, Konectbus, to evaluate the site, apply their own health and safety criteria and accept the liability for serving it. Mr. Pratt says that it is clear that the stop is not suitable or safe and he will, therefore, be challenging Konectbus on its existence. Norfolk County Council has an obligation to transport children safely to their school and he is confident that the service 23 journey is subsidised by NCC. In parallel to the safety assessment, he will be talking to the school transport team as to how the problem can be overcome through their statutory obligations.

From Mr. Pratt's evaluation of the site, he concludes that locating the stops sufficiently away from the junction but also the curvatures in the B1110 that hamper visibility for overtaking cars, both to the north and south, is a significant chal-lenge. There is also the feasibility of constructing trods/footways on inadequate verges to allow safe passage

#### **CLUBS & ORGANISATIONS**

#### GROUP

Archive Group Art 4 All Norfolk Bowls - Institute Bowls - King's Head Brisley & North Elmham Cricket Club Countrysiders Elmham Football Club Elmham News **Elmham Surgery Patient Participation** Elmham Tennis Club Friends of North Elmham School Gardening Club Guides Knit and Natter NELS (North Elmham Living Sustainably) North Elmham Trailblazers **Reading Group Royal British Legion** Sewing for Pleasure SINE (Help) Snooker Mon & Fri Snooker Wed Tea@Two The May Singers Walking Football Walking Group Wensum Valley Birdwatching Society Wensum Valley Miniature Railway Wives + All Yoga **Young Farmers** 

# 林花林

#### CONTACT

Janet Woodhouse, 01362 668525 Angie Campbell Redwood, art4allnorfolk@yahoo.com Tony Langford, 01362 668854 Martin Phillips, 01362 668409 Mark Ballman, 01362 668935 north elmham cs@norfolkyfc.co.uk Chris Reeve, 07468 569699 Meg White, 01362 668302 Roger Thornley, 01362 668804 Geraldine Leeder, northelmhamtennis@gmail.com Naomi Brien, 07447 016620 Ray Norman, 01362 667226 Marian Morgan, 01362 696221 Eileen Cotterill, 01362 668380 Nicola Ruth Earle, nicolaruthearle@gmail.com Fliss von Christian, 07787 161446 Eileen Church. 01362 668330 Michael Aston, 01362 668959 Janet Woodhouse, 01362 668525 David Fairbairn-Day, 07398 758421(10-5) Neil Page, 01362 668296 Tim Smith, 01362 668487 Jo Fitzalan Howard, 01362 668232 Tony Langford, 01362 668854 Paul Carr, carrpaulus@aol.com Jenny Cunningham, 01362 668224 Sue Gale, publicity@wvbs.gmail.com Gordon Ford, 01263 512350 Gill King, 01362 668530 Karen Cornall, 07752 580414 Ella Jeary, ejeary23@gmail.com

to the stops. Updates on progress have been promised.

#### **Pavilion and Playing Field**

Miss Ferris reported that a new battery had been bought for the defibrillator at the Surgery.

It was agreed by all to pay the small invoice for £24.12 from Nurture as they had provided evidence that some cutting had been carried out in October of some small areas next to the Pavilion.

#### **Brookside Development update**

We have been advised that the road and footpaths are being asphalted and the work will be completed within a few days. Mr. Phillips will speak to the solicitors for an update on the current position.

#### **Archive Group Records**

The Chairman is to liaise with Mr. Smith.

#### **Christmas Lights Arrangements**

A letter had been received from the Chairman of the Elmham News Committee whose members were uncertain whether the switching on of the Christmas tree lights was an Elmham News or Parish Council event. As a result, they have made the decision not to be involved in the 2025 event.

The Parish Council members are adamant that it has never been regarded as a Parish Council event. As a gesture of goodwill, the cost of insurance incurred by the Elmham News had been refunded by the Parish Council. Any Christmas events for this year will be given appropriate consideration in due course.

Mention has also been made by the Chairman of the Elmham News of the five village notice boards which they had previously sponsored and installed. They wondered if the Parish Council would take over responsibility for maintaining them. It was the view that the boards were in generally good order and an asset for the village. It was felt that the general day to day responsibility for the input of items in the notice boards should remain with the Elmham News. The Chairman will inform the Chairman of the Elmham News.

#### New Village Hall

A sub committee has been formed and has initially assessed all activities currently taking place at the three buildings, i.e. the Pavilion, the Memorial Hall and the Eastgate Centre. Mr. Gee is to update the list now and on an ongoing basis. It will be circulated to members. The potential of each site and their values is to be considered. It will be particularly important to consult with Sport England. Mr. Sowinski is to join the committee which is due to next meet on February 25th.

#### Reports from District and County Councillors

Mr. Bill Borrett had submitted reports for December, 2024 and January, 2025. These can be viewed on the Parish Council section of the website.

#### Mr Gordon Bambridge Upper Wensum Ward Breckland Council Report to Parishes and Others Upper Wensum Ward Feb 2025

January has been extremely busy this year and February is developing in the same way. I have been working with our MP George Freeman and Terry Jermy the new Labour MP for the South of Breckland regarding domestic flooding issues in our area as a whole. Flooding seems to be getting worse and predictions are not good for the future, like many of you I live in a flood prone location, and recently came within an inch or so of water indoors so I do sympathise with those under threat. I have been the Breckland rep on the Norfolk Rivers Inland Drainage Board for over 22 years and have never had so many cases come up They do not make the news as they are mostly just one or two homes at a time, like mine, but they are a tremendous impact on the individual. It is to this end that I

have attached my report on the Norfolk Strategic Flood Alliance meeting last week to this note and as a couple have asked will also send you next week my Breckland report on the Association of Drainage Authorities annual meeting I attended this week (expect that in 2-3 days).

Flooding Hotline call 0344 800 8013 to report flooding anywhere in Norfolk. This is a single 24/7 reporting line.

At Breckland I am dealing with individuals enquiries as usual for a ward member including planning matters and missed bins which always top the list. I normally attend several Breckland meetings each month and have a policy of responding to emails promptly so please feel free to direct queries to my Breckland email.

Matters in process at the moment include the Breckland Budget which will be set next week (along with all your precept demands) That meeting will be live on youtube or can be watched later. The Breckland boundaries review, although with devolution we may not be here after 2027. Devolution itself which seems even closer that before, although we have been faced with this before, being political, which I do try not to be between elections, this is very much a labour part aim and policy to separate the people from the power in government. In Norfolk two tier government does work well, and in my opinion Districts are working better that County. If the proposals we have seen are introduced we will have another type or two tier in my opinion, and considerably more expensive. At the moment Breckland has the lowest council tax, so just balancing will mean we all will have bigger bills without the more costly mayoral//unity system. You will all make up your minds of course, and to help in this at least one session will be held for Parish Councils within the Breckland office.

Parishes struggling with the 'clunky' planning portal please talk to me or use the generic planning email at Breckland. I am told to expect a 'soon' resolution to it. As an individual I do not support the cancellation of the County Council elections in May. I believe it is a diminution of democracy and whilst some conservatives on County supported it others did not. It is definitely a labour party move to increase their influence in the shires and I have told senior members that is my opinion.

On 31st January I attended the Norfolk Flood and Drought Conference at County Hall representing the villages of Upper Wensum Ward and Breckland. I am sure some of you tuned into the live broadcast but for those who were not able to the gist of what happened is below and I am happy to seek to answer questions.

For me representing local people at these events enables a direct contact with senior people from different agencies on specific local matters which on this day including problems along the Wensum, protecting the Tud, various causes of flooding across the Ward.

Breckland issues including funding protection actions from many causes, the drainage levy and of course an extension of ward matters.

National issues such as how to react to huge increases in rates in some areas and how we can manage, and how other countries manage these.

#### Within The Conference These Matters Were Discussed

DEFRA spoke about 'looking at rivers natural flow management'

WRE spoke about 'joint actions on the Yare'

WMA spoke about 'revision of the demaining project'

NCC (leader) spoke about 'diversity of responsibility and sharing work'

ADA (CEO) spoke on 'demaining and described how to keep it simple'

UEA spoke about 'greater global warming and Imagination should be the 5th aim'

DDC\* spoke about 'described Netherlands attitude and priorities - ensuring awareness is the key

NCC 'we need information and must all share

DEFRA 'helping people with insurance and living with water'

ADA 'described the Somerset settlement of 1.5% public taxation'

ADA 'dealing with silt, thinking globally, soil management, allowing buffer strips'

NCC 'discussion regarding building reservoirs'

#### Proposed Actions To Follow And Report On At Next Years Meeting

'Under certain circumstances land owners can extract a spot change in flood management with a .gov.uk link to be sent to all parties'

'Some thought enforcement of riparian responsibilities is the key'

'Some thought two way information channels should be opened'

AW 'committed a big spend on resilience with Norfolk being The Centre of Excellence'

George Freeman MP asked for 'Circulation of the maps shown'

'Forecast of when and where housing'

'List of all Norfolk organisations'

'List of all local action groups'

'Draft plan for Norfolk including priorities'

#### Planning Applications and Determinations

#### Applications

i) 10 Oak Avenue, North Elmham – PL/2024/1200/HOU – demolition of existing attached garage and erection of new single storey lean-to side extension, including the re-modelling of the interior, proposed first floor balcony and fenestration changes - (no objections but comment to be made that the demolition of the garage will result in the loss of a parking space)

#### Determinations

#### None

Mention was made of 55 Eastgate Street which is in a very poor condition. An acknowledgement has been received from Breckland Council who advise that the matter has been forwarded to their Private Sector Housing Department who will monitor the situation.

#### Correspondence

1) Request from parishioner regarding the positioning of a new dog bin on Boars Hill – (it is believed that the District Council will not agree to collect another bin (this will be checked). The Parish Council has no plans to request another bin).

2) Information from Dereham Meeting Point and request for a donation. (All agreed to a donation of £100 which will be made at the next meeting – proposed by Mr. Smith and seconded by Mr. Phillips).

3) Carriageway resurfacing works between 25th and 28th February (B1145 – B1110)

4) Parishioner concerns regarding the parking area behind and adjacent to numbers 2 to 6, Eastgate Street - (the Parish Council has no authority on this matter. It was felt that the parishioner should approach Victory Housing. The Chairman is to draw the matter to the attention of Tom Forster, Highways Department. Mr. Gee will also speak with the parishioner).

5) Letter from PCC advising the intention to close the old churchyard (The Clerk will liaise with Mr. Bambridge, District Councillor. It was noticed that the box B2 was not ticked regarding the presence of war graves).















#### NORTH ELMHAM COUNTRYSIDERS

#### **Another Busy Month!**

February 15th Saw the leaders put on their glad rags and attend the North Elmham Young Farmers Club Valentine's Dinner Dance at Sprowston Manor. A good night was had by all despite the snow that fell.

On February 24th, we presented a YANA representative with a cheque for £153.00 raised at the Fakenham Tree Festival. This was alongside a talk by YFC Ben Johnson about mental health and how to have good mental health as young people. This also tied in with the week before for Children's Mental Health Week.

Sunday March 2nd saw us attend the North Elmham YFC Club's Ploughing Match with our cake stall. A brilliant day, the weather was very kind and some hungry tractor drivers and families tucked into some yummy bakes. £117.70 was made for the club.

March 10th, we enjoyed pancake fun, the children all took turns to make and top their own pancakes. Some very strange topping combinations happened on the night!

Easter Break 7-22 April, there are no meetings during this time.

We would like to thank everyone for their support, and wish you all a Happy Easter.

Leaders -Wendy, Rob, Kirsty and Ella and all the Countrysiders.

We meet every other week on a Monday term time only. 7pm-8.30pm at North Elmham Memorial Hall (unless otherwise stated).

For more information call or message Wendy 07557388228 or email north\_ elmham\_cs@norfolkyfc.co.uk. we can also be found on Facebook and Instagram

#### BRISLEY AND NORTH ELMHAM CC

This month will see the opening of the cricket season with the Saturday seconds entertaining local rivals Beeston 2s on April 26th in a pre-League friendly. Other early home fixtures are listed at the bottom of this article and we would welcome all new supporters as well as long-standing ones to come down to the beautiful Brisley ground . Pre-season nets have been well-attended and practice will soon switch to outside, weather permitting. Any potential new players for the Saturday teams should contact Ollie Hall on 07387 184473 for further details.

The Ladies team fixtures have now been arranged with the first Friday evening home game towards the end of May. The Ladies will be competing in a six team League with 5 home and 5 away matches. The new joint captains Tor George and Sophie Hall have again arranged for Norfolk's Steve Goldsmith to deliver coaching sessions at Brisley. The first will be on Thursday May 1st at 6.30 pm and will con-tinue for six more weeks. Again all potential new players are welcome to attend.

Early Season Fixtures. Home matches are as follows, all with 1pm starts:

Saturday April 26th Seconds v Beeston 2s

Saturday May 3rd Seconds v Narborough 2s League

Saturday May 10th Firsts v Ketteringham Hall League

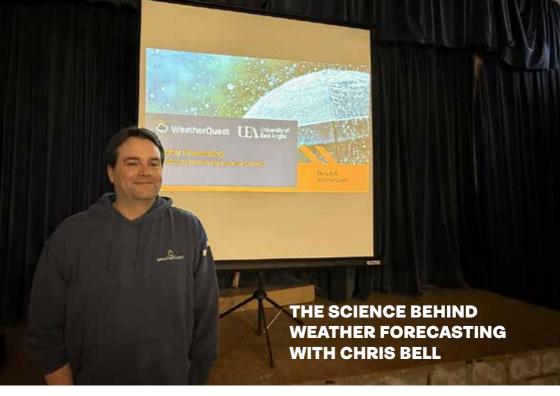
Saturday May 17th Seconds v Sandringham 3s League



VISIT OUR WEBSITE WWW. DEREHAMHIREANDSALES.CO.UK

**TRADE & DIY WELCOME** 

WE REPAIR AND SERVICE ALL MAKES OF POWERTOOLS



#### **WIVES PLUS ALL**

At March's Wives Plus All Meeting in the Memorial Hall, North Elmham on Thursday 13th March Chris Bell Metrologist Weatherman and Presenter from Weather Quest and BBC Look East gave an illustrated and informative talk on how the daily weather reports are predicted.

Information from the Met Office web site states "that creating forecasts is a complex computer process which is constantly being updated." There are three important stages to a weather forecasts and Chris highlighted these to us:-

- Knowing what the weather is doing now,
- · Calculating how this will change in future
- Using meteorological expertise to refine the detail.

Therefore creating a modern day weather forecast starts with observing the weather,

not just locally but all around the world. In the past that data was plotted on charts and the weather forecast projected by humans on paper. In todays age weather observations including data from weather satellites orbiting the Earth are fed into supercomputers which calculate complex maths equations to predict the weather for the coming days and weeks. Over 200 billion weather observations are made daily and supercomputers from weather agencies from all over the World run their supercomputers to predict the weather in modern times. The role of the human forecaster is to interpret the data from the computers and discuss how it will impact the life and business of the end User such as farmers tending their animals and produce, and if the temperature is slightly lower than expected that can mean the difference between frost or not by the end



## Design Print | Web Social Media

www.fakprepress.co.uk



Dog Grooming Salon in North Elmham

The Salon is fitted with a Hydrobath, Airconditioning and water softner.

Only quality products used and one dog in salon at a time.

City and Guilds Qualified, Fully Insured, Dog first aid Trained. All Dogs Welcomed

÷ .

Orchard House, Pump Street, North Elmham, Dereham NR205LS

Please Call Barbara on 07389809941

To book an appointment

## **BM Cleaning** COMPLETE CLEANING SERVICES 07879 457072 / 07912 851594



#### SPECIALISING IN EXTERIOR:

Window Cleaning (WFP & Trad)
All External Cleaning: autters.

fascias, uPVC, conservatory, cladding

- Solar Panel Cleaning
- Patio/Path/Drive Pressure Washing
- Brickweave drive Pressure Washing
   & Resanding

#### SPECIALISING IN INTERIOR:

- Carpet cleaning
- Upholstery cleaning
- Hard floor machine clean
   & polishing

Payments accepted

 For ALL your cleaning needs call us on 07879 457072 or email: info@bm-cleaning.co.uk

 72 Eastgate Street, North Elmham, NR20 5HF

 bm-cleaning.co.uk

of the night and whether a User's lorry needs to go about and grit the roads,

Chris said the forecast accuracy has improved greatly with time and in general a 3-5 day forecast was over 80% accurate but predictability of the weather is all about the weather patterns we are in.

There is still a long way to go in predicting the precise location of a summertime downpour!

Thanks go to Chris for a very enjoyable and entertaining evening explaining and showing the complexities connected with weather forecasting.

The next meeting of Wives Plus All will be on THURSDAY 10th APRIL 2025, commencing at 7.30 pm in the Memorial Hall, North Elmham. Tim Fisher from the Norfolk Rivers Trust will give a talk entitled "Why is Norfolk Water Precious"

There will be refreshments and a raffle. All are welcome. WIVES PLUS ALL PROGRAMME

Our programme of talks and events until the summer are as follows:

#### 10th April

Talk by Tim Fisher of the Norfolk Rivers Trust "Why is Norfolk's Water Precious?"

#### 8th May

Talk and video by a representative of Redwings "Behind the Scenes at Redwings Horse Sanctuary".

#### 12th June

Walk the Wildflower Meadow with Dave. Meet at the Ruins 6.30pm.

#### 10th July

Visit the garden at Severals Grange, Holt Road, Wood Norton NR20 5BL, arrive ready to start at 6.30p.m. Travel by cars. There will be a small charge for the garden, either  $\pm 5$  or  $\pm 6$  per head depending on number attending, plus  $\pm 2.50$  tea/coffee/cake.



Ann Ferris

#### Sunday 18th May 2025 12pm until 4.30pm



#### Free Parking | Entrance £2 | Children Free CASH ONLY EVENT

Pimm's & Beer Tent ~ Tea & Cakes ~ Open Gardens ~ Jazz Band ~ Raffle ~ Tombola ~ Games ~ Bouncy Castle ~ Craft Stalls ~ Plants ~ Books ~ Bric-a-Brac ~ Ice Creams & much more!

#### Dog Show Classes (begins 2.30pm)

- 1. Dog with the Waggiest Tail
- 2. Best Junior Handler (14 & under)
- 3. Dog, Egg & Spoon Race

find us on facebook 'Elmham Garden Fete

- 4. Best Biscuit Catcher
- 5. Dog with the most Character
- 6. The Musical Sit

#### Free vintage bus service from village

Elmham House, North Elmham, NR20 5JY All proceeds go to St. Mary's Church & community projects Pitches available - contact 07941 021 788

#### NORTH ELMHAM SURGERY UPDATES

#### **Online Triage**

As you may all be aware by now, we recently introduced a new way of working which enables patients to request medical appointments and make administrative requests for sick notes for example using the online form.

We have been actively monitoring this change in procedure and as a result will be making some minor changes.

With effect from 12th March all medical online triage requests will be available on our website, www.elmhamsurgery.com from 7.30 until 12 noon.

After this time, you will not be able to access the triage form until 7.30 am the next working day.

If after 12 noon you believe your problem is urgent, please telephone the surgery.

For all non-urgent requests made after 12 pm, patients will be signposted for them to access care elsewhere where appropriate,

- Pharmacies are now able to see patients with coughs, colds, sore throats, earaches, infected insect bites, impetigo.
- The Walk in Centre in Norwich is open (7 am to 9 pm) for all acute minor illnesses and injuries.
- GP Front Door this service can be found at the NNUH and Queen Elizabeth Hospital Kings Lynn.
- Community Urgent Eyecare Service, who deal with all sore, red, or painful eyes, loss of vision or foreign body in eyes.

We aim to respond to all medical requests within 48 hrs

If you cannot access the internet, or do not have a smartphone, you can call the surgery between 10 am -12 noon. A Patient Service Advisor can then complete the online triage form for you on your behalf, alternatively paper copies of the form can be found in reception at the surgery.

#### **Covid Vaccinations – Spring 2025**

We will be carrying out covid vaccinations again this year, the clinics will be run from our Swanton Morley Surgery Site.

Those eligible for the vaccine will be the over 75-year-olds and those who are severely immunosuppressed, we will not be able to vaccinate under 18-year-olds.

We will be starting vaccination clinics at Swanton Morley Surgery in the w/c 14 April. We will be sending out the invites to all eligible patients via SMS again, as we have done in previous years, this will then allow you to book an ap-pointment using the link that is sent to you.

We will also be contacting the housebound patients from 1st of April onwards to arrange vaccinations for those patients who are completely housebound and have no means of being able to attend the surgery clinics.

#### **Patient Contact Details**

Please could we ask all our patients to ensure we have the correct contact details and that they have opted to received SMS. This is how we keep our patients informed of changes etc. Anyone who has not given us a mobile number or think their mobile number that we have on their records is not up to date to please let us know by going to www.elmhamsurgery.com/formchange-of-contact-details.

#### **Easter Opening Times**

- Closed Good Friday
- Closed Easter Monday

www.elmhamsurgery.com





We offer a wide range of treatments and services you may not have tried yet..

Chiropractic Deep Tissue & Sports Massage Relaxation & Pregnancy Massage Reflexology Therapeutic Facials Neals Yard Treatments Tailored Health Guides Free 30 Minute Assessments

Creative Chiro, Pensthorpe Natural Park, Fakenham Road, Fakenham, Norfolk, NR21 OLN.

## **MASTER CHIMNEY SWEEP** NVQ QUALIFIED CHIMNEY ENGINEER

All Chimneys, flues and appliances swept

- Certificates issued
- CCTV chimney surveys
- Bird/rain guards / Anti down-draft cowls supplied and fitted
- Stove servicing and maintenance

#### **Established 1995**

CALL D THOMPSON CHIMNEYS LTD

## 01328 851081

www.the-sweep.co.uk





#### DEREHAM WALKERS ARE WELCOME

Please come and join us for a walk in the local area. We have two regular walks each month. Our shortest, easiest walk of around two miles is on the second Tuesday of the month and a slightly longer one of around four miles is on the first Friday of the month. We have a longer walked planned for the middle of May which will involve catching a bus to Beetley and then walking back to town.

For up-to-date information, please check our website www.derehamwaw.org.uk/, email Ken Hawkins: ken-hawkins@tiscali. co.uk or call him on 07505 426750.

#### FRIENDSHIP AND FLOWERS

Fakenham & District Flower Club

"EASTER" with The Stone Flower Company

Tuesday 1st April at 7.30 pm (and the first Tuesday of the month hereafter)

Hempton Memorial Hall Hempton, Fakenham NR21 7LG

We welcome new members and guests to join our flourishing, friendly

More details: Jackie on 01328 851933 Barbara 01328 701218

AFRIE DATEO TO REPIEMBER			
Tues 1st	Knit and Natter	Pavilion	2.00 pm
Wed 2nd	Sewing	Eastgate Street	2.00 pm
Sat 5th	Race Night: KH Bowls Club	King's Head	6.30 for 7.00 pm
Mon 7th	Schools closed till 22nd		
Wed 9th	Tea at Two	Memorial Hall	2.00 pm
Sat 12th	Islands and Childhood	Eastgate Centre	3.00 pm
Mon 14th	Bingo: Cystic Fibrosis	Memorial Hall	7.30 pm
Wed 16th	Sewing	Eastgate Street	2.00 pm
wed four	PANTO meeting	Memorial Hall	7.00 pm
18th –21st	Easter Weekend		
Wed 23rd	Schools reopen		
Wed 23rd	Mobile Library Visits	The Heath to Wensum Drive	13.15–16.40 pm
Thu 24th	Gardening Club - Alpines and Rock Plants	Memorial Hall	7.30 pm
DON'T FORGET			
Wed	Norwich Bus	Bus Shelter by Pavilion	9.37 am
Weekly		Opposite Orchard Close	9.39 am
ADVANCE WARNING			
Sun 18th May	Elmham Fete & Dog Show	Elmham House	12.00–4.30 pm

#### **APRIL DATES TO REMEMBER**

Please remember, we can only print dates that YOU give us

## King's Head Hotel North Elmham, NR20 5JB





LARGE BEER GARDEN at rear of hotel with kids play area

Book your table online: kingsheadnorthelmham.co.uk

Call: 01362 668856





OPEN 7 DAY A WEEK

Ac

FOOD SERVE

MONDAY TO SATURDAY 12.00NOON & 6.00PM TO

SUNDAY 12.00NOON

#### commodation • Bar • Restaurant • Beer Garden

C. B. C. S. C. S.



'S

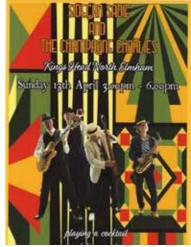
D )

TO 2.30PM ) 9.00PM

то 7.<mark>00</mark> РМ







#### Email: info@norfolkasphaltdriveways.co.uk

07915 221008

www.norfolkasphaltdriveways.co.uk <

## Norfolk Asphalt Driveways

Pump Street, North Elmham, NR20 5LS A family-run business with over 50 years' experience Specialising in Asphalt & Tarmac Driveways

#### OUR SERVICES:

- Asphalt & Tarmac with coloured chips
- Tar & Chip
- Resin Bound
- Block Paving
- Patios
- Domestic & Commercial

FREE NO OBLIGATION QUOTATION

01362 760500



For ALL your cleaning needs call us on 01362 668993 or email: info@180ovencleaning.co.uk 5 Pastures Loke, North Tuddenham, Norfolk, NR20 3FU www.180ovencleaning.co.uk









species of moth in the UK whose larvae are likely to feed on clothes or carpets – out of well over 2,000 species. The vast majority of moths will do no damage at all to your textiles. The two that might are known as clothes moths but sometimes get called carpet moths. The moths that are properly called carpets are something entirely different, and they're completely safe around your carpets (although they'd prefer to be outside). These carpet moths are, at least I have always assumed they are, so named because they are among the relatively small proportion of moths that hold their wings flat to the ground when in normal resting position.

There are just two

This month I am going to talk about the Common Carpet, a very common species as its name suggests. As with many of the nocturnal moths the best way of finding them is to use a light-trap at night, but this species isn't too difficult to find during the day as well. They're a medium-sized moth with a wingspan of about 2.5 cm so they're not too hard to spot especially if they're resting on some darker vegetation and the pale colours of the moth stand out (photo 1).

At a glance you might be tempted to pass one off as a rather dull brownishwhite moth but take a closer look and you'll see they have quite attractive and intricate markings, at least when they







are fresh (they become a bit less exciting when they're worn). The exact pattern varies between individuals but they nearly always show a broad irregularly-edged dark band across the centre of the wings that is edged on both sides by narrower whitish bands. The dark band can become more uniform when worn (photo 2) but on fresh individuals it's made up of a complex mix of browns, beiges, blacks and greys.

I caught one in my garden once that had a much narrower dark band than usual (photo 3) – this is a very unusual form for this species and I don't think I've ever seen another one like it.

When they're relaxed they usually rest with their wings flat, but at other times they often hold their wings up (photo 4), sometimes held so tightly together that you can't see their upperwings at all.

Adult Common Carpets normally start flying in late April or May but they have two overlapping generations of adults each year, the first peaking in June and the second in July/August.

The caterpillars of Common Carpet feed on Cleavers and other bedstraws. Cleavers (photo 5) is sometimes known as Goosegrass or Catchweed among a whole host of other names. It's often regarded as an annoying weed, the Velcro-like hooks sticking to our clothes or pets' hair, but next time you feel like pulling some up to get rid of it, spare a thought for the Common Carpet caterpillars that might be relying on it for their next meal.

There are a few other moths that can be easily mistaken for Common Carpet. The most similar is a relatively scarce moth called Wood Carpet. It's so similar that some cannot be identified with certainty even in a lab but usually they're a little larger and have a broader, cleaner white band across the wings.

Another similar species that you're more likely to find is the Sharp-angled Carpet (photo 6). The name provides a clue as to how to tell them apart from Common Carpets – the dark band across the middle has a sharp-angled tooth pointing towards the rear of the wing.

The Silver-ground Carpet (photo 7) is quite variable and some can be fairly similar to Common Carpet, but they are normally much paler. This is another species that you can often find during the day – and especially at dusk on warm late spring evenings.

I've mentioned several relatively similar species of carpet but there are lots of different species that are much more distinctive and colourful (one of my favourites is the Barred Yellow, photo 8). Keep an eye out for them and let me know what you find. It's always good to hear what you've been finding. You can email me at appleton.dave@googlemail. com or phone me on 668431.

Dave Appleton







#### **Cameron Reid BSc(Hons)**

OSTEOPATH Established - 1985

Back & Neck Pain Sports Injuries Muscle Strain, Sciatica Hip, Knee & Foot Pain Migraine & Headaches

#### www.cameronreid.com

Clinic: Mon to Fri 9.00am-7.00pm 45 Norwich Road, Dereham NR20 3AS 01362 696079



PAUL COX MBE 07960 863 991 pscelectrics@gmail.com

Domestic, commercial & light industrial installations & repairs

Part P approved

Follow us on:



## **DKC PLUMBING** Oil Boiler Specialists

- Oil Fired Boiler Servicing
- Boiler Breakdowns
- Boiler Repairs
- Oil Tank Repairs
- Radiator Power Flush
- General Plumbing
- Heating Systems
- Domestic & Commercial





Out Of

Hours

call outs

available

Google facebook A Yell.com.

\*\*\*\*

Call today for a quote 07375 995 198 www.dkcplumbing.co.uk



#### NORTH ELMHAM CEVA PRIMARY ACADEMY

#### Acorn Class (Reception, Year 1 and Year 2)

After a generous donation from Toftwood Garden Centre, the children have been busy planting herbs, flowers and vegetables ahead of our plant topic in Science. The children have started their own experiment to investigate what a plant needs to be healthy.

Acorns have predicted the seeds with soil, water, sunlight and placed in the correct temperature will be the healthiest. The children enjoyed diving into a range of Pancake Day activities before welcoming their adults in to stay and play at the end of the day.

#### Oak Class (Year 3 to Year 6)

Over the course of this half term, Oak Class have been working hard to develop their understanding of the Victorians. They have been completing various research tasks that focus on comparing our life now to life during this historical period. The children have been excited about this. As we move closer to the end of the topic the children will have a chance to showcase their learning in a variety of ways, including presentations, posters, written work and or a short recorded video.

#### Whole School News

#### World Book Day

North Elmham looked fantastic throughout the course of World Book Day. The celebration of books and characters within them was wonderful to see. The children joined classes before lunch and took part in a shared reading session which allowed the youngest years to tell the oldest about



All proceeds to go to Kings Head Bowls club

their favourite book and the oldest years an opportunity to read to a small group. North Elmham then followed this in the afternoon by completing various tasks such as 'Bizarre and Bonkers stories' and 'Designing your own book cover'

#### Norfolk Cricket Board

This half term both classes have had weekly cricket skills sessions. The children have thoroughly enjoyed developing their batting skills and throwing with increased accuracy.

#### **Playground Games - John Massey**

John Massey joined the school to teach the children playground games. The year 5 and 6 children observed different activities and are looking forward to implementing them during break and lunch times!

#### Tea @ 2

Another wonderful afternoon spent with members of our community, sharing our work we are most proud of. We en-joyed live music whilst eating delicious cakes and sandwiches! Thank you for always making us feel so welcome and including us in such an important event!

#### **Building work**

The new toilets are nearing completion. The new windows are in! We are hoping the work will all be completed by the Easter break.

## Friends of North Elmham School (FONES)

FONES are collecting unwanted Christmas jumpers to Recycle, please hand in any unwanted jumpers into the school office.

There is a rag bank at school, which is available for all of the community to use. Please feel free to use this as this is a great way to raise money for the school. SAVE THE DATE for our first community yard sale on June 22nd with further details to follow.

#### **Outdoor Materials**

We are still working on our outdoor spaces and would appreciate any donations of the following:

Wooden offcuts, logs, pond liners, plants, bulbs, guttering, paving slabs and artificial grass.

Please contact the school office if you feel you could help!

#### Do You Have a Child Who Will Start School 2025-2026?

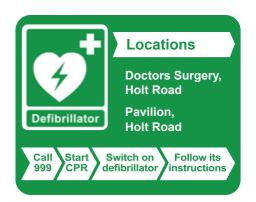
If you are interested in a place for your child next academic year, we would welcome you and your child to come and look round our wonderful school and see what we have to offer!

We also have places in other year groups so please contact the school office if you are interested in a place!

The school office contact number 01362 668318.

#### New web address

Please note our website has a new link www.northelmhamschool.uk



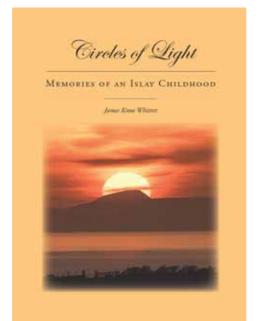
## **Islands and Childhood**

An afternoon of prose, poetry, music and song in English and Gaelic

Eastgate Centre, North Elmham on Saturday, 12<sup>th</sup> April at 3pm.

Entrance fee of £3 will be donated to the East Anglian children's hospice.

**Complimentary refreshments** 



## **WVBS**

As I write we have just had a week of wonderful weather so it really feels as if spring may have arrived. I feel we have earned it, as the weather has not been kind to us recently. Our February out-door meeting was to have been a late afternoon at Stiffkey, where we could hope to see raptors coming in to roost, including Marsh, Hen and Pallid Harriers. But an icy onshore wind and rain caused it to be cancelled. We were luckier at the end of January when a clear cool morning greeted 15 members at Holkham Nature Reserve. It was Burns Night so this visit came with shortbread and poetry, courtesy of Ptolemy! Having parked in the village carpark, the group fist dipped in to Holkham Park, where they saw Nuthatches and Treecreepers, plus a couple of Roe Deer. Walking down Lady Anne's Drive they soon encountered the visiting wildfowl for which Holkham is famous in winter. Three Great White Egrets were dazzling in the bright light. In the pools on either side were Pintail, Shoveler and numerous Teal while on the grass were Lapwings and Curlews. Overhead Buzzards and Red Kites circled, and Marsh harriers frequently disturbed the grazing birds. There was even a rapidly flying Merlin.

Walking through the pines towards Washington Hide they passed Long-tailed and Coal Tits with flitting Goldcrests, and a reed-lined pool held Little Grebes as well as Gadwall and a Mute Swan. From the hide these was an excellent overview of the marshes full of geese, with the calls of Greylags and Pink-footed Geese keeping them company for the whole day. Further along, from the newly re-stored Jordan Hide they added White-fronted Geese to the list, rather rarer than the other geese, and also Egyptian Geese. Some members left at lunchtime, but afterwards the rest made their way to the beach for the afternoon. The main target bird at Holkham beach in winter is always the beautiful Shore Lark, which is very distinctive with its yellow and black head. They are not always easy to see but have been very obliging this winter, and sure enough eight were seen. In the same area, behind the dunes, there were also Skylarks. Linnets and Meadow Pipits. Out on the sea were large groups of Common Scoter, perhaps two to three thousand in all, and when they took flight a couple showed the white wing bars that identified them as the less numerous Velvet Scoter. There were also a couple of Great Crested Grebes, a Red-throated Diver, Herring and Great Black-backed Gulls and small parties of Red-breasted Mergansers.

The very busy spring months will soon be upon us, and there are lots of planned trips to make the most of them. Details of planned outings for the year can always be found on our website – WVBS.co.uk – along with reports of all indoor and outdoor meetings.

#### **Forthcoming Events**

#### Indoor meetings

Held at Great Witchingham Village Hall on the third Thursday of each month. Visitors are welcome for a small charge ( $\pm 3.00$ )

Thursday 17th April AGM with a talk from Nick Acheson

Thursday 15th May Chris Durdin on The Norfolk Cranes Story

#### **Outdoor Meetings**

Saturday 12th April Cley NWT

Saturday 10th May Dawn Chorus at Pensthorpe

Full details of outdoor meetings can be found on the website - WVBS.co.uk

## JARR OPERTY MAINTENANCE

QUALITY BUILDING DEVELOPMENT AND IMPROVEMENTS

- Property rennovation & extensions Highly skilled local trade professionals
- Bespoke handcrafted joinery
- Flint knapping, walling & bricklaying
- Hard landscaping and specialists in grid paving & driveways



We provide a personal and professional service tailored to our client's requirements from concept to completion. Everything we do is finished to the highest standard.

Contact us today for a quotation!

799 53614 no obligation 🖉 info@garrodpropertymaintenance.co.uk

www.garrodpropertymaintenance.co.uk

## **Guitar and Music Tuition** Beginners to Advanced

Classical, Jazz, Folk, Pop and Rock, Bass Guitar

Jazz Improvising - any instrument. Qualified teacher and professional musician

Peter Wild LTCL Tel. 01362 668558 (North Elmham)

## MEMORIALS

## H Brett & Son

Monumental Masons - Craftsmen in stone



Call for our Brochure or visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH

Tel: 01953 881501



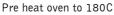
hŀ

#### Ingredients

8oz (225g) dates – chopped 10fl oz (255mls) water 1lb (454g) mixed fruit 3 teaspoons (14g) of baking powder 6oz (175g) plain flour Grated rind of an orange 4 tablespoons (60 mls)of orange juice 1 teaspoon (4g) of mixed spice



#### Method



Put dates and water in pan and heat gently until soft. Remove from heat and mash to break up dates. Place all other ingredients in mixing bowl, add the dates and stir really well.

Spoon mixture into a greased and lined 2lb loaf tin and level the top. Bake for 75 to 90 minutes until a skewer comes out clean. NB: Cover with foil after 40mins to avoid a burnt top.

For extra decadence, butter it before serving!









## WORZELS ROOFING ROOF TILER / SLATER NEW, OLD WORK REPAIRS

Leadwork, Fascias and Soffits, Guttering, Loft insulation, Timber Treatment, Roof Ventilation, Velux Windows.

NVQ level 2, over 30yrs experience No job too small, free estimates (will try and match, or beat, any written quote). 01760 755024 / 07990 972381 www.worzelsroofing.com

**BUY & SELL** roof tiles

## **ELMHAM MEMORIAL HALL**

Available for Hire

### LARGE HALL

With stage area and serving hatch Ideally suitable for Wedding Receptions and Theatrical Productions

### SMALL HALL

With Snooker Table, Darts and Short Mat Bowls equipment

Both Halls with access to rear garden area ( suitable for summer functions) and Well equipped kitchen. Crockery and cutlery available. Performing Rights and Public Entertainment Licences

Registered with Breckland District Council under Betting & Lotteries Act

Reasonable Hire Rates BOOKINGS: elmhammemorial@outlook.com or 07595 637031

Elmham Memorial Hall is Registered Charity - No 304020

## **ST MARY'S CHURCH**

Dear Friends,

On Saturday 21st June, St Mary's Church is hosting an Eco-Fair – the first of its kind in North Elmham. There will be a range of exhibitors, from conservation and wildlife organisations to all things organic! We're also planning children's activities and refreshments in the Memorial Institute Hall. Do save the date – more details to follow next month.

The Bishop of Norwich, the Rt Revd Graham Usher, is national lead for the Church of England on environmental is-sues and is passionate about his subject - leading the Diocese's pledge to be carbon neutral by 2030, including, of course, all of the churches and their churchyards. He says: "Responding to the climate and biodiversity emergencies is not an optional interest for the ministry of the Church, it is an imperative for the mission of God's Church." A fascinating thing about our churchyards is that they are unique habitats as they are never treated with chemicals and fertilizers (other than 'spot' spraying for persistent invasive weeds). At St Mary's, we have invited the Norfolk Wildlife Trust to visit the churchyard to advise on how it can be managed well to encourage a diversity of flora and fauna.

April will see our gardens, and our churchyard, burst into growth, beginning the season for grass-cutting and weeding and hopefully, more enjoyable garden tasks!

April is also the month when we journey with Jesus in the final weeks of his life as we approach Holy Week and Good Friday to stand at the foot of the cross. When all seemed lost and hopeless as Jesus died, and the disciples turned away to resume their former lives, God did something

Come and join us for								
<b>T@2</b>								
Afternoon Tea 2-4pm								
Cake, Sandwiches, Savouries & Music								
At North Elmham Institute								
2nd Wednesday of the month								
Everyone is welco	me, <mark>please bri</mark> ng a frien	d and a neighbour						
13 1200	Da <mark>tes for yo</mark> ur diary							
The second	12th MARCH							
	9th APRIL							
	14th MAY							
Any questions? Call	All costs covered by	Need a líft? Call						
Jo 01362 668 232	St Mary's Church	Tísh 01362 668 678						

## **Ma**dhouse

We are trained experienced childcare providers offering flexible hours, tailored to your needs.

We promote independence and healthy living within nurturing environments.

#### Ofsted rated "Good"

Contact details: Debbie elmhamdebbie@aol.com 07591 754 411



07984 804679

#### **Mobile Tyre Fitting Norfolk**

- Same day service
- Covering the whole of Norfolk
- Emergency or regular tyre change 7 days a week
- Mobile tyre fitting whether at home, work or roadside we come to you to assist with your tyre replacement.
- Wide range of sizes in stock
- Based near Swaffham

info@doorsteptyrefittingltd.co.uk



#### WILLIE WESTON of BLAKENEY Fresh locally caught fish, shellfish, pates & more You can find me at Fakenham Near the Red Lion on Thursdays 7.00am to 2.00pm and Near HSBC on Saturdays 8.00am to 2.00pm Or delivery to Elmham on Tuesdays Please phone your orders to 01263 740910 or visit The Fish Shop, 5A Westgate Street, Blakeney

new, something almost unbelievable. For early in the morning of that first Easter Day, Jesus burst forth from the tomb, overcoming death. In doing so, he invited all of us, across all time, to enter a new relationship with God, to know that we are his treasured creatures and to enjoy his presence and the promise of eternal life.

Do join us at St Mary's to celebrate Easter joy – Sunday 20th April, 9.00 am – a family Communion service that will probably involve chocolate in some way!

Yours, in Christ,

**Revd Sally** 

## **WORTHING NEWS**

#### BISHOP'S LENT DIOCESAN APPEAL 2025: LENT BRUNCH

Sunday 6th April, from 9.30 am

A simple brunch with rolls, cheeses, fruit, hot drinks / juices will be served in church. Any kind donation received will be passed on to fund YANA's (You Are Not Alone) telephone helpline, offering confidential support to those in need.

"YANA is doing vital work by being alongside people working in farming and rural businesses, offering help and hope to those struggling with stress or depression. Those living and working in rural areas are often facing increasing challenges and I have been very impressed by all YANA does to care for people." Bishop Graham

Find out more about YANA: www.yanahelp.org

No booking necessary, please drop by and join for brunch.



#### Easter Sunday 20th April Easter Day Duck Race & More!

#### 11.30am - Children's Easter Story with Norman & Duck Race at 12.00 noon

In aid of St. Margaret's Church Building Appeal our traditional Easter Sunday Duck Race in Worthing, starts at Millstream Cottages, by the river.

Suggested Donation £2.50 per sponsored Duck Remember to pick up a ticket or two! Easter egg prizes to be won! Winning ducks/numbers to be announced in May editorial. Good luck everyone!

#### **Church Service Dates for April**

Holy Communion on Sunday the 6th April 9.30 am Holy Communion & Lent Brunch, on the 20th April 11.30 am Easter Story with Norman by the River.

#### Adance Notice

Come and partake in a delicious cream tea on Bank Holiday Monday 5th May from 2–4pm at Worthing Church.

#### Contact

For all details concerning St. Margaret's Church in Worthing contact Celia Daniel on 01362 668928. Check out our facebook page for additional information and stories. www.facebook.com/ StMargaretsChurchworthing/



## Joanne Medler Hypnotherapy

ACCPH Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how Hypnotherapy may be able to help you

Tel: 07766 870145 Joannemedlerhypnotherapy@gmail.com www.joannemedlerhypnotherapy.com

#### **Tina Barnes** MCFHP MAFHP Foot Health Professional Professional treatment in the comfort of your own home

We specialise in treatment for:

CornsIngrown toe nailsFungal infectionToe orthoticsCallusNail deformitiesDiabetic foot assessmentFor a private consultation & appointment:

Tel: 01362 668348 - Mobile: 07833 511353



## phone/fax: 01362 861024 mobile: 07796550189 All jobs considered

Gardens/Driveways restructured and designed Brickweave/Patios/Pathways/Carparks/Borders/Edging etc (All materials & aggregates can be delivered and surplus cleared away)

Complete Self-Sufficient Service



20% Off the cost of Power flushing for limited time only



We are seeking donations for the Elmham Fete. Every contribution, big or small, helps to make the fete a fun filled day for everyone.

## Bric-a-Brac • Cakes • Books • Plants • Raffle & Tombola Prizes

It's a great excuse to have a de-clutter, pot up some plants, do some baking or get rid of those unwanted bottles leftover from Christmas!

Please drop your donations at Elmham House. Contact Jo on 07796 493 495 or drop off on the day. All proceeds go to St. Mary's Church & community projects.

## **ANT'S CARPETS**

Carpet and vinyl supplied and fitted Free measures, estimates and planning All work guaranteed – Home selection service available Wet room flooring supplied and fitted

Customers own carpet and vinyl fitted

Mobile: 07919273107 Tel: 01362 667747



## **CHURCH SERVICES**

## **APRIL**



#### www.heartofnorfolkchurches.org.uk

#### **6TH APRIL – PASSION SUNDAY**

9:00 am	Worthing	Holy Communion
9:30 am	Wood Norton	Morning Praise
10:30 am	North Elmham	Holy Communion
10:30 am	Stibbard	Holy Communion
10:30 am	Bawdeswell	Word & Praise

#### **13TH APRIL – PALM SUNDAY**

10:30 am	North Elmham	Iona Holy Communion
10.30 am	Bawdeswell	Holy Communion
10:30 am	Foulsham	Holy Communion

#### **20TH APRIL – EASTER DAY**

9:00 am	North Elmham	Holy Communion
10:30 am	Wood Norton	Holy Communion
10.30 am	Bawdeswell	The 10:30
11:30 am	Worthing	Village Iona Morning Praise, followed by Duck Race
6:00 pm	Salle	Sung Evensong with the Heart of Norfolk Choir

#### 27TH APRIL – 2ND SUNDAY OF EASTER

9:00 am	Guist	Holy Communion
10:30 am	Foulsham	Holy Communion
10:30 am	North Elmham	Morning Praise
10:30 am	Stibbard	Morning Praise
10:30 am	Bawdeswell	Holy Communion

Services at Bawdeswell All Saints are available on Zoom – please contact Robin Taylor for joining details: robin.bawdeswell@gmail.com

#### **CONTACT DETAILS**

Billingford, Bintree, Guestwick, Guist, North Elmham, Stibbard, Twyford, Wood Norton, Worthing: Revd Sally Kimmis, 01362 668850, heartofnorfolkrector@gmail.com Bawdeswell, Bylaugh, Elsing, Foulsham, Foxley, Lyng, Sparham, Themelthorpe: Revd Richard Turk, 07721 035009, revdrichardrwv@gmail.com

EASTER WORDSEARCH																		
	z	s	т	v	s	с	м	Y	N	н	s	к	s	Α	н	т	L	
	G	v	Р	с	w	I	v	F	с	A	с	Р	v	E	z	D	D	
	Р	A	с	с	ο	E	w	L	N	м	A	ο	Y	z	s	L	Р	
	Р	U	н	E	G	G	L	υ	т	s	A	z	к	ο	G	х	D	
	J	т	ο	R	В	U	м	J	U	G	х	F	0	Р	N	G	A	
	F	0	с	к	U	I	х	Р	I	R	I	s	Y	L	N	Y	F	
	р	0	0	0	ц	7	C	C	•		м	0	G	т	C	т	E	

F	ο	с	к	υ	I	х	Р	I	R	I	s	Y	L	N	Y	F
D	Q	ο	Q	н	z	с	с	A	L	м	ο	G	I	с	т	F
s	E	L	Q	F	н	т	s	υ	L	E	Р	х	E	к	м	ο
s	G	Α	т	E	N	N	Q	В	Α	R	s	R	E	G	с	D
w	G	т	н	х	A	U	х	z	U	A	R	т	v	s	с	I
z	s	E	т	s	J	н	м	Р	с	В	I	к	v	s	z	L
с	ο	Р	0	R	s	L	R	R	н	В	U	х	J	ο	s	s
с	т	Y	L	Р	G	L	v	Y	I	I	A	D	х	м	J	в
w	с	N	Y	z	В	Q	к	х	с	т	E	к	s	A	В	м
к	х	N	U	м	s	D	U	с	н	L	I	N	G	s	Р	A
х	к	U	х	G	N	I	R	Р	s	Р	L	U	ο	G	G	L
Р	s	В	G	Q	D	A	s	N	A	E	В	Y	L	L	E	ſ
-	NNY CKLII	NGS	-	PRIN GGS	G		EGG JELL\	/BEAI	٩S		OCOI MBS	LATE		ASKE HICK		

DUCKLINGS BONNET

EGGS DAFFODILS

RABBIT

JELLYBEANS

IRIS

CHICKS HUNT

## **ADVERTISERS INDEX**

#### Children

Madhouse (Childcare)42
------------------------

#### **Eating Out/Eating In**

Kings Head Hotel	26–27
Willie Weston (Fishmonger)	42

#### Fitness, Health & Beauty

Alison Watson (Beauty & Podiatry)	4
Cameron Reid (Osteopathy)	32
Creative Chiropractic	24
Equiphysique (Physiotherapy)	42
Joanne Medler (Hypnotherapy)	44
Park Physiotherapy	2
Tina Barnes (Podiatry)	

#### For The Home & Garden

180 Oven Cleaning28
Ant's Carpets45
Assured Boiler Care44
BM Cleaning20
Dereham Hire (Digger & Tool Hire/Sales)18
DKC Plumbing & Oil Boiler Specialists
D Thompson Chimneys (Chimney Sweep)24
Firing Squad (Woodburners)8
Garrod Property Maintenance
Greensleeves (Lawn Care)18
Help at Hand (Garden Maint)44
John Coles (Electrician/Property Maint)8
Norfolk Asphalt Driveways28
The Norfolk Sweep (Chimney Sweep)8
Norfolk Woodburners (Installations)32
Paul Cox Electrical
Power-Medix (Electrician)
R P Pest Control
Richard Roos (Property Maint)
S&C Window Repairs
Tree Work East
Worzels Roofing40

#### Firewood

Mark Bane (prev l	MB Logs)	)4	,
-------------------	----------	----	---

#### **Funeral Directors**

Fakenham & District Funeral Services10	)
H Brett & Sons	3
Littleproud & Son	ô

#### **Holiday Accommodation**

Kings Head	Hotel	26–27
------------	-------	-------

#### Pets

Four Paws (Dog Grooming)	6
Furry Dogmother's (Dog Grooming)	20

#### Tuition

Nick Long (Driving)4
Peter Wild (Music)

#### Vehicle Maintenance

Classic Offroad Garage Services	18
Doorstep Tyre Fitting	44
Norwich Road Garage	10
North Elmham Service Station	51 & 52

#### Venue Hire

Eastgate Centre4	
Elmham Memorial Hall40	

#### Other

Clan Press	51
Fakenham Prepress	20

*To advertise in the Elmham News please contact Martin Phillips: martin.s.phillips@btopenworld.com* 

#### This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

COVER: Sarah Felton PAGE 16: Wendy Cottrell PAGE 19: Sarah Felton PAGE 29–31: Dave Appleton PAGE 33: Elmham CEVA Primary Academy



## NORTH ELMHAM PARISH COUNCIL

#### **PARISH COUNCILLORS**

Chair: Paul Grainger, 01362 667 135 Vice Chair: Martin Phillips, 01362 668 409 Ann Ferris, 01362 668 580 Tom Fitzalan Howard, 01362 668 232 Brian Gee, 01362 422 799 Ann Keeble, 01362 668 216 Nick Markwell, 01362 668 557 Michael Rayner, 01362 667 859 Colin Smith, 01362 668 585

#### **PARISH CLERK**

Kevin J Webb, 01328 855046 northelmhampc@hotmail.co.uk

#### MEETINGS

Held on 1st Wednesday of the month in the Pavilion at 7.30 pm. All parishioners welcome. Public participation takes place at the beginning of each meeting. County and district councillors attend meetings whenever possible.

Between meetings specific matters for the Parish Council can be notified according to the list below.

#### **VILLAGE FACILITIES**

Allotments	Martin Phillips
Broom Green & Pound	To be confirmed, contact Parish Clerk
Cathedral Meadows	Tom Fitzalan Howard, Ann Keeble
Cathedral Ruins	Ann Keeble, Tom Fitzalan Howard
Eastgate Centre	Martin Phillips, Paul Grainger
Millennium & Jubilee Wood	To be confirmed, contact Parish Clerk
Playing Field & Pavilion	Colin Smith, Ann Ferris
Prince William Wood	Tom Fitzalan Howard, Nick Markwell
Village Green	Colin Smith, Brian Gee
Footpath Warden	Ann Ferris

#### SERVICES

Environment & Maintenance	Martin Phillips
Highways	Paul Grainger, Brian Gee
Mid-Norfolk Railway Liaison	Michael Rayner, Nick Markwell
Planning	Michael Rayner, Martin Phillips
Street Lighting	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Tree Warden	Tom Fitzalan Howard, Nick Markwell, Colin Smith
Website	Martin Phillips

#### **PARISH CHARITIES**

There are a number of charities that make grants to individuals resident in the parish. Please consult the community website for information elmham.org.uk/parish-council/ village-charities.

## **NORTH ELMHAM DIRECTORY**

Elmham Surgery, Holt Rd - 01362 668215 Group website: elmhamsurgery.com					
Surgery Opening Times			m–6.30 pm, Wed 8.30 am–6.00 pm		
Swanton Morley Surgery, Dereham Road - 01362 638100					
Surgery Opening Times					
Elmham and Swanton M	orley Disp	ensary			
Dispensary Opening Times	Dispensary Opening Times Mon, Tue, Thur, Fri 8.30 am–12.00 pm, 2.00 pm–6.30 pm Weds 8.30 am–12.00 pm, 2.00 pm–6.00 pm				
Other Useful Contacts					
NHS Medical Help	Dial: 11	1	111 online: 111.nhs.uk		
POLICE: Non Emergency	Dial: 101	- EMERGENCY	Dial: 999		
Breckland District Councill	ors	Gordon Bambri Bill Borrett	dge	01603 881364 01362 860200	
Norfolk County Councillor		Bill Borrett		01362 860200	
Member of Parliament		george.freema	n.mp@parliament.uk	01953 600617	
Nth Elmham CEVA Primary	Academy	Ms Victoria Mc	Connell, Head Teacher	01362 668318	
Chair of Governors		John Robson c	hairofgov@flourishfed.co.uk		
Memorial Institute		Bookings: Kayle	igh, elmhammemorial@outlook.com	07595 637031	
Pavilion		Bookings: Ann	Ferris, p.ferris84@yahoo.com	01362 668580	
Eastgate Centre		Heather Caley		01362 668245	
Breckland Dog Warden		Confidential message or texts 07771 617417		01362 858500	
London Express Tickets		Travel Centre		01362 694211	
Sanders		Wednesdays to Norwich		01263 712800	
Konect Bus				03300 539358	
Community Website		www.elmham.o	rg.uk		
Dereham Library, 59, High Street, Dereham, NR19 1DZ - 01362 693184 Opening times: Mon–Fri 09:30–19:00, Sat 9:30–16:00, Sun 10.00–16:00 (Open Library access only) Mobile Library calls in Elmham every 4 weeks					
Anglian Water				0845 7145145	
Dereham Leisure Centre				01362 693419	
UK Power Networks		Power Cut (24 I	nours)	0800 31 63 105	
Samaritans				116 123	
Citizens Advice Bureau		www.ncab.org.u	Jk	0800 144 8848	
Clergy - All telephone nu	mbers loc	al code (01362)	1		
Church of England	Reveren	d Sally Kimmis	heartofnorfolkrector@gmail.com	668850	
	Reveren	d Richard Turk	revdrichardrwv@gmail.com	07721 035009	
Roman Catholic	Father Ja	ау Т Мадриуо	35 London Rd, Dereham	694066	
Methodist	ethodist Rev Betty		31 Trinity Close, Dereham	695582	
Salvation Army	Major Di	iana Bennetts	dereham@salvationarmy.org.uk	696341	
Church Wardens					
Elmham	Michael	,		668424	
Worthing	Celia Da	niel		668928	



## NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres, Batteries, Exhausts

## & Restorations



#### Monday - Friday 8:30am-5:00pm Saturday 9:00am-12:00pm

Station Road, North Elmham, NR20 5HH

Tel: 01362 668226

# Detox your engine

Increase in power

owering CO missions by an

69%

quister engin

## The UK's ONLY Multi Award Winning Engine Decontamination Treatment is now available here at North Elmham Service Station

You can enjoy **IMPROVED FUEL ECONOMY** and **RESTORE ENGINE PERFORMANCE North Elmham Service Station** now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines

## The ONLY Engine Decontamination Treatment available in the Dereham area

Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance

#### **Benefits include :**

- Increased Miles Per Gallon
- Drastically reduced
   exhaust emissions
  - Prolonged engine life
  - Reduced engine internal friction allowing smoother running
  - More efficient oil flow around engine



Station Road North Elmham Dereham Norfolk NR20 5HH



