

Elmhurst News

DECEMBER '20/
JANUARY '21

OUR VILLAGE COMMUNITY MAGAZINE



Wishing you all a very Merry
Christmas & a Happy New Year

FREE MAGAZINE: DONATIONS WELCOME



We must keep on protecting each other.



Editorial

Welcome to your December/January edition of Elmham News. Our contributors have again pulled out all the stops and we have another magazine packed with interesting articles.

We are once again in lockdown, why not take this opportunity to discover the lovely walks in our village, take time to stop and chat to fellow walkers, socially distanced of course! Getting out in the fresh air and having a "mardle" is good for everyone's wellbeing. We have wonderful walks, the Millennium Wood, the Prince William Wood, Cathedral Meadows and of course the railway line from Elmham Station towards County School. We don't always appreciate what is on our doorstep.

By the time you receive your magazine, the area in front of the Pavilion will be adorned with Christmas lights organised by our Parish Council. Thank you.

Don't forget the outdoor Christmas Lights competition organised by the News. If you haven't done so already, dust off your lights and decorate your house/front garden. There will be two prizes and our judges will be touring the village week commencing 14th December.

We would like to take this opportunity to wish all of our readers a Happy Christmas and hopefully a better 2021. We would also like to thank our contributors, advertisers, deliverers and all our committee members who are all volunteers and provide you with what we hope you will agree is a great magazine.

Thanks also to Anon from Eastgate Street for the donation. Donations are always greatly appreciated. If you would like to make a donation, please give to any committee member listed in the magazine.

Again, Happy Christmas on behalf of all the Elmham News Team we will be back in February.

PLEASE NOTE: Submission deadline for articles to be included in the FEBRUARY edition is 14TH JANUARY 2021. Please email your article to each of the editors listed below asap before the deadline.

Volume 43, No 11, December 2020/January 2021

DONATIONS APPRECIATED

EDITORS

Chris Hill	Editor	laine.hill@icloud.com	01362 667028
Caroline Payne	Editor	carolinejpayne@hotmail.co.uk	01362 668704
Meg White	Editor	megandnigel@gmail.com	01362 668302
Janet Woodhouse	Editor	robert.woodhouse2@gmail.com	01362 668525

ADVERTISING

Martin Phillips	Advertising/Treasurer	martin.s.phillips@btopenworld.com	01362 668409
-----------------	-----------------------	-----------------------------------	--------------

PRODUCTION & DISTRIBUTION

Sarah Felton	Magazine Layout & Design	sarahfelton@yahoo.com	01362 667206
Bob Fletcher	Distribution (and Chairman)	Beverley, Nr Church, NR20 5JU	01362 668514
Jeannette Fletcher	Member	Beverley, Nr Church, NR20 5JU	01362 668514
Brian Wheeler	Member	21 Cathedral Drive, NR20 5JH	01362 668621

DISCLAIMER

The views expressed in the Elmham News are often those of individual contributors and might not necessarily be shared by the joint editors. Whilst the editors and committee of the Elmham News accept advertisements in good faith, the credibility of the contents is the sole responsibility of the advertiser.

Charles Seaman

Interior/Exterior Painter and Decorator

Domestic and Small Business Work Undertaken
Highly Competitive Rates

Telephone: **01362 688309** 2 Bell Close, Bawdeswell, Dereham, Norfolk

Computers@home

01362 698872/851872

07768086272

Email: nijel@clara.net

Sales, Service & Repairs
Computers New and Secondhand
Internet & Software problems
Repairs to printers, Scanners,
Copiers & Fax machines
Daytime, Evenings & Weekends



LM TRAINING LTD

We offer cost affective group training courses to meet your needs.

Delivered by experienced and qualified trainers.

We cover a variety of subjects including first aid and manual handling

Please call 07715957674

Email l.m.training@outlook.com



hamishNIVEN
p h o t o g r a p h y

head shots | portraits | people at work | models & products
property | interior design | architecture | hotels | restaurants
products | fine art repro | food | business services | jewellery



hamish@hamishNIVEN.com
[@hamishNIVEN](https://www.instagram.com/hamishNIVEN)
07908 524 482

www.hamishNIVEN.com



North Elmham Parish Council Meeting

Wednesday 7th October (via Zoom)

The following information is taken from the Draft PC minutes, The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Councillors present by logging in were: Mrs. J. Borgnis (Chairman), Mr. M. Phillips, Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. P. Grainger, Mrs. A. Keeble, Mr. J. Labouchere and Mr. C. Smith.

Also in attendance: Mr. K. Webb (Clerk) and Mr. C. Hill (Elmham News).

Apologies for absence: Mr. M. Rayner and Mr. G. Bambridge (District Councillor).

Land Management Matters

Village Green: The parishioner who had raised the matter of the tree bordering Cedar Close and the Green had obtained two quotations for the work required, £780 (£650 plus £130 VAT) and £700 (no VAT). It was decided to proceed with the former. Mr. Grainger said that some concerned parents had reported that senior teenagers had been misusing the slide by rocking it. Mr. Phillips will arrange for Norfolk Frames and Games to inspect it. They will also check the big swing. It was mentioned that there has been a reduced amount of litter. The Chairman is to establish the type of replacement tree to be obtained. Mr. Labouchere mentioned that the PCC is holding a carol singing event around the church tree on Sunday 13th December at 4.00p.m. Members would be welcome to participate in this event.

Cathedral Ruins: Hardy Landscape are due to cut the slopes with their remote controlled mower within the next few weeks.

Millennium Wood (and Jubilee Wood): Two fence posts require angle irons, and these will be fitted shortly.

Bridleway on Disused Railway Line & Other Railway Linked Matters: Letters from the Railway Company confirming the proposal for the revised right of way whilst the work to the bridge is being carried out are awaited. The Chairman is to chase.

Other Matters: Thanks were expressed to Mr. Labouchere for all his efforts in providing and installing the signage for the Jimmy Brown Memorial Garden.

Allotments

The collection of rents is almost complete; there are two people still to pay. The annual rent per plot is to increase from £10 to £15 next year. Three plots have been let since the last meeting.

Highway Matters

Mr. Grainger said that he had reported the flooding issue in Eastgate Street and the collapsed sign to Highways who have acknowledged. They estimate action within six weeks. The Clerk will speak to Linda McDermott, the County Programme Engineer, to establish the position regarding the three Parish Partnership applications which have been agreed. A letter has been received concerning parking of vehicles at the east end of Eastgate Street on a corner. It was felt that the parking is dangerous. However, it is a matter that should be tackled by the police who, unlike the Parish Council, have the appropriate powers to deal with it.

Pavilion and Playing Field

A senior football club is in the process of being formed by Chris Reeve. Mr. Smith has spoken to him and a fee of £20 per match is a possibility. They would wish to pay by weekly standing order. The sink heater in the kitchen, which is currently turned off, needs attention. Mr. Smith will arrange for it to be looked at. There are QR code signs in the pavilion. A Risk Assessment is to be done and an updated cleaning regime will be introduced. The new bench seat has not yet been received

ADAM BROWN

Skilled carpenter with over 30 years experience

- Property repair/maintenance and building work
 - Painting/Decorating and tiling
- Kitchen and bathroom refurbishment • Garden projects
 - Roofing work undertaken

Nothing is too much trouble, honest, hardworking and helpful
Free estimates. Give me a call and I will try and help
“Horseshoes” Church Road, Worthing, NR20 5HR

01362 668933

Artfellows

Complete the picture

Picture Framing Studio
Fine Art Gallery
Exclusive Greeting Cards
5 Cattle Market Street, Fakenham
10.00am – 4.00pm Tuesday to Saturday
Tel: 01328 862000

Elmham News Advertising

To advertise please contact
Martin Phillips

martin.s.phillips@btopenworld.com

Alison Watson

Beauty Treatments & Foot Health Practitioner

(S.A.C. Dip. FHP)

(College Guild of Graduates Register)

Facials, Waxing, Manicures/Pedicures, Tinting, Lash Extensions,
Shellac Nails, Ear Piercing

Toenail Trimming, Corns, Callus & Fungal Infections

For Appointments, Please Ring; **01362 668419**

WILLIE WESTON of BLAKENEY

Fresh locally caught fish, shellfish, pates & more

Sorry, I will no longer be at the market after September 2019.

However, I will deliver your orders on Fridays

Please phone your orders to 01263 740910

or visit The Fish Shop, 5A Westgate Street, Blakeney

and the Clerk will chase. With regard to the proposed Christmas tree, Mr Saunders is not in a position to provide one this year but will be asked to recommend an alternative supplier. It was felt that a permanent tree may be desirable.

Skate Ramp Area Bin

Mr. Phillips has the bin, and the intention is for it to be installed within the next week. A new concrete pad will be needed.

Youth Club Facilities

Mr. Fitzalan Howard has made contact with Steve James of Breckland Council and is shortly to attend a meeting with officers. A skate park project has been commenced at Watton.

Eastgate Centre

The Centre is to open on 8th October for the Girl Guides. It has been intensely cleaned and QR code cards have been put in place. The Girl Guides have carried out a Risk Assessment and will be using the premises once a week. No other groups will be utilising the facilities at this stage.

Duties of Members

Cathedral Ruins – Mrs. Keeble

Cathedral Meadows – Mr. Fitzalan Howard and Mrs. Keeble

Highways – Mr. Grainger (Mr. Labouchere to assist when possible)

Brookside Development Update

The S106 agreement is almost ready for signing. It has been decided that the bridge is to be transferred initially to the Parish Council.

Annual Governance and Accountability

Following the submission of AGAR (the Annual Governance and Accountability Return) for the year ended 31st March, 2020, comments were received and agreed to be acted upon. Full details on the website.

The members fully appreciate the importance of maintaining robust and proactive procedures in respect of all areas of risk management. Therefore, to reinforce this policy, all members agreed that the topic of "Risk Management" should be a standing item on the agenda of all future Parish Council meetings. Any matters requiring attention will be promptly dealt with, as has been the case in the past, and duly minuted.

Virtual Meetings with Housing Associations

Unfortunately, Broadland Housing had been unable to produce a presentation at the virtual meeting due to apparent unforeseen technical difficulties which meant that no information was forthcoming. A written presentation was subsequently received. Saffron Housing attended the meeting and answered questions. It was agreed that the Chairman would request a similar written presentation from them to enable a full assessment to be made.

Response to the Consultation on the Government's Planning White Paper

Thanks were expressed by all to Mr. Rayner for his extensive work on this document. It is to be finalised with some small adjustments and then forwarded to the Clerk who will submit before the closing date of 29th October.

New Parking Area in Eastgate Street

The work on this project has been completed in accordance with the agreed specifications. In the absence of any comments to the contrary, it would appear that the local residents are content with the final outcome. It has been mentioned that a van has been taking up a lot of space. The owner had originally been given permission to use the Eastgate Centre car park whilst the work was being carried out.

Hamptons
@ THE BARN

TAKEAWAYS

AFTERNOON TEA

STANDARD - £10.95

LUXURY - £12.95

PICNIC BAG

FROM £9.95

(CALL FOR DETAILS)

CAKES & TRAYBAKES

WHOLE - £20

HALF - £12

CAKE SELECTION BOXES

£2.50 PER SLICE

OR £9 FOR FOUR

CREAM TEA

£3.95 PER PERSON

PLEASE CALL 01362 688094 TO ORDER
OR EMAIL INFO@HAMPTONSATTHEBARN.CO.UK

Flourish Federation Request

The Federation is seeking three new non-staff governors. Unfortunately, no members felt able to commit to these positions. The Clerk will advise the Vice Chair of Governors accordingly.

Planning Applications and Determinations

Applications

i) Dr. Baker and Ornelas Almaraz – proposed single storey side extension – Ragnells, 4 Elm Close (3PL/2020/1094/HOU) – no objection

Determinations

i) Icon Architectural - new parking bay with highway cross-over – 1 Pump Street (3PL/2020/1094/HOU) - approved

ii) Mr. Barry Johnson – retention of existing caravan for carer – Spong Hill Caravan 1, Dereham Road (3PL/2020/0875/F) – approved

iii) Cliff/Anne-Marie – single storey dry store extension – The Railway Arms, 40 Station Road (3PL/2020/0678/F) – approved

iv) Garrod Development Ltd – amended design for dwelling at Plot 3 – land rear of 36 Station Road (4 Beatie Gardens) – 3PL/2020/0820/F – approved.

Correspondence

Notification from Norfolk County Council of closure of Eastgate Street from 26th to 30th October, 2020 because of new electrical connection works.

Report from Mr. G. Bambridge (District Councillor)

As your local district councillor for Breckland. This time I should have been talking about What Breckland is up to, and how it is coping with the pandemic - actually quite well really.

The council did keep working throughout the pandemic and the lockdown, it has

also reverted now to bringing back some workers into the office. Social distancing is still hindering some contacts with individuals, so I commend you to use the generic departmental email addresses still, these are checked by my senior people several times each day.

Council meetings have continued throughout via Zoom or Microsoft Teams and that the basic work of both the council and the councillors has been and is still all going on.

The £30M the Council has paid out in grants to all sorts of business across Breckland. This is government money which Breckland was tasked to assess and grant to recipient businesses under a specific formula

The £10,000 -Breckland Council donated to food banks PLUS additional hardship grants to individuals. Breckland is aware that the most vulnerable in society did need special protection in this time.

The community self-help groups in all the towns and many villages collecting groceries and prescriptions etc for those locked in. And of course, the hundreds of those of you who picked up the phone or checked the neighbour, or even just gave a wave. This happened in your village as well as many others across the district

The fact that 99% of all bins were emptied on its due day, and that we are the only council in the area to do that. If you had one of the 1% or less that were missed I am sorry, I did have personally, but it was picked up the next day before I reported it, the lane had been blocked.

The fact that all the homeless and rough sleepers in the district were offered accommodation under special arrangements. With money laid aside for homeless people, we have now embarked on building specific homeless accommodation for 3 families and about 17 singles or couples in addition to our existing stocks.

Guitar and Music Tuition **Beginners to Advanced**

Classical, Jazz, Folk, Pop and Rock, Bass Guitar

Jazz Improvising - any instrument.

Qualified teacher and professional musician

Peter Wild LTCL

Tel. 01362 668558 (North Elmham)

EMC C&G NIC

phillip jacobs

Oil fired boiler servicing – Repair and Breakdown

LOCAL FRIENDLY RELIABLE SERVICE

Please call: 01362 688398

Mobile: 07887 902815

Hendry & Sons Funeral Directors



Private Chapels of Rest

Members of the N.A.F.D.

Station Road, Foulsham, Dereham, Norfolk

Telephone: 01362 683249

North Elmham Childminders

Registered with **OFSTED**. rating **GOOD**, and a team of assistants offering flexible childcare in a friendly, nurturing and stimulating environment.

Please contact us to enquire about vacancies and arrange a visit on
01362 668 951

Businesses were supported in either their closure or their remaining open. Our future really depends on local small and large business continuing and People getting back to work

Breckland responded well too, not just the general problems of Covid-19, but also to the specific situation in Attleborough. Some of our officers are currently helping out in Gt Yarmouth - supporting the Norfolk community

The successful anti fly-tip and littering campaigns which has been the most successful ever in the whole area in recent times despite the lockdown.

The council has dealt with more planning applications during this period than we would have expected, and they are all being assessed and dealt with. We are now considering the planning consultations and white paper.

The 28 positive actions Breckland are considering regarding climate change. We are extremely fortunate to live in such an area, but your council are very aware of our responsibility for it and for all of our futures.

We are getting on track with some committees having actual meetings or hybrid meetings, (some attendees there and some online) most of which are live streamed on YouTube so that even more people are able to see what is being done on their behalf. The full Council, Planning, Scrutiny and Cabinet are probably of most interest and details are always on the website

If you have a problem which relates to Breckland Council I am available through the council website or directly.



**What do snowmen wear
on their heads?**

Ice caps

North Elmham Parish Council Meeting

Wednesday 4th November (via Zoom)

The following information is taken from the Draft PC minutes. The full official minutes can be viewed in the Post Office and on the Community website, once approved.

Councillors present were: Mrs. J. Borgnis (Chairman), Mr. M. Phillips, Miss A. Ferris, Mr. T. Fitzalan Howard, Mr. P. Grainger, Mrs. A. Keeble, Mr. J. Labouchere, Mr. M. Rayner and Mr. C. Smith

Also in attendance: Mr. K. Webb (Clerk)

Apologies for absence: None

Land Management Matters

Village Green: Work on the tree bordering Cedar Close and the Green is to be carried out at a cost of £780 (£650 plus £130 VAT). Mr. Phillips is to chase Norfolk Frames and Games to ensure that the slide is inspected. Mr. Smith is to check the state of the bin and shelter. The purchase of a replacement tree, a quercus palustris, 5m high with a girth of 20/30cm at a cost of £325 including VAT and delivery, is to proceed.

Cathedral Ruins: Hardy Landscape have cut the slopes with their remote controlled mower. Mrs. Keeble has arranged a walk round with Julian Duffield. Some tree pruning work is to be carried out by English Heritage.

Millennium Wood (and Jubilee Wood): The split oak tree is to be taken down. There will be no charge as the contractor is to keep the wood.

Allotments: All rents have been collected.

The Slimming World Consultant had asked for a banner to be displayed at the pavilion. All agreed that this request should be refused and apply to any future



The Norfolk Sweep

*Friendly, Professional Service • Fully Insured
All Types of Chimney / Flues Swept*



Anthony Walden

01362 680189

www.thenorfolksweep.co.uk



JOHN COLES

**ELECTRICIAN
PROPERTY ALTERATION/
MAINTENANCE**

All electrical work

And building work, plumbing &
carpentry

All aspects of kitchen, utility & bathroom
refit

(incl mobility & access solutions)

Garden landscaping

Happy to advise, discuss work/provide
prices

Public liability insurance + references
01362 692249 or 07919 593391

Find us on Facebook

**Your satisfaction is our reputation
Friendly, reliable family business**



FIRING SQUAD WOODBURNERS

Comprehensive stock to view at our
showroom on The West Raynham Business Park

01328 854098

e-mail: firingsquadwoodburners@yahoo.com

www.firingsquadwoodburners.com

APPROVED CLEARVIEW STOCKIST

queries. It was recommended that the website, Elmham News and notice boards be utilised for advertising purposes.

Highway Matters

The road sign on Back Lane has been reinstated. No update has been received from Highways Department regarding the flooding in Eastgate Street. Police have spoken to the owners of vehicles which have been parked on the bend at the eastern end of Eastgate Street. As a result, their new parking positions are considered to be safer. A complaint has also been made regarding the parking of vehicles on the bend near the church. The PCC is to place a notice on the church railings. Comment has also been made in respect of the vision on the bend opposite the school. The hedge is overgrown and it is known that the house owner previously cut it. It was felt that no further action is required at this time.

Mr. Grainger reported that a complaint had been received in respect of Station Road which has been closed for three days. He stressed that the Parish Council plays no part whatsoever in the closing of roads. Norfolk County Council has responsibility for deciding which roads are to be closed and when. They then implement the policy they have decided upon.

It is worth mentioning for all interested parishioners that NOTIFICATION HAS BEEN RECEIVED OF ANOTHER ROAD CLOSURE. This will involve the B1145 Bawdeswell Road/The Street/Elmham Road in Billingford. THE ROAD WILL BE TEMPORARILY CLOSED FROM 23RD NOVEMBER TO 4TH DECEMBER FOR CARRIAGEWAY RESURFACING WORKS.

Highways are investigating the damaged verge in Cathedral Drive. No information has yet been received. They are still to inspect the problem near the pinch point in Holt Road.

Pavilion and Playing Field

There have been no payments forthcoming from any of the football teams using the field. North Elmham F.C. (seniors and juniors) wish to place a three feet square sign on the pavilion (on the side facing the pitch) and this has been agreed. It is disappointing that Ms. Ferris has received no response from Longham F.C. despite them having played another match. They have ignored all correspondence and no funds have been received for pitch hire. The Clerk will attempt to make contact.

The hedges will be cut in February. The mole man will be asked to make a visit and the new bench is due to arrive within the next six weeks. The cost of this has been negotiated down from £292 to £250 due to its late arrival. It appears that the supplier mislaid our order!

The Chairman is to write to Mr. Ballman, Chairman of North Elmham Cricket Club, to advise him that the season's invoice cannot be reduced again. The amount payable is £245.66 and this lower than usual amount reflects the shorter than normal season.

A Christmas tree, (12 foot spruce), is to be purchased from Mr. Saunders' plantation in Bilney at a cost of about £50. Some additional lights are also to be purchased.

Skate Ramp Area Bin

The new bin has been successfully installed. It appears that something has smashed into the bin on Back Lane. Darren Brown is to inspect it.

Youth Club Facilities

Mr. Fitzalan Howard has had a meeting with Michelle Bibby, a member of Norfolk's Youth Advisory Board. Youth are classed as young people aged 11 to 19 years. Her role is to champion the voice of youth in projects which are to their benefit and to help coordinate such projects. A number of key points have been made which

G.D.BATHURST LTD

Plumbing & Heating Engineer



OFTEC Registered Oil Heating Engineer.

Reg No: C8034

- Oil Boiler & Tank Installations, Maintenance & Annual Servicing
- Central Heating Power Flush under taken-Standard or Deluxe
- Winter Health Checks
- Installation of new bathroom & shower suites
- Maintenance of taps, cylinders & ball valves
- Specialist in unvented hot water systems
- Fully insured - Free Estimates - No job to small

Call Gary today for all your plumbing needs!!

1 Street Farm Loke, Eastgate Street, North Elmham, Dereham. NR20 5HA

Tel: 01362 667252 Mob: 07775 842934

Email: gdbathurstltd@yahoo.co.uk

Odd Job and Handyman

Early retirement means I have time for those little odd jobs.

Decorating, gardening, dog walking etc.

Reasonable rates – please contact Adrian

07740349287

adriannicholls3@gmail.com

Joanne Medler Hypnotherapy

FHT Registered Hypnotherapist, NPL & EFT Practitioner in North Elmham

Helping people overcome various life issues. Contact me to see how Hypnotherapy may be able to help you

Tel: 07766 870145 Joannemedlerhypnotherapy@gmail.com
www.joannemedlerhypnotherapy.com

can be summarised under the headings of proven engagement with the youth involved, mental health issues, funding, land availability and process. Consultation, bearing in mind Covid restrictions, is vital. A survey, to be published in Elmham News, is to be produced. A number of suggested items from initial meetings held at the Eastgate Centre include skate park, outside table tennis table, rugby H, basketball hoop, simple outside gym, pump track/BMX cycle track and simple foul weather shelters. Mr. Fitzalan Howard is also to visit other villages with existing good facilities.

Brookside Development Update

The S106 agreement has not yet been received.

Virtual Meetings with Housing Associations

It was agreed by all to carry this matter forward to the next meeting.

New Parking Area in Eastgate Street

There was a suggestion that the area of tarmac is not quite wide enough. It was confirmed that the maximum width has been obtained and it cannot be extended as the hedge belongs to the home owners. A van continues to take up a lot of the available space.

Risk Management – Considerations and Updates

Policies in respect of standing orders, financial regulations and general risk management have been reviewed and duly updated. Approval to this course of action was proposed by Mr. Labouchere and seconded by Mr. Phillips. The appropriate documentation has been placed on the website.

Budget for the year 2021/2022

Members were asked to advise requirements in respect of areas of responsibility in readiness for the next meeting. Items mentioned included

refurbishment of the pavilion car park, new notice boards and youth facilities. A further discussion is to be held at the next meeting in December with the matter to be finalised at the January meeting. Our Precept documentation has to be submitted by 31st January, 2021. The tax base has increased from 474.8 to 484.0.

Parish Partnership Applications

There are three approved applications which are due to be actioned this year. It was agreed by all that, in the circumstances, no applications would be submitted for the following year.

Website

The update on accessibility rules requirements has been given by the providers of the website and this information has been sent on to our webmasters who have confirmed that they will take the necessary action.

Planning Applications and Determinations

Applications

- (i) Mr. C. Pittom – two single storey rear extensions – Well Cottage, Broom Green (3PL/2020/1107/HOU) – no objections
- (ii) Garrod Developments Ltd – single storey rear extension – 36 Station Road (3PL/2020/1122/HOU) – no objections

Determinations

None.

Breckland Council has asked for photographs to be taken of the widening gap in the hedge where the Billingford Road ends, (reference ENF/344/20/PAR), east of the Worthing junction. Mr. Rayner offered to provide these.

Correspondence

- i) Queries have been received from two parishioners living in the Orchard Close area. The general view is that, if the right

Mot, Service and Repair Centre

Full Workshop Facilities

NRG

- Servicing And Repairs To All Makes (Norwich road garage)
- Fully automated MOT testing
- Vehicle Diagnostics- Engine Management, ABS, SRS And A/C
- Air conditioning- Servicing and Repairs
- Tyres supplied and fitted at competitive prices
- Free collection and delivery (in Local area)
- Competitive prices- ring for a quote or pop in

NORWICH ROAD GARAGE

43 Norwich Road, Dereham, NR20 3AS

Tel: 01362 692237 or 07900994749

(Next to the fire station)

Proprietor: Derek Jarrett (30 Years Experience)



FAKENHAM & DISTRICT FUNERAL SERVICES LTD.

INDEPENDENT FAMILY FUNERAL DIRECTORS

Emma Duggan & Beau Elliott

*'Helping others at a time when it's
most needed.'*

TEL:01328 838838

(24hr emergency)

WEASENHAM MANOR, FAKENHAM ROAD,
WEASENHAM PE32 2TF



Golden Charter 
Independent Way Funeral Plans

service provider is selected, acceptable broadband speeds can be obtained.

ii) Concerns have been expressed about a van taking up a sizeable portion of the space in the new parking area in Eastgate Street. Hopefully this matter can be resolved in the not too distant future.

iii) A request was received (prior to second lockdown) to use part of the village green as an occasional "twin group" – a stay and play for families with multiples. Agreement was given, in principle, subject to receiving a risk assessment completed in accordance with Government guidelines.

Parish Council Meetings Public Participation

North Elmham Parish Council continues to hold its meetings virtually via Zoom. If anyone wishes to virtually attend meetings, please contact the Chair Jennie Borgnis on 668 952 or the Clerk at northelmhampc@hotmail.co.uk for details.

The December meeting will be held on Wednesday 2nd and the January Meeting on Wednesday 6th.

Knit and Natter

As I begin to write this article for the news letter, we are now heading towards our second lockdown situation and all my hopes of getting the North Elmham Knit and Natter group together once more, are again put on the back burner. This month we would have been, unbelievably, celebrating our eighth birthday. We began our Tuesday monthly meetings in the Pavilion. Jimmy Brown held the keys in those days and I had strict instructions to post the keys back to him at the end of each afternoon. With nothing but donated wool and our own knitting needles, simple patterns and variable skills, we

soon became an enthusiastic band of do gooders, knitting for charities, care homes, schools and hospitals. Linda Brown was just beginning to organise the Norfolk Knitters and gave us great support, which was much appreciated.

Within a couple of months of starting up the group, I had an emotional and surprising moment, when I was presented, at the Teapost Quiz Night, with £100. This gave us a tremendous financial start. Since then we ourselves, have been able to donate over £1,000 to needy causes and, of course, many many bin bags of lovely knitted or crocheted items have been given where they were most useful.

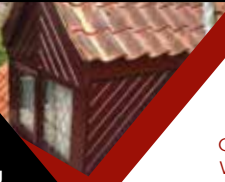
Our days at the Pavilion came to an end when the group expressed a wish to support the Teapost, and so we moved into the cosy, warm and friendly atmosphere of the coffee shop, and thus becoming more integrated into the village.

Our numbers have grown and we now have 18 regular knitters plus several others who, for one reason or another, knit at home, but I still collect their items and provide wool, patterns etc., if they make a request. Sadly some of our members have passed on over the years, but I'm sure they are sitting on a cloud somewhere, knitting angel wings, nattering away with all the enthusiasm that they had shown when they were with us.

I would like to take this opportunity to thank a group of the ladies who have attended almost every meeting, and have given me so much support over the eight years. Thank you for putting up with my bossy ways, without you the group would not have been the success it has been. I'm now looking forward to the day when we will be back together in the Teapost, and enjoying the company, noisy though it is, till then, stay safe and keep knitting!!

Eileen Cotterill, tel: 01362 668380

Your local building & property maintenance service. Over 25 years professional building experience.



Building Repairs
Joinery / Carpentry
Bathrooms / Kitchens
New Roofs / Roof Repairs
Extensions / Alterations
Conversions / Renovations
Windows / Conservatories
Traditional Norfolk Flint Work
General Property Maintenance




RICHARD ROOS
Building & Maintenance

07881 957032
info@roosbuild.co.uk

01362 470543
www.roosbuild.co.uk



www.fourpawsnorfolk.co.uk 

07469 766 331 

Please call to book an appointment

Corners Nursery, Fakenham Rd, Hoe, Dereham NR20 4HA

Dog Grooming At Great Prices!!

Fully trained - City & Guilds - Fully insured studio - First aid trained - All breeds and sizes welcome

J C Landscape
& Maintenance

Offering both hard and soft landscaping, as well as gardening and maintenance services.



Feel free to get in touch for a free no obligation quote

James Cunningham (BSc)
jamescunnington12@hotmail.com

07414894668

Gardening services provided:

Lawn cutting
Hedge cutting
Tree pruning/removal
Full garden clearances
Flowerbeds

Landscaping services provided:

Patios
Fencing
Brickwork
Sheds
Decking
Ponds



The Helpful Pixie

Help around the house and garden including:

- ❖ fence, shed & decking staining ❖ wood stacking ❖ cleaning ❖
- ❖ regular garden maintenance ❖ small garden jobs ❖

No job too small

Call Emma on 01362 668 753

Self Isolation North Elmham

**Here to help you if you require support
i.e. shopping, posting letters, etc.**

Please don't hesitate to call David Fairbairn-Day on 07398 758421 between 10.00 am–5.00 pm only or email dfd2308@gmail.com. If you have to leave a message, don't forget your name, phone number and address and what it is you need. A volunteer will contact you as soon as possible.

The Magic House

The little girl stood in front of the Christmas tree in amazement. It was a very tall tree being decorated with paper lanterns, glass baubles and candles in metal clip-on holders. These, she knew would be lit when her daddy came home from Home Guard duties. She was allowed to put the silver lametta on the tree to complete the decoration.

Except for one thing... where was the little glass house? She looked up and down the tree but she was too small to see more than halfway. Standing on a chair and looking up there she saw it, the little glass house tucked up against the trunk of this enormous tree. Yes it was there, the magic house. She balanced on the chair and felt like a statue. The coal fire crackled and crunched in the fireplace and the opening bars of Roger Quilters music for the dramatization of "The Box Delights" came from the wireless. She felt so excited at this Christmas time and as she stared at the little house she gently turned it round so she could see the other side. Yes, she thought this is a magic house.

The little girl's daddy came home from Home Guard duty. There had been no night-time raids for a few days now, and none were expected. She looked again at the little house and jumped off the chair.

The music had finished but she didn't wait to hear the story as it was time for tea....

Then came the time for everything to be packed away ready for next time.

Soon the little glass house, the magic house, will be taken from its box and will be hung on the Christmas tree and all the excitement of Christmas will come again, but where is the little girl?

Anon

Cystic Fibrosis

Hello... I hope you are all keeping safe in this awful situation that we have all found ourselves in. We will get through this and come out the otherwise and we will be much stronger for it!

I was absolutely gutted that I had to cancel my Easter Bingo at such short notice. I was all prepared with my prizes, including Easter eggs! but the health of all of you and my helpers had to be my main priority so I had no choice but to cancel. I really thought that I would have been able to have a Christmas Bingo but of course we still have the virus and we have now gone into lockdown for another month so that isn't going to happen either, but I can assure you all that the minute restrictions are lifted and events can happen again, I will have either a Christmas or Easter Bingo as soon as I am able – I may only see you twice a year but I missed all my friends and bingo regulars!

There is however some good news to report. The Cystic Fibrosis Trust have been working for many years to find new drugs for CF sufferers and I am so pleased to say that they haven't just got one drug, but they have 2 – Orkambi and Kaftrio. Kaftrio is suitable for 90% of CF sufferers with my cousin, Sharon, being one of them.

In a message to me she said, "I get the new CF drug this weekend and that

Michael Cummings, *HCPC Registered, D.Pod.M., M.Ch.S.,*

Chiropodist/Podiatrist,

Dereham Clinic: 1 Glencoe Court, Market Square, Dereham, NR19 2AX

Telephone: 01603 926969

Website: www.sprowstonchiropody.co.uk

THE GARROD PARTNERSHIP LIMITED
BUILDING MANAGEMENT

The Garrod Partnership is a well established building management company specialising in providing tailor-made building solutions no matter what your job requirements.

Please get in touch to discuss your ideas.

01603 870300

terry@garrodpartnership.co.uk

www.thegarrodpartnership.com



- Nick Long -

DOT, DVSA, ADI, DIA, MSA

**NORTH ELMHAM BASED
DRIVING INSTRUCTOR
BOTH MANUAL &
AUTOMATIC TUITION**

*DRIVING STANDARDS AGENCY (DEPARTMENT of TRANSPORT)
APPROVED DRIVING INSTRUCTOR*

Tel: 01362 668468

Mobile : 07786390275

The Art Studio



Workshops and Courses for Adults in:
Drawing, Painting & Printmaking

Daytime, Evening and Weekends



46 Station Road, North Elmham, NR20 5HH

kaybarkerfineart@gmail.com Telephone: 01362 667050

Visit the website www.kaybarkerfineart.co.uk

is down to you and I will be eternally grateful". Well it isn't just down to me it is EVERYBODY who has been to either a Bingo, the Christmas Tree Festival, had a go on a tombola, been to a Fashion Show, bought a quiz sheet etc, all the £'s have mounted up and this is the result, so from the bottom of my heart than you to each and every one of you for your support over the last 20 years in helping me raise £58,382, I am not going to stop yet, so keep your eyes peeled for details of my events when I am able.

When I asked my cousin how she felt on the new drug her reply was "I feel like a new woman". All the hours of fundraising have been worth every single second for her to say that. It was what I set out to do 20 years ago and I have achieved my goal, with your help.

If any of you used to like going to the Fakenham Christmas Tree Festival, this is happening on-line this year. They have set up a dedicated website for this and you have the opportunity to donate to the individual charities taking part if you want, the event will be running from 26 November until 3rd December. The website is www.christmastreefestival.co.uk. They will be featuring videos from some of the Charities taking part (you should visit the website when it all goes live, if only to laugh at my video!) and there will also be competitions too. They are also going to be live streaming a Church service on the Sunday morning. We know that for a lot of people the Christmas Tree Festival is the start of the run up to Christmas and I am grateful to the Tree Festival Team for finding an alternative for this year so that the festival can be run and that the charities can still take part.

Merry Christmas, Happy New Year and keep safe and I will hopefully see you all at some point in 2021.

Sharon

As many of you know I was diagnosed with Cystic Fibrosis at the age of just 6 weeks. Over the years I have taken more tablets and medication than I care to count but I am now taking a new drug which I am SO pleased to be taking and something that I never thought would happen, it is called Kaftrio. This is the new CF drug which is going to increase my lung function by between 10% and 20%. I am going to be able to breath like you all now!

The research into this drug has only been possible due to the £100,000's of fundraising which has been happening over the last few years. As you know my cousin Sharon organises Bingos in the Memorial Institute Hall twice a year and I would like to say a huge thank you to everybody who has supported these events. I have the new CF drug because of YOU and I cannot thank you enough, you have changed my life forever.

I am sure the CF Trust will continue their research for many more years to come and with your support this will be able to continue.

Merry Christmas and a Happy New Year.

Donna xx

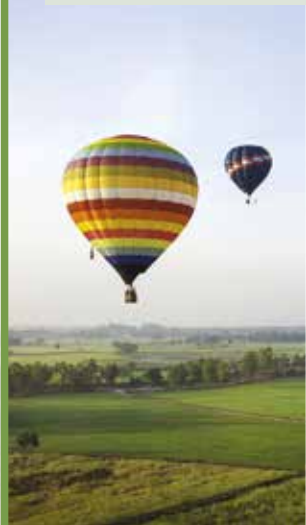


North Elmham Christmas Lights Competition

Get decorating your house judging
takes place week commencing
14th December



Are your finances heading in the right direction?



We provide a comprehensive wealth management service, offering specialist face-to-face advice tailored to you. Our services include:

- Investment Planning
- Inheritance Tax Planning
- Retirement Planning
- Intergenerational Planning

For further details please contact **Gary Hinchliffe** on:

Hinchliffe Financial Solutions Ltd

Tel: 01362 685081 | Mob: 07502 406998

Email: gary.hinchliffe@sjpp.co.uk

www.hinchliffefinancialsolutions.co.uk

H2SJP33678 11/19

Airport Chauffeurs **UK.com**

Chauffeur Driven at Taxi Prices

AIRPORTS • SEAPORTS • TRAIN STATIONS • HOSPITALS

LONG DISTANCE • PASSENGERS/PARCELS

BUSINESS ACCOUNT CUSTOMERS WELCOME

Cars/ MPV's 6 & 8 Seaters/Jaguar XJ Available

Email: norwich2airports@msn.com

Freephone Local 0800 783 9030 www.airportchauffeursuk.com

FOGG OFF NORFOLK

VIRUS & GERM REMOVAL

foggoffnorfolk@gmail.com ☎ **07502195307**

www.foggoffnorfolk.com



*Anti-Viral fogging for 28-day protection from all virus and germs.
Available for Holiday lets, B&B, Hotels, Pubs, Cafes, Shops, Taxis,
Buses, Gyms, Hair Salons, Anything Commercial or Business.
Using Government Guideline Sanitizing Solutions.*



Remembrance Sunday 2020

In years to come, when we are watching game shows on the TV and the question is asked 'What happened in 2020?' we'll all be shouting we lived through a pandemic and it was awful!

The Remembrance service at church was different. Until a week or so ago, it was to be held inside the church with a very limited congregation of about twenty people.

Then came another lockdown. It was felt by the powers that be that we wanted and needed some kind of religious service to remember those brave young men and women who lost their lives in war time coming from our local communities.

Sadly, we weren't a Thankful Village where everyone came home. In World War I, thirty six men and one woman lost their lives from Elmham, and in World War II, nine young men also never returned to the safety of their families.



So, we had a brief and meaningful service outside in the churchyard near the south porch.

Bryan Tidnam, Chairman of the Elmham branch of the British Legion and Jennie Borgnis, Chairman of the Parish Council, laid wreaths on the grass next to the wooden crosses.

Tom Fitzalan-Howard read the names out of those who died in service during the two World Wars.

Paul Frostwick-Wilson was the bugler and Michael Newey took the short service.

From someone who was there... it was a lovely autumnal morning with a simple poignant service. Thank you.

Janet Woodhouse

WORZELS ROOFING

ROOFER TILER / SLATER

NEW, OLD WORK REPAIRS

07990 972381/01760 755024

WWW.WORZELSROOFING.CO.UK

Over 15 Yrs experience: No job too small
Free estimates: Competitive prices

ELMHAM MEMORIAL HALL

Available for Hire

LARGE HALL

With stage area and serving hatch

Ideally suitable for Wedding Receptions and Theatrical Productions

SMALL HALL

With Snooker Table, Darts and Short Mat Bowls equipment

Both Halls with access to rear garden area (suitable for summer functions) and
Well equipped kitchen. Crockery and cutlery available.

Performing Rights and Public Entertainment Licences

Registered with Breckland District Council under Betting & Lotteries Act

Reasonable Hire Rates

Bookings 01362 668325

Elmham Memorial Hall is Registered Charity – No 304020

Authorised  Engineer



Oil Boiler Servicing
and Breakdown
Repairs

Assured Boiler Care Ltd



Oil Tank Replacement

For further details, Contact David Rowe on



Power Flushing
Existing Heating
Systems

01328 700500 or 07900 060940

20% Off the cost of Power flushing for limited time only



Rubbish

Who thinks it is acceptable to leave rubbish in our village? The photos show fly tipping in the lay-by on Back Lane. It is possibly somebody from outside the village but if it is a resident, then shame on you!

A second incident of rubbish being dumped occurred in the dog bin on Oak Avenue, somebody stuffed the dog bin full with cardboard and dog owners continued to deposit bags of poo on top of the cardboard with the lid of the bin open. Not pleasant for anyone passing by! This was more likely to be residents!

If you see a dog waste bin overflowing, please contact the Parish Council who will in turn arrange for it to be emptied. Don't just continue to deposit bags of poo. There are other bins to use. Please consider other people.

Caroline Payne

Facilities for Young People

We are fortunate in North Elmham that we have considerable social facilities that include three venues for public functions and meetings (The Memorial Hall, the Eastgate Centre and the Sports Pavilion). In addition, there are many clubs and groups for individuals to join and these cater for most ages, but few are for teenagers. The outside and sporting facilities are also extensive and include: tennis courts, bowling greens, children's playground, the Village Green, a sports ground with space for a cricket and football pitch a skate ramp and kick wall. Open spaces include a good network of public footpaths, two woods and several meadows all with public access. The one thing that is lacking are outside facilities for individual teenage children. The Parish Council believes that if there is enough support from within the parish and sufficient funds can be raised then a programme to supply suitable activities

would start. There is some community funding available both at county and district level but the support, of the village and particularly the youths themselves must be proven to be evident to secure public funding. A small sample of children in small groups have been asked for their views and were enthusiastic in their support. In normal times the next stage would be a village meeting to expand on the proposals and assess the level of support. This has not been possible due to the Covid-19 pandemic and so a survey will be developed and will go out with the February issue of The Elmham News. This will be distributed to all households and allow parents and individual children to make their suggestions on what facilities they would like to be considered.

Please complete this when it arrives - the more who do the greater the chance we have of getting public funding. Thank you.

Tom Fitzalan Howard



The Fire Mark on The Tea Post

Some of you may have noticed that there is a Norwich Union fire mark on the wall of the Tea Post. Fire marks were issued by the insurance companies to show which buildings were insured by them.

This particular fire mark is however not all that it appears to be.

Back in 1997 or thereabouts, Alan Wise, who was the postmaster then took quite a bit of interest in them and bought a book on the subject so that he could learn a little bit more about them. One day, whilst in conversation with him, he remarked that he was rather concerned that the mark might get stolen because, then as now, they had been quite collectable and were worth a fair bit of money.

He wondered whether it would be possible to make a replica of the mark and keep the real one in a safe place out of temptations way.

At that time, one of the facets of the work I did was, lost wax casting and I suggested that we could make a silicone mould of the original and that it might just stand the temperature of molten lead.

The original was carefully removed and a mould made, we melted a load of old scrap lead and carefully poured it into the mould. The silicone held out just enough for us to get a good casting. Alan then painted this, and it was fitted up on the wall.

I had the original re-painted and gilded by the chap that I worked with, who was a professional sign writer and Alan had it framed and then hung up in his living room.

It was agreed that as the mark really belonged to the house, it should remain with the property should it be sold. Sadly, this does not seem to have happened and there is no longer any trace of it.

Tony Hall who did a regular cartoon in the EDP did one featuring the mark and it is reproduced opposite, as printed in the EDP June 1997, with his kind permission.

So, if anyone sees a fire mark with this number you know where it came from.

George Keeble

Tony Hall

Tony created cartoons for the EDP for nearly 40 years, usually three a week. These were drawn in pen and ink and as Tony never learnt to drive a car, he would personally deliver these to the EDP office on his motorbike from his home near Aylsham. Apart from being a talented artist, Tony is one of the foremost squeezebox players in the UK. He has played with many well known musicians and can still be found in folk clubs or with his group, the Von Krapp family. He has recorded his own cds/lps and appeared as guest artist on many recordings by the likes of Nic Jones, Maddy Prior etc.

Tony Langford



"That old lead one is a 1799 Norwich General fire mark - and the UPVC one he's putting up is a 1997 Norwich Union 'I've just made a killing on N.U. shares' mark."

Norwich Union is floated on the Stock Exchange, and the general allocation of 300 free shares to account holders brings an immediate £1000 windfall. June 17

Christmas Blessing

Hope you had a lovely Christmas, didn't stay up far too late,

Didn't eat too much ham and turkey, piled high upon your plate,

Hope the Christmas pudding was really to your taste,

That you enjoyed the Christmas cake, iced and topped with almond paste.

While you were celebrating, did you stop to think of those alone

By force of circumstances, their loved ones having flown?

But it need not be all doom and gloom, to more than make amends

At this time we all appreciate the blessings of good friends.

Written by Rosa Riley in 1979, a resident of Elmham for years, now very sadly gone



Why was the turkey in the pop group?

Because he was the only one with drumsticks!

NORTH ELMHAM FISH & CHIP SHOP

IB THE CHIPPY
STATION ROAD, NR20 5HH

PHONE ORDERS
01362 667793

MENU AVAILABLE
ON OUR WEBSITE

CARD PAYMENTS TAKEN

MOBILE CHIP VAN AVAILABLE
FOR ALL EVENTS

OPENING TIMES
TUES/WED/THURS
4.00–8.30PM
FRI/SAT
11.30AM–9.00PM

WWW.IBTHECHIPPY.CO.UK

Littleproud & Son Independent Family Funeral Directors



**NEWLY OPENED
FUNERAL HOME IN DEREHAM**

Tel: 01362 695458 (24hrs)
South Green, Dereham, NR19 1PU

Tel: 01760 440269 (24hrs)
Hale Road, Bradenham, IP25 7RA

- Personally supervised by the Littleproud family & dedicated staff
- Traditional & Bespoke Funerals at an affordable cost
- Horse Drawn Funerals
- Pre-Paid Funeral Planning
- Memorial Consultants
- Modern Jaguar Fleet



"Our family taking care of your family"



www.littleproud-funerals.co.uk

Gardening Club

I was thinking about Christmas traditions and what plants/shrubs are seen in most family houses. The most popular today are holly, ivy, poinsettia, Christmas rose, mistletoe, Christmas cactus and pine trees.

In the past the quintessential herb, Rosemary was the most classic as the Christmas tree is today. It goes back to the middle ages when people covered their floors on Christmas Eve with rosemary and walking over it they believed the scent would bring good health and happiness throughout the coming year, Starting a tradition that we continue today not by walking over it but by adding it to wreaths, tabletop decorations and festive swags .

The holly also has a history going back to the Druids were they believed it to be a sacred plant with magical powers to its red berries and prickly thorns. Holly was a symbol of eternal life and fertility and they believed that hanging the plants in homes would bring good luck and protection, Christians continued the holly tradition from Druid, Celtic and Roman traditions changing its symbolism to reflect Christian beliefs. Today, holly is symbolic of Jesus in two ways, its red berries represent the blood and the sharp pointed leaves refer to the crown that Jesus wore on the cross.

Suggestions of a few scented plants and shrubs for the winter garden

Daphne - there are up to 70 varieties of this shrub nearly all evergreen which has fragrant flowers in a choice of colours and blooms in winter and early spring.

Witch Hazel is grown for its wiry flowers it bears along the branches before its leaves appear. Not all have a scent but one that has a strong scent is Vesna with rich orange flowers.

Miniature Iris are a small delicate bulb and flower that makes them so great for pots and containers for your windowsills and as a welcome pot near your front door.

Sarcococca or known as Sweet Box is well named. Its intense fragrance can be detected from across the garden, it produces tiny creamy flowers in winter followed by shiny black berries.

Honeysuckle (Winter Beauty) This will bring a scent of lemons to your garden throughout the colder season as well as creamy white flowers, it is tough and withstand most soils.

Viola Odorata (Christmas) appropriately named and one of my favourites, a violet that produces sweet highly scented aroma from white flowers from such a small unassuming plant ready for the festive season.

Can I take this opportunity to wish members and all of you the best Christmas and New Year we can have in these difficult and troubled times, And hopefully next year will see life getting back to normal and enjoying ALL clubs and gatherings taking place.

Take care.

Ray

June Martin

We are sad to have learned of the recent passing of June Evelyn Dorothy Martin who died on 7th November aged 87. Nurse Martin was a Community midwife for Dereham and Fakenham. She loved her horse and donkeys and her visits to the Tea Post. She could always regale you with the most wonderful tales of delivering babies.

Wives Plus All

Wishing all Members, the Committee of Elmham News and all readers, a safe and happy Christmas and a healthy and peaceful New Year.

King's Head Hotel

North Elmham, NR20 5JB

Ac



BAR OPEN

12.00–10.00 pm

Every day

FOOD SERV

Monday to Sa

12.00–9.00 pm

OUR SUNDAY

ARE BACK !

Served 12.00–

**Book your table online:
kingsheadnorthelmham.co.uk**

Call: 01362 668856



Accommodation • Bar • Restaurant • Beer Garden



VED
aturday
n
Y ROASTS
-7.00 pm



BAR | RESTAURANT | HOTEL

◆ SMALLS & SHARERS ◆

LEMON, GARLIC & HERB MIXED OLIVES (v) (VE)	£4	DEVILLED WHITEBAIT, LIME MAYO	£7
ROSEMARY & GARLIC FOCACCIA, OLIVE OIL & BALSAMIC (v) (VE)	£5	SLOW COOKED PORK RIBS, JACK DANIELS BBQ SAUCE	£7
STICKY ASIAN CHICKEN WINGS, CHILLI & LIME DRESSING	£7	BUTTERNUT SQUASH & CHILLI BHAJI, MANGO CHUTNEY (v) (VE)	£7
RUSTIC CHIPS, TRUFFLE OIL & PARMESAN (GFO) (v)	£4.50	SKIN ON SKINNY FRIES(GFO)	£4
WILD MUSHROOM & MOZZARELLA ARANCINI, ARIABATTA SAUCE (v) (VEO)	£7	LIGHTLY TEMPURA VEGETABLES, SOY & HONEY DIP (VEO) (v)	£6
SMOKED SALMON & CAVIAR BLINIS, HORSERADISH & DILL CRÈME FRAICHE	£7	BEER BATTERED ONION RINGS (v) (GFO)	£3.50

◆ LOADED FRIES ◆

FRIES, BACON BITS, SPRING ONION, MELTED MOZZARELLA & CHEDDAR CHEESE & GARLIC MAYO	£6	FRIES, HALLOUMI, SPRING ONION, SWEET CHILLI SAUCE (v) (VE)	£6
---	----	--	----

◆ ARTISANS SOURDOUGH BASE PIZZAS ◆

ALL OF OUR PIZZA BASES ARE VEGAN.

TOMATO BASE, MOZZARELLA , BASIL PESTO (N) (v)	£12
TOMATO BASE, ANCHOVY FILLETS, OLIVES, CHEESE	£12
TOMATO BASE, WILD MUSHROOMS, CHEESE, TRUFFLE OIL (V)	£12
TOMATO BASE, BACON, SPICY CHORIZO SAUSAGE, WILD MUSHROOMS, CHEESE	£14
BBQ BASE, SPRING ONION, SAUSAGE, BACON & CHEESE	£14

◆ MAINS ◆

8OZ SIRLOIN STEAK, SEA SALT CHIPS, ROAST TOMATO, FLAT MUSHROOM, ROCKET LEAVES (GF)	£22
SLOW ROAST PORK BELLY, SMOKED BACON CASSOULET, BABY CARROTS, BLACK PUDDING, APPLE SAUCE & CRACKLING	£15
PAN FRIED HAKE FILLET, PARMESAN MASH, TENDERSTEM BROCCOLI, CHORIZO & SCALLOP CREAM SAUCE	£17.50
BEER BATTERED HADDOCK, CHUNKY SEA SALT CHIPS, CRUSHED PEAS, TARTARE SAUCE (GFO)	£12.50
WHOLETAIL SCAMPI, CHUNKY CHIPS, GARDEN PEAS & TARTARE SAUCE	£12
HOMEMADE BEEF BURGER WITH BACON, CHEESE, BABY GEM, TOMATO & BURGER SAUCE IN A TOASTED BUN (GFO)	£8
CHICKEN BREAST STUFFED WITH SUN DRIED TOMATO PESTO, SPINACH & MOZZARELLA, SKINNY FRIES, DRESSED LEAVES (GFO)	£12
MIXED VEGETABLE TIKKA MASALA, BASMATI RICE, GARLIC NAAN & MANGO CHUTNEY (GFO) (v)	£12
+ CHICKEN £2.50	
WARM ROASTED BUTTERNUT SQUASH & BEETROOT SLICES, RED CHICORY, TOASTED SEEDS, DARK SOY VINAIGRETTE (N) (v) (VE) (GFO)	£10

◆ SWEETS & CHEESES ◆

WHITE CHOCOLATE CRÈME BRULÉE, PISTACHIO BISCOTTI	£6
APPLE & BLACKBERRY CRUMBLE, HOMEMADE CUSTARD	£6
GLAZED LEMON TART, LEMON CURD & RASPBERRY SORBET	£6
RONALDO'S VANILLA, CHOCOLATE, STRAWBERRY OR RUM & RAISIN ICE CREAM. £2 A SCOOP	£2
BRITISH CHEESE BOARD TO SHARE, HOMEMADE CHUTNEY, CELERY & SELECTION OF CRACKERS	£10

Allergen information

Here at The Kings Head Hotel we take every possible step to ensure our diners have a pleasant experience. We pride ourselves in the fact that we take the utmost care when preparing your food and cooking your meals freshly to order. Some of our products may contain, nuts, gluten, eggs, crustaceans, milk, soya, etc. if you are or suspect you are allergic to any of these or other products, please inform a member of staff before you order, and we will be able to provide all the information you need.

N – NUTS

GFO – GLUTEN FREE OPTION

V – VEGETARIAN

VE – VEGAN



33 Norwich Road, Fakenham
NR21 8AU

www.fakenhamdentist.co.uk



FREE INITIAL **DENTAL IMPLANT** CONSULTATION
WE CAN REPLACE MISSING TEETH
OR SECURE LOOSE DENTURES
CALL 01328 862620 NOW

R P Pest Control & Environmental Services

Helping you put your pests out of business

YOUR FRIENDLY LOCAL PEST CONTROLLER

Wasps, Rats, Mice, Moles, Rabbits, Pigeons
and most Insects Controlled

CALL RICHARD

RSPH Qualified, Fully Insured
North Elmham, Dereham, Norfolk

Tel: 01362 667138

Mob: 07583076214





Wildlife at the Cathedral Meadows



I love this time of year when the autumn mists and early frosts give the scenery a magical feel and the leaves take on a fresh new colour palette. The Sycamore leaf shown here (photo1) shows the full spectrum of green, yellow and orange all in one leaf but I took the photo not for its colours but for the dark ring-like patterns on the leaf. These rings are caused by a fungus (*Cristulariella depraedans*), a species I was looking out for after I'd been tipped off by a friend that this was a good time of year to find it.



It's not the best time of year for moths or other insects but there are still quite a few different species on the wing on mild nights, like the Scarce Umber (photo 2) and the December Moth (photo 3). The latter is always a favourite among moth people, a smart moth with furry legs and head and big feathered antennae. Despite its name it starts flying in late October and peaks in November, with just a few late stragglers still flying in December.



The Snipe is a beautiful stripey wading bird with a very long straight bill. You can sometimes see them in the marshier bits of the valley in wintertime or on migration,

BE SCAM AWARE

Norfolk Police are urging you to be vigilant against a scam reported in your area, where victims are being contacted by a person pretending to be a police officer.

We will never ask you to attend a bank to withdraw a large sum of money, nor arrange a courier to come to your house and collect it.

Scammers may make you feel essential to the investigation and encourage you not to speak to family, friends or the bank staff about it. Do not become a victim.

Be Scam aware.

Report suspicious activity call **101** or
report it a [norfolk.police.uk](https://www.norfolk.police.uk)

In an emergency dial 999.



NORFOLK
CONSTABULARY
Our Respect is Your

but they are hard to spot on the ground. One day as I was walking round the meadows, I saw a Marsh Harrier hunting over the valley. As if that wasn't good enough in itself, it flushed a flock of Snipe that I hadn't seen until then. As I watched the Snipe flying away from the harrier, I realised there was a smaller, shorter-billed bird among them, and this proved to be a Jack Snipe. Jack Snipe is a considerably rarer species that's even harder to see than the common Snipe, so this turned out to be quite an exciting few minutes.

As a teenager growing up in west Kent, I used to watch birds at a local reservoir. One day I heard that a Little Egret had been found there, then a very rare bird in Britain. Having failed to persuade my mother to give me a lift there I got on my bike and cycled as fast as I could, knocking ten minutes off my usual journey time. I still remember my elation when I clapped eyes on this rare white heron. It turned out to be the first in an unprecedented influx of the species into the UK, and after this they quickly colonised and have now become so common here that many birdwatchers barely give them a second look. I regularly see them flying over the meadows and it's easy to forget the excitement that my first one caused a little over 30 years ago. There are two other species of egret that are following a similar pattern now, though they are a few years behind. Until recently Great White Egrets and Cattle Egrets were very rare visitors to the UK, but numbers have gradually increased and now both are breeding at a few locations in the UK including, in the last year or two, at Holkham in Norfolk. They are still pretty scarce in the Wensum Valley though, so I was pleased to see a Great White Egret (top photo) flying over the meadows this month. I think it will only be a matter of time before we get our first record of Cattle Egret here too – maybe it will be



among the cattle on the neighbouring farmland, or even among the sheep on the meadows themselves.

Why not come along to the meadows yourself and see what you can find. Let us know what you see: email dave@googlemail.com or phone 668431. You can also follow us on Twitter at @ElmhamMeadows or see our recent tweets on the Parish Council website (www.elmham.org.uk/cathedral-meadows/).

Dave Appleton



**Why was the snowman
looking through
the carrots?**

He was picking his nose



MSG Cleaning Windows & Exteriors



**FOR ALL YOUR
EXTERIOR CLEANING**
Ring Mark for a free quote
07388 341973

LOCAL FRIENDLY RELIABLE SERVICE
www.msgwindowsandexteriors.co.uk



Find us on



Scarning
Dereham
NR19 2TB

CAMERON REID OSTEOPATH

SPORTS THERAPIST

Treatment For:

Back & Neck Pain

Sports Injuries

Headaches/migraine

Whiplash



30 years experience

Treatment suitable for all ages

45 Norwich Road Dereham

Tel: 01362 696079 07810 310045

reception@cameronreid.com



creative
CHIRO

Move Well | Eat Well | Think Well

Services we offer at the Practice

- Chiropractic
- Deep Tissue & Sports Massage
- Relaxation & Pregnancy Massage
- Tailored Health Guides
- Reflexology
- Therapeutic Facials
- Neal's Yard Treatments
- 30 Minute Free Assessments

01328 854325 info@creativechiropractic.co.uk www.creativechiro.co.uk
Pensthorpe Natural Park, Fakenham, Norfolk, NR21 0LN

The Virtues of Vices

I very much enjoyed Janet Woodhouse's piece on her hand me down bread knife in November's issue. In it she posed the question do any of us still use things that are over a hundred years old and whilst for me a particular item, my grandfather's post-vice sprang instantly to mind, now I've had a chance to think about it (and a root about in my workshop) being a century old is certainly not exclusive to the vice. Granted the vice may be as much as 200 or more years old and without a makers mark it's difficult to date exactly but I can say with certainty it's easily the oldest tool I use.

That vice was made in a very different time. When it was cast and forged, it was an undertaking for skilled craftsmen and whoever first purchased it from his local ironmonger was likely concerned with the reliability of the tool. Being built to last, is a virtue that was likely a selling point and indeed in my lifetime I can still remember things being advertised on the basis of their long-lasting functionality and reliability. When things are made well, with good materials, and thoughtful design they can endure decades, or even centuries of use and still perform their function. How sad is it then, that in our age of supposed technological enlightenment, many of us carry in our pockets absurdly expensive devices that are designed, carefully and intentionally by their manufacturer to fail, and when they do fail are extraordinarily hard to repair.

This planned obsolescence business model, which forces you to continue buying new products regularly, guarantees a revenue stream for the company in question at the expense of the consumer. This model of value engineering, that being engineering a product to be as cheap as humanly possible to produce without thought to the life of the product is everywhere these days. Many of you would be amazed I'm sure if you tore

open the power tools or kitchen mixer you paid good money for and saw just how much nylon is inside the gearbox. It seems that our modern tools are doomed to fail. The batteries will cease to hold a charge, the power regulators will burn out or the gearbox will grind smooth and cease to function. We'll buy new ones because we have to and have done with it. I may not be able to leave tools like this to my children, but I'm fairly sure that with care, and a regular wipe with oil, someday that vice will have belonged to somebody else's grandfather.

Matt Carding-Woods

Christmas Poem

We saw this years ago in the newspaper but sadly we did not record the writer. Please forgive us if you know the poem or the author.

This arternune I drewed along ter our ole village scule:

Tha's sevrul year ago since I wer there
An bor,tha's wholly changed, that hev –
that med me feel a fule:

I felt right lorst at fust, I dew declare.

I felt right low.....then dew yew know, they
all began ter sing,

An I looked up, an there them
children stood,

An how they sung, newcomers tew !

Why bor, they fared ter bring

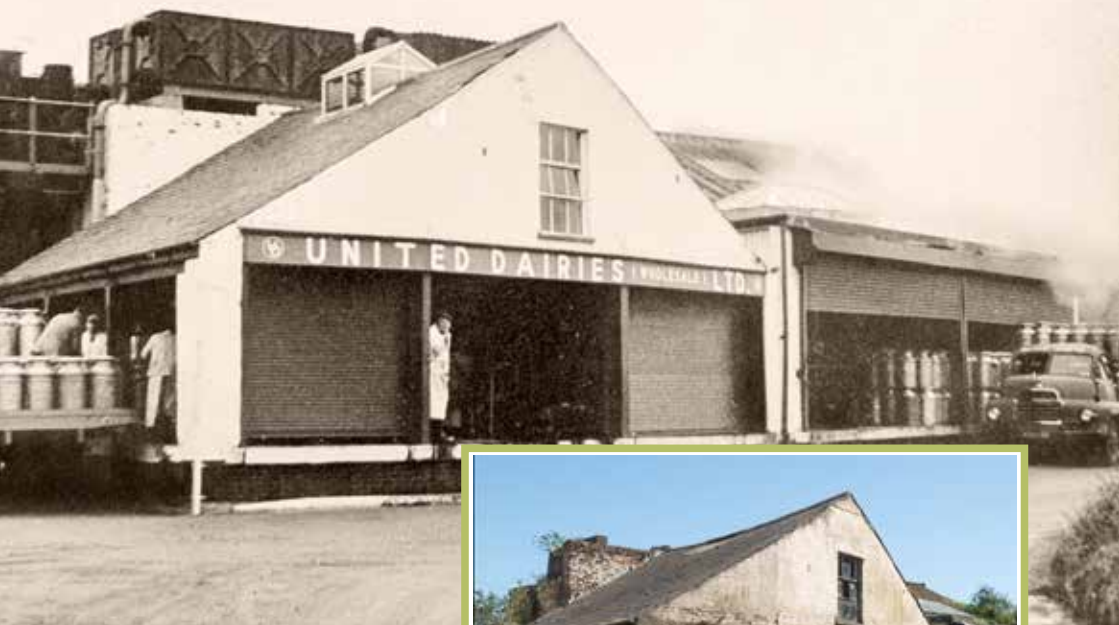
Real Christmas peace n love. That done
me good...

Glad tidin's o' great joy'... tha's suffin we
don't orfen hear

When news come in from everywhere
each day.

Yet I believe, at Christmas, as another year
draw near,

A little child can bring that joy our way...



Where Did The Milk Go To?

Those of us who have lived here for a long time and can remember what the village was like in the 1930's and up to the 1950's comparing it with the village today, will say it is very different. We understand that nothing stands still and Elmham now is very different to what it was nearly a hundred years ago.

Every community in a rural area had to have the usual businesses for day to day living as well as such people as blacksmiths, thatchers, carpenters, builders, and farm workers. Naturally there were other jobs too – sometime we will list jobs that we have found on the Census returns which today have long gone.

But Elmham was very lucky to have another source of employment. This was the railway with a station at either end of the village. There can't have been many other villages in the country with two stations.



Elmham Station opened in 1857, and in 1872 the name changed slightly to North Elmham Station. In the late 1870's/early 1880's, a school was built at County School as we know it now, on top of a hill overlooking the Wensum valley. This was a school for gentleman farmers' sons; however the whole venture didn't take off and the school was closed in the late 1890's. By then, County School Station, had been built in 1886 to serve the school. A few years later the school was acquired by Dr Barnados as a home for boys, many of them later to join the Royal Navy or Merchant Navy. Unlike Elmham Station, County School was a rural junction station with a branch going off at Broom Green to Wroxham.

North Elmham station was a busy hub of rural activity. The station itself had a workforce of nearly twenty people. In the early 1900's live animals were corralled in pens on the land behind the station, ready to be transported to other parts of the country by rail. Coal was brought to the station and left in piles for the local coal man to collect. Fresh fish was brought here, and also dead fish were brought to be used as fertiliser for the land, the smell must have been very ripe! Being a rural area, sugar beet was taken to the station and unloaded, and loaded onto rail wagons to go off to be processed at sugar beet factories. Finally, all the milk from local farms was collected by lorry (look at the November Elmham News for the haulage businesses who collected the milk).

Now very few farms around here have large dairy herds but a century ago every farm, large or small had a herd of milking cows. At the end of every farm drive, there was a stand the same height as the base of a lorry for the milk churns to stand on waiting for collection.

During last winter, Graham Hallett from Gloucester contacted the village website asking for information about the dairy at the end of Eastgate Street and what did we know about it. Sue and Ivan Ball who manage the website got in touch with the Archive Group and we were able to let him have photographs and what memories we have of the United Dairies. Graham Hallett was writing a piece for the Great Eastern Journal which was published in July. He has given us permission to crib from his article.

Bringing Home The Milk

Come the first World War the distribution and processing of milk was put in danger as men and horses were called up for the war effort.

Wilts United Dairy, the Metropolitan and Great Western Dairy and the dairy Supply Company all merged in the latter

days of the war to form 'United Dairies. This ensured the continuance of their companies through to the end of the conflict. The company expanded and in the late 1920's the group helped pioneer the sale of pasteurised milk. Milk being a very degradable product needed rapid transportation from the farm to the dairies and distribution points. The railways produced specialist vehicles to ensure milk stayed fresh during transportation by rail and these to express passenger timings. Buying up dairies nationwide, by the mid 1940's United Dairies controlled 80% of the London market.

During the tenure of Station Master W. J. Hood, in 1927, 32,299 churns totalling 512,247.5 gallons of milk was despatched from the station. When Mr Albert Kingsbury took up the station master's post in March 1931, the dairy employed a staff of 20 and Mr D. Abram collected milk for the factory from local farms.

At this time, milk was transported from farm to dairy in churns, but 10-12 gallon cylindrical churns were introduced in the 1930's, making handling and stacking an easier operation.

After this, milk was transported in the standard six-wheeled tank wagons. The L.N.E.R. calculated that one 3,000 milk tank would hold the equivalent of 285 milk churns and provide enough milk for 35,000 people.

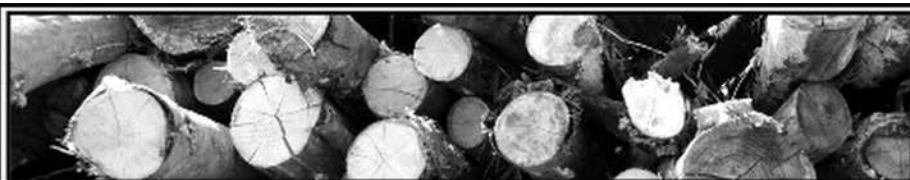
Mickleover Transport – a company acquired by United Dairies in 1922 – collected milk locally and maintained a garage in the village. In about 1952 Mickleover bought two road tank trailers and began to transport milk by road. One tank was based at North Elmham and the other at Halesworth. Some North Elmham milk was then taken by road to Ilford and some to Howard's dairies at Southend. Milk tanks were positioned in the station area by horses, ready for despatch.

ANT'S CARPETS

Carpet and vinyl supplied and fitted
Free measures, estimates and planning
All work guaranteed – Home selection service available
Wet room flooring supplied and fitted

Customers own carpet and vinyl fitted

Mobile: 07919273107 Tel: 01362 667747



FIREWOOD

Guaranteed Seasoned Hardwood Logs

Phone Mark - 07768 063 775

Wildwood 2, 61 Eastgate Street, North Elmham

A Carbon Neutral Resource,

cut from Local Sustainably Managed Woodland

Think ... It won't cost the EARTH!

MEMORIALS

H Brett & Son

Monumental Masons – Craftsmen in stone

Call for our Brochure or
visit our SHOWROOM and WORKSHOPS

Home Visits can be arranged
Also Fireplaces, House Names etc

75 NORWICH ROAD, WATTON NORFOLK IP25 6DH

Tel: 01953 881501



Prior to 1955 the 3.07pm. passenger train from Wells called at North Elmham to collect up to five tanks. This train was allowed six minutes at North Elmham departing at 3.54pm. The tanks were detached at Wensum at 4.58pm and collected by the 5.55pm Norwich Thorpe – Channelsea milk train arriving at Channelsea (Stratford) at 10.35pm, destined for the United Dairies bottling plant at Ilford. Empty tanks were returned on the 7.09am Norwich to Wells passenger train.

On Sundays, milk empties were attached to a van train which left Norwich at 3.05pm and arrived at North Elmham at 4.05pm. As there was no Sunday passenger service from Wells on that day full tanks left at 4.30pm as part of a milk and parcels train to Norwich arriving at Thorpe at 5.50pm. The milk and parcels then went on the 6.40pm mil and parcels to Channelsea arriving at 11.40pm.

Sunday trains can be easily distinguished in photographs as, in addition to the full brake and the tanks, a passenger coach, often a brake second, was included as the train ran as a passenger train from Dereham to Norwich.

In September 1955 new Diesel Multiple Units began operating on the Norwich – Wells service. The DMUs were not geared to haul heavy loads so a separate train left Norwich at 1.26 pm returning empty tanks. Sometimes the locomotive turned on the Dereham triangle before continuing to North Elmham. Loaded tanks were returned at 3.22pm, spending half an hour in the bay at Wymondham, then reaching Trowse at 5.21pm.

North Elmham Dairy closed in October 1963; the buildings subsequently being used for industrial purposes.

Does anyone have any memories of working at the dairy or the station? Please let us know.

Janet Woodhouse

Village Butcher Passes Away



David Lawrence Sinclair, 84, passed away at the Norfolk and Norwich Hospital on Friday 13th November 2020.

David had lived in North Elmham for most of his life, with his dearest wife Janet (who passed in 1999). They had three children Graham, Alyson and Stuart.

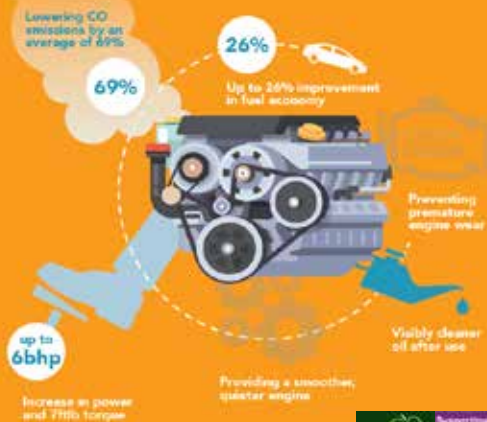
David ran the village Butcher's shop on Holt Road from approx 1971 till 1987, and his wife Janet ran the Hair Salon next door with daughter Alyson as stylist, right up until Janet sadly died in 1999.

David was lucky to find further companionship with Mrs Mary Shales from the village, also widowed. Their wonderful partnership lasted for 20 years until Mary sadly died in September this year.

David was a kind and characteristic man, who will be greatly missed by his family and friends. RIP David.

Due to current COVID restrictions, his funeral will be a closed, private affair, however his request was for donations to North Elmham Surgery who served him and his family so well during their long time in the village. Donations can be made via Emma Duggan at Fakenham & District Funeral services 01328 838838.

Detox your engine



The UK's ONLY Multi Award Winning Engine Decontamination Treatment is now available here at North Elmham Service Station

You can enjoy **IMPROVED FUEL ECONOMY** and **RESTORE ENGINE PERFORMANCE** North Elmham Service Station now have The Multi Award Winning EDT Automotive Engine Decontamination System which has been purposely engineered to enhance both petrol and diesel engines



The ONLY Engine Decontamination Treatment available in the Dereham area

Ask one of our team on how an Engine Detox can save you money AND Improve your cars performance

Benefits include :

- Increased Miles Per Gallon
- Drastically reduced exhaust emissions
- Prolonged engine life
- Reduced engine internal friction allowing smoother running
- More efficient oil flow around engine



**01362
668226**

**Station Road
North Elmham
Dereham
Norfolk
NR20 5HH**



Scam Warning

We would like to draw your attention to the police poster on page 34 warning us to be vigilant of scams and frauds where victims are cold-called via the telephone by fraudsters purporting to be police officers/detectives from London Police Stations. While there are some variations, the general theme of the scam is that the caller tells the victim that they have someone in custody who appears to be in possession of a cloned bank card belonging to the victim. The victim is asked to provide their bank account or card details to verify. Another theme is that the police are investigating a fraud involving banks and the victim is asked to withdraw cash to assist with this investigation which will be collected from the home address of the victim by a courier or if the victim advises that they

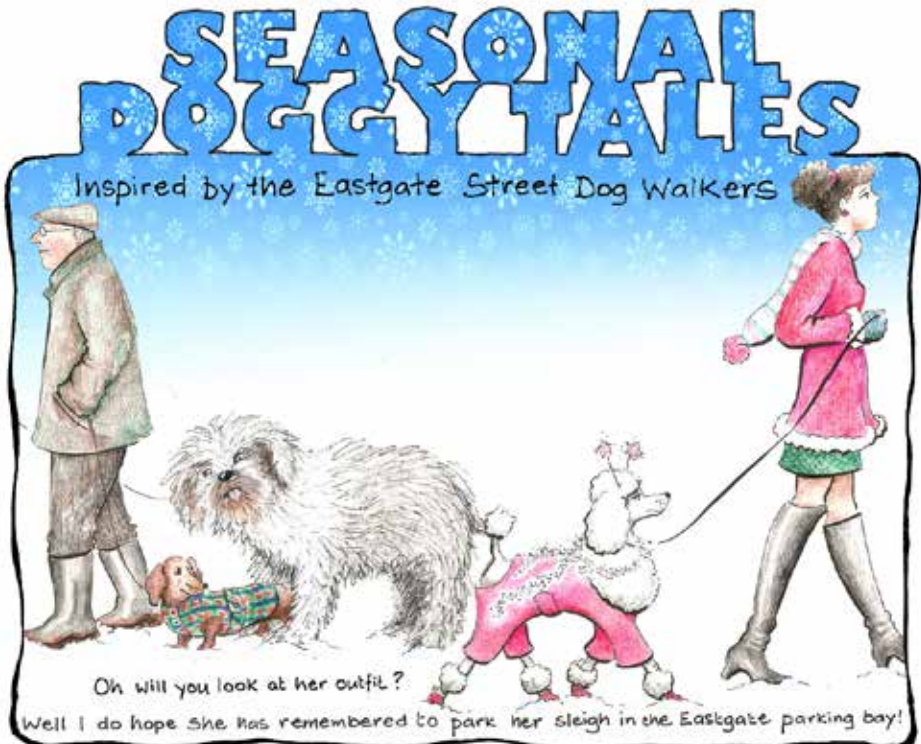
can't get to a bank the fraudster may arrange for a taxi to collect the victim and take them to the bank. All of these scenarios are scams designed to con vulnerable members of our society out of hard earned savings, sometimes several thousand pounds!

Please remember that the police will NEVER call and ask for your bank account details, bank card or credit card details or ask you to withdraw cash to hand over to couriers. **If you get a call like this hang up and report it to Police. Ring 101.**



How will Christmas dinner be different after Brexit?

No Brussels.





School News

Last half term we supported the charity Jeans for Genes and we collected £46.40.

We continue with our 'Enrichment Surprises' every week. This is a wonderful opportunity for our pupils to see their other school in our Flourish Federation. By the magic of Zoom, they are able to enjoy a story and accompanying activity from a different teacher each week.

Last week they enjoyed The Dot. This story showcases the tale of a caring teacher who invites a doubting student to trust in her own abilities, inviting and encouraging her to be brave enough to "make her mark." The student begrudgingly rises to the challenge and a small dot on a piece of paper becomes a breakthrough.

After reading the story our All Saints Teacher explained how artwork is hidden within the marks we make.

Teachers were then asked to play this piece of music - Pirates of the Caribbean (Auckland Symphony Orchestra) <https://www.youtube.com/watch?v=6zTc2hD2npA> and whilst listening have their children make marks on their page to match the tempo by taking their pencil for a walk. Children look at the marks they had created and the different pictures within that. Our children love this weekly event. It was so pleasing to see many were still doodling their pictures during lunchtime!

Our FONES committee provided a covid friendly competition designing a pumpkin. Well done to all of the competition winners!

This half term each class has reflected on Remembrance Day and raised money for Children in Need. We joined in the live workout supporting Joe Wicks' with his 24 hour workout challenge!

We are really enjoying our outdoor learning activities. Children from Sheep and Whales classes spend half a day each week learning outside in our new 'Welly Day' area on the field. They have been fascinated by the wildlife and are keen to take care of the frogs and minibeasts found there. Children work together to build structures, complete challenges and create. It encourages them to build resilience and become excellent problem solvers whilst reinforcing learning from the classroom. We are still developing this space with the children. If anybody is able to offer us materials to add then we would be very grateful. Items we could use include tree stumps, cable reels and wooden pallets.

We have a new catering provider called Chartwells and our pupils are enjoying a healthy home cooked menu made with fresh ingredients. Even the pizza dough is made by hand.

We have welcomed some new families to our school this term and should you wish to make an enquiry for a place with us please see our school website or contact our office.

Reception and Year 1 have been busy little Sheep since our last newsletter! They are developing some really strong bonds as a class and are becoming so confident and independent in school. We have also been doing some fantastic learning, and introducing the children to lots of new subjects. In geography, we've been on walks around the school to map the school environment and we used our science learning about our senses to make observations of what we could see, hear, smell and feel as we went! In history, we developed timelines of our growth since we were a baby, and in RE we have begun to develop our understanding of what 'belief' means. We have also been very creative! We've made Autumn nest boxes for our handmade clay hedgehogs, drawn self-portraits, made our own

playdough, painted Autumnal trees, made forest creatures with pinecones and other natural materials, done some leaf-rubbings, explored different percussion instruments, and made Remembrance Day poppy suncatchers (to name but a few!). We're also very pleased to report that the children have made great strides in developing their early reading, writing and maths skills. The class loves their independent reading time, and they all have a special 'Reading Pet' (a small teddy) to read with every day. We're so proud of all they have achieved in our little class 'bubble' so far this year!

In Whales Class, We have been learning about why the Roman army was so successful and the countries they conquered. We also learnt about the significance of the printing on a Roman shield & Roman formations; such as The Tortoise and The Wedge and some Latin commands the Roman soldiers would use. We had great fun putting all of the learning into practise! In Art, we have been creating tessellation patterns & our very own block prints. We conducted



From roots to shoots.....

Ravencroft Tree Services

01362 684291

Est. 1992

www.ravencrofttrees.co.uk

Est. 1992 Richard Ravencroft BSc(Hons)Arb. MICFor.



Forge Cottage Cattery

Purpose-built • Spacious • Heated Compartments

With Indoor Runs • Windows to Garden View

All needs catered for

INSPECTION WELCOME

50 Station Road, North Elmham 01362 668942

www.forgecottagecattery.co.uk



PILATES CLASSES

BODY CONTROL PILATES

Pilates is a form of exercise which targets deep postural muscles, building strength from the inside out and re-balancing your body. It is suitable for all ages and all bodies and plays a key role in many injury rehabilitation programmes.

Beetley Village Hall 9.30 am and 11.00 am on Wednesdays

Toftwood Methodist Church, Toftwood, Dereham -

6.00 pm and 7.30 pm on Wednesdays and

6.15 pm (beginners) and 7.30 pm on Fridays.

For further information regarding these classes or classes in Norwich, please contact Krystyna Doherty on 01362 695581.

Email: info@pilatesnorfolk.com or visit www.pilatesnorfolk.com

an investigation over time in Science to see what would happen to plants in certain conditions; we loved checking and recording our results!

For Remembrance Day, we learnt about life in the trenches and shared a poem called 'Think of Me' the children then wrote their own versions. We also created some beautiful poppy art using guided painting and added beautiful silhouettes to our creations.

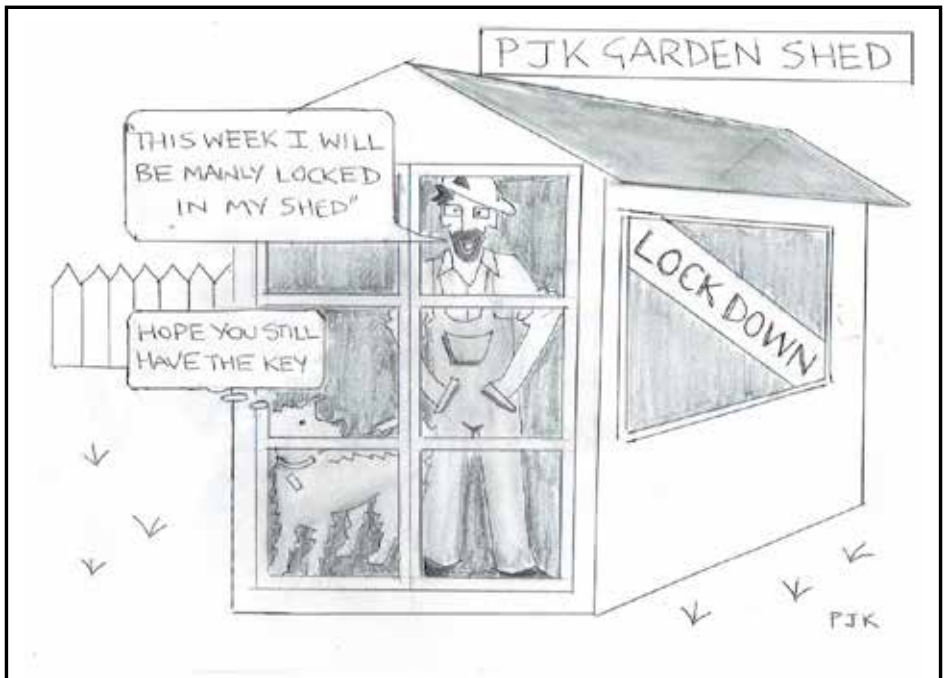
A massive well done to all of the children who are 'Responsible Readers'. They read every night for 10 minutes to a teddy, pet or grown up and it has already had a great impact on our children's confidence with reading!

Lions Class welcomed a new teaching assistant this month, Mr Hands.

We are thoroughly enjoying our Science unit of Earth & Space and we have this theme running through our English

lessons. The children have written some fantastic sci-fi stories and are now currently writing some space reports. In a Science lesson recently we used Oreos to show the phases of the moon!

The children always like to learn about Remembrance Day and this year we entered a competition for the RAF Museums to design our own poppies - hopefully some of ours we be chosen to be used in their virtual display on their website: <https://www.rafmuseum.org.uk/london/>



D THOMPSON CHIMNEYS LTD

Master Chimney Sweep

NVQ qualified chimney engineer



- All chimneys, flues and appliances swept
 - Brush and vacuum used
 - CCTV chimney surveys
- Bird/rain guards/Anti down-draft cowls supplied and fitted
- Wood/multifuel stove servicing/resprays



CALL DAVID OR LUCY ON
(01328) 851081
www.the-sweep.co.uk



Eastgate Centre

North Elmham

Large Hall; Kitchen;

Cloakrooms;

off road parking

Available for bookings

For rates please contact:

01362 668245

In The Frame bespoke framing by Lisa

For your photographs, textiles and artwork, I have a large range of mounts and mouldings to choose from at my workshop in North Elmham



Contact Lisa on 01362 667802
or come and see me
in the workshop at
The Willows
57 Eastgate Street
North Elmham

M B LOGS

Dry stored Seasoned Split Logs
Supplied and Delivered

Call Mark:

07766 223438

Christmas Quiz

Do these test your knowledge of Christmas. No using the Internet!!!!



1. Who invented the Christmas cracker?
2. What year was the first commercial Christmas card printed?
3. What is the bestselling Christmas song?
4. Which group of people “banned” Christmas in the mid 1600’s?
5. What was stolen on Christmas Day 1950 ?
6. Can you name the seven Dwarves?
7. Who first introduced us to the jolly red Santa Claus in an advert?
8. Where does the tradition of making Gingerbread houses come from?
9. In what year was Dickens’ Christmas Carol published?
10. What Christmas food is made from “marsh-whorls”?
11. Christmas Island is in which Ocean?
12. Who wrote” it was always winter but never Christmas”?
13. What is still the most watched Christmas movie?
14. When do the Twelve Days of Christmas traditionally finish?
15. Which King delivered his first Christmas Broadcast in 1932?
16. What is “Stollen” and where does it originate?
17. If you were born on Christmas Day, what is your star sign?
18. Bethlehem is a tiny village in which country?
19. How many ladies were dancing in the “Twelve Days of Christmas”?
20. Spike Jones wrote “All I want for Christmas iswhat?

Answers

1. Tom Smith in mid 1800's, 2. 1843, 3. White
- Christinas, 4. The Puritans, 5. The Stone of
- Destiny from Westminster Abbey, 6. Doc,
- Grumpy, Happy, Sleepy, Dopey, Bashful and
- Sneezy, 7. Coca Cola, 8. Germany, 9. 1843,
10. Cranberry sauce, 11. Indian, 12. C S
- Lewis in the Narnia tales, 13. Wonderful Life,
14. January 5th, 15. George V, 16. Christmas
- fruit cake from Germany, 17. Capricorn,
18. Wales, 19. Nine, 20. "my two front teeth"

Park Physiotherapy



Muscle & joint problems;
Headaches; Sports injuries
Neck and Arm pain; Arthritis
Dizziness; Back Pain

Leys Farm, Hockering NR20 3JE

01603 881184

www.parkphysiotherapy.co.uk

Chartered Physiotherapists Registered with the Health Care Professions Council

Tina Barnes MCFHP MAFHP

Foot Health Professional

Professional treatment in the comfort of your own home

We specialise in treatment for:

Corns Ingrown toe nails Fungal infection Toe orthotics
Callus Nail deformities Diabetic foot assessment

For a private consultation & appointment:

Tel: 01362 668348 - Mobile: 07833 511353

Help at Hand

Peter Cross



phone/fax: 01362 861024

mobile: 07796550189

All jobs considered

Gardens/Driveways restructured and designed
Brickweave/Patios/Pathways/Carparks/Borders/Edging etc
(All materials & aggregates can be delivered and surplus
cleared away)

Complete Self-Sufficient Service



Established for over 35 years, we pride ourselves on quality and service! We have a wide range of shoes and accessories for all occasions... visit us at Bawdeswell Garden Centre NR20 4RZ. We are open 7 days a week and you can also contact us on 01362 688866.



We're on Instagram and Facebook too! Follow us today!

Website: www.rombafootwear.co.uk





St Mary's Church

I am writing this on the 9th November, the day on which Pfizer and BioNTech, the pharmaceutical companies, have announced the development of a vaccine for Covid-19. This is an extraordinary achievement and a testament to the energy, expertise and persistence of those scientists who have been working on it.

If the vaccine passes the final stages of safety checks and regulatory approval is granted, we are told that up to 10 million people could be vaccinated before Christmas. This is, as described by one commentator, "a great day for science and humanity".

There can be no doubt that the last eight months since the virus took hold in March have been challenging for all of us as we have seen restrictions on our lives never experienced before. For some the burden has been intensified as they have lost loved ones, experienced mental ill health problems and lost livelihoods. We need more than ever to be kind and forbearing with one another as the nation charts the way forward that we all yearn for.

As Christmas approaches it is too early to know if we will be able to gather once more in our churches as or even in our homes as wider families. The lockdown has caused many of us to re-evaluate what we consider to be important in our lives and for many people it is the value that we

place on relationships and community that has come to the forefront.

At the heart of the Christmas message is the fact that God wants a relationship with each of us, so much so that he became one of us. This eternal truth is not overshadowed by our current challenges, rather, it is seen in an even more vivid perspective. The God who was prepared to be born in such circumstances as Jesus was is surely the God who is with us now.

May we all be forbearing with one another as we celebrate this and look forward to a better year ahead.

With every Blessing.

Fr Christopher

More 2 Life Christian Fellowship

We're hurtling it seems towards the end of another year. A year which has brought a lot of change to many of us. For some, the change is welcome, even if the cause was not so much. For others, there has been much that has been of concern and worry. Going into the shortest days of the year, and all the bleakness that brings, is, perhaps, not something to look forward to.

Christmas may not be the Christmas we want, or the Christmas we expected. The media have spoken of Christmas being cancelled... that, of course, will depend on your view of Christmas.

For Christians, Christmas is most certainly not cancelled... the awe and wonder of the Christ-child can never be cancelled. Immanuel, the God who is with us in the joys, is also with us in adversity, if we let Him.

This Christmas, throughout December, we will be holding our services online via zoom, and our Community Nativity will be shown on December 20th @ 10.30am on YouTube, as we bring the hope of the Christmas story to your home.

C & R DOUBLEDAY Established 1986

- ◆ Landscape Gardening & Property Maintenance
- ◆ Complete Home and Garden Care ◆ Garden Clearance Work
- ◆ Patios, Ponds, Brickweave, Walls, Turfing, Fencing etc

FREE ESTIMATES

Friendly & reliable Service guaranteed

Telephone: Rick 01328 829637 Chris 01328 829308

Mobile 07714 348515

BROADLAND LIFTING SERVICES

A division of TV & Theatre Services

WE HAVE MOVED TO NEW PREMISES

Come and see us at Horningtoft

Tel: 01328 701909, Fax: 01328 700876

e-mail: joe@tvandtheatreservices.com

Unit 10 Whissonsett Road, Horningtoft, Dereham NR20 5DJ



ROSE COTTAGE HOLIDAY LETTING **Eastgate Street, North Elmham**

Recently refurbished to a high standard,
two bedrooms, sleeps four, child friendly

Minimum three night stay, free wi-fi, Netflix,
oil C/H & woodburner, courtyard garden, BBQ

Sorry no pets

Bookings: [Airbnb.co.uk](https://www.airbnb.co.uk)

Here for you every hour
of every day

**Funeral
Services**

**East of
England
COOP**

53 Baxter Row, Dereham **01362 888244**

www.eastofengland.coop/funerals



In the New Year we will be running an online Life Explored course. Keep an eye out on social media for more details, and contact us if you wish to join us.

And we wish you all a peaceful and contented Christmas,

Pastor Anne-Marie Fewell

revree7@gmail.com

www.more2lifenorthernham.com

<https://www.facebook.com/more2lifeNE>

Tel. 01362 668707

Worthing News

Lest we forget!

St Margaret's Church "Remembers"

Although a shorter service took place on the 8th November, we were still able to come together and quietly remember the bravery of our lost heroes and also the courage of families left behind.

May we pray and thank our Armed Forces who everyday work in keeping us safe. We will remember them.

Samaritan's Purse

The Samaritan's Purse project is open until 5th December. Leaflets are still available in Worthing Church. This revised deadline, due to the 2nd Covid-19 lockdown, now gives you another opportunity to take part and fill a box. Any queries or you need to arrange collection of your box(es), please call Celia 01362 668928 or email: c.daniel784@btinternet.com

Traditional Christmas Carol Service Sunday 20th December at 11.00 am

All family and friends are welcome to celebrate the Christmas nativity story! We hope you are able to join us.

However, please keep a look out for any changes or cancellations, the format to this service is entirely dependant on our current lockdown restrictions.

Volunteers Needed!

A plea if we may, if you are able to help us for approximately one hour five times during the year with some general cleaning (duster & broom at the ready!) and/or some flower arranging, we would like to hear from you. Please contact Celia on 01362 668928. Thank you.

Christmas Raffle

Tickets are still available and the raffle will be drawn in church after our service on Sunday 13th December

1st prize a bottle of Champagne

2nd prize a Christmas cake

3rd prize a bottle of wine

Your generous donations are in aid of our Mission and Ministry Work and the Church Building Appeal. Raffle tickets may be obtained from: Celia 01362 668928 or Sharon 01362 668622

January Services 2021

10th Holy Communion 9.30 am

24th Morning Prayer 11.00 am.

These will also be published with any changes on the HONC website and on the church noticeboard.

And Finally....

Worthing PCC members would like to thank everyone who has supported our church, events and most importantly, charities during 2020. May we wish you all a wonderful time over the Christmas holiday and a Happy and Healthy 2021.

Our prayers and best wishes to you and your family.



What do you call a line of men
waiting for a haircut?

A barberqueue

Heart of Norfolk Churches: Service Plan for December & January

All services are provisional, depending on current COVID-19 restrictions. Please contact the HON Office on 01362 668850, or visit our website: www.heartofnorfolk-churches.org.uk for more information.

6th December – 2nd Sunday of Advent

9.30 am	North Elmham	Holy Communion
9.30 am	Foulsham	Holy Communion
9.30 am	Guestwick	Morning Prayer (BCP)
10.30 am	Bawdeswell	Holy Communion
11.00 am	Stibbard	Holy Communion

13th December – 3rd Sunday of Advent

9.30 am	Worthing	Holy Communion
9.30 am	Foulsham	Holy Communion
9.30 am	North Elmham	Morning Praise
9.30 am	Guestwick	Morning Prayer (BCP)
10.30 am	Bawdeswell	'The 10.30'
3.30 pm	Foulsham	Christingle
4.00 pm	North Elmham	Carols by Candlelight

20th December – 4th Sunday of Advent

9.30 am	North Elmham	Holy Communion
9.30 am	Guestwick	Morning Prayer (BCP)
11.00 am	Foulsham	Confirmation Service with Holy Communion
11.00 am	Worthing	Carol Service
4.00 pm	Bawdeswell	Carol Service with choir

27th December – 1st Sunday of Christmas

10.30 am	Foulsham	Group Holy Communion for Holy Innocents' Day
----------	----------	--

Christmas 2020

Saturday 12th December

3.00 pm	Christingle Service - Guestwick St Peter's
---------	--

Saturday 19th December

3.00 pm	Carol Service – Wood Norton All Saints
---------	--

Christmas Eve

4.00 pm	Christmas Service - Stibbard All Saints
4.00 pm	Crib Service - North Elmham St Mary's
11.30 pm	Midnight Mass – Wood Norton All Saints

Christmas Day

10.30 am	Christmas Family Communion – Bawdeswell All Saints
10.30 am	Christmas Family Communion – Foulsham Holy Innocents
10.30 am	Christmas Family Communion – North Elmham St Mary's

3rd January – Epiphany

9.30 am	North Elmham	Holy Communion
9.30 am	Foulsham	Holy Communion
9.30 am	Guestwick	Morning Prayer (BCP)
10.30 am	Bawdeswell	Holy Communion
11.00 am	Stibbard	Holy Communion

10th January – Baptism of Christ

9.30 am	Worthing	Holy Communion
9.30 am	Foulsham	Holy Communion
9.30 am	Guestwick	Morning Prayer (BCP)
10.30 am	Bawdeswell	The '10.30'

17th January

9.30 am	North Elmham	Holy Communion
9.30 am	Guestwick	Morning Prayer (BCP)
10.30 am	Bawdeswell	All-Age Communion
11.00 am	Wood Norton	Holy Communion
4.00pm	Foulsham	Evensong (BCP)

24th January

9.30 am	North Elmham	Morning Praise
9.30 am	Foulsham	Holy Communion
9.30 am	Guestwick	Morning Prayer (BCP)
10.30 am	Bawdeswell	Word & Praise
11.00 am	Worthing	Morning Praise

31st January

10.30 am	North Elmham	Group Holy Communion
----------	--------------	----------------------

More2Life Christian Fellowship

(Member of Eastern Baptist Association)

Pastor Anne-Marie Fewell

Worship Sunday 10.30 am, Bible study Monday 2.00 pm
Meeting via internet, ring 01362 668707 if you wish to join us

COMING SOON

On-line Community Nativity video for link see website
www.more2lifenorthelmham.com

“Christianity Explored” a new online weekly course
starting January 19th 7.30 pm (to join call number above)

Advertisers Index

Eating Out & Eating In

Hamptons	8
I B The Chippy	28
Kings Head Hotel	30-31
Willie Weston (Fishmonger)	6

Financial & Legal

Hinchliffe Financial Solutions	22
--------------------------------------	----

Fitness, Health & Beauty

Alison Watson (Beauty & Podiatry)	6
Brooklyn House (Dentist)	32
Cameron Reid (Osteopathy)	36
Creative Chiropractic	36
Joanne Medler (Hypnotherapy)	14
Michael Cummings (Podiatry)	20
Park Physiotherapy	50
Pilates Norfolk	46
Tina Barnes (Podiatry)	50

For The Home & Garden

Adam Brown (Carpenter/Property Maint)	6
Adrian Nicholls (Handyman)	14
Ant's Carpets	40
Assured Boiler Care	24
C & R Doubleday (Garden/Property Maint)	52
Charles Seaman (Decorator)	4
D Thompsons Chimneys	48
Firing Squad (Woodburners)	12
G D Bathurst (Plumbing/Heating)	14
Garrod Partnership (Building)	20
Help at Hand (Garden Maint)	50
The Helpful Pixie (House & Garden Jobs)	18
J C Landscape & Maintenance	18
John Coles (Electrician/Property Maint)	12
MSG Cleaning (Windows & Exterior)	36
The Norfolk Sweep	12
Philip Jacobs (Boiler Servicing)	10
R P Pest Control	32
Ravencroft Tree Services	46
Richard Roos (Property Maint)	18
Tree Work East	59
Worzels Roofing	24

Firewood

M B Logs	48
M Tasker	40

Funeral Directors

Fakenham & District Funeral Services	16
H Brett & Sons	40
H H Aldiss (Co-op)	52
Hendry & Sons	10
Littleproud & Son	28

Holiday Accommodation

Kings Head Hotel	30-31
Rose Cottage Holiday Let	52

Pets

Forge Cottage Cattery	46
Four Paws (Dog Grooming)	18

Tuition

The Art Studio	20
LM Training	4
Nick Long (Driving)	20
Peter Wild (Music)	10

Vehicles

East Bilney Garage	60
Norwich Road Garage	16
North Elmham Service Station	42 & 59

Venue Hire

Eastgate Centre	48
Elmham Memorial Hall	24

Other

Airport Chauffeurs	22
Artfellows (Framing)	6
Broadland Lifting Services	52
Clan Press	59
Computers@Home	4
Fogg Off Norfolk (Anti-viral Fogging)	22
Hamish Niven Photography	4
In the Frame (Framing)	48
North Elmham Childminders	10
Romba Footwear	50

To advertise in the Elmham News please contact
Martin Phillips: martin.s.phillips@btopenworld.com

This Month's Photo Contributors

Our thanks go to everyone below who submitted photos for inclusion this month.

Cover: Stock photo, Page 23: Sarah Felton (top)
Ian McIntosh LRPS (inset), Page 25: Martin Phillips,
Page 26: George Keeble, Page 27: Cartoon
reproduced with permission of the Eastern Daily
press and Tony Hall, Page 33 & 35: Dave Appleton,
Page 38: Postcard Archives (top), Ian McIntosh
LRPS (inset photo), Page 41: Alyson Woodcock,
Page 43: Terry Hylton & Pauline Adams (cartoon),
Page 44 & 45: North Elmham School, Page 47:
Jonathan Kennedy (cartoon).

North Elmham Parish Council

Chair: Jennie Borgnis

Vice Chair: Martin Phillips

Clerk: Kevin J Webb

01328 855046

northelmhampc@hotmail.co.uk

Group Leader ✓

Group Member ●

Finance & Administration

Eastgate Centre Trustees

Elmham Charities Trustees

Allotments (AMS)

Village Facilities

Broom Green, Pound, Millennium Wood

Cathedral Meadows

Cathedral Ruins

Prince William Wood & Tree Warden

Recreation & Sporting Facilities

Playing Field / Pavilion

Village Green

Footpath Warden

Services & Other

Highways

Planning

Street Lighting

Environment & Maintenance

Railway Liaison

Website

Jennie Borgnis	☎	668 952							
Ann Ferris	☎	668 580							
Tom Fitzalan Howard	☎	668 232							
Paul Grainger	☎	667 135							
Ann Keeble	☎	668 216							
John Labouchere	☎	668 306							
Martin Phillips	☎	668 409							
Michael Rayner	☎	667 859							
Colin Smith	☎	668 585							

			✓	●				●	
●				●				✓	
								✓	

✓						●			
			✓		●				
			●		✓				
			✓						●

		●							✓
							●		✓
✓	●								

				✓					
						●	●	✓	
			✓						●
							✓		
								✓	
✓							●		

Meetings are normally held on the first Wednesday of the month and due to covid-19 take place over Zoom, commencing at 7.30pm. Parishioners are entitled to attend and are most welcome, please contact the Chair or Clerk for access codes. Our County and District Councillor is also in attendance whenever possible. If, in between meetings, you wish to raise a specific matter for the attention of the Parish Council - please refer to the contact list above.

And finally... have you got something interesting you would like to say or think others might be interested in something you do - why not email the Editors (see front of magazine for contact details) and let us know, we are always on the lookout for new contributors.

North Elmham Directory

Elmham Surgery - Holt Rd - 01362 668215

Opening Times Mon Tue Wed Thur Fri 08:30 - 18:30 (Wed 18:00)

Swanton Morley Surgery - 01362 638100

Opening Times Mon Tue Wed Thur Fri 08:30 - 18:00

Doctors

Dr Simon Carroll Dr Alice Griffiths-Jones Dr Robert Spooner
 Dr Abigail Brun Dr Samita Mukhopadhyay Dr Victoria Lawrence

North Elmham Village Emergency Telephone System (VETS) - 01362 788700

NHS Direct 111

POLICE Non Emergency - 101 - EMERGENCY - 999

Breckland District Councillor	Gordon Bambridge Bill Borrett	01603 880557 01362 860200
Norfolk County Councillor	Bill Borrett	01362 860200
Member of Parliament	george.freeman.mp@parliament.uk	01953 600617
North Elmham VC School	Paula Jones, Executive Headteacher	01362 668318
Chairman of School Governors	Robert Plant chairofgov@northelmham.norfolk.sch.uk	
Memorial Institute	Pam Neve	01362 668325
Pavilion	Bookings	01362 668580
Eastgate Centre	Heather Caley	01362 668245
Breckland Dog Warden	Confidential message or texts 07771 617417	01362 858500
London Express Tickets	Travel Centre	01362 694211
Sanders	Wednesdays to Norwich	01263 712800
Konect Bus		03300 539358
Community Website	www.elmham.org.uk	

Dereham Library - 01362 693184

Opening times: Mon Wed Thur; 9:15 - 17:00 - Tue Fri; 9:15 - 19:00 - Sat 9:15 - 16:00
 Mobile Library calls in Elmham every 4 weeks

Anglian Water		0845 7145145
Dereham Leisure Centre		01362 693419
UK Power Networks	Electricity - Emergency	0800 7838838
Samaritans		116123
Citizens Advice Bureau		01362 697776

Clergy - All telephone numbers local code (01362)

Church of England	Reverend Sally Kimmis	heartofnorfolkrector@gmail.com	668850
Roman Catholic	Father Brendan Moffatt	35 London Rd, Dereham	694066
Methodist	Rev Betty Trinder	31 Trinity Close, Dereham	695582
Salvation Army	Major Palmer		696341
Baptist	Anne-Marie Fewell		668707

Church Wardens

Elmham	Susanna Wade-Martins	668435
Worthing	Celia Daniel	668928



TREE WORK EAST Ltd

Tree Surgery & Maintenance
Stock fencing & Landscaping
www.treeworkeast.co.uk

"Call for a free quotation"

Horningtoft NR20 5DJ Established 2007

Office: 01328 700942

Mobile: 07876125301



E2m Public Liability Insurance

The complete printing solution
clanpress
www.clanpress.co.uk

- Long Run Litho Printing
- Short Run Digital Printing
- Large Format Poster Printing
- Brochures, Leaflets & Folders
- Roller Banners and X banners
- Outdoor & Indoor Signage
- Exhibition Displays
- Flyers and Postcards
- Business Stationery
- Parish Newsletters
- In-house Binding & Finishing
- Digital Asset Management
- Bespoke Online Ordering
- Web to Print
- Mailmerge
- Design

VISIT OUR NEW WEBSITE FOR MORE DETAILS

T. 01553 772737

E. info@clanpress.co.uk

W. www.clanpress.co.uk

I Dundee Court • Hamburg Way
King's Lynn • Norfolk • PE30 2ND

NORTH ELMHAM SERVICE STATION

Servicing, MOTs, Diagnostics, Tyres,
Batteries, Exhausts
& Restorations

Mobil 1
SERVICE CENTRE

Monday - Friday 8:30am-5:00pm
Saturday 9:00am-12:00pm

Station Road, North Elmham, NR20 5HH

Tel: 01362 668226





RENAULT
Passion for life

The Renault Range



Now with a 5-year warranty*



The official combined fuel consumption figures in mpg (l/100km) for the vehicles shown are 44.1–52.3 (6.1–5.4). The official CO₂ emissions are 162–111g/km. WLTP figures shown are for comparability purposes; only compare figures with vehicles tested to the same technical procedures. Actual real-world driving results may vary depending on factors such as weather conditions, driving styles, vehicle load or any accessories fitted after registration. WLTP is a new test used for fuel consumption and CO₂ figures; however, until April 2020, the CO₂ figures are based on the outgoing (NEDC) test cycle, which will be used to calculate vehicle tax on first registration.

*Please visit renault.co.uk/configure for WLTP figures for any selected options. Your Renault Car is covered for the first of 100,000 miles or 5 years and applies to new cars (excluding Traffic Passenger) when ordered from 18 December 2019. For exclusions visit Renault.co.uk/warranty

EAST BILNEY GARAGE

Fakenham Rd, East Bilney, Dereham NR20 4HL
Tel 01362 860511 www.eastbilneygarage.co.uk

Book a test drive