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**APRIL 2023**

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## EDITORIAL

We understand that at the time of going to print, there have been no new candidates for the role of Parish Councillor for North Elmham. Candidates had to have their submissions in by 4th April. If there are no submissions, it means that the existing councillors are automatically re-elected and there will be no Parish Council Election on Thursday 4th May.

We are printing a few words from existing councillors to refresh your memory about the work that they do.

However, there are County Council Elections on that day, and you can vote, using your photo ID at the Pavilion from 7.00am to 10.00pm.

We gather that the Parish Council Coronation plans are going ahead and will be published in full nearer the day. There will be a Big Lunch on Sunday 7th May – see poster in magazine. Hopefully, individuals will also make plans – how about tea outside with neighbours, royal bunting etc.

The Campaign Against New Town is gathering momentum and every household will be visited by a volunteer bearing a form to be filled in and returned. Good reports from one volunteer gave a 100% success and 65/65 households all said “NO”. Now is not the time for apathy and waiting for someone else to do something. We must all make the positive effort to stop this so called “Railway Village” from happening. Hopefully we can nip this particular travesty in the bud.

We are delighted to learn that Matthew Beck has taken over the Fish and Chip shop on Station Road. He opened on Tuesday 14th March and will be open at the following times : T,W,Th 4.00–8.30 pm F & S 11.30am–9.00pm. The telephone number is 01362 423468. We wish him every success in his new venture.

Our sincere thank yous for donations goes to Anon Station Road and Sally and Neville.

**PLEASE NOTE: Submission deadline for articles to be included in the MAY edition is 14TH APRIL. Please email your article to each of the editors listed below asap before the deadline.**

**Volume 46, No 3, April 2023**

**DONATIONS APPRECIATED**

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## BRECKLAND LOCAL PLAN CONSULTATION

I can now report that, as many of you will have seen, Breckland District Council's Issues and Options Consultation is now 'live' and runs until 19 May. North Elmham Parish Council urges residents to take part in the consultation which looks at the strategy for proposed development in the Local Plan to 2046. There will be other rounds of consultation which look at individual sites proposed for housing in the parish.

Of particular concern to the Parish Council and to CANT (Campaign Against the New Town), which is supported by the Parish Council, is the question of a New Town in Bintree, Billingford and North Elmham. You may well want to respond to all or many of the 60 consultation questions, but at least we suggest you answer question 13 which asks: 'should there be a new settlement Garden Town/ Village developed within Breckland?' If you are against the proposed New Town, we suggest you answer 'no' to that question. There is also a space for an explanation (unless at time of writing you use the online submission option via the Commonplace tool). This consultation is not about specific sites, so the Parish Council will add this explanation:

There is no need for a new settlement if other growth options are followed, such as organic growth of existing market towns with policies in place to ensure vacant brownfield sites are developed. In addition, we question what we feel are higher than necessary housing target numbers for the District. Given the overriding need for sustainable development which also address Climate Change, housing numbers should be kept to the minimum required by central government, rather than pursuing growth beyond that. In addition, the urban extensions of Thetford and Attleborough can be considered as new settlements, certainly in terms of their size.

With these large new settlements, there is no need for any more new settlements in the District.

If, in despite of these concerns an additional new settlement was to be considered, there are various criteria listed below, which should all be followed before any location for such a settlement could be allocated. Any site would have to have existing transport and other necessary infrastructure, or 100% certainty that it would be delivered before the new settlement was occupied – this would be good ("A" road and preferably dual-carriageway) road links and commercial rail with a station in the new settlement. There would need to be sufficient jobs in the new settlement to ensure it did not become a commuter dormitory town or village. It must not harm the local environment, landscape or wildlife, including the risk of polluting run-off or groundwater. There would need to be adequate water-resources and sewerage treatment. It should not be sited primarily on BMV (Best and Most Versatile) agricultural land. It must have the necessary schools and NHS facilities in place before occupation. It should not contribute to Climate Change e.g. by being car-dependent.

A major problem with locating a new settlement is that at present this is guided by the availability of a site as promoted by a landowner/developer. It is therefore not being selected because of any factors other than the desire for profit. The location of new settlements should not be left to the whim of landowners, but should be selected by government, and be chosen because of a number of factors e.g. availability of employment, geographical and spatial factors, transport, natural and historic

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With the Autumn and Winter months upon us...

It's time to snuggle up and gather with friends and family....Our Christmas, New Year's Eve & plans for January 2023 are on our website & on posters in the pub. Any questions, feel free to give us a call.

Recently we put together a project called Local Voices, the aim of the project being to preserve our local heritage. A part of the project is to have portraits of people in our community painted by a talented local art group as well as anecdotal voice recordings. If anyone is interested in taking part, we'd be delighted to hear from you. Please email or call Laura at the pub to arrange this.

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environment, landscape, and socio-economic factors., as well as consideration of the factors in the previous paragraph.

The consultation can be completed online using the Commonplace tool, or a form completed and emailed in, or posted. In addition, CANT will be distributing a leaflet door-to-door, with a focus on question 13, which residents may want to complete and return at the time.

The Parish Council will also be answering other key questions for North Elmham, including the view that the Local Plan should keep with the concept of settlement boundaries, that the bulk of new housing should be in existing towns, and that affordable housing should be the priority for any new housing in villages.

*Michael Rayner, Councillor & Planning Lead, North Elmham Parish Council*

## NORTH ELMHAM PARISH COUNCIL MEETING

### WEDNESDAY 1ST MARCH

*The following information is taken from the Draft PC minutes and may be expanded where the Editors feel more explanation is necessary. The full official minutes can be viewed in the Post Office and on the Community website, once approved.*

**Councillors Present Were:** Mr. M. Phillips (acting Chairman), Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. B. Gee, Mr. P. Grainger, Mr. J. Labouchere, Mr. N. Markwell, Mr. M. Rayner and Mr. C. Smith

**Also in Attendance:** Mr. K. Webb (Clerk), Mr. G. Bambridge (District Councillor) and two parishioners.

**Apologies for absence:** Mrs. J. Borgnis and Mrs. A. Keeble.

### Public Participation

a) Mr. Humphrey Borgnis advised that, after the recent CANT meeting, contact details of those present were taken. A Gmail account has been set up with all names of those at the meeting and Mr. John Hoskins has agreed to be the campaign co-ordinator in the short term.

b) It was confirmed that CANT is effectively a conglomerate of local parishes and North Elmham is fully involved.

c) It was felt that the pump at the top of the village (Pump Street) no longer looks like a pump. A new casing is needed but this matter was considered some years ago and, at the time, the amount required was regarded as too much. Mr. Phillips is to obtain a new quotation.

### Land Management Matters

**Village Green:** A tree has lost a large branch, (Mr. Gee has attended to the matter). The young person on the Police Community Resolution Scheme has helped to clear the brook and another person of a similar age turned up to help. A tree surgeon is to be asked to look at the trees.

**Cathedral Meadows:** Brown and Co recommended that the Stewardship Agreement be extended for a further five years which was agreed by all. Mr. Fitzalan Howard said there are about 33.25 acres and the annual sum produced is £2,698. The land is for the benefit and use of the local community.

**Broom Green:** Mr. Labouchere said that the pond will need attention this year. A digger may not be required to clear it out. The estimated cost is in the region of £1,000.

**Bridleway on disused railway line and other railway linked matters:** The Railway Company is looking to clear soil off the top of the bridge in Church Lane as there is a weight issue. A mini digger will be needed, and it will be necessary for both the Church Lane path and the path under the bridge to





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be closed for a day. The Railway Company is to be asked to put a piece in Elmham News advising of the situation.

**Prince William Wood:** Mr. Markwell has been talking to Flagship Housing about the metal gate but a conclusion regarding ownership has not been reached.

**Church Meadow:** Mr. Fitzalan Howard said that water runs against the church wall on the land behind the church. The church personnel are investigating the possibility of having a pipe and soakaway installed.

### **Allotments**

Work on the taps has been completed.

### **Street Lights**

Mr. Markwell reported that work on the Pump Street light has been completed and the job in Eastgate Street is to be finished by UK Power Networks.

### **Highway Matters**

Highways Department has acknowledged that the Eastgate Street drain requires attention. It was mentioned that a road sweeper has visited the village. Mr. Gee has attended to the allotment sign.

### **Pavilion and Playing Field**

Mr. Smith reported that the North Elmham Football Club has been given the Parish Council's bank account details so that they can pay the money they owe. The work on the electrics has been completed but a new mains unit is needed. A quotation of £1,556 has been obtained and all agreed to proceed with this work (proposed by Mr. Labouchere and seconded by Miss Ferris). The defibrillator is up and running.

### **Brookside Development Update**

The development is to be renamed Boars Hill and an explanation for this name has to be given in Elmham News.

### **Defibrillators**

The defibrillator has been activated.

### **Call for Sites Update – Breckland Council**

Mr. Rayner reported that the issues and options consultation is to be launched in early to mid-March and will last for eight weeks. He is to write to Breckland Council as the consultation process does not give the opportunity to comment on individual sites. CANT proposes to circulate to residents, by way of a door to door flyer, a questionnaire based on key questions from the consultation. Mr. Rayner is providing monthly updates for Elmham News.

### **Pavilion Funding**

Mr. Grainger prepared the plan illustrating what is required as agreed but Norfolk F.A. has subsequently advised that they are to be part of a larger scheme which could support a bigger project. It was agreed that Mr. Grainger, together with the Chairman and Messrs Fitzalan Howard, Phillips and Smith would have a discussion regarding the three existing buildings (Pavilion, Eastgate Centre and Institute).

### **Police Community Resolution for Criminal Damage Incident**

Please refer to item under Land Management Matters.

### **King's Coronation Celebrations**

Arrangements are in hand.

### **Archive Group Records**

Mr. Grainger reported that the Records Office is interested but will need to have more details regarding the nature of the material held. It would appear that there may be little in the way of original items with most things being copies. More details, including total volume, are needed. Mr. Smith is to visit Mrs. Woodhouse with a view to having a look at what there is.

### **Report from County/District Councillor**

Mr. Bambridge answered questions on affordable housing and the curiously named "Railway Village". He is currently attempting to formulate a housing strategy. Breckland

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are proceeding with arrangements for the Coronation and there are two grants available. One is for flags and flagpoles and the other covers a number of things. There are to be large screens in Attleborough, Dereham, Swaffham, Thetford and Watton.

### **To Consider Planning Applications and Determinations**

#### **Applications**

(i) Amendment to pp 3PL/2019/-0874/F – window added to side gable of plot 3 at ground floor level – land off Holt Road (3NM/2023/0018/NMA)

(ii) Change of use of land to garden and erection of ground mount solar panels and fencing – Mr. and Dr. Haywood – Forest Lodge County School, Bintree (3PL/2023/0058/F)

#### **Determinations**

T1 – Ash – Fell at Field View, Pump Street. Unsteady tree with wet rot fungus – TRE/2023/0002/TCA – no objection.

### **Correspondence**

1) Warning from Police regarding the potential of village halls being hired to hold Illegal Unlicensed Music Events (UME), otherwise known as “Raves”.

### **Any Other Matters (For Information Only)**

The Clerk reminded the members of the procedures to be followed in respect of nomination papers to be submitted to the District Council for all those wishing to stand in the local election.

### **Agenda Items for Next Meeting**

Building Project.

### **Next Meeting**

Wednesday, 5th April 2023 at 7.30pm

**Cover Photo:** Sue Andrews caught this amazing sunset on the Village Green. Lovely photo, thanks Sue.

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Pendle Cottage, 8 Holt Road

Lilian Baines (668007)  
King's Head Farmhouse

## CLUBS AND ORGANISATIONS

This is a list of people who can be contacted if you would like to know more about any of the following:

Archive Group	Janet Woodhouse 01362 668525
Art4 All	Angie Redwood 07979 666197
Bowls - Institute	Tony Langford 01362 668854
Bowls - King's Head	Martin Phillips 01362 668409
Brisley & North Elmham Cricket Club	Mark Ballman 01362 668935
Elmham Football Club	Chris Reeve 07468 569699
Elmham Guides	Marion Morgan 01362 696221
Elmham News	Meg White 01362 668302
Elmham Surgery Patient Participation Group	Roger Thornley 01362 668804
Elmham Tennis Club	Geraldine Leeder northelmhamtennis@gmail.com
Friends of North Elmham School	Naomi Brien 07447 016620
Gardening Club	Ray Norman 01362 667226
Guides	Marian Morgan 01362 696221
Knit and Natter	Eileen Cotterill 01362 668380
North Elmham Trailblazers	Fliss von Christian 07787 161446
Reading Group	Eileen Church 01362 668330
Royal British Legion	Michael Aston 01362 668959
Sewing for Pleasure	Janet Woodhouse 01362 668525
SINE (Help)	David Fairbairn-Day 07398 758421(10-5)
Snooker Mon & Fri	Neil Page 01362 668296
Snooker Wed	Tim Smith 01362 668487
Tea@Two	Jo Fitzalan Howard 01362 668232
The May Singers	Tony Langford 01362 668854
Walking Football	Paul Carr carrpaulus@aol.com
Walking Group	Jenny Cunningham 01362 668224
Wensum Valley Birdwatching Society	Sue Gale publicity@wvbs.gmail.com
Wives + All	Gill King 01362 668530
Young Farmers	Steven Britton 07810 897792



## GARDENING CLUB

We had a lovely annual dinner in the Memorial Hall on 17th February, provided by The Tea Post. Trophy cups were distributed to members who won them at the Show back in August after having been lovingly restored by George Keeble. As you can see from the photo above Heather Caley won a few! Hopefully everyone who was smitten by the nasty Covid has recovered and will have been able to enjoy our March meeting.

Our April meeting on 27th April will be a visit from Ken Abel, from Carlton Colville who will be talking all about Pelargoniums. Anyone interested is invited to join us for a fee of £3.50. There will be excellent refreshments and a raffle.

Just a reminder that the schedules for our Annual Garden Show are available from Ann Keeble on 01362 668 216 and anyone

can join in the fun. Non-members have to pay the princely sum of 20 pence per entry.

We look forward to meeting up with you all.

*Meg White*

## FAKENHAM & DISTRICT FLOWER CLUB

Tuesday 4th April

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## FRIENDS OF NORTH ELMHAM SCHOOL

We have had a busy start to the year and can't believe it's April already!

In February we held a Friendship Disco for the school children which was a huge success! Lots of the children said, "It was the best disco EVER!" We are extremely pleased that the hard work paid off and that the children enjoyed themselves as well as raising £119.24!

We have also hosted an after school movie night for the children which was also a success and we raised another £108!

We are currently fundraising to buy new outdoor equipment for the children. They have asked for items such as a basketball hoop, football goals and a bug hotel! We hope that with our recent and upcoming events we will be able to

have lots of new equipment for them ready for the nicer weather.

Our next event for the children will be after school Bingo and we also hope to host a Bingo evening for the adults of the community too!

As I mentioned before, we are also in the planning stages of bringing the school garden back to life for the children as this is something they are keen to get involved in! Ray from the Gardening Club has kindly offered to help us and we look forward to meeting with him soon and to get the ball rolling. If anyone has any donations which they think may be useful for this project then please get in touch.

Please follow us on Facebook for regular updates - search for Friends of North Elmham School

*Naomi Brien*  
*Chair for and on behalf of F.O.N.E.S*



## **NORTH ELMHAM PARISH COUNCILLORS**

### **Jennie Borgnis**

I have lived in the parish for over forty years. I joined the Parish Council in 2012 and have been chairman since 2016.

Prior to my retirement in 2017, I was a partner at Butcher Andrews Solicitors, specialising in civil litigation and employment law.

I hope very much to be able to continue representing parishioners in those matters over which the PC has jurisdiction, looking after their interests and those of the built and natural environment.

### **Ann Ferris**

I came East from Bucks to Norfolk 15 years ago to be near my family, one daughter here in North Elmham, one in Dereham and a son in a care home in neighbouring Cambridgeshire. I have lived in North Elmham for eight and a half years, joining the Parish Council in March 2020.

Previously in Bucks I had been a Parish Clerk and then a Parish Councillor. I am a retired Mental Health Professional who worked in Acute Psychiatry. In the Voluntary Sector I continue to be a Trustee in the Learning Disabled field and also a Trustee of the Memorial Hall here in North Elmham. My Charity work has been as a Cruse Counsellor and a Welfare Officer for the British Limbless ex-Servicemen's Association and the Royal British Legion here in Norfolk and Bucks. My Parish Council responsibilities here are Booking Officer for the Pavilion and the Memorial Hall, assisting with the Sports Field and footpaths, My hobbies are interacting with my family, dog walking, keep fit & crafts and gardening and being part of clubs and groups here.

A vision I have as a Parish Councillor is to do the best I can for North Elmham residents to ensure that my surrounding community and

North Elmham continue to be the place that we all love and enjoy living in.

### **Tom Fitzalan Howard**

My links to Elmham started in 1996 when I married Jo and we returned from abroad to live here permanently in 2007. I served in the Army for 36 years and then went on to be the Director Support Services at The Norfolk Hospice, Tapping House for six years.

I am a Trustee and Chairman of Thornage Hall, a Camphill Community near Holt for adults with learning disabilities. I have been a Trustee of The Eastgate Centre since 2011 and am now Chairman. I have been on the Parish Council in since 2014.

My career has given me valuable experience in organisational and managerial matters. I wish to contribute to a safer and community-focused place to live, whilst encouraging the natural development that is in keeping with the rural setting and traditions of this lovely village.

### **Brian Gee**

I have lived in North Elmham for just over three years including two as a parish councillor. My responsibilities include the Village Green and highways.

Over the two years I have worked primarily on a project to allow a better flow of the water on the stream at the bottom end of the Green so we get less annual flooding. I have mended the fencing and signage at the two main access points. In addition, I have helped improved both visual accessibility and restoration of the road signage around the allotment area. It is these small regular measures that I hope, enhance the maintainability of the areas mentioned and make them more visually appealing.

### **Paul Grainger**

I moved with my family to North Elmham 12 years ago when we discovered how rare a village it has become. That rarity is important to preserve and so I believe,



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along with my existing fellow parish councillors, it is vital we resist wholly inappropriate plans for a new "village" on our doorstep. Major new developments must be sited where they can be served by proper infrastructure and existing trunk routes. I also believe our existing village facilities should be actively supported so we can continue to buck the trend of villages which have lost shops, services and community meeting places. If re-elected I will continue to exert whatever influence, I can to ensure our village remains one of the best places to live.

### **Ann Keeble**

I have lived in North Elmham since 1976 and spent over 20 of those years working in the Library Service at both Dereham and Fakenham Libraries.

I was co-opted onto the Parish Council on retirement and am responsible for the Chapel Ruins and help out with Cathedral Meadows.

My interests are walking, bird watching, knitting, sewing and gardening.

### **John Labouchere**

For about 35 years I have been involved with Breckland and North Elmham Councils. I have been Chairman of both and was also Chairman of the School Governors and a Churchwarden for several years. I shall be pleased to go on serving the Parish Council and village if it is your wish. Although now retired, I feel I have some history to pass on to others! And I have a deep knowledge of how the councils work to make this a very attractive village and parish.

### **Nick Markwell**

I joined the Parish Council as I am interested to know what is happening in the village, and would like to help in any way I can. My past history involves estate agency for the last fourteen years or so, with a brief interlude as Business Development Manager at The Lady

magazine. Prior to that I worked in hospitality for fourteen years, in pubs, bars and restaurants - running other people's as well as owning two of my own.

Outside interests include rugby – as a long-standing Harlequins supporter for forty years, photography, motor racing of most kinds, but particularly motorbikes – including riding my own, cooking and something my late father would scarcely believe: gardening!

My present areas of responsibility on Parish Council include assisting Michael Rayner on railway liaison with the Mid Norfolk Railway, as well as assisting Tom Fitzalan Howard with the areas of Street Lighting and Prince William Wood.

### **Martin Phillips**

I have lived happily in North Elmham with my wife, Theresa, for 52 years. This is where we raised our family and is a place we will always call home. I have been a member of the Parish Council since 2011 and I am currently serving as Vice-Chairman, supporting the Chairman and the Parish Clerk with financial planning. My duties also include working with many of the local charities.

This is a great village and I feel there is a strong community spirit, with all age groups coming forward to help with Parish projects and events. I am pleased the parishioners gave me the opportunity to serve the village in the past and would be honoured if you selected me again for another term.

### **Michael Rayner**

I joined the Parish Council shortly after the 'Mid Norfolk Garden Town' was proposed in 2018 and am the Parish Council's lead for planning matters and liaison with the Mid Norfolk Railway. I worked for 30 years in secondary schools as a history teacher and deputy head, before working as a planning consultant for the last 6 years. On the Parish Council my major projects have been to try to secure affordable

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housing for the village, and to work to prevent the recently proposed New Town ('Norfolk Railway Village').

I've lived on Station Road with my wife Su since 2017, having lived in South Norfolk for the previous 22 years.

### **Colin Smith**

Hello, my name is Colin Smith and I'm standing as a parish councillor for North Elmham. I've lived in the village for over 60 years and during that time I have served on the Parish Council for 30 years. As I approach 70, I intend to continue to do my utmost to ensure that future generations can enjoy living in this village as much as I have. I look forward to meeting you, and hopefully secure a pleasant village for us all to live in.

## **THE WAY WE VOTE IS CHANGING**

From 4th May 2023, voters in England will need to show photo ID to vote at polling stations in some elections. This will apply to:

- Local elections
- Police and Crime Commissioner elections
- UK parliamentary by-elections
- Recall petitions

From October 2023 it will also apply to UK General elections.

### **Accepted forms of photo ID**

You can use any of the following accepted forms of photo ID when voting at a polling station.

### **International travel**

- Passport issued by the UK, any of the Channel Islands, the Isle of Man, a British Overseas Territory, an EEA state or a Commonwealth country.

### **Driving and Parking**

- Driving licence issued by the UK, any of the Channel Islands, the Isle of Man, or an EEA state
- A Blue Badge

### **Local travel**

- Older Person's Bus Pass
- Disabled Person's Bus Pass
- Oyster 60+ Card
- Freedom Pass

If you don't have an accepted form of photo ID, you can apply for a free voter ID document known as a Voter Authority Certificate. [electoralcommission.org.uk/voterID](https://electoralcommission.org.uk/voterID) or call 0800 328 0280

## **EASTER CAR BOOT**

7.00am on paddock opposite  
St Mary's Church, North Elmham

Proceeds to Cancer Charities

Any monetary donations to help fund the production of our free magazine are always welcome. Please send them to any one of the editorial team. As one major retailer has already noted, "every little helps".

**Elmham  
News**

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## HAPPY RETIREMENT IAN

Ian Nickerson who lives here in Elmham has retired from his shop in Church Street in Dereham after almost 30 years there making bouquets, bunches, wedding, funeral and birthday arrangements and everything else in between!

He has been in the floristry business for 49 years, having previously had a business for 10 years in Attleborough before coming to Dereham. Ian says Dereham welcomed him very quickly and many of his customers became his friends. He went on to say 'In September I did a wedding for a girl whose mother came to me 35 years earlier for her wedding!'

As a youngster Ian wanted to be a painter and decorator but found a Saturday job at a garden in Wayford Bridge near Stalham. That winter he was asked to help in the owner's flower shop and that opened another door for him.

He went on to study Floristry at Isle College in Wisbech, obtaining his City &

Guilds and a National Diploma from the Society of Floristry which enabled him to teach floristry later in life.

Ian has always been an extremely good friend to St Mary's Church here in Elmham, giving up his time to give demonstrations of wonderful arrangements (especially at Christmas time) and then actually giving all of those away as raffle prizes. We always looked forward to seeing his magnificent arrangements on the church pillars.

Last Christmas, one of the Editors of the News was beside herself with joy when she won a massive wreath for her front door when Ian came to show us how he does it!

Our sincere thanks Ian, for creating so much joy for all of us when you came to the Memorial Hall on several occasions to demonstrate how to do it! Enjoy your retirement, no more early mornings or late nights, you will soon find you wouldn't have the time to work now .....other things will get in the way.





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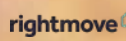


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## KNIT AND NATTER

We had a good meeting in March, that is before the snow, thank goodness. Now that the "Warm Bags" appeal is drawing to a close, we can begin to focus on our own Elmham Garden Fete, which is to be held May 21st. The ideas came thick and fast as prizes for our Pick a Pin game, so get ready to be invaded by cute little mice, bright and cheerful ladybirds and tiny busy bees. Good quality, home knitted clothing and accessories will also be on sale on our tables at give away prices (a popular saying these days, I am told). We hope you will support us as every penny goes to a local good cause. So put May 21st in your diaries now!

A big thank you to Marion, an ex North Elmham resident, who filled my conservatory with four black rubbish bags and four shopping bags full of wool, our members were delighted to have such an abundance of choice. Some bags will be taken along to the Sheringham Knit and Natter group, which has many more members and can always use any amount of wool for making up much needed blankets etc.

Next meeting April 4th at 2.00pm

*Eileen Cotterill 668380*

## SCHOOL NEWS

It's been a busy time at North Elmham this half-term. We all enjoyed World Book Day, when we came dressed as book characters and shared our favourite stories with each other. We also had a gingerbread baking competition and marvelled at the children's creations! There have been several trips and, of course, lots of amazing learning!

### Class News

**Sheep:** Following the excitement of the icy weather (and even a little snow!) Sheep class are now enjoying the sunshine and are busy learning about what plants need

to survive. We have planted cress, basil and chives, which we hope to use in DT for our healthy salad recipes. We have been on a wild plant hunt around the school grounds and are learning to name some wildflowers native to the UK. We look forward to Easter approaching and will continue to learn about some Easter symbols and traditions, as well as baking some yummy chocolatey treats!

**Whales:** Whales had an absolutely fantastic time on their trip to Gressenhall for a Neolithic day. We have been learning recently about the Stone Age and the children were able to talk with confidence about what they know and were delighted to learn even more on their trip!

Children had the opportunity to test out some flint axes, have a go at throwing spears, making Neolithic shelters using wood and animal skins, and learning more about how people farmed during the latter stage of the Stone Age. We are also now learning about the Bronze Age and Iron Age in history. In science, we have been making electrical circuits and in English we have been reading the story of Nikola Tesla and learning how to write a biography.

**Lions:** Year 6 had a fantastic trip to Crucial Crew where they learnt about how to be the safest possible citizens and took part in real life scenarios. In class we have been continuing our learning on the Ancient Greeks and looking at the Gods and what it would have been like to be a child in those times. This joins in with our English topic of Greek Myths, where we have been retelling the story of Theseus and the Minotaur. In science we have been having fun dissecting flowers and using wotsits to show the process of pollination. We are looking forward to completing our Bikeability training over the next few weeks.

### How can you keep in touch?

Check out our website for the latest updates [www.northelmhamschool.com](http://www.northelmhamschool.com)

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# A RIGHT ROYAL KNEES UP!



**Sunday 7th May**

**12.00 noon–5.00 pm**

(set up picnics from 11.30 am)

**Pavilion & Playing Field**

Bring your own picnic, tables, chairs, drinks etc.

**Live Music**

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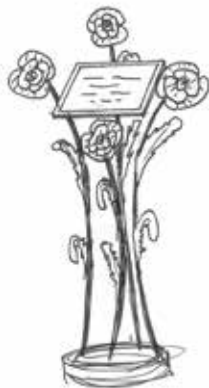
Do you have Facebook? If you search and like the page 'North Elmham Primary School' the latest class posts from the website are uploaded directly to our school page!

### **Looking for a place for your child in September 2023?**

If you have any questions or would like to see more of what our wonderful school has to offer, please contact the school office on 01362 668318 to arrange a visit!

## **ROYAL BRITISH LEGION**

There is not a lot to add to last month's report but we now have a drawing of the memorial item we are planning for Bryan Tidnam (pictured below) and hope that it can be in place before the Coronation. The new Union Flag should also be here.



We will be attending the Garden Fete on the 21st April. We also hope to participate in The Kings Coronation event, once we know what else is going on in the village.

Our next meeting is on Thursday 6th April 8.00 pm at The Kings Head. Anyone interested, please come along, we will be pleased to see you.

*Mike Aston  
Branch Sec*

## **TENNIS CLUB**

### **Quiz Night Social**

If you'd like to take part in the 28th April general knowledge quiz night, with fish and chips and desserts, please contact Sandra Henderson (sandra@hendersons.co.uk) or Linda Smith (lindasmithatwork@yahoo.co.uk). Everyone is welcome!

**Date:** Friday, 28 April

**Where:** Memorial Hall, North Elmham

**Time:** 6.30 pm, quiz begins 7.00 pm

**Food:** 7.30–8.00 pm

**Cost:** £15 per person

Bring your own drink and the food choices are:

Cod and chips

Haddock and chips

Jumbo sausage and chips

Chicken and chips

Veggie spring rolls and chips.

There will be a raffle, and also a prize for the winning team. The quiz will be hosted once again by Mark Campbell. Quiz teams are made of up to six people, and if you are a pair or single, we will help make up a team.

Please contact Sandra or Linda by 21st April to book, pay and secure your place.

### **Tuesday Junior Coaching**

Group tennis coaching is underway on Tuesdays at North Elmham Tennis Club. Three LTA Level 3 coaches, led by Jonathan Lindner, provide fun, technical sessions for children ages 4+.

Sign up online at <https://www.northelmhamtennisclub.co.uk/Coaching>

Ages 4–7: 3:45–4:30pm

Ages 8–9: 4:30–5:30pm

Ages 10+: 5:30–6:30pm



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## Join As A Member

Annual membership rates will stay fixed for the fifth year running. Anyone can join and make use of the tennis courts, which were resurfaced last year.

Adults: £70

Students (18 and over, in full-time education): £25

Juniors Aged 12-17: £15

Juniors Aged 11 and under: Free

Parents (of children aged 11 and under): £15

## Winter Teams

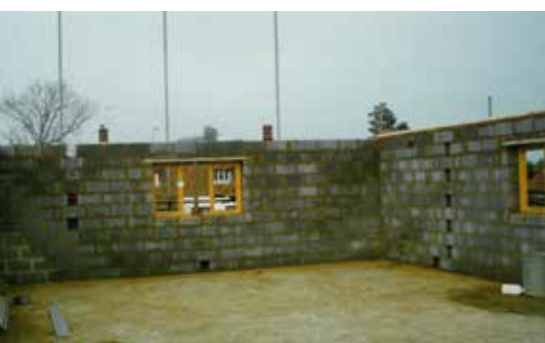
With two matches remaining, North Elmham's A team is battling for third place in the top division of the Norfolk/Suffolk inter-club league. The B team have secured promotion to Division 4 for 2023/24. Thank you to captains Joanna Hammond and Will Fox, and all players who have taken part.

## DATES TO REMEMBER: APRIL

Mon 3rd	School holidays		
Tue 4th	Knit and Natter	Pavilion	2.00 pm
Wed 5th	Parish Council	Pavilion	7.30 pm
Thu 6th	Royal British Legion	King's Head	8.00 pm
Fri 7th	Good Friday		
Sat 8th	Car Boot	Paddock opp church	7.00 am
Sun 9th	Easter Sunday		
	Duck Race	Millstream Cottages, Worthing	12.00 noon
Mon 10th	Easter Monday		
Wed 12th	Tea @ Two	Memorial Hall	2.00 pm
Thu 13th	Wives Plus All	Memorial Hall	7.30 pm
Mon 17th	BINGO for Wives + All	Memorial Hall	7.30 pm
Tue 18th	School reopens		
Wed 19th	Sewing Group	Tumbleweed, 73 Eastgate St	2.00 pm
Sat 22nd	Sonrisa workshop	St Mary's Church	2.00–4.00 pm
Wed 26th	Mobile Library	The Heath to Orchard Close	2.30–5.20 pm
Thu 27th	Gardening Club	Memorial Hall	7.30 pm
Fri 28th	Tennis Club Quiz & Chips	Memorial Hall	6.30 pm
<b>ADVANCE NOTICE</b>			
4th May	Council Elections	Pavilion	7.00 am–10.00 pm
7th May	Coronation Big Lunch	Pavillion & Playing Field	12 noon–5.00 pm

***Please remember, we can only print dates that YOU give us.***







## THE ORIGINS OF THE PAVILION

With the much-mooted extension of the Pavilion a 'hot' subject now for the Parish Council, I append a brief run-down on how the current building came to be:

The then Chairman of the Parish Council, Peter Wade-Martins, came to me in 1992 to ask if I could come up with suggestions for a new Pavilion on the Playing Field as the old one, built at the end of WW2, had passed its 'use-by' date. I recently had returned from my year-long horse-ride in the Andes. With nothing particular in mind this was an opportunity I needed, to get myself back in the traces.

With the help of a draughtsman, planning permission was obtained from Breckland, a demolition gang removed the old and rather battered 'hut' that had served for too many years and a contract let for the groundworks to proceed. The Pavilion would consist of a main community space, two changing rooms with individual electric hot-water tanks for the showers, adequate kitchen, and toilet facilities. A Scorers' room and window would be a bonus. Storage for chairs and tables would be a necessity. The finance could be arranged for a building costing no more than £25k.

To build this brick, block, truss, and tile construction would require very tight control. It was a time of much temporary "laying-off" of tradesmen for national reasons of economy. I asked through the—much younger—Elmham News if there were any bricklayers, carpenters, electricians or plumbers within the village who would be prepared to work for a couple of months for rock-bottom pay (I do not remember there being a statutory minimum wage at the time), and by the 6th December we had a team of experts all helping to construct the project. At the time they were laid-off from their normal jobs, they could not be working and receive unemployment benefit.

As can be seen in the photographs, building continued apace. There was talk of the use of the 'upstairs' space as a skittles-alley, but my development of a 'lift-up' staircase became too expensive, and the first floor has not so far been developed.

The building has certainly proved its worth over 30 years and is used regularly for many sports meetings for which it was particularly designed and also for evening meetings, especially of the Parish Council. The then Chairman of the Canaries, Robert Chase came to open the new building on 22nd April 1992. By then it had not been decorated but it became in full use during the year.

*John Labouchere*



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PORK CRANBERRY & PISTACHIO TERRINE, SPICED ONION MARMALADE & GRANARY TOAST (N)	£ 8.00	NACHOS, NACHO CHEESE SAUCE & TOMATO SALSA (Gr) (V) (VeO)	£ 7.00
CARAMELISED PARSNIP SOUP & BREAD (Ve) (GrO)	£ 7.00		

### ◆ CHIPS & FRIES ◆

FRIES TOPPED WITH BBQ PULLED PORK, SPRING ONION, CHEDDAR & MOZZARELLA	£ 7.50	FRIES TOPPED WITH, CRISPY HALLOUMI, SPRING ONION & SRIRACHA MAYONNAISE	£ 7.50
CHUNKY CHIPS	£ 4.00	SKINNY FRIES	£ 4.00

### ◆ MAINS ◆

8OZ RIBEYE STEAK, CHUNKY CHIPS, ROAST TOMATO, FLAT MUSHROOM & CAFÉ DE PARIS BUTTER (GrO)	£ 29.00
HOMEMADE BEEF BURGER, BRIOCHE BUN, STREAKY BACON, CHEESE, BABY GEM, TOMATO, FRIES (GrO)	£ 15.00
GRILLED HALLOUMI, ROASTED PEPPER & MUSHROOM BURGER, BRIOCHE BUN, SIRACHA MAYO & FRIES (V) (GrO) (VeO)	£ 15.00
BREADED CHICKEN BURGER, BRIOCHE BUN, KATSU MAYONNAISE, PICKLED VEGETABLES & FRIES	£ 16.00
BEER BATTERED HADDOCK, CHUNKY CHIPS, CRUSHED PEAS & TARTARE SAUCE	£ 16.00
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PAN FRIED SEABASS, PARMENTIER POTATOES, RED ONION, OLIVES & SALSA VERDE	£ 18.00
SLOW ROASTED PORK BELLY, SAGE & ONION ROSTI, BROCCOLI & GRAIN MUSTARD & CIDER SAUCE (Gr)	£ 18.00

### ◆ SWEETS & CHEESE ◆

CHOCOLATE BROWNIE, CHOCOLATE SAUCE & HONEYCOMB ICE CREAM (GrO)	£ 7.00
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JANUARY PUDDING, BRANDY CUSTARD (V)	£ 7.00
CHOCOLATE & ORANGE BREAD & BUTTER PUDDING & CUSTARD	£ 7.00
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RONALDO'S ICE-CREAM'S, CHOCOLATE, STRAWBERRY, VANILLA, HONEYCOMB, JACK DANIELS – PER SCOOP	£ 2.50
RONALDO'S RASPBERRY SORBET – PER SCOOP	£ 2.50
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N – NUTS

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CHIPS, FRIES ARE NOT GLUTEN FREE







## ELMHAM GUIDES TAKE OFF INTO SPACE!

In March the Guides went off to have a space themed weekend at Patteson Lodge, our Girlguiding Norfolk holiday house near Coltishall. Thankfully the blizzards cleared up in time for us to go! Saturday was taken up with space related activities including Alien Hunt - a real life version of Cluedo when each person had to 'murder' another with a given object and place eg Captain in a bedroom with a pencil. This involved much plotting and subterfuge!

Evie and Poppy wrote about some of their other favourite activities;

'We have been doing lots of fun activities. One was to make a slime planet. We mixed PVA glue with Bicarbonate of Soda and contact lens solution. We added some food colouring, it was really sticky

but then turned into slime. We make lava lamps with water, vegetable oil and food colouring, then put in a vitamin C tablet to watch it work. It looked amazing.'

'We made rockets out of plastic bottles. We put in half a bottle of vinegar and a teaspoon of bicarbonate of soda and it shot into the air! Some of us got splashed and one of us had the bottle land in her hair! We had space hopper races, one girl won all her races and was amazing. Lots of us fell off as it was really hard but lots of fun and I want to do it again.'

On Sunday a leader who is a florist worked with us to create beautiful flower arrangements in tea cups for Mother's Day gifts, and we make cards to go with them. Then it was time to clean up the house and enjoy a quick campfire before we headed home - for a shower and an early night!

*Marian Morgan*



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## WIVES PLUS ALL

At our monthly meeting on Thursday 9th March in the Memorial Hall we were visited by Janet, the Veterinary Nurse who works at the Charity PACT Animal Sanctuary which is situated at River Farm, Woodrising, here in Norfolk. IN 1994, People for Animal Care Trust was the inspiration of a lady called Chris (1946-2019) who was the Founder along with her husband George. The Sanctuary is for all animals both domesticated and wild, thus promoting animal good health and welfare. There is also a Therapy Centre at PACT and over the years many people with complex mental and physical disability needs have been helped by the therapy of the animals at PACT.

Janet focused her talk on the welfare of wild life but in particular of hedgehogs which when they come to PACT for whatever reason such as parental abandonment, illness, failure to thrive or to hibernate, because of low weight and also being too young to do so they are housed in the Wildlife Hospital. Baby hedgehogs then having been rehabilitated with correct growth and weight can return to the wild. A wild hedgehog will be subjected to predators and unfortunately accidents, but can live for 2-3 years, whereas a domesticated hedgehog can do so for 7-10 years. One important thing Janet mentioned was, that people put bread and milk out for them but in fact this diet is not good for them they benefit far better from dried dog or cat food. In autumn PACT can be seen in the Wildlife Hospital to care for over 500 baby hedgehogs who are too young to hibernate. Baby hedgehog spines at birth are soft and white but soon turn in to hard spikes. In Summer the hedgehog rooms are given over to 500 plus young fledglings and nestlings. The Field Shelter incorporated into the Wildlife Hospital is used for flight practice. PACT also has several Charity shops including the one in Dereham.

Our thanks went to Janet for a very interesting talk which we could have listened to all night!

Please come along to the next Wives Plus All meeting which will be in the North Elmham Memorial Hall at 7.30 pm on THURSDAY 13th APRIL when Mr. Jim Stebbings will give an illustrated talk on "The Topsy-Turvy World of Gilbert & Sullivan"

There will be refreshments and a raffle. ALL WELCOME.

Also a gentle reminder to come along also to the Wives Plus All BINGO night in the Memorial Hall, North Elmham on MONDAY 17th APRIL, 2023 eyes down at 7.30 pm. Ann Ferris.

## DAFFODILS ALONG BACK LANE

If you have lived in Elmham for a long time, you might remember who planted the daffs along the Back Lane. We can't remember exactly but it must have been at least 20 years ago and they are still going strong.

Who planted them.....it was the Brownies who were the first organisation to plant them. The Parish Council and later Elmham News bought bulbs to plant around the village.

We used to have Beavers, Brownies, Cubs and Scouts here in the village, sadly no more. Perhaps there are people living here now with experience of youngsters belonging to such groups, it would be lovely to have similar groups again in North Elmham. Just a thought.

*Janet Woodhouse*

**Ed's note:** The Brownies planted the daffodils along Back Lane in the Autumn of 1991. So, 32 years ago!!

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## NORTH ELMHAM WILDLIFE

This month I'm going to focus on naturalised wildlife. By naturalised I mean species that are not native or indigenous here but are now sustaining established populations here, surviving and reproducing in the wild. I don't include species that have colonised naturally but only those that have arrived here through human intervention (although that's a grey area when it comes to species that have colonised as a result of man-made climate change).

So the escaped Budgerigar that a lady in the village phoned me about yesterday isn't naturalised as, although escaped budgies are sometimes found in the wild, they don't generally survive in the wild for very long and we don't have a population of wild-living and breeding Budgerigars in the UK. Ring-necked Parakeets on the other hand do survive in the UK and find all they need in the wild to sustain a healthy population, so we do have these handsome (but horribly noisy) parrots naturalised in many parts of south-east England – and, in just the last few years, closer to home in Norwich.

For the most part naturalised wildlife isn't really a good thing. Naturalised species can cause real damage to our native wildlife, either through direct competition or through damage to habitat or even through hybridisation which, over time, can compromise the genetic purity of the native species. Some naturalised species seem to be pretty benign though, apparently not having any adverse impact on our native wildlife. But good, bad or indifferent, naturalised species make up a significant part of our wildlife now and include some quite spectacular species.

One such beauty is the Mandarin (photo 1), a small duck from China which has long been popular in wildfowl collections. Many have escaped and, after first becoming established in the south-east, smaller populations now exist all over the country. I haven't seen them



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in North Elmham for a while (the photo was from the Broads) but they used to be regular around Guist Bridge and I'm told they were often seen on the river towards Billingford too. They prefer wooded ponds and nest high up in trees occupying an ecological niche that doesn't suit the ducks that normally breed in Norfolk, so they probably aren't too much of a threat to our native wildlife.

Many of our gamebirds are non-native and millions of Pheasants (photo 2) and Red-legged Partridges (photo 3) are reared in captivity and released for shooting every year. But although the population is boosted by new introductions, they are also pretty well-established surviving (if they don't get shot or run over) and breeding in the wild. Although Red-legged Partridges (also known as French Partridges) may not be the primary cause for the dramatic decline of our native Grey Partridge (sometimes called English Partridge), they certainly do have an impact. The real problem with these non-native gamebirds is the sheer number of birds released every year – over 62 million Pheasants and Red-legged Partridges were released in the UK in 2018 and it's estimated that at its peak the total biomass of these two species (that is the total weight of all of them put together) is about the same as the combined total biomass of all of our other birds put together. Recent studies have shown that in areas where high numbers are released there is a considerable negative impact on our invertebrate populations and some evidence suggests there is transmission of diseases from captive-bred gamebirds to native wild birds. Having said that, the industry of gamebird shooting also has some strong positive conservation impacts – the supplementary feeding and cover crops really benefit some of our declining songbirds for example. Maybe the best solution isn't to stop releasing gamebirds altogether as some are calling for, but to restrict the numbers released each year.





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One of our most popular naturalised birds is the Little Owl (photo 4). Introduced to the UK in the nineteenth century this species is now one of commonest owls, although they seem to have declined locally in recent years. They become active towards dusk but while there is still plenty of light to see them and, as far as I know, have no significant negative impact on our native wildlife populations.

As well as birds, many of the mammals we see most often round here are naturalised. It is believed that Rabbits (photo 5) were introduced by the Normans, although there is also evidence that the Romans brought them here long before that. Brown Hare (photo 6) has been here even longer – brought here from adjacent parts of Europe in the Iron Age.

Sadly, our native Red Squirrel is now extinct in Norfolk – I wonder if any Elmham News readers remember seeing them here in North Elmham? Let me know if you do! The reason for their demise is another naturalised species, the Grey Squirrel (photo 7). Grey Squirrels carry a disease that they pass on to Red Squirrels, but although the Grey Squirrels can survive it, the Red Squirrels are less able to tolerate it. They also out-complete Red Squirrels for space and food (for example they eat the acorns before they're ripe enough for Red Squirrels). It's not just Red Squirrels that suffer through their presence either – for example they cause damage to trees by stripping their bark.

Most of the species covered so far were brought here intentionally, although in some cases they may not have been released into the wild deliberately. But Brown Rats (photo 8), our only common rat, were brought here accidentally, carried on ships. Another non-native mammal we often see in and around North Elmham is the Muntjac (photo 9), a small deer that was introduced from China in the twentieth century.



I was going to write about naturalised insects and other invertebrates too, and perhaps some of the naturalised plants as well, but I've written enough for one month so maybe I'll cover them in another piece some other time. Suffice to say for now that the number of naturalised bird and mammal species is tiny compared to the number of invertebrates that now make North Elmham their home. Some of our commonest moths are native to Australia or Madeira or other far-flung parts of the globe. Most are assumed to have been imported accidentally, probably as larvae or eggs attached to plants imported for planting in our gardens or for the timber industry.

Thankfully we still have lots of native wildlife here to enjoy as well as a few exotic species. I'm always pleased to hear from villagers who let me know what they've seen. This month I heard about a Snipe that Melanie photographed feeding in her garden (what a great bird to see in your garden!) and a Buzzard that Beryl saw sitting outside her house in Spencer Close – we're used to seeing them in the countryside around the village but it's more unusual to see one in the middle of the village surrounded by houses. Get in touch if you have anything interesting to share (email [appleton.dave@googlemail.com](mailto:appleton.dave@googlemail.com), phone 668431 or message me via Twitter at @ElmhamMeadows).

*Dave Appleton*



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## BRISLEY AND NORTH ELMHAM CRICKET CLUB

With the snow falling heavily outside as I write; it seems bizarre to imagine the cricket season starting in just over a month's time. Preparations on and off the pitch continue to gather momentum. Fortnightly nets at Greshams School have been well-attended by both existing members of all three teams and some promising new signings for the Saturday team. Weather permitting, outside nets will commence in April after the final indoor session on April 2. The Saturday fixture list has also now been finalised and is included at the end of this article. The Womens and Social teams are in the process of arranging their matches and will be published in a later edition of this magazine. The Club has adopted after a vote a new logo (see above) incorporating elements reflecting the three teams and this badge will appear on the new set of Saturday kit currently under order alongside the logo of the new sponsor Premier Seeds. There are other sponsors in the pipeline, details to be revealed soon. Club funds were also significantly boosted by the fund-raising efforts of Saturday player Steve Framingham who organised and ran a Ploughing Match in February.

As we approach the season, there are plans for a Clubhouse Preparation and Membership Day on Saturday April 15 commencing at 9am. On Coronation Day, Saturday May 6, the Saturday team by a neat coincidence entertain Sandringham and the Committee are considering plans to mark this hugely significant occasion with a post match barbecue for players, families and supporters of the Club. More details to follow.

*Mark Ballman  
Chair*

### Saturday team fixtures 2023 Norfolk Cricket League Division 2 West

Date	Comp.	H/A	Opponents
22-Apr	Friendly	H	Beeston
25-Apr	T20 Friendly	H	Bircham 2
29-Apr	League	H	Reepham 2
06-May	League	H	Sandringham 2
13-May	League	A	Sheringham 2
20-May	League	A	Swaffham 2
27-May	League	H	Drayton
01-Jun	T20 R1	A	Hockwold
03-Jun	League	A	Fakenham 3
10-Jun	League	H	Hockwold 2
15-Jun	T20 R2	tbc	tbc
17-Jun	League	A	Ketteringham Hall
24-Jun	League	H	Aylsham St Giles 2
01-Jul	League	A	Reepham 2
08-Jul	League	A	Sandringham 2
15-Jul	League	H	Sheringham 2
22-Jul	League	A	Drayton
29-Jul	League	H	Swaffham 2
05-Aug	League	H	Fakenham 3
12-Aug	League	A	Hockwold 2
19-Aug	League	H	Ketteringham Hall
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## WENSUM VALLEY BIRDWATCHING SOCIETY

Our February indoor meeting featured an excellent presentation by Nick Acheson, who is ambassador for Norfolk Wildlife Trust but is also promoting his just published book 'The Meaning of Geese'. It tells the story of Nick's lockdown project to follow the geese in Norfolk over winter 2020-21, using his mother's 40 year old bicycle for transport. It was a very entertaining evening, with an excellent turnout. The next two meetings are detailed below, but please note that we are asking non-members to let us know if they want to come to the April AGM (very brief) followed by a presentation from Mike Dilger, who many of you will have seen on The One Show. The usual charge of £3.00 will apply for non-members at this meeting.

Outdoor trips have continued with a visit to the Breydon Water area and Trinity Broads. Although the tides weren't quite as expected when the meeting was planned they turned out to be excellent for viewing waders at Burgh Castle and later at Great Yarmouth. We even started with a fly-over by a Woodcock, not often seen, and there was plenty of Marsh Harrier and Buzzard action. An extra visit to Filby Broad after lunch brought good views of more waterfowl plus a flourish at the end with Great White Egret and Bittern showing well. Some members ended the day at St Benet's Abbey where the Taiga Bean Geese and Hen Harrier were seen. A total of 77 species!

Full accounts of indoor and outdoor meetings can be found on the web-site at WVBS.co.uk

### Future Events

**Outdoor meetings:** Everyone is welcome on these guided walks. See the website for meeting times and places.

Sunday 23rd April – Lackford Lakes.

Sunday 28th May – RSPB Minsmere and

Westleton (for Nightingales).  
Saturday 17th June – Wheatfen,  
Ted Ellis Trust

**Indoor meetings:** These are all held at Great Witchingham Village Hall at 7.30 pm, and visitors are welcome for a small charge.

20th April – AGM followed by presentation from Mike Dilger (Booking essential for non-members)

Thursday 18th May – Summer Social.

## WHAT'S ON LOCALLY

### Brisley Village Hall & Cinema News Registered Charity 1040289

So, spring did come and so did the snow! Blizzards of biblical proportions came in the second week of March and hung around for many minutes, summer will be here so very soon, BBQ time along with the sounds of summer, like raindrops on umbrellas for example, we will be positive though and hope that some of you will join in the many events planned for Brisley over the next few months.

At this point I simply must mention the most wonderful evening of February 25th when Julie and David brought us Piaf and Aznavour, an evening described by one villager as "Exquisite". If you missed out this time then we have something special being planned for December, once again Live musical theatre in your local Village Hall.

Brisley Art Club for youngsters is going from strength to strength, Katie Longwill who facilitates the group so wonderfully is looking for volunteers who can help her with the running of this group when they meet, please contact her directly at [katie.longwill@gmail.com](mailto:katie.longwill@gmail.com) if you can spare a few hours once a month. Our thanks go to Mr Savoury who has donated two giant pinboards for some of the artwork to be displayed.

Brisley Cinema has served the community since 2016 and we will

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### **WALKERS ARE WELCOME**

Dereham Walkers are Welcome is a not for profit organisation that meets on the first Friday of each month to complete a short walk of up to four miles.

There is also a programme of longer walks planned for 2023, as well as trialling walks

of just two miles for those just beginning their walking experience.

For up to date information, please check our website <http://www.derehamwaw.org.uk/>, or email Ken Hawkins: ken-hawkins@tiscali.co.uk or call him on 07505 426750.

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# HONEY

## Manuka

In the bee keeping world, this is a very hot topic as for instance, the production of Manuka honey. There are only 2,500 tonnes of honey produced and yet 10,000 tonnes are sold worldwide!! New Zealand is the only country in the world to have formalized the scientific definition of Manuka honey. This particular honey has natural occurring compounds that gives it special healing and medicinal qualities. Because of these qualities some honey labelled as Manuka actually contains other syrups but can still be sold at a much higher price than other honey. When you buy a jar of genuine Manuka look for the MGO number, the higher the number the better the quality and the higher the price. (MGO stands for methylglyoxal!) The legal requirements for Manuka honey are, sadly, only law in New Zealand meaning other countries can import and dilute this product. When buying Manuka honey make sure you look at the label to say it has been "packed" in New Zealand.

## Raw Honey

Raw honey is taken from the hive in frames, de-capped, spun out in a stainless steel spinner, filtered and bottled.

The following is an excerpt from Diabetes UK, "Honey can be very beneficial if taken in moderation. A tablespoon of RAW honey has about 60 calories and 17g of carbohydrates. Honey also contains many vitamins and minerals including vitamin Magnesium, potassium and calcium. It is also an antioxidant which helps to prevent and slows cell damage."

## Processed Honey

Processed honey undergoes a filtration process and is pasteurised (exposed to high heat) to destroy the yeast and create a longer shelf life. Processed honey is smoother but the filtration and

pasteurisation process does remove some of the nutrients and antioxidants.

The following is taken from Beekeepers Journal, "Due to the demand for honey in the UK, we imported 52,000 tonnes in 2020, China being the main export country for many years. Concern is growing about the contents of the honey. Sugar syrup is added and as technology advances it becomes more difficult and more expensive to analyse the actual contents of the honey. The label clearly states honey but does not list the extras added to keep down the cost."

***The question we ask ourselves is why doesn't the government stop this practice?*** The answer is that it's extremely expensive and they would have to use a nuclear magnetic resonance machine to detect different syrups and honeys to which they would need a database of the different constituents of different honeys. So, in a word, it is too expensive.

However, the American Beekeepers association are taking the importers of honey from Asia to court to stop the importation of fraudulent honey. The British Beekeepers Association are trying to get a motion before Parliament to state on the label the country of origin. This would at least give us all the opportunity to make an informed decision on which honey we choose to buy.

And finally, the bees have been very active in the recent warmer days collecting pollen from catkins, crocuses and snowdrops. This is an indication that the queen has started to lay more eggs so there are new workers in the coming spring as the old workers that have overwintered die off.

Hoping for a warm spring.

*The ever learning beekeeper!*

From roots to shoots.....

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## ST MARY'S CHURCH

The first week of April takes us into Holy Week, beginning on Palm Sunday, 2nd April.

The Palm Sunday service begins joyfully, as we remember Christ's triumphal entry into Jerusalem. "A very large crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. The crowds were shouting:

'Hosanna to the Son of David!  
Blessed is the one who comes in the  
name of the Lord!  
Hosanna in the highest heaven!' "

*Matthew 21:1-11*

At church, we begin the service outside. Our palm crosses are blessed and then we move into the church, singing a song of praise to Jesus (Ride on, ride on, in majesty). The mood quickly changes, however, as we enter into Christ's passion: his arrest, suffering and death on the cross. *Matthew 27:11-54*

During the rest of Holy Week, there are other opportunities to come together to reflect on this most sombre week. Sombre, yet deeply moving, before we once again celebrate Jesus' Resurrection on Easter Day.

Every year, I'm reminded of what the experience of being one of Jesus' disciples must have been like, as they accompanied him through his last days. The dinner at the house of Mary, Martha and Lazarus, when Mary poured costly perfume over Jesus' feet. Jesus' rage at the traders and money-changers in the Temple; and finally, the events of Maundy Thursday and Good Friday.

One of Jesus' final acts at the Last Supper was to wash his disciples' feet – the job of a servant. He was demonstrating the servant-nature of his leadership, as an example to them and to all those who wish to be his disciples. The word 'minister' means just that – "to render aid or service".

As a Minister of the Church, I would find it difficult – impossible even – to experience the joy of Easter, without first accompanying Jesus through his Passion. You would be most welcome to join us on this journey (please see the list of services).

With blessings for Holy Week and Easter,

*Revd Sally*

## ST MARY'S EVENTS

### Saturday Music Afternoons

The 2023 programme of Saturday Music Afternoons at St Mary's Church gets underway with a Concert & Singing Workshop led by A Capella group Sonrisa. Saturday 22nd April, 2-4.30pm. No charge - donations are invited to offset costs.

Future Dates: 20th May, Lauren Dove – singing teacher, workshop leader, performer, songwriter; 10th June, Natasha Hood, leader of the May Singers; 22nd July, Early English Music concert by the acclaimed Musica Mira quartet.

More details to follow.

## WORTHING NEWS

### Easter Sunday Duck Race

Easter Sunday 9th April at 12.00 noon  
Starting at Millstream Cottages, Worthing, by the river.

One of the highlights on St Margaret's Calendar is our annual duck race on Easter Sunday. Between now and Easter Sunday, you will receive a knock on your door enquiring firstly, if you wish to take part this year and then you decide which numbered duck/ticket you wish to sponsor. Finally, come along if you can and cheer on your duck(s) to cross the finishing line on the day 1st, 2nd, 3rd Easter Egg prizes and more to be won on the day. Tickets will also be available on arrival and before the start of the race by the riverbank.

## Heart of Norfolk Group Services for April

### 2nd April – Palm Sunday

10.30 am	Bawdeswell	Holy Communion
10.30 am	Worthing	Holy Communion – joint service with North Elmham
10.30 am	Stibbard	Holy Communion

### 9th April – Easter Day

10.30 am	Bawdeswell	Holy Communion
10.30 am	Foulsham	Holy Communion
10.30 am	North Elmham	Holy Communion – joint service with Worthing
10.30 am	Stibbard	Morning Praise
10.30 am	Wood Norton	Morning Praise

### 16th April – 2nd Sunday of Easter

10.30 am	Bawdeswell	Word & Praise
10.30 am	North Elmham	Holy Communion (Iona)
10.30 am	Wood Norton	Holy Communion
4.00 pm	Foulsham	Sung Evensong (Book of Common Prayer)

### 23rd April – 3rd Sunday of Easter

10.30 am	Bawdeswell	Word & Praise
10.30 am	Foulsham	Holy Communion
10.30 am	Guist	Holy Communion
10.30 am	North Elmham	Morning Praise
10.30 am	Worthing	Iona Morning Praise

### 30th April – 4th Sunday of Easter

10.30 am	Bawdeswell	Group Holy Communion & Swearing-in of Churchwardens
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## Holy Week

**Wednesday 5th April:** 11am. Stations of the Cross at Holy Innocents', Foulsham.

**Maundy Thursday 6th April:** 11am. Holy Communion at All Saints' Church, Stibbard. Followed by the CREDO lunch at Stibbard Methodist Church Centre (donations invited towards the Bishop's Lent Appeal for the extension of the Priscilla Bacon Hospice, Norwich).

**Student Cross Pilgrimage to Walsingham (Oxford branch):** Late morning at St Margaret's Worthing; evening, St Mary's North Elmham (staying overnight at North Elmham Institute).

**Good Friday 7th April:** 10:30am. A programme of music and readings to reflect on the solemnity of the day. All Saints' Church, Wood Norton. 2.00 pm. An Hour before the Cross, All Saints' Church, Bawdeswell.



Suggested Donation £2.50 per sponsored Duck, in aid of St Margart's Church

Contact: Sharon Colk on 01362 668622 or Celia Daniel on 01362 668928

For further information, please contact: Celia on 01362 668928

St Margaret's hopes to welcome you all to any one or all of these events and services.

## Church Service dates for April

Holy Communion on Palm Sunday the 2nd April & Iona Service on the 23rd April. Both services starting at 10.30am and followed by refreshments and local banter.

## ADVANCE NOTICE:

May we remind you to put this date in your diary, ANOTHER HIGHLIGHT IN OUR CALENDAR, Afternoon Cream Teas not to be missed! Monday Bank Holiday, 1st May from 2.00–4.00pm at Worthing Church

A delicious afternoon cream tea and a flutter in our fabulous raffle!

FREE ADMISSION although a donation towards cream teas is appreciated. In Aid of Church Fabric Fund.

## ST MARY'S FABRIC UPDATE

Norfolk Churches Trust The initial decision to award £5,000 was upgraded to £7,000 to help the shortfall of almost £34,000, for urgent works to install underground water drainage. The Committee was impressed that the Parish Council had agreed to let the drainage water go onto their land rather than the more costly meandering route across the churchyard, which was initially proposed.

Thanks and congratulations to Susanna Wade-Martins (North Elmham) for her successful work on grant applications.

APRIL  
BASKET  
BONNET  
BUNNY  
CARROT  
CELEBRATE  
CHICK  
CHOCOLATE  
DUCKLING  
EASTER SUNDAY  
EGG HUNT  
EGGS  
FLOWERS  
GOOD FRIDAY  
HOT CROSS BUNS  
JELLYBEANS  
LAMB  
LENT  
SPRING



N	R	I	S	C	E	Y	R	T	E	K	S	A	B	S	G	O
C	H	O	C	O	L	A	T	E	P	C	L	A	P	G	N	P
B	U	N	N	Y	A	P	R	I	L	A	M	B	U	J	I	E
T	N	U	H	G	G	E	R	C	V	T	N	E	L	H	R	T
G	O	K	B	A	Q	D	O	N	C	P	F	G	O	F	P	A
T	P	Y	A	D	I	R	F	D	O	O	G	G	J	L	S	R
E	E	R	E	I	I	T	R	M	N	I	A	S	E	O	N	B
N	E	I	I	P	J	N	W	F	P	B	U	I	L	W	A	E
N	P	U	O	A	D	A	V	Q	P	X	H	F	L	E	D	L
O	S	T	N	U	D	E	N	N	W	T	I	I	Y	R	F	E
B	G	N	I	L	K	C	U	D	T	A	A	K	B	S	P	C
R	E	A	S	T	E	R	S	U	N	D	A	Y	E	O	Y	C
J	Z	O	U	U	F	D	A	E	A	A	S	N	A	A	P	I
Q	O	U	A	M	E	U	X	G	D	A	J	D	N	I	C	A
H	O	T	C	R	O	S	S	B	U	N	S	V	S	T	I	O
R	Y	Z	T	O	R	R	A	C	Z	C	E	K	C	I	H	C

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*To advertise in the Elmham News please contact  
Martin Phillips: martin.s.phillips@btopenworld.com*

## This Month's Photo Contributors

Our thanks go to everyone below who submitted and gave permission for the images included this month.

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PAGE 14: Naomi Brien,  
PAGE 21: Sarah Felton  
PAGE 28-29: John Labouchere & David Sinclair  
PAGES 32-33: Marian Morgan  
PAGES 37, 39 & 41: Dave Appleton

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**Vice Chair:** Martin Phillips  
**Clerk:** Kevin J Webb  
01328 855046  
northelmhampc@hotmail.co.uk

**Group Leader** ✓  
**Group Member** ●

Meetings are normally held on the first Wednesday of the month and take place in the Pavilion, commencing at 7.30pm. Parishioners are entitled to attend and are most welcome. Our County and District Councillor is also in attendance whenever possible. If, in between meetings, you wish to raise a specific matter for the attention of the Parish Council - please refer to the contact list above.

**And finally...** have you got something interesting you would like to say or think others might be interested in something you do - why not email the Editors (see front of magazine for contact details) and let us know, we are always on the lookout for new contributors.

# NORTH ELMHAM DIRECTORY

## Elmham Surgery - Holt Rd - 01362 668215

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## Swanton Morley Surgery - 01362 638100

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## Doctors

Dr Simon Carroll	Dr Alice Griffiths-Jones	Dr Victoria Lawrence	
Dr Abigail Brun	Dr Robert Spooner	Dr Charlotte Carvell	Dr Tarandeep Dhanjal

## North Elmham Village Emergency Telephone System (VETS) - 01362 788700

NHS Direct                                      111

## POLICE Non Emergency - 101 - EMERGENCY - 999

Breckland District Councillor	Gordon Bambridge Bill Borrett	01603 880557 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School	Ms Victoria McConnell, Head Teacher	01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Pavilion	Bookings: Ann Ferris p.ferris84@yahoo.com	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
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Community Website	www.elmham.org.uk	

## Dereham Library - 01362 693184

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UK Power Networks	Electricity - Emergency	0800 7838838
Samaritans		116123
Citizens Advice Bureau		01362 697776

## Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Jay T Magpuyo	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Diana Bennetts	dereham@salvationarmy.org.uk	696341
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## Church Wardens

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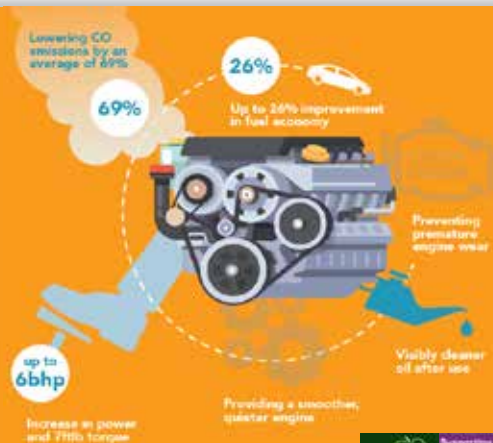
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